



Sussex Cyclists' Association

2019 President: Mike Watson – Angmering CC



Open 10 Mile Time Trial – **Saturday 4th May 2019** – Course G10/97
 This event is held for and on behalf of **Cycling Time Trials** under its rules and regulations
Incorporating the Sussex 10 mile Championship

Result Sheet

Event Secretary Jon Fry (Horsham Cycling)
 229 Horsham Gates Two, North Street, Horsham, West Sussex RH13 5TU
 Tel: 01403 541262 Mob: 07881 345549 email: jmfry@live.co.uk

Timekeepers Start Mick Kilby (Lewes Wanderers CC) and
 Finish Mick Irons (Worthing Excelsior CC)

Prize Winners

Category	Pos	Rider	Club	Time / Plus	Prize
Fastest Overall	1st	Mark Smith	Crawley Wheelers	0:20:12	£35.00
	2nd	Simon McNamara	South Downs Bikes / Casco Pet	0:20:37	£25.00
	3rd	Howard Shaw	trainSharp	0:20:46	£20.00
	4th	Matthew Smith	Team ASL	0:21:03	£15.00
	5th	Nick Dwyer	Lewes Wanderers CC	0:21:06	£10.00
Veteran on CTT Target Times	1st	Nick Dwyer	Lewes Wanderers CC	+ 06:48	£25.00
	2nd	Mike O'Gorman	Worthing Excelsior CC	+ 06:06	£20.00
	3rd	Mark Smith	Crawley Wheelers	+ 05:44	£15.00
Fastest Lady	1st	Jennifer George	Torelli	0:22:58	£35.00
	2nd	Sally Turner	trainSharp	0:23:58	£25.00
Fastest Team of 3	1st	Simon McNamara	South Downs Bikes / Casco Pet	0:20:37	£10.00
		Stuart Bettis	South Downs Bikes / Casco Pet	0:21:24	£10.00
		Gary Brind	South Downs Bikes / Casco Pet	0:21:51	£10.00
	Total Team Time			1:03:52	
	2nd	Howard Shaw	trainSharp	0:20:46	£7.00
		Peter Tadros	trainSharp	0:21:39	£7.00
		Will Reeder	trainSharp	0:21:56	£7.00
Total Team Time			1:04:21		

