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# Sussex Cyclists' Association

PRESIDENT – Rob Charles, Blazing Saddles

**Open 15 miles Time Trial, Saturday 19<sup>th</sup> September 2020 - Course G15/92**  
***Incorporating Sussex Individual, Veterans and Team Championships***

**Event Secretary:** Robin Johnson, 7 Gorselands, Billingshurst, West Sussex RH14 9TT  
(Brighton Mitre CC). Email: [mr\\_rjohnson@outlook.com](mailto:mr_rjohnson@outlook.com)  
Tel: 01403 783368 (or 07733 132043 on day of event)

Promoted for and on behalf of **Cycling Time Trials** under its rules and regulations

## HQ

### Ashington Community Centre

Foster Lane,  
Ashington  
West Sussex

RH20 3PG

Open from 06:00



Parking available at HQ, then use surrounding roads considerably .

TOILETS open. Hall not open.

Numbers at HQ only. :After:Return your number and sign out.

HQ to start: 2.2 miles

Finish to HQ 3.6

To return to the HQ

Turn right at Wiston Crossroads on the A283

Route to start: Left out of car park; left into Church Lane; right on London Road, straight over roundabout;  
1st right to join A24 south to Washington roundabout where left for 150 yards to start.

### ***Event Records***

Mens:	00:31:16	Mark Smith	2017
Womern:	00:35:51	Joscelin Lowden	2017
Vets.:	00:31:16	Mark Smith	2017
Tandem:	00:37:05	Jon Frost/David Abbott	2016

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PAST WINNERS:

2015	Dominic Maxwell	00:35:37
2016	Pat Wright	00:31:52
2017	Mark Smith	00:31:16
2018	Simon McNamara	00:32:02
2019	Nik Allen	00:32:14
2020		

VERY GRATEFUL THANKS TO ALL ENTRANTS.

LAST YEAR WE HAD A RECORD ENTRY OF 52 RIDERS.

THIS YEAR, AGAIN A RECORD WITH 72 RIDERS.

## Please note the following CTT regulations and recommendations

**Helmets:** CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.

**Competitors' Machines:** It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

**Competitors' Vehicles:** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish (District regulation).

**Safety Instructions:** Details of any additional hazards not listed on the start sheet will be displayed at the signing on point.

**Warming Up:** Competitors are requested not to warm up on the course after the event has started.

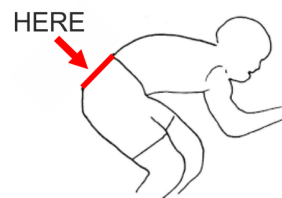
**Observers:** Official observers will be stationed around the course to ensure correct procedure (e.g. drafting and safety at roundabouts).

**Results:** No times will be given out at the finish line.

**Race Numbers:** The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers.

Body numbers should be fitted in accordance with Regulation 16 and Arm Numbers should be fitted to the upper arm with the number facing forwards (not inwards).

Be aware that "No time may be recorded if the number is incorrectly positioned".



## Additional Safety Instructions

Competitors must exercise extra care at the start and at all roundabouts.

PLEASE REMEMBER TO SIGN OUT AFTER YOU HAVE FINISHED.....

COMPETITORS' MACHINES: it is a regulation that a working rear light, either flashing or constant, is fitted to

The machine in a position clearly visible to following road users and is active while the machine is in use.

No light = no start.

# Open 15 miles Time Trial, Saturday 19<sup>th</sup> September 2020

Course G15/92

## TIMEKEEPERS:

Start: Paul Tunnell Addiscombe CC  
Finish: Kathleen Collard-Berry ...a3crg

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## Prizes

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1 <sup>st</sup> Man	£60	1 <sup>st</sup> Veteran (40-44)	£15
2 <sup>nd</sup> Man	£40	1 <sup>st</sup> Veteran (45-49)	£15
3 <sup>rd</sup> Man	£30	1 <sup>st</sup> Veteran (50-54)	£15
4 <sup>th</sup> Man	£20	1 <sup>st</sup> Veteran (55-59)	£15
1 <sup>st</sup> Woman	£60	1 <sup>st</sup> Veteran (60-64)	£15
2 <sup>nd</sup> Woman	£40	1 <sup>st</sup> Veteran (65-69)	£15
1 <sup>st</sup> Team	£20 each	1 <sup>st</sup> Veteran (70-74)	£15
		1 <sup>st</sup> Veteran (75-79)	£15
1st on Road Bike	£20	1st Veteran on CTT target time	£30
		2nd Veteran on CTT target time	£20

*As a Championship event, this race includes a selection of Trophies, Cups and Medals to be awarded to*

*riders in Sussex C.A. affiliated clubs in various categories:*

First Man	Championship Cup for a year, plus Sussex C.A. medal
1 <sup>st</sup> Woman	Sussex C.A. medal
1 <sup>st</sup> Team	Sussex C.A. medal
1 <sup>st</sup> Veteran	Sussex C.A. medal
1 <sup>st</sup> Veteran on CTT Target Time	Sussex C.A. medal

Cups and medals to be presented at the Annual Sussex Cyclists' Association lunch and prize presentation.

