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Sussex Cyclists' Association



Established 1921

Open 2 Up Team Time Trial (13 Miles & 28.5 Miles) Sunday 7th April 2019

Course GS/987

Event Secretary: James Stone

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Tel: 01273 453071 (or 07880 344838 on day of event)

Promoted for and on behalf of **Cycling Time Trials** under their rules and regulations

HQ

Steyning Center(Saxon Room)

The Steyning Center
Fletchers Croft
Steyning
West Sussex
BN44 3XZ

For SAT NAV use BN44 3YL

Open from 07:00



Turn off the A283 into Steyning. Proceed to the High Street and turn into Church Street at the Mini RAB in Steyning High St. the HQ is on the RHS opposite the Church.

Thank you in advance for not wearing cycling shoes or cleats in the hall. Please can you leave it as found and be aware of other users arriving after our event.

Numbers at Sign on /off in HQ only. After the event please return your race number to the event HQ and **Sign off**.

***For all riders, Please allow sufficient time to get to the start (approximately 10 Mins)
For later starters please give way to earlier riders already completing their first lap.
Any additional hazards will be listed at the signing on point, all riders please take note.***

The finish is approximately 3 miles from the HQ.

Route to start:

From HQ Turn Left into Church Street then turn right into the High St at the mini RAB. Follow road to T junction with A283. Turn left and then Immediately take the next Right. Start is at top of hill. Distance is 2 Miles from HQ

Course Record

00:59:49

Steve Kane & Steve Dennis

2014

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Please note the following CTT regulations and recommendations

Helmets: CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.

Competitors' Machines: It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

Competitors' Vehicles: No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish (District regulation).

Safety Instructions: Details of any additional hazards not listed on the start sheet will be displayed at the signing on point.

Warming Up: Competitors are requested not to warm up on the course after the event has started.

Observers: Official observers will be stationed around the course to ensure correct procedure (e.g. drafting and safety at roundabouts).

Results: No times will be given out at the finish line.

Race Numbers: The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers.

Body numbers should be fitted in accordance with Regulation 16 and Arm Numbers should be fitted to the upper arm with the number facing forwards (not inwards).

Be aware that "No time may be recorded if the number is incorrectly positioned".



Additional Safety Instructions

Competitors must exercise extra care at the start and at all roundabouts.

After 16 Miles - Note the give way markings on the junction of the A283 and the B2135.

The finish is half a mile before the Washington roundabout at the bus stop sign (not the bus shelter) at the slip road to the Hollow.

After the finish please filter left into the Hollow and use this small road to return to the HQ, turning left at the far end onto the A283 and retrace back to the Steyning Center HQ.

If you do return to the HQ via the Washington roundabout please ensure that you do not obstruct those riders still racing.

Sign on/Sign off

Regulations require you to now **SIGN ON AND OFF**. Please return your number and sign off at the same time. Riders not doing so will be recorded as a DNF.

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OFFICIAL TIME KEEPERS

Mick Irons
Tony Palmer

Worthing Excelsior
Worthing Excelsior

Awards

1st, 2nd, 3rd
1st, 2nd
1st, 2nd, 3rd
1st,
1st,
1st,
1st,
1st,
1st,

Teams of any category on Scratch
Vet Team on Standard
Road Bike Team
Senior & Vet Team on Scratch
Fastest Composite Clubs team
Male/Female team
Team one rider Junior
Team one rider U16
Best Presented Team (to be awarded to the best matching pair)

