



# Sussex Cyclists' Association

President – Mike Watson, Angmering CC.



Open 15 Miles Time Trial – **Saturday 15th June 2019**– Course G15/92

Promoted for and on behalf of **Cycling Time Trials** under its rules and regulations

## Incorporating the Sussex 15 mile Championship

### Result

**Event Secretary** Robin Johnson (Brighton Mitre CC),  
7 Gorselands, Billingshurst, West Sussex, RH14 9TT.  
Tel: 01403 783368 Email [mr\\_rjohnson@outlook.com](mailto:mr_rjohnson@outlook.com)

**Timekeepers** Mick Kilby (Lewes Wanderers CC) and Kathy Collard-Berry (...a3crg)

### Prizewinners

Category	Pos	Rider	Club	Time / Plus	Prize
<b>Fastest</b>	1st	Nik Allen	Worthing Excelsior CC	<b>0:32:14</b>	£15 + Champagne (value £25)
	2nd	Howard Bayley	Blazing Saddles	<b>0:32:21</b>	£10 + Wine (value £5)
	3 <sup>rd</sup>	Peter Tadros	Trainsharp	<b>0:32:33</b>	£5 + Wine (value £5)
	4 <sup>th</sup>	Will Reeder	Trainsharp	<b>0:32:52</b>	Wine (value £5)
<b>Veteran on CTT Target Time</b>	1st	Chris Lord	Brighton Excelsior CC	<b>+11.17</b>	£5 + Wine (value £5)
	2 <sup>nd</sup> =	Kevin Plummer	South Downs Bikes	<b>+7.14</b>	Wine (value £5)
	2 <sup>nd</sup> =	Nik Allen	Worthing Excelsior CC	<b>+7.14</b>	Wine (value £5)
<b>Fastest Woman</b>	1st	Karen McGrath	Worthing Excelsior CC	<b>0:40:04</b>	£15 + Champagne (value £25)
<b>Veteran 40-44</b>		Howard Bayley	Blazing Saddles	<b>0:32:21</b>	Wine (value £5)
<b>Veteran 45-49</b>		Nik Allen	Worthing Excelsior CC	<b>0:32:14</b>	Wine (value £5)
<b>Veteran 50-54</b>		Kevin Plummer	South Downs Bikes	<b>0:34:19</b>	Wine (value £5)
<b>Veteran 55-59</b>		Christian Yates	East Grinstead CC	<b>0:35:53</b>	Wine (value £5)
<b>Veteran 60-64</b>		Mike Boyce	A3crg	<b>0:39:06</b>	Wine (value £5)
<b>Veteran 65-69</b>		Chris Lord	Brighton Excelsior CC	<b>0:34:05</b>	Wine (value £5)
<b>Veteran 70-74</b>		Paul Townsley	Worthing Excelsior CC	<b>0:39:36</b>	Wine (value £5)
<b>Veteran 75-79</b>		Alan Robinson	Central Sussex CC	<b>0:42:30</b>	Wine (value £5)
<b>Fastest Teams</b>	1st	Peter Tadros	Trainsharp	<b>0:32:33</b>	£5 + Wine (value £5)
		Will Reeder		<b>0:32:52</b>	£5 + Wine (value £5)
		Conall Yates		<b>0:33:14</b>	£5 + Wine (value £5)
		<b>Total</b>	<b>1:38:39</b>		
	2 <sup>nd</sup>	Stuart Bettis	South Downs Bikes	<b>0:32:53</b>	Wine (value £5)
		Kevin Plummer		<b>0:34:19</b>	Wine (value £5)
		Andy Tedd		<b>0:35:16</b>	Wine (value £5)
		<b>Total</b>	<b>1:42:28</b>		

