

# **Sussex Cyclists' Association**

**Final Competition Roundup for 2017**



## **2017 Events and Competitions**

**[www.facebook.com/groups/SussexCA](http://www.facebook.com/groups/SussexCA)**

**[www.sussexca.org.uk](http://www.sussexca.org.uk)**

Promoting cycling in Sussex by encouraging members to participate in a range of events and competitions . . .

**2017 President – Mick Irons – Worthing Excelsior CC**

## 2017 Ride, Lunch and Prize Presentation

The 2017 Lunch and Prize Presentation will be held on **Sunday 26th November 2017** at Dial Post Village Hall, Old Worthing Road, Dial Post, Near Horsham, West Sussex RH13 8NH from 12noon. The lunch will be soup, hot and cold buffet, desserts, cheese and biscuits followed by tea or coffee, served from 12:30pm. Although there isn't a bar at the venue, you are welcome to bring your own wine etc. if you wish.

**Tickets are only £10 per head**, available before 22nd November 2017 from Robin Johnson, 7 Gorselands, Billingshurst, West Sussex RH14 9TT. Please contact Robin on 01403 783368 if you require any further details about the lunch.

The prize presentation will immediately follow the lunch, so please come along to celebrate the achievements of the Sussex cyclists during the year. 2017 prize-winners are:

...a3crg	Laura Bartlett
Blazing Saddles	Howard Bayley
Brighton Excelsior CC	Chris Dunstan
Brighton Excelsior CC	Jack Churchill
Brighton Excelsior CC	Lawrence Coyle
Brighton Mitre CC	Donald Parker
Brighton Mitre CC	Ion Tsakalis
Brighton Mitre CC	John Marinko
Brighton Mitre CC	Katerina Avramides
Brighton Mitre CC	Robin Johnson
Crawley Wheelers	Mark Smith
East Grinstead CC	Nick Martin
East Grinstead CC	Steve Dennis

Eastbourne Rovers CC	Dan Helyer
Eastbourne Rovers CC	David Clements
Eastbourne Rovers CC	Howard Shaw
Eastbourne Rovers CC	Marc Townsend
Eastbourne Rovers CC	Ruth Summerford
Horsham Cycling	Jon Fry
In-Gear Quickvit Trainsharp	Norman Blissett
Lewes Wanderers CC	Gina McGeever
Lewes Wanderers CC	John Mankelow
Lewes Wanderers CC	Lisa Davis
Lewes Wanderers CC	Peter Baker
Lewes Wanderers CC	Tom Glandfield
South Downs Bikes	Kevin Plummer