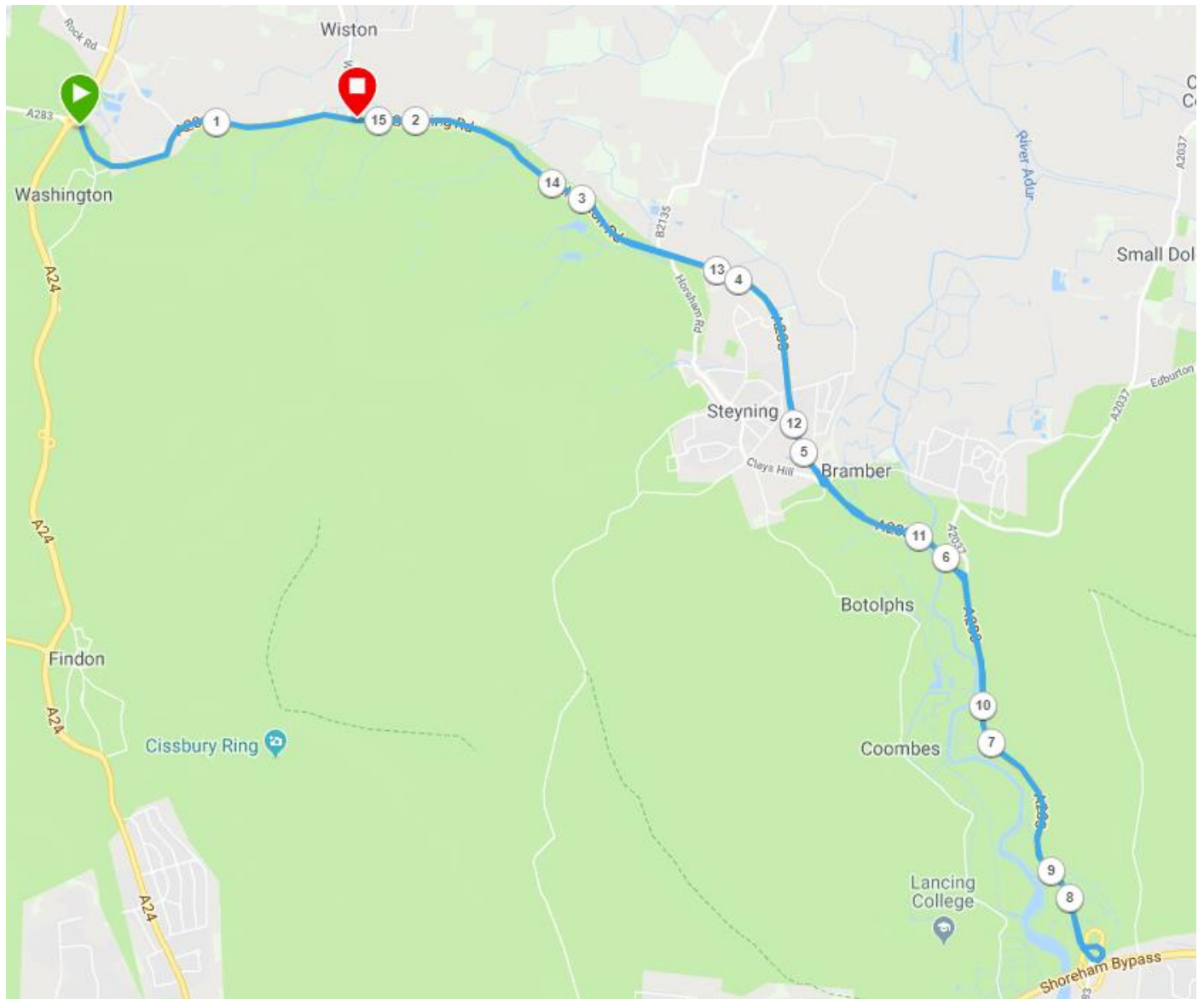
**PLEASE NOTE**

***Prize Presentation***                      Not this year, prizes to be sent to bank a/c's.

***Lottery Prizes***                              Not this year.

# Open 15 miles Time Trial Saturday 15<sup>th</sup> September 2020

## Course G15/92



### Elevation

442 ft

Elevation Gain

464 ft

Elevation Loss



OS REF	COURSE DIRECTIONS - G15/92	DISTANCES	
TQ121133	START in Sandhill Lane, Washington, West Sussex, south-east of Washington roundabout, 5 yards north of A283.	0.00	0.00
TQ144134	Join A283 and go via Steyning by-pass, Bramber Castle and Beeding Court roundabouts to Adur Bridge roundabout, Shoreham-by-sea, below A27.	8.42	8.42
TQ207066	Where turn and retrace on A283 via Beeding Court and Bramber Castle roundabouts and the Steyning by-pass to finish at western end of bus lay-by, just east of Wiston crossroads, 1.6 miles east of Washington roundabout.	6.58	15.00

<b>ORDER OF START:</b>	
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No.	Start Time	Firstname	Lastname	Club	Gender	Category	Age On Day
1	07:01:00	Robin	Johnson	Brighton Mitre CC	Male	Veteran	72
2	07:02:00	Darren	Number	Brighton Excelsior CC	Male	Veteran	43
3	07:03:00	Clive	Jackson	Central Sussex CC	Male	Veteran	68
4	07:04:00	Peter	Merritt	TBW23 Stuart Hall Cycling P/b Trainsharp	Male	Senior	23
5	07:05:00	Sam	Dix	trainSharp	Male	Veteran	49
6	07:06:00	Stephen	McWilliams	Brighton Mitre CC	Male	Senior	35
7	07:07:00	Jon	Roberts-Bibby	Horsham Cycling	Male	Veteran	48
8	07:08:00	Erica	Martin	Eastbourne Rovers CC	Female	Senior	38
9	07:09:00	Danny	Halpin	Bristol CX	Male	Veteran	47
10	07:10:00	Stuart	Bettis	South Downs Bikes / Casco Pet	Male	Senior	36
11	07:11:00	Paul	Townsley	Worthing Excelsior CC	Male	Veteran	71
12	07:12:00	Stuart	Payne	Central Sussex CC	Male	Veteran	58
13	07:13:00	Paul	Atkinson	Velo Club St Raphael	Male	Veteran	51
14	07:14:00	Richard	Keevil	GS Stella	Male	Veteran	51
