



OS REF	COURSE DIRECTIONS – GS/836	MILES	
497142	START at junction of Common Lane with Shortgate Lane	0.00	0.00
458129	Follow Shortgate Lane northwards to T junction with B2192. LEFT on B2192 via The Broyle to Kennel Corner RBT (roundabout), Ringmer	3.20	3.20
502131	SHARP LEFT (140 degrees) 1st exit and follow B2124 through Finish to crossroads in Laughton	2.79	5.99
493152	LEFT and follow Shortgate Lane to junction with B2129	1.39	7.38
458129	LEFT and follow B2124 as before to Kennel Corner RBT	2.58	9.96
498131	SHARP LEFT (140 degees) 1 st exit and follow B2124 to FINISH at drain opposite Electricity Pole 544569 near to “Laughton” sign just west of village	2.50	12.46
