



# East Sussex Cycling Association

2019 President: Clive Jackson Central Sussex CC

## ESCA 100 mile TT – Sunday 11 August 2019 6.00 am Course G100/861

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

### Start Sheet

#### Event Secretary

**Bob Harber** (Brighton Excelsior CC)  
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#### Timekeeper

**Richard Meed** (Lewes Wanderers CC)

### General Information

**Event HQ:** Upper Dicker Village Hall, Coldharbour Road, Upper Dicker, East Sussex BN27 3QE.

**From A27:** follow Berwick Station signs at Alfriston roundabout. Straight on for 4 miles. Hall is on Right at end of village.

**From A22:** half mile West of Boship Roundabout, Lower Dicker. Turn into Coldharbour Road (at the Yellow 'Metamorphosis' Bathroom Centre). Hall is on Left after 1 mile; after '40' and 'Upper Dicker' sign.

The hall will be open from 5:00am for changing. Shower facilities are available and refreshments will be on offer for a generous donation please.

**Car Parking:** There is ample parking in the field at the rear of the village hall where you will find entry doors to the hall and facilities. The car park entrance is the gate next to the HQ - please drive around the football pitch and park directly behind the hall. **Please do not park on the football pitch or block the entry/exit route.**

**Race Numbers:** Numbers will be available at the event HQ. Please collect your number when you sign on. **After the event all riders must sign out** and return race numbers at the HQ.

**Start:** LEFT out of HQ; LEFT at staggered X-roads; LEFT at grass triangle; continue almost to A22. The start is 2 miles from the HQ. **Please allow at least 10 minutes getting to the start.**

### This is a qualifying event for

**ESCA Points Competition:** 30 points for 1st place down to 1 point for 30th place for riders from an ESCA affiliated club. The individual points earned by each rider are totalled and awarded to their respective club.

**ESCA Trophies:** The fastest rider from an ESCA affiliated club will be awarded the 100m Cup, and the fastest team of three riders from an ESCA affiliated club will be awarded the 100m Team Shield at the annual prize presentation in January 2013.

**ESCA BAR:** Qualifying event for the Senior and Veteran BAR competitions.

**SCA and KCA BAR:** Qualifying event for the long-distance BAR

**BBAR:** Qualifying event for the British Best All Rounder competition.

**Sussex SPOCO:** Long distance qualifying event – 120 points for 1st place down to 1 point for 120th place for first claim riders from Sussex CA affiliated clubs.

**VTTA Surrey/Sussex Group:** The member with the highest plus against standard will be awarded a medal at the group's Prize Presentation lunch.

[www.eastsussexca.org.uk](http://www.eastsussexca.org.uk)

[www.vtta.org.uk](http://www.vtta.org.uk)

#### ESCA 100 mile TT Awards

##### Fastest

First	£30.00
Second	£25.00
Third	£20.00

##### Highest Vet on Std

First	£20.00
Second	£15.00
Third	£10.00

##### Fastest Woman

First	£30.00
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##### Fastest Team of 3

First	£15.00 ea
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## Course Details – G100/861

Map attached, courtesy of SCA; available at: <http://www.sussexca.org.uk/g100861.html> .

START Arlington Road West, just before junction with A22 Northbound.

LEFT and follow A22 via Diplocks Way RBT to Boship RBT where

### **Start of LAP 1**

LEFT 1<sup>st</sup> Exit to on A22 to junction with B2124 at Golden Cross.

LEFT on B2124 to TURN at Ringmer, Kennel Corner RBT [9.1 MILES].

RETRACE to A22 at Golden Cross.

LEFT on A22 via The Shaw RBT, Halland RBT, Golf Course RBT, Little Horsted RBT [19.9 MILES] Copwood RBT to TURN at Black Down RBT (A22/A26 split here). [22.8 MILES].

RETRACE on A22 via Copwood, Little Horsted, Golf Course, Little Horsted, Halland and The Shaw Roundabouts to Boship RBT.

TURN 4<sup>th</sup> Exit to A22.

**This completes LAP 1.** [34.1 MILES]

then REPEAT Boship - Golden Cross – Ringmer – Golden Cross – Black Down – Boship.