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Overall Result

Rank	Race No	Name	Club	Cat	Actual Time	Plus on CTT TT	Pos on CTT TT
1	70	Mark Smith	Crawley Wheelers	V	0:20:12	+ 05:44	3
2	75	Simon Mcnamara	South Downs Bikes / Casco Pet	V	0:20:37	+ 05:08	6
3	50	Howard Shaw	trainSharp	S	0:20:46	-	-
4	30	Matthew Smith	Team ASL	S	0:21:03	-	-
5	20	Nick Dwyer	Lewes Wanderers CC	V	0:21:06	+ 06:48	1
6	60	Howard Bayley	Blazing Saddles	V	0:21:20	+ 04:25	14
7	65	Stuart Bettis	South Downs Bikes / Casco Pet	S	0:21:24	-	-
8	10	Nik Allen	Worthing Excelsior CC	V	0:21:32	+ 04:47	11
9	71	Peter Tadros	trainSharp	V	0:21:39	+ 04:52	9
10	55	Gary Brind	South Downs Bikes / Casco Pet	V	0:21:51	+ 04:05	18
11	51	Tom Houghton	Brighton Excelsior CC	V	0:21:54	+ 04:25	14
12	28	Will Reeder	trainSharp	S	0:21:56	-	-
13	48	Tony Truepenney-Phillipson	Bec CC	S	0:21:57	-	-
14	41	Kevin Plummer	South Downs Bikes / Casco Pet	V	0:22:00	+ 05:30	4
15	31	David Clark	Eastbourne Rovers CC	V	0:22:02	+ 04:52	9
16	11	Jaco Van Gass	Para-T	S	0:22:13	-	-
17	45	Colin Mcdermott	Festival Road Club	V	0:22:21	+ 04:45	12
18	5	David Clements	Eastbourne Rovers CC	V	0:22:27	+ 03:52	22
19	43	Connor Murphy	trainSharp	S	0:22:32	-	-
20	15	Michael Davey	trainSharp	V	0:22:38	+ 02:33	36
21	40	Jennifer George	Torelli	WS	0:22:58	-	-
21	73	John Marinko	Brighton Mitre CC	V	0:22:58	+ 04:44	13
23	56	Spencer Kirkham	Worthing Excelsior CC	V	0:23:07	+ 03:59	19
24	53	Sam Dix	trainSharp	V	0:23:22	+ 02:57	28
25	27	Martin Booker	South Downs Bikes / Casco Pet	V	0:23:24	+ 03:30	24
26	6	Colin Harrison	East Grinstead CC (Merlin Cycle Coaching)	V	0:23:25	+ 04:17	17
27	52	Nolan Heather	Worthing Excelsior CC	V	0:23:28	+ 02:05	38
28	42	Tony Reeves	GS Stella	V	0:23:34	+ 02:45	30
29	57	Shaun Kennedy	Bec CC	V	0:23:40	+ 05:04	7
30	24	Peter Marshall	Sussex Nomads CC	V	0:23:50	+ 01:55	39
31	58	Paul Thatcher	Brighton Mitre CC	V	0:23:55	+ 03:59	19
31	62	Theo Tadros	trainSharp	Jn	0:23:55	-	-
33	36	Sally Turner	trainSharp	WS	0:23:58	-	-
34	72	John Glaysher	...a3crg	V	0:24:00	+ 01:11	40
35	13	James Stone	Brighton Excelsior CC	V	0:24:09	+ 02:45	30
36	26	Mike O'Gorman	Worthing Excelsior CC	V	0:24:22	+ 06:06	2
37	12	Ian Cheesman	Worthing Excelsior CC	V	0:24:25	+ 02:29	37
37	22	Mark Jones	GS Stella	V	0:24:25	+ 04:19	16
39	35	Lisa Davis	trainSharp	WV	0:24:26	+ 02:52	29
40	67	James Ryan	Team ASL	V	0:24:38	+ 00:44	43
41	29	Dylan Coyne	Crawley Wheelers	V	0:24:56	+ 01:11	40
42	39	Anna Dwyer	Lewes Wanderers CC	WS	0:25:00	-	-
43	37	Angela Radden-Rutt	JAM Cycle Race Team coached by BPC	WS	0:25:12	-	-
44	18	Peter Moon	Eastbourne Rovers CC	V	0:25:15	+ 03:16	27
45	17	Jason Hunter	Pearson Cycling Club	V	0:25:17	+ 02:37	33

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Rank	Race No	Name	Club	Cat	Actual Time	Plus on CTT TT	Pos on CTT TT
46	7	Ian Graver	Bec CC	V	0:25:19	+ 03:25	26
47	34	Katie Simmonds	Horsham Cycling	WS	0:25:29	-	-
48	68	Mike Boyce	...a3crg	V	0:25:49	+ 03:46	23
49	64	Peter Owen	Norwood Paragon CC	V	0:25:54	+ 02:37	33
50	23	Michael Thyer	Sussex Nomads CC	V	0:25:59	+ 04:56	8
51	46	Scott Bartha	Brighton Mitre CC	V	0:26:06	- 00:21	46
52	14	Robert Royle-Evatt	Addiscombe CC	V	0:26:13	+ 00:53	42
53	69	Jamie Smith	Brighton Mitre CC	V	0:26:19	+ 00:00	45
54	59	Simon Craig-Mcfeely	...a3crg	V	0:26:23	+ 02:34	35
55	49	Barrie Foster	Anerley BC	V	0:26:56	+ 03:59	19
56	8	Brian Jones	Horsham Cycling	V	0:27:14	+ 03:27	25
57	19	Tom Seal	Serpentine Running Club	V	0:27:17	- 01:55	47
58	38	Karen Mcgrath	Worthing Excelsior CC	WV	0:27:19	+ 02:42	32
59	44	Alan Robinson	Central Sussex CC	V	0:27:50	+ 05:11	5
60	9	Clive Jackson	Central Sussex CC	V	0:30:08	+ 00:07	44
-	66	John Mcgrath	Worthing Excelsior CC	V	DNF	-	-
-	16	Dan Pullen	N+1 - Lindfield Coffee Works	V	DNS (A)	-	-
-	21	Andy Tedd	South Downs Bikes / Casco Pet	V	DNS (A)	-	-
-	25	Neill Keaney	Onyx RT	S	DNS (A)	-	-
-	32	Paul King	Verulam CC	V	DNS (A)	-	-
-	33	Michael Gates	C and N Cycles RT	S	DNS (A)	-	-
-	47	Iain Duncan	Crawley Wheelers	V	DNS (A)	-	-
-	54	Donald Parker	Brighton Mitre CC	V	DNS (A)	-	-
-	61	Richard Weatherstone	C and N Cycles RT	V	DNS (A)	-	-
-	63	Glenn Sievwright	Bognor Regis CC	V	DNS (A)	-	-
-	74	Alan Dainty	Sussex Nomads CC	V	DNS (A)	-	-