15	07:15:00	Matt	Hill	Velo Club Godalming & Haslemere	Male	Veteran	60
16	07:16:00	Paul	Fletcher	Lewes Wanderers CC	Male	Veteran	42
17	07:17:00	Rebekah	Nash	Vision Innovative Leisure Racing Team	Female	Espoir	22

18	07:18:00	Peter	Davies	Brighton Mitre CC	Male	Veteran	63
19	07:19:00	Peter	Horsfield	Redmon CC	Male	Veteran	70
20	07:20:00	David	Rumm	Southborough & Dist. Whs	Male	Veteran	53
21	07:21:00	Peter	Owen	Norwood Paragon CC	Male	Veteran	59
22	07:22:00	Cris	Coxon	Brighton Mitre CC	Male	Veteran	43
23	07:23:00	Duncan	Cochrane	7Oaks Tri Club	Male	Veteran	63
24	07:24:00	Liz	Sim	MedwayTri	Female	Veteran	49
25	07:25:00	Adrian	Blacker	C and N Cycles RT	Male	Veteran	56
26	07:26:00	Jack	Smith	Brighton Mitre CC	Male	Senior	28
27	07:27:00	Mark	Vowells (Tricycle)	CC Bexley	Male	Veteran	67
28	07:28:00	Brian	Jones	Horsham Cycling	Male	Veteran	69
29	07:29:00	Alan	Robinson	Central Sussex CC	Male	Veteran	79
30	07:30:00	Kevin	Nelson	Crawley Wheelers	Male	Senior	32
31	07:31:00	Mike	Boyce	...a3crg	Male	Veteran	64
32	07:32:00	Olivia	Webb	Eastbourne Rovers CC	Female	Veteran	51
33	07:33:00	Jon	Fairclough	Woking Cycle Club	Male	Veteran	66
34	07:34:00	Simon	Craig-McFeely	...a3crg	Male	Veteran	61
35	07:35:00	Colin	McDermott	Festival Road Club	Male	Veteran	53
36	07:36:00	Paul	James	Crawley Wheelers	Male	Veteran	57
37	07:37:00	George	Sloan	VC de Londres	Male	Espoir	19
38	07:38:00	Ian	Newbold	Worthing Excelsior CC	Male	Veteran	47
39	07:39:00	Steven	Woodbridge	GS Stella	Male	Veteran	45
40	07:40:00	Andy	Critchlow	Norwood Paragon CC	Male	Veteran	46
41	07:41:00	Andrew	Stewart	Lindfield Coffee Works	Male	Veteran	48
42	07:42:00	Francis	Schofield	Brighton Mitre CC	Male	Junior	18
43	07:43:00	Andrew	Quye	Southborough & Dist. Whs	Male	Veteran	58
44	07:44:00	Simon	Smythe	Norwood Paragon CC	Male	Veteran	51
45	07:45:00	Mark	Smith	Crawley Wheelers	Male	Veteran	47
46	07:46:00	Mark	Jones	GS Stella	Male	Veteran	60

