

Promoted for and behalf of **Cycling Time Trials** under their rules and regulations



Sussex Cyclists' Association

Founded 1921



25 Mile Time Trial – Sunday 5th May 2019 – Course G25/93 Incorporating Sussex 25 miles Championship

Event Secretary

Steve Dennis (East Grinstead CC)
15 Sherwood Walk, Crawley, W. Sussex
RH10 6NQ
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Timekeepers

Start: Mr Mick Kilby (Lewes Wanderers CC)
Finish: Mr Mick Irons (Worthing Excelsior CC)

Prizes

| | | | |
|-------------|-----------------------------|-------------------|----------|
| 1st Overall | £40 | 1st Lady | £40 |
| 2nd Overall | £30 | 2nd Lady | £30 |
| 3rd Overall | £25 | | |
| 4th Overall | £20 | 1st Team of Three | £15 each |
| 5th Overall | £15 | 2nd team of Three | £10 each |
| | | | |
| | 1st Vet on CTT Target Times | £20 | |
| | 2nd Vet on CTT Target Times | £15 | |
| | 3rd Vet on CTT Target Times | £10 | |

Sussex Championship awards for affiliated riders

Fastest overall **Boniface Cup**. Highest plus on CTT target time **Horry Hemsley Cup**. Fastest team of three **Lee Memorial Shield**. Medals are also awarded to each team member and individual riders in the following categories: Overall, Veteran on CTT Target Times, Women, Juniors and Juveniles subject to the number of entries in each category. All Championship trophies and medals will be presented at the Annual Prize Presentation Lunch.

Headquarters

Steyping Centre Fletcher's Croft, Steyping, BN44 3XZ
Open from 6:00 am.

OS Landranger sheet 198, grid ref TQ178 113
Google Maps Streetview link <http://goo.gl/maps/hkLKe>

Directions and car parking

Coming from the north: A24 / A283

Turn right into Horsham Road and proceed on to Steyping High Street. At the mini roundabout turn **left** (NE) and proceed along Church Street pass the library & church, turn right into Steyping Centre.

Coming from the South: A27 / A283.

Second left off Bramber roundabout. Proceed up Clays Hill and continue on to Steyping High Street. At the mini roundabout turn **right** (NE) and proceed along Church Street pass the library & church, turn right into Steyping Centre.

Ample car parking is available at the Steyping Centre
Please do not wear cleated cycling shoes in the Hall. Thank you.

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Race Numbers

Numbers will be available at the event HQ. Please collect your number when you sign on.

Notice of any additional hazards to be aware of on the course will be displayed next to the signing on sheet.

After the event please return your race number to the event HQ in exchange for a cup of tea or coffee.

Warming up and to the Start

Competitors are requested not to warm up on the course after the event has started.

Left out of the car park to the mini roundabout, then right onto the High Street. Proceed North to the A283 junction.

Left and then immediate right on to B2135 for 0.4 miles.

REMEMBER TO SIGN OUT AFTER YOUR RIDE!

Please pay attention to the following Safety Notes

London South District Regulation: No vehicles, except those of the timekeepers and race officials, shall be parked in the vicinity of the start or finish areas.

CTT regulations require the compulsory use of helmets for the under 18's. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.

Competitors Machines: It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

Additional notice for the 2019 Raw Energy Pursuits Steyning Triathlon

Please be aware that you may encounter Triathlon competitors who will be starting at 6.00am in the Steyning Leisure Centre. They will be using the A24 up to Ashington and the A283 between Washington and Bramber. Please take care after completing the course as the Triathlon riders will be continuing on into Steyning. Please ignore any non-cycling triangle signs, there will be marshals on all roundabouts but there may be other marshals for the Triathlon event.