**This completes LAP 2.** [66.5 MILES].

then REPEAT Boship - Golden Cross – Ringmer – Golden Cross – Black Down – Boship.

**This completes LAP 3.** [98.8 MILES].

RETRACE on A22 to Coldharbour Road (at Yellow 'Metamorphosis bathroom showroom')

LEFT along Coldharbour Road to FINISH. [100.0 MILES]

## There will be a Drinks Station at 34.7 and 67.1 miles

You can leave your food and drink at HQ when signing-on. We will have it ready for you as you pass.

**Drinks station at Bus Stop lay-by, less than 1 mile after Boship Roundabout turn.**

(by Coldharbour Road turn and yellow 'Metamorphosis' bathroom shop)

Water will be handed up.

## Please note the following CTT regulations and recommendations

**Helmets:** CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.

**Competitors' Machines:** It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

**Competitors' Vehicles:** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish.

**Safety Instructions:** Details of any additional hazards not listed on the start sheet will be displayed at the signing on point. Competitors must exercise extra care when negotiating all roundabouts.

**Warming Up:** Competitors are requested not to warm up on the course after the event has started.

**Race Numbers:** The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers.

Please pin your number here



**Results:** No times will be given out at the finish.

bib	start_time	firstname	lastname	club	gender	category
1	06:01:00	Chris	Parker	Hastings & St. Leonards CC	Male	Veteran
2	06:02:00	Malcolm	Strickland	Thornton Road Club	Male	Veteran
3	06:03:00	Anita	Turner	Eastbourne Rovers CC	Female	Veteran
4	06:04:00	Mark	Gidney	Southborough & Dist. Whs	Male	Veteran
5	06:05:00	Martin	Naylor	Brighton Excelsior CC	Male	Veteran
6	06:06:00	Aly	Mugford	Epsom CC	Male	Veteran
7	06:07:00	Peter	Madarasz	Brighton Triathlon Club	Male	Senior
8	06:08:00	David	Dodsworth	Maldon & District CC	Male	Veteran
9	06:09:00	Daniel	Ellis	Eastbourne Rovers CC	Male	Senior
10	06:10:00	Gareth	Purves	Hastings & St. Leonards CC	Male	Senior
11	06:11:00	Katerina	Avramides	Brighton Mitre CC	Female	Senior
12	06:12:00	John	Mankelow	Lewes Wanderers CC	Male	Veteran
13	06:13:00	Peter	Horsfield	Redmon CC	Male	Veteran
14	06:14:00	James	Thomas	Epsom CC	Male	Veteran
15	06:15:00	Malcolm	Daly	Hastings & St. Leonards CC	Male	Veteran
16	06:16:00	Richard	Claxton	VC Elan - Harry Perry Cycles	Male	Veteran
17	06:17:00	Vince	Freeman	Brighton Triathlon Club	Male	Senior
18	06:18:00	Andrew	Green	Old Portlians CC	Male	Veteran
19	06:19:00	Richard	Miller	Bedfordshire Road CC	Male	Veteran
20	06:20:00	Adam	Rogers	Eastbourne Rovers CC	Male	Veteran
21	06:21:00	Peter	Baker	Lewes Wanderers CC	Male	Veteran
22	06:22:00	Lisa	Davis	trainSharp	Female	Veteran
23	06:23:00	Pete	Christensen	Alton CC/Owens Cycles	Male	Senior
24	06:24:00	Brendan	Reese	Army Cycling	Male	Veteran
25	06:25:00	John	Cordner	Eastbourne Rovers CC	Male	Veteran
26	06:26:00	Gavin	Richards	Lewes Wanderers CC	Male	Veteran
27	06:27:00	David	Clark	Eastbourne Rovers CC	Male	Veteran
28	06:28:00	Nathan	Russell	trainSharp	Male	Senior
29	06:29:00	Rupert	Robinson	Crawley Wheelers	Male	Veteran
30	06:30:00	David	Clements	Eastbourne Rovers CC	Male	Veteran
31	06:31:00	Howard	Shaw	trainSharp	Male	Senior
32	06:32:00	Steven	Kane	Team ASL	Male	Senior
33	06:33:00	Peter	Hooper	Eastbourne Rovers CC	Male	Senior