47	07:47:00	Colin	Toppin	Worthing Excelsior CC	Male	Veteran	47
48	07:48:00	Vince	Freeman	Sussex Revolution Velo Club	Male	Veteran	40
49	07:49:00	James	Stone	Brighton Excelsior CC	Male	Veteran	51
50	07:50:00	Matthew	Smith	Team TMC	Male	Senior	36
51	07:51:00	James	Bonham	Paceline RT	Male	Veteran	40
52	07:52:00	Lawrence	Coyle	South Downs Bikes / Casco Pet	Male	Espoir	20
53	07:53:00	Rob	Luff	GS Stella	Male	Veteran	63
54	07:54:00	Rick	Hughes	Worthing Excelsior CC	Male	Veteran	57
55	07:55:00	Simon	McNamara	HuntBikeWheels.com	Male	Veteran	45
56	07:56:00	Steven	Kane	Team TMC	Male	Senior	31
57	07:57:00	Robert	Durnford	Paceline RT	Male	Senior	37
58	07:58:00	Sally	Turner	trainSharp	Female	Veteran	40
59	07:59:00	Robert	Gilmour	Hounslow & District Whs	Male	Veteran	69
60	08:00:00	Nik	Allen	Worthing Excelsior CC	Male	Veteran	49
61	08:01:00	Tony	Reeves	GS Stella	Male	Veteran	49
62	08:02:00	Martin	Gibbs	Team TMC	Male	Senior	34
63	08:03:00	Marcus	Edwards	Kingston Phoenix RC	Male	Veteran	56
64	08:04:00	Peter	Baker	Lewes Wanderers CC	Male	Veteran	62
65	08:05:00	Christopher	McNamara	Nuun-Sigma Sport-London RT	Male	Veteran	45
66	08:06:00	Marek	Shafer	Brighton Mitre CC	Male	Senior	38
67	08:07:00	James	Long	Farnham Triathlon Club	Male	Veteran	48
68	08:08:00	Neil	Crowther	Blazing Saddles	Male	Veteran	47
69	08:09:00	Nolan	Heather	Worthing Excelsior CC	Male	Veteran	44
70	08:10:00	James	Rix	Team Bottrill	Male	Veteran	44
71	08:11:00	Kevin	Plummer	South Downs Bikes / Casco Pet	Male	Veteran	55
72	08:12:00	Chris	Lord	Brighton Excelsior CC	Male	Veteran	67

## **CTT COVID-19 INSTRUCTIONS:**

- 1) Do not attend if you/your family members feel ill.**
- 2) Park with social distancing in mind; car park, grass areas, adjacent roads available.**
- 3) HQ not open other than for toilets; 1 in 1 out.**
- 4) Bring your own pen to sign on outside HQ and, if needed, safety pins**
- 5) Take with you a compulsory working rear light, a spare tyre/tub and a mobile phone.**
- 6) Please note you have to make your own way back in event of trouble – no collections offered.**
- 7) No more than 5 riders, 2m apart, to wait at the start.**
- 8) No changing facilities at the HQ.**
- 9) No items to be left at the start or with the timekeeper.**
- 10) No push-off.**
- 11) After racing, leave your number in the bowl of disinfected water and sign out.**
- 12) No social, no drinks, no food and no prize presentation – sorry!**
- 13) No result board – times will be on CTT site asap.**
- 14) Please leave the car park in a timely fashion.**
- 15) Any groups, socially distanced, to be each no more than 6 people in vicinity of HQ.**