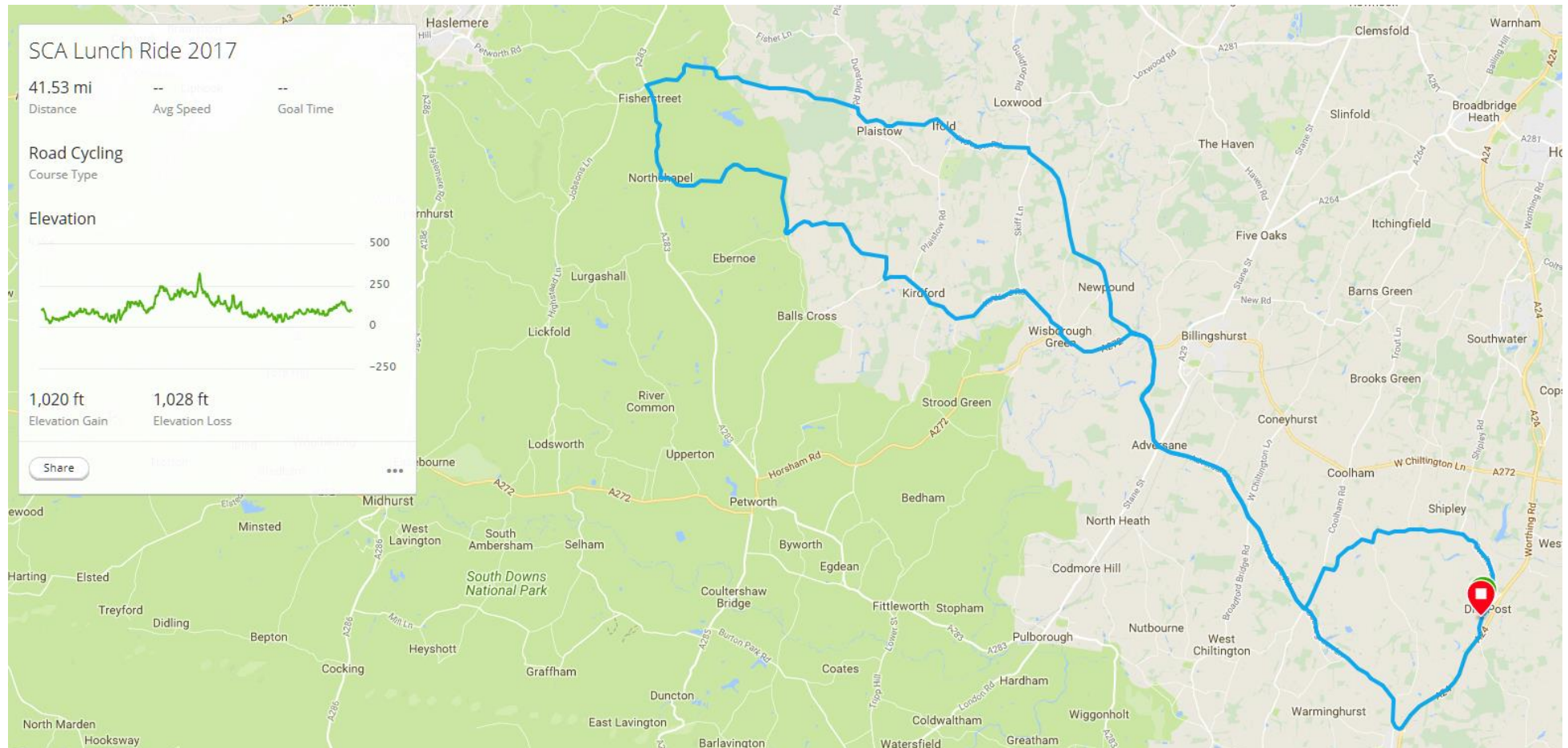
South Downs Bikes	Paul Barnard
South Downs Bikes	Simon McNamara
South Downs Bikes	Stuart Bettis
Sussex Nomads CC	Gemma Hobson
Team ASL	Mark Emsley
Worthing Excelsior CC	Gavin Ash
Worthing Excelsior CC	Martin Booker
Worthing Excelsior CC	Mike O'Gorman
Worthing Excelsior CC	Mike O'Gorman
Worthing Excelsior CC	Neil Crowther
Worthing Excelsior CC	Nik Allen
Worthing Excelsior CC	Nolan Heather
Worthing Excelsior CC	Thomas Harrison

# 2017 Ride, Lunch and Prize Presentation

Preceding the lunch, **Steve Dennis** will be leading a 40 mile tour of West Sussex meeting at Dial Post Village Hall at 9:00am to leave at 9:30am. Hot drinks are available before and after the ride.

The ride route is available to view or download to GPS devices here:

<https://connect.garmin.com/modern/course/16755388>



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## Sussex Event Programme

### 2017 Events promoted by the Sussex CA

Date	Distance	Details	Course	Promoter
Sun 05 Mar 2017	23 m	Hardriders	GS/194	Steve Dennis
Sun 09 Apr 2017	28.5 m	2up TTT	GS/987	James Stone
Sat 29 Apr 2017	10 m	Sussex Championship	G10/97	Jon Fry
Sun 30 Apr 2017	25 m	Sussex Championship	G25/93	Steve Dennis
Sat 10 Jun 2017	15 m	Sussex Championship	G15/93	Robin Johnson
Sun 02 Jul 2017	50 m	Sussex Championship	G50/10	Robin Johnson
Sun 30 Jul 2017	30 m	Sussex Championship	G30/91	Robin Johnson
Sat 26 Aug 2017	10 m	Sporting	G10/45	Robin Johnson
Mon 28 Aug 2017	25 m	Sporting	G25/49	Robin Johnson
Sat 30 Sep 2017	1672 yard Hill Climb	Sussex Championship	GH/92	Chris Putnam

All Sussex CA events can be entered online via the CTT website [www.cyclingtimetrials.org.uk](http://www.cyclingtimetrials.org.uk)

### 2017 Events promoted by other Associations

Date	Distance	Details	Course	Promoter	
<del>Sun 25 Jun 2017</del>	<del>KCA 12 hour</del>	<del>Sussex Championship</del>	<del>Q/12</del>	<del>Esther Carpenter</del>	<b>Cancelled</b>
<del>Sun 23 Jul 2017</del>	<del>SCCU 100 m</del>	<del>Sussex Championship</del>	<del>G100/61</del>	<del>Rod Starmer</del>	<b>Cancelled</b>
Sun 13 Aug 2017	ESCA 100 m	Sussex Championship	G100/861	Bob Harber	<b>Substitute</b>

