



<b>OS REF (TQ)</b>	<b>COURSE DIRECTIONS – G100/61A</b>	<b>MILES</b>	
182225	<b>START</b> on A272 at junction with entrance to The Orchard Restaurant Car Park at West Grinstead	0.00	0.00
267224	Proceed East to twin RBT`s (roundabouts) at Cowfold. <b>RIGHT</b> 2nd exit at first, <b>LEFT</b> 1st exit at second. Continue on A272 to Bolney RBT where 2nd exit straight across to continue on A272	5.45	5.45
291232	to <b>TURN</b> at Ansty mini roundabout ( <b>CHECK</b> )	1.69	7.14
267224	Retrace to Bolney RBT where 2 <sup>nd</sup> exit straight across to continue on A272	1.69	8.83
165227	to retrace to twin RBT`s at Cowfold <b>RIGHT</b> 2 <sup>nd</sup> exit at first, and <b>LEFT</b> 1 <sup>st</sup> exit at second and follow A272 to West Grinstead crossroads to start 1 <sup>st</sup> circuit	6.54	15.37
120134	<b>LEFT</b> in filter lane to join A24 and proceed south to Washington RBT	6.69	22.06
171125	<b>LEFT</b> 1 <sup>st</sup> exit and follow A283 to junction with B2135 at Steyning.	3.54	25.60
165214	<b>LEFT</b> and follow B2135 through Ashurst and Partridge Green to T junction with A24 at West Grinstead and complete circuit	7.03	32.63
120143	Continue as before to complete 2 <sup>nd</sup> circuit at West Grinstead	16.44	49.07
120143	Continue as before to complete 3 <sup>rd</sup> circuit at West Grinstead	16.44	65.51
120143	Continue as before to complete 4 <sup>th</sup> circuit at West Grinstead	16.44	81.95
120143	Continue as before to complete 5 <sup>th</sup> circuit at West Grinstead	16.44	98.39
152187	<b>LEFT</b> in filter lane to join A24 and proceed South to <b>FINISH</b> on A24 where deceleration lane of Dial Post X roads begins for traffic going left to Ashurst.	1.67	100.06