Course details G25/93

Distance

| | |
|--|---------------|
| START on B2135 just south of entrance to Wappingthorpe Manor (Map ref TQ 172131). | 0.0 |
| Proceed north on the B2135 through Partridge Green to junction with A24. (M) | 6.708 |
| Turn left and proceed southwards on the A24 to Washington RBT. (M) | 12.519 |
| Turn left on A283 and proceed east, via Bramber and Beeding Court RBT (M) to Turn at Adur Bridge RBT. (M) | 20.987 |
| Retrace on A283 via Beeding Court and Bramber RBTs to Finish at paint mark on curb opposite TP3 about 25 yards before Canons Way. (Map ref TQ 181118). | 25.00 |

Course details can be viewed or downloaded from the SCA website at the link www.sussexca.org.uk/g2593.html

| No. | Name | Club | Cat. | Standard Time | Start Time |
|-----------|---------------------------|---|------------|------------------|---------------|
| 1 | Clive Jackson | Central Sussex CC | V66 | 01:15:37 | 07:01 |
| 2 | Glenn Sievwright | Bognor Regis CC | V48 | 01:06:16 | 07:02 |
| 3 | Colin Toppin | Worthing Excelsior CC | V46 | 01:05:18 | 07:03 |
| 4 | Darren Bird | Sussex Nomads CC | S | | 07:04 |
| 5 | Chris Lord | Brighton Excelsior CC | V66 | 01:15:37 | 07:05 |
| 6 | Mike O'Gorman | Worthing Excelsior CC | V67 | 01:16:10 | 07:06 |
| 7 | Mike Marchant | Southdown Velo | V61 | 01:12:53 | 07:07 |
| 8 | Peter Davies | Brighton Mitre CC | V62 | 01:13:26 | 07:08 |
| 9 | Keith Geere | GS Stella | V68 | 01:16:43 | 07:09 |
| 10 | Matt Peel | C and N Cycles RT | S | | 07:10 |
| 11 | John Marinko | Brighton Mitre CC | V54 | 01:09:15 | 07:11 |
| 12 | Nigel Langridge | Crawley Wheelers | V54 | 01:09:15 | 07:12 |
| 13 | Jez Parsons | Brighton Excelsior CC | V53 | 01:08:45 | 07:13 |
| 14 | Stuart Jago | GS Stella | V62 | 01:13:26 | 07:14 |
| 15 | Nik Allen | Worthing Excelsior CC | V47 | 01:05:47 | 07:15 |
| 16 | James Ryan | Team ASL | V42 | 01:03:25 | 07:16 |
| 17 | John McGrath | Worthing Excelsior CC | V55 | 01:09:45 | 07:17 |
| 18 | Ben Fielden | GS Stella | V77 | 01:21:57 | 07:18 |
| 19 | Guy Chappelle | ...a3crg | V46 | 01:05:18 | 07:19 |
| 20 | Nick Dwyer | Lewes Wanderers CC | V55 | 01:09:45 | 07:20 |
| 21 | Ian Cheesman | Worthing Excelsior CC | V50 | 01:07:15 | 07:21 |
| 22 | Stephen Morgan | Tooting BC | V51 | 01:07:45 | 07:22 |
| 23 | Russell Thorne-Jones | Crawley Wheelers | V46 | 01:05:18 | 07:23 |
| 24 | Bryn Reeves | Horsham Cycling | V52 | 01:08:14 | 07:24 |
| 25 | Kevin Plummer | South Downs Bikes/Casco Pet | V53 | 01:08:45 | 07:25 |
| 26 | Christian Yates | East Grinstead CC/Merlin Cycle Coaching | V56 | 01:10:16 | 07:26 |
| 27 | Will Reeder | Trainsharp | S | | 07:27 |
| 28 | Brian Jones | Horsham Cycling | V68 | 01:16:43 | 07:28 |
| 29 | Barrie Foster | Anerley BC | V69 | 01:17:17 | 07:29 |
| 30 | Howard Bayley | Blazing Saddles | V44 | 01:04:21 | 07:30 |
| 31 | Tony Reeves | GS Stella | V47 | 01:05:47 | 07:31 |
| 32 | Iain Duncan | Crawley Wheelers | V47 | 01:05:47 | 07:32 |
| 33 | James Stone | Brighton Excelsior CC | V50 | 01:07:15 | 07:33 |
| 34 | Stu Nisbett | Crawley Wheelers | V45 | 01:04:50 | 07:34 |
| 35 | Matthew Smith | Team ASL | S | | 07:35 |
| 36 | Mark Jones | GS Stella | V59 | 01:11:50 | 07:36 |
| 37 | Sam Dix | Trainsharp | V47 | 01:05:47 | 07:37 |
| 38 | James Cheeseman | N+1.Lindfield Coffee Works | S | | 07:38 |
| 39 | Peter Moon | Eastbourne Rovers CC | V58 | 01:11:18 | 07:39 |
| 40 | Stephen Williamson | ...a3crg | V48 | 01:06:16 | 07:40 |
| 41 | Michael Davey | Trainsharp | V41 | 01:02:58 | 07:41 |
| 42 | Martin Booker | South Downs Bikes/Casco Pet | V50 | 01:07:15 | 07:42 |
| 43 | Katerina Avramides | Brighton Mitre CC | WS | | 07:43 |

