


| $\begin{gathered} \hline \text { OS REF } \\ \text { (TQ) } \end{gathered}$ | COURSE DIRECTIONS - G100/861 | MILES |  |
| :---: | :---: | :---: | :---: |
| 579087 | START at eastern end of Arlington Road West opposite Give Way Sign just before junction with A22 northbound carriageway | 0.00 | 0.00 |
| 572112 | LEFT on A22 and proceed via Diplocks Way RBT to Boship RBT (roundabout) | 1.70 | 1.70 |
|  | LEFT $1^{\text {st }}$ exit to start LAP 1, continue on A22 to junction with the B2124 at Golden Cross | 2.48 | 4.18 |
| 458128 | Follow B2124 to Kennel Corner RBT, Ringmer where TURN (CHECK) | 4.90 | 9.08 |
|  | $3^{\text {rd }}$ exit to retrace to junction with A22 at Golden Cross | 4.90 | 13.98 |
| 473190 | LEFT on A22 and proceed on A22 to The Shaw RBT. LEFT $1^{\text {st }}$ exit and continue on A22 via Halland and Golf Course RBT's to Little Horsted RBT | 5.91 | 19.89 |
| 468231 | Straight on $2^{\text {nd }}$ exit via Copwood RBT to Black Down RBT where TURN (CHECK) | 2.90 | 22.79 |
| 572112 | $3^{\text {rd }}$ exit and retrace on A22 via Copwood, Little Horsted, Golf Course, Halland and The Shaw RBT's to Boship RBT to complete LAP 1 (CHECK) | 11.39 | 34.08 |
| 572112 | TURN $4^{\text {th }}$ exit and proceed as before via Golden Cross, Kennel Corner RBT, Golden Cross, The Shaw, Halland, Golf Course, Little Horsted, Copwood, Black Down, Copwood, Little Horsted, Golf Course, Halland and The Shaw RBT's to Boship RBT to complete LAP 2 (CHECK) | 32.38 | 66.46 |
| 572112 | TURN $4^{\text {th }}$ exit and proceed as before via Golden Cross, Kennel Corner RBT, Golden Cross, The Shaw, Halland, Golf Course, Little Horsted, Copwood, Black Down, Copwood, Little Horsted, Golf Course, Halland and The Shaw RBT's to Boship RBT to complete LAP 3 (CHECK) | 32.38 | 98.84 |
| 561107 | TURN $4^{\text {th }}$ exit to retrace on A22 to junction with Coldharbour Road. LEFT into Coldharbour Road to FINISH at White paint mark just past April Cottage, 93 yards before 40 mph sign and 346 yards before front door of Dicker Village Hall | 1.22 | 100.06 |

