



OS REF (TQ)	COURSE DIRECTIONS – GS/868	MILES	
525369	<u>START</u> on B2110 opposite TP1A near neighbourhood watch sign at west end of green Triangle and 58 yards west of junction with B2188 at Groombridge	0.00	0.00
503359	Proceed westwards to junction with Ladies Mile	1.65	1.65
514350	SHARP LEFT to join and follow Ladies Mile to junction with B2188 at Motts Mill crossroads	0.94	2.59
525369	LEFT on B2188 to junction with B2110 at Groombridge. LEFT on B2110 to complete first circuit at start point	1.43	4.02
514350	Continue as before to junction with B2188 at Motts Mill crossroads	2.59	6.61
522365	LEFT on B2188 to <u>FINISH</u> at drain at southwest end of river bridge about 220 yards before railway bridge	1.09	7.70
522365	Continue as before to complete another circuit finishing at river bridge	4.02	11.72