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|-----------|-----------------------|------------------------------------|-------------|-----------------|--------------|
| 44 | Katie Simmonds | Horsham CC | WS | | 07:44 |
| 45 | Lisa Davis | Trainsharp | WV44 | 01:08:14 | 07:45 |
| 46 | Madelaine Lee-Smith | Oxted Cycle Club | WV47 | 01:09:45 | 07:46 |
| 47 | Olivia Webb | Eastbourne Rovers CC | WV50 | 01:11:18 | 07:47 |
| 48 | Sarah Kelman | St Ives CC | WV48 | 01:10:16 | 07:48 |
| 49 | Victoria Miller | Brighton Mitre CC | WS | | 07:49 |
| 50 | Howard Shaw | Trainsharp | S | | 07:50 |
| 51 | Paul Batten | Crawley Wheelers | S | | 07:51 |
| 52 | Ralph Carter | London Dynamo | V58 | 01:11:18 | 07:52 |
| 53 | Simon Steeles | Worthing Excelsior CC | V48 | 01:06:16 | 07:53 |
| 54 | John Mankelow | Lewes Wanderers CC | V71 | 01:18:26 | 07:54 |
| 55 | Stuart Bettis | South Downs Bikes/Casco Pet | S | | 07:55 |
| 56 | Nolan Heather | Worthing Excelsior CC | V43 | 01:03:53 | 07:56 |
| 57 | Dan Pullen | N+1.Lindfield Coffee Works | V43 | 01:03:53 | 07:57 |
| 58 | Ben Crumpstone | Brighton Mitre CC | V49 | 01:06:45 | 07:58 |
| 59 | Peter Horsfield | Redmon CC | V68 | 01:16:43 | 07:59 |
| 60 | Mark Smith | Crawley Wheelers | V45 | 01:04:50 | 08:00 |
| 61 | Tom Houghton | Brighton Excelsior CC | V47 | 01:05:47 | 08:01 |
| 62 | Trevor Leeding | Worthing Excelsior CC | V53 | 01:08:45 | 08:02 |
| 63 | Michael Thyer | Sussex Nomads CC | V69 | 01:17:17 | 08:03 |
| 64 | John Ferguson | Brighton Mitre CC | V51 | 01:07:45 | 08:04 |
| 65 | David Triska | Team Bottrill | S | | 08:05 |
| 66 | Andy Tedd | South Downs Bikes/Casco Pet | V51 | 01:07:45 | 08:06 |
| 67 | Richard Carrington | London Dynamo | V55 | 01:09:45 | 08:07 |
| 68 | Donald Parker | Brighton Mitre CC | V70 | 01:17:51 | 08:08 |
| 69 | Peter Marshall | Sussex Nomads CC | V44 | 01:04:21 | 08:09 |
| 70 | Pat Wright | Paceline RT | S | | 08:10 |
| 71 | Spencer Kirkham | Worthing Excelsior CC | V51 | 01:07:45 | 08:11 |
| 72 | Simon McNamara | South Downs Bikes/Casco Pet | V44 | 01:04:21 | 08:12 |

Sponsored Clubs

Team ASL

Trainsharp

C and N Cycles RT

Team Bottrill

South Downs Bikes/ Casco Pet

East Grinstead CC /Merlin Cycle Coaching

N+1.Lindfield Coffee Works