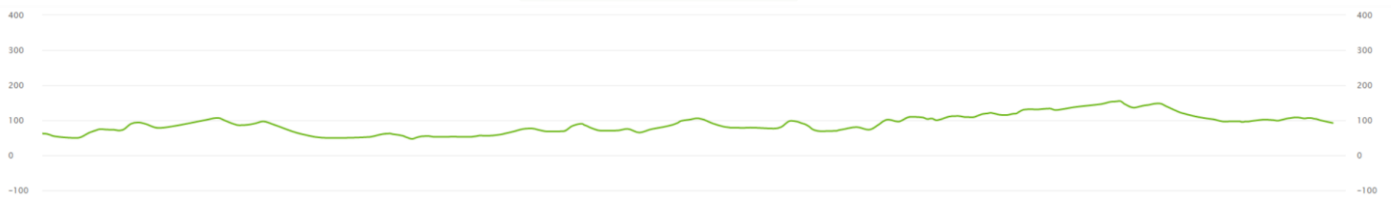


146 ft  
Elevation Gain

109 ft  
Elevation Loss



<b>OS REF</b>	<b>COURSE DIRECTIONS - G10/69</b>	<b>DISTANCES</b>	
TQ163227	START at drain 5 yards from A272 in large entrance to fields, 60 yards west of western set of Traffic lights at Buck Barn/West Grinstead crossroads	0.00	0.00
TQ120227	Go west on A272 to Coolham crossroads, where left	2.72	2.72
TQ110194	on B2139 to Dan Hill crossroads, where left	2.16	4.88
TQ132166	on B2133 to Billingshurst Road R/B, Ashington	2.39	7.27
TQ153188	where 2nd left and stay in left-hand lane to join A24 north to southern entrance to Dial Post, where left	1.99	9.26
TQ155195	to Swallows Lane, Dial Post, where left	0.46	9.72
TQ155198	to FINISH 0.13 mile north of metal sign for New Barn Farm on left and 16 yards south of wooden pole on the right. Finish is 89 yards south of start of descent to finish of G50/10 course.	0.28	10.00