PLEASE NOTE

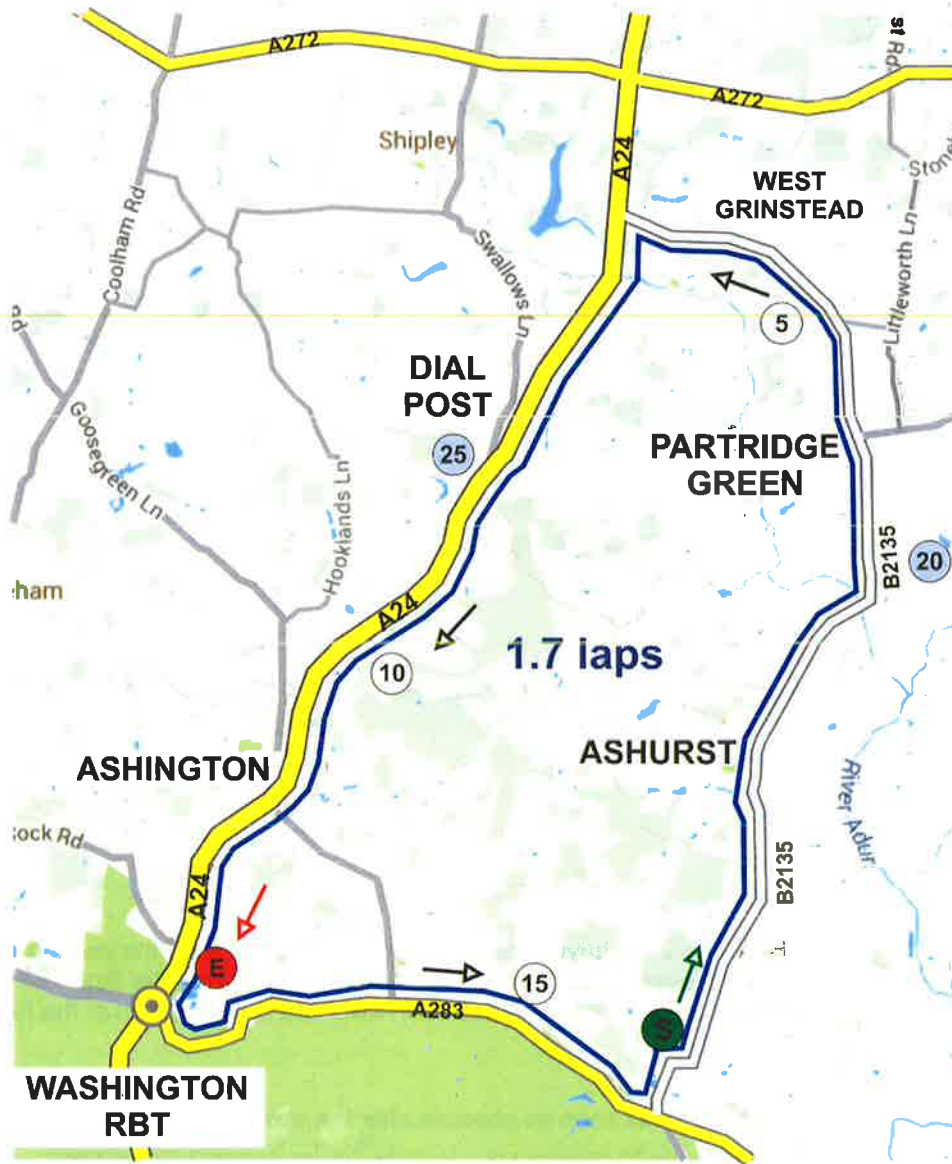
Rules on 2 Up have changed making only pairs from the same club eligible to win the event even if they are not the fastest pair on the day.
A composite pair award has been awarded in recognition of the fastest pair on the day.

Prize Presentation

To be held as soon as possible after the event..
Please stay to receive your awards and/or applaud the winners

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OS REF (TQ)	COURSE DIRECTIONS – GS/987	MILES	
172130	START on B2135 near Steyning at first arrow sign just south of entrance to Wappingthorn Manor	0.00	0.00
165214	Proceed northwards on B2135 via Ashurst and Partridge Green to T junction with A24 at West Grinstead	6.68	6.68
120134	LEFT and follow A24 south to Washington RBT (roundabout) (CHECK)	5.88	12.56
172130	LEFT 1 st exit and follow A283 to junction with B2135. LEFT on B2135 to complete circuit at start by entrance to Wappingthorn Manor	3.88	16.44
165214	Continue northwards as before to T junction with A24 at West Grinstead	6.68	23.12
124141	LEFT and follow A24 south to FINISH at Bus Stop sign in deceleration lane 80 yards north of junction with The Hollow (was Rock crossroads)	5.34	24.86

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13 mile event is $\frac{3}{4}$ of the circuit, the finish is same as the longer event but finishes on first passing.