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Rank	Name	Club	Cat	Actual Time	On CTT target
1	Nik Allen	Worthing Excelsior CC	V	<b>0:32:02</b>	<b>+7.14</b>
2	Howard Bayley	Blazing Saddles	V	<b>0:32:21</b>	<b>+6.16</b>
3	Peter Tadros	trainsharp	V	<b>0:32:33</b>	<b>+7.13</b>
4	Will Reeder	trainsharp	S	<b>0:32:52</b>	
5	Stuart Bettis	South Downs Bikes	S	<b>0:32:53</b>	
6	Chris Newberry	Redhill CC	S	<b>0:33:08</b>	
7	Conall Yates	trainsharp	S	<b>0:33:14</b>	
8	David Triska	Team Bottrill	S	<b>0:33:18</b>	
9	Tom Houghton	Brighton Excelsior CC	V	<b>0:33:43</b>	<b>+6.20</b>
10	Chris Lord	Brighton Excelsior CC	V	<b>0:34:05</b>	<b>+11.17</b>
11	Kevin Plummer	South Downs Bikes	V	<b>0:34:19</b>	<b>+7.14</b>
12	Theo Tadros	trainsharp	J	<b>0:34:30</b>	
13	Iain Duncan	Crawley Whs.	V	<b>0:34:50</b>	<b>+4.38</b>
14	Neil Crowther	Blazing Saddles	V	<b>0:35:07</b>	<b>+4.04</b>
15=	Spencer Kirkham	Worthing Excelsior CC	V	<b>0:35:16</b>	<b>+5.23</b>
15=	Andy Tedd	South Downs Bikes	V	<b>0:35:16</b>	<b>+6.05</b>
17	Nolan Heather	Worthing Excelsior CC	V	<b>0:35:22</b>	<b>+2.58</b>
18	Jez Parsons	Brighton Excelsior CC	V	<b>0:35:28</b>	<b>+5.47</b>
19	Ben Cumpstone	Brighton Mitre CC	V	<b>0:35:50</b>	<b>+4.13</b>
20	Christian Yates	East Grinstead CC	V	<b>0:35:53</b>	<b>+6.17</b>
21	Martin Booker	South Downs Bikes	V	<b>0:35:59</b>	<b>+4.22</b>
22	Simon Steeles	Worthing Excelsior CC	V	<b>0:36:19</b>	<b>+3.27</b>
23	Sam Dix	trainsharp	V	<b>0:36:27</b>	<b>+3.19</b>
24	Dylan Coyne	Balcombe CC	V	<b>0:36:40</b>	<b>+2.31</b>
25	Huw Williams	Worthing Excelsior CC	V	<b>0:36:42</b>	<b>+3.57</b>
26	Ian Cheesman	Worthing Excelsior CC	V	<b>0:36:46</b>	<b>+3.35</b>
27	Carl Richardson	trainsharp	V	<b>0:36:51</b>	<b>+5.00</b>
28	Colin Toppin	Worthing Excelsior CC	V	<b>0:36:56</b>	<b>+2.15</b>
29	Jon Fry	Horsham C	V	<b>0:37:14</b>	<b>+2.32</b>
30	Andy Seltzer	In-Gear	V	<b>0:37:34</b>	<b>+4.01</b>
31	John Ferguson	Brighton Mitre CC	V	<b>0:37:48</b>	<b>+2.51</b>
32	Simon Letts	Bognor Regis CC	V	<b>0:38:26</b>	<b>+3.44</b>
33	Steve Woodbridge	GS Stella	V	<b>0:38:28</b>	<b>-0.08</b>
34	Mike Boyce	A3crg	V	<b>0:39:06</b>	<b>+2.19</b>
35	John Mcdonald	trainsharp	V	<b>0:39:15</b>	<b>+2.18</b>
36	Rick Hughes	Worthing Excelsior CC	V	<b>0:39:16</b>	<b>+0.05</b>
37	Paul Townsley	Worthing Excelsior CC	V	<b>0:39:36</b>	<b>+7.07</b>
38	Mike O'gorman	Worthing Excelsior CC	V	<b>0:40:01</b>	<b>+5.41</b>
39	Karen Mcgrath	Worthing Excelsior CC	WV	<b>0:40:04</b>	<b>+4.58</b>
40	Peter Davies	Brighton Mitre CC	V	<b>0:41:35</b>	<b>+2.28</b>
41	Barrie Foster	Anerley BC	V	<b>0:41:48</b>	<b>+4.55</b>
42	Alan Robinson	Central Sussex CC	V	<b>0:42:30</b>	<b>+7.02</b>
43	Peter Horsfield	Redmon CC	V	<b>0:43:01</b>	<b>+3.21</b>
44	Robin Johnson	Brighton Mitre CC	V	<b>0:44:28</b>	<b>+2.35</b>
45	Gary Holder	V.T.T.A. (Surrey/Sussex)	V	<b>0:45:33</b>	<b>-4.18</b>
46	Tony Reeves	GS Stella	V	<b>*0:58:59</b>	<b>-19.31</b>

- Incl. late start 24:15

D.N.S. Nos. 3, 17, 20, 24,

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Rank	Name	Club	Cat	Actual Time	On CTT target
47, 49					