Notes and Acknowledgments

Congratulations to all the prize winners and many thanks to everyone that supported the event either by riding or helping on the day including:

Timekeepers	Mick Kilby (Lewes Wanderers CC) and Mick Irons (Worthing Excelsior CC)
Recorder	Tim Peters
Pushing Off	Bryn Reeves and Jon Fry
Marshals	Charlie Hancock at Bramber, Alfie Ramsey at Beeding, Dave Manders and Keith Shuttleworth at Shoreham
Catering	Steve Strickland
Results	Ann Human (Eastbourne Rovers CC)

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This is also a qualifying event for

Sussex Championship Awards The following awards are offered for this event and presented at the annual lunch. Full details and tickets available from Robin Johnson, Brighton Mitre CC

Category	Award
Fastest Overall	The 10 Shield & Medal
Vet on CTT TT	Medal
Fastest Lady	Medal
Fastest Junior	Medal
Fastest Juvenile	Medal
Fastest Team	Dave Henty Cup & Medals

Sussex Best All Rounder Qualifying event for the Sussex Long distance junior and lady BAR, Middle distance for all categories and Short distance for all categories.

Sussex Points Competition Points will be awarded on the following basis: For overall, 30 points for first place, down to 1 point for 30th place. For women, 10 points for first place, down to 1 point for 10th place. For teams of three, the addition of the individual points from three riders from the same club, regardless of which events they have ridden.

Don't miss other events promoted by the Sussex CA

Date	Distance	Details	Course	Promoter
Sat 15 Jun 2019	15 m	Sussex Championship	G15/93	Robin Johnson
Sun 30 Jun 2019	50 m	Sussex Championship	G50/10	Robin Johnson
Sun 28 Jul 2019	30 m	Sussex Championship	G30/91	Robin Johnson
Sat 24 Aug 2019	10 m	Sporting	G10/45	Robin Johnson
Mon 26 Aug 2019	25 m	Sporting	G25/49	Robin Johnson
Sat 28 Sep 2019	1672 yard Hill Climb	Sussex Championship	GH/92	Chris Putnam

And Championship events promoted by other Associations

Date	Distance	Details	Course	Promoter
Sun 21 Jul 2019	SCCU 100 m	Sussex Championship	G100/61	Tony Alston
Sun 08 Sep 2019	KCA 12 Hour	Sussex Championship	Q12	Bob Burden

Keep up to date with what's going on with time trialling in Sussex ...

There are a range of competitions run by local Associations so, if your club is affiliated, and you're riding SCA or ESCA events, the chances are you'll automatically be included in a competition that you might not necessarily be aware of! Why not take a moment to familiarise yourself with what's on offer for individual riders and their affiliated clubs to add a bit of interest and friendly rivalry between riders and clubs. Regular competition updates, and a whole lot more, are posted throughout the season on the Association websites and Facebook groups

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Website www.sussexca.org.uk/
Facebook Group www.facebook.com/groups/SussexCA/

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