**ONE RIDER A
JUNIOR**

number	start_time	firstname	lastname	club		category
1	08:02:00	Louis	Boulton	Brighton Excelsior CC	Male	Juvenile
2	08:02:00	Brian	Molloy	Brighton Excelsior CC	Male	Veteran
3	08:04:00	Theo	Tadros	trainSharp	Male	Junior
4	08:04:00	Nathan	Russell	trainSharp	Male	Senior

ROAD BIKE

5		Sarah	Fiddaman	Horsham Amphibians Triathlon	Female	Veteran
6	08:06:00	Michelle	Peckham	Horsham Amphibians Triathlon	Female	Veteran
7		Paul	Townsley	Worthing Excelsior CC	Male	Veteran
8	08:08:00	Dominic	Maxwell	Worthing Excelsior CC	Male	Veteran
9		Kenny	Cunningham	East Grinstead CC (Merlin Cycle Coaching)	Male	Senior
10	08:10:00	Gee	Shek	East Grinstead CC (Merlin Cycle Coaching)	Male	Veteran
11		Richard	Gifford	trainSharp	Male	Veteran
12	08:12:00	Imogen	Gifford	trainSharp	Female	Junior
13		Norman	Blissett	trainSharp	Male	Veteran
14	08:14:00	Andy	Seltzer	In-Gear	Male	Veteran
15		Marc	Clothier	South Downs Bikes / Casco Pet	Male	Veteran
16	08:16:00	Emma	Craddock	South Downs Bikes / Casco Pet	Female	Veteran
17		Kirsten	King	Cranleigh Cycling Club	Female	Veteran
18	08:18:00	Michael	Savage	Horsham Amphibians Triathlon	Male	Veteran

TT BIKE

19		Valerie	Place	7Oaks Tri Club	Female	Veteran
20	08:20:00	Glenda	Goscomb	7Oaks Tri Club	Female	Veteran
21		Stuart	Jago	GS Stella	Male	Veteran
22	08:22:00	Ben	Fielden	GS Stella	Male	Veteran
23		Colin	Toppin	Worthing Excelsior CC	Male	Veteran
24	08:24:00	Simon	Steeles	Worthing Excelsior CC	Male	Veteran
25		Reuben	Evans	Bigfoot CC	Male	Senior
26	08:26:00	Gary	Bull	Bigfoot CC	Male	Veteran

27		Chris	Woods	Crawley Wheelers	Male	Senior
28	08:28:00	Denise	Page	Crawley Wheelers	Female	Veteran
29		Adam	Rogers	Eastbourne Rovers CC	Male	Veteran
30	08:30:00	Anita	Turner	Eastbourne Rovers CC	Female	Veteran
31		Alex	Pearson	Wildcats CC	Male	Veteran
32	08:32:00	Nick	Elson	Wildcats CC	Male	Senior
33		John	Marinko	Brighton Mitre CC	Male	Veteran
34	08:34:00	Donald	Parker	Brighton Mitre CC	Male	Veteran
35		Mark	Smith	Crawley Wheelers	Male	Veteran
36	08:36:00	Rupert	Robinson	Crawley Wheelers	Male	Veteran
37		Matthew	Smith	Team ASL	Male	Senior
38	08:38:00	John	Powell	Team ASL	Male	Veteran
39		Spencer	Kirkham	Worthing Excelsior CC	Male	Veteran
40	08:40:00	Trevor	Leeding	Worthing Excelsior CC	Male	Veteran
41		Stephen	Roach	Norwood Paragon CC	Male	Veteran
42	08:42:00	Jon	Masters	Norwood Paragon CC	Male	Veteran
43		John	Mcgrath	Worthing Excelsior CC	Male	Veteran
44	08:44:00	Nik	Allen	Worthing Excelsior CC	Male	Veteran
45		Martin	Booker	South Downs Bikes / Casco Pet	Male	Veteran
46	08:46:00	ian	Cheesman	Worthing Excelsior CC	Male	Veteran
47		Steven	Kane	Team ASL	Male	Senior
48	08:48:00	Tom	Houghton	Brighton Excelsior CC	Male	Veteran
49		Neil	Crowther	Blazing Saddles	Male	Veteran
50	08:50:00	Stanley	Kennett	TBW23 Stuart Hall Cycling Gett Taxi	Male	Senior
51		James	Rix	Team Bottrill	Male	Veteran
52	08:52:00	Dan	Pullen	N+1 - Lindfield Coffee Works	Male	Veteran