## Sussex Championship Awards

<b>Fastest</b>	Nik Allen	Worthing Excelsior CC	<b>0:32:14</b>	The 15 Cup & Medal
<b>Vet on CTT TT-1st</b>	Chris Lord	Brighton Excelsior CC	<b>+11.17</b>	Medal
<b>Fastest Woman</b>	Karen Mcgrath	Worthing Excelsior CC	<b>0:40:04</b>	Medal
<b>Fastest Junior</b>	Theo Tadros	trainsharp	<b>0:34:30</b>	Medal
<b>Fastest Juvenile</b>	None			
<b>Fastest Team</b>	Peter Tadros	trainsharp	<b>0:32:33</b>	Medal
	Will Reeder		<b>0:32:52</b>	Medal
	Conall Yates		<b>0:33:14</b>	Medal
		<b>Total</b>	<b>1:38:39</b>	

***Sussex Championship awards are presented at the annual lunch on Sunday 24th November 2019 at Dial Post Village Hall just £12 per head - Cheques to Robin Johnson, Brighton Mitre CC, by 21 November.***

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### Notes and Acknowledgments

Congratulations to all the prizewinners and many thanks to everyone that supported the event either by riding or helping on the day including:

<b>Timekeepers</b>	At the start: Mick Kilby (Lewes Wanderers CC), and at the finish: Kathy Collard-Berry (...a3crg)
<b>Recorder</b>	David Collard-Berry (...a3crg)
<b>Pushing Off</b>	Ray Smith (Brighton Mitre CC)
<b>Marshals</b>	Beeding Court R/B – Dave Dallimore (Central Sussex CC): Adur Bridge R/B, Shoreham-by-sea - Dave Hudson (Worthing Excelsior CC)
<b>Catering</b>	Peter and Ann Scarsbrook (VC Etoile).

The new course proved popular with, at least, the 80 per cent of riders who had also ridden last year as they were a full minute quicker this year, with 21 riders inside 25 m.p.h. compared with just 12 in 2018. In 2020, I plan to use this course again with the HQ being at Washington village hall.

Very grateful thanks to all those who rode and the helpers who make this event possible.

Congratulations are due to Nik Allen, Peter Tadros, Ben Cumpstone, Alan Robinson and Chris Lord for setting new V.T.T.A. (Surrey/Sussex) records; please send the result sheet with your claim to James Rix at [james\\_m\\_rix@hotmail.com](mailto:james_m_rix@hotmail.com) Theo Tadros set a junior Sussex C.A. "15" record and trainsharp's team of Peter Tadros, Will Reeder and Conall Yates set a new Sussex C.A. team "15" record.  
Chris Lord set a new Sussex C.A. vets. record of +11.17

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### Don't miss other events promoted by the Sussex C.A. this year:

Date	Distance	Details	Course	Promoter
Sunday 30 June 2019	50 miles	Sussex Championship	G50/10	Robin Johnson
Sunday 28 July 2019	30 miles	Sussex Championship	G30/91	Robin Johnson
Saturday 24 August 2019	10 miles	Sporting – 1000 start.	G10/45	Robin Johnson
Monday 26 August 2019	25 miles	Sporting – 1000 start	G25/49	Robin Johnson
Saturday 28 September 2019	1672 yards Hill Climb	Sussex Championship	GH/92	Chris Putnam

### And Championship events promoted by another Association:

Date	Distance	Details	Course	Promoter
Sunday 21 July 2019	SCCU 100 miles	Sussex Championship	G100/61	Tony Alston

## Sussex C.A. Cycle Jumble Sale

Please come and support the Association Cycle Jumble Sale on Saturday 17th August 2019, at the Steyning Centre, Steyning, BN44 3XZ from 09:00 to 12:30. Tables are £8.00 from 07:00 Contact: Robin Johnson 01403 783368 for booking a table or for donations of old equipment.

## Keep up to date with what's going on with time trialling in Sussex ...

There are a range of competitions run by local Associations so, if your club is affiliated, and you're riding SCA or ESCA events, the chances are you'll automatically be included in a competition that you might not necessarily be aware of! Why not take a moment to familiarise yourself with what's on offer for individual riders and their affiliated clubs to add a bit of interest and friendly rivalry between riders and clubs. Regular competition updates, and a whole lot more, are posted throughout the season on the Association websites and Facebook groups

<b>Sussex CA</b>	Website	<a href="http://www.sussexca.org.uk/">www.sussexca.org.uk/</a>
	Facebook Group	<a href="https://www.facebook.com/groups/SussexCA/">www.facebook.com/groups/SussexCA/</a>
<b>East Sussex CA</b>	Website	<a href="http://www.eastsussexca.org.uk/">www.eastsussexca.org.uk/</a>
	Facebook Group	<a href="https://www.facebook.com/groups/EastSussexCA/">www.facebook.com/groups/EastSussexCA/</a>