





OS REF (TQ)	COURSE DIRECTIONS – GH/84	YARDS	
465070	<u>START</u> just south of last house on left in Firle Bostal (an unclassified road leading from the A27)	0	0
468059	Proceed along Firle Bostal in a southerly direction and climb to <u>FINISH</u> just before junction with the South Downs Way	1433	1433