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# Sussex Best All Rounder Competitions

## Sussex Long Distance BAR – 2017 Award Winners

Award winners	Pos	Rider	Club	Time/Plus	Award
<b>Overall</b>	1st	John Marinko	Brighton Mitre CC	24.222 mph	A E Patching Cup & Medal
	2nd	Mike O’Gorman	Worthing Excelsior CC	23.388 mph	Medal
	3rd	No qualifier			Medal
<b>Overall Team of 3</b>	1st	No qualifiers			Medal
					Medal
					Medal
<b>Veteran on CTT Target Times</b>	1st	Mike O’Gorman	Worthing Excelsior CC	Plus 1:10:50	Stephen Easter Cup & Medal
	2nd	John Marinko	Brighton Mitre CC	Plus 0:38:36	Medal
	3rd	No qualifier			Medal
<b>Veteran Team of 3</b>	1st	No qualifiers			Medal
					Medal
					Medal
<b>Woman</b>	1st	Lisa Davis	Lewes Wanderers CC	22.964 mph	West Sussex RC Plate & Medal
<b>Junior</b>	1st	Jack Churchill	Brighton Excelsior CC	25.757 mph	Junior Cup & Medal

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## Sussex Best All Rounder Competitions

### 2017 Sussex Long Distance BAR

Rider	Club	25	50	100	Av mph	Rank
John Marinko	Brighton Mitre CC	1:01:21	2:01:02	4:16:05	<b>24.222</b>	1
Mike O'Gorman	Worthing Excelsior CC	1:01:14	2:12:06	4:21:22	<b>23.388</b>	2

### 2017 Sussex Long Distance BAR – Team

Team of Three Riders	Club	Av mph	Rank
No qualifiers			

### 2017 Sussex Long Distance Veteran BAR

Veteran Rider	Club	25	50	100	Plus	Rank
Mike O'Gorman	Worthing Excelsior CC	0:13:49	0:18:09	0:38:52	<b>1:10:50</b>	1
John Marinko	Brighton Mitre CC	0:06:24	0:15:19	0:16:53	<b>0:38:36</b>	2

### 2017 Sussex Long Distance Veteran BAR – Team

Team of Three Riders	Club	Plus	Rank
No qualifiers			

## Sussex Best All Rounder Competitions

### 2017 Sussex Long Distance Women BAR

Lady Rider	Club	10	25	50	Av mph	Rank
Lisa Davis	Lewes Wanderers CC	0:26:11	1:04:55	2:11:11	<b>22.964</b>	1
Katerina Avramides	Brighton Mitre CC	0:26:24	1:07:47	2:20:54	<b>22.049</b>	2
Helen Webb	Sussex Nomads CC	0:26:45	1:10:19	2:29:09	<b>21.292</b>	3

### 2017 Sussex Long Distance Junior BAR

Junior Rider	Club	10	25	Av mph	Rank
Jack Churchill	Brighton Excelsior CC	0:23:48	1:03:27	<b>25.757</b>	1
Chris Dunstan	Brighton Excelsior CC	0:22:41	0:59:51	<b>24.425</b>	2

Congratulations to Jack Churchill who sets a new Long Distance BAR record for a Junior

# Sussex Best All Rounder Competitions

## Sussex Middle Distance BAR – 2017 Award Winners

Award winners	Pos	Rider	Club	Time/Plus	Award
<b>Overall</b>	1st	Howard Bayley	Blazing Saddles	27.109 mph	Fairy Dyes Cup & Medal
	2nd	Kevin Plummer	South Downs Bikes / Casco Europe	26.325 mph	Medal
	3rd	Jack Churchill	Brighton Excelsior CC	24.962 mph	Medal
<b>Overall Team of 3</b>	1st	John Marinko	Brighton Mitre CC	24.947 mph	Medal
		Katerina Avramides	Brighton Mitre CC	22.049 mph	Medal
		Robin Johnson	Brighton Mitre CC	19.233 mph	Medal
		<b>Team Average</b>		<b>22.076 mph</b>	
<b>Veteran on CTT</b>	1st	Mike O'Gorman	Worthing Excelsior CC	Plus 0:38:19	Glazebrook Cup & Medal
<b>Target Times</b>	2nd	Kevin Plummer	South Downs Bikes / Casco Europe	Plus 0:33:08	Medal
	3rd	John Marinko	Brighton Mitre CC	Plus 0:25:23	Medal
<b>Veteran Team of 3</b>	1st	No qualifiers			Medal
					Medal
					Medal



## Sussex Best All Rounder Competitions

### 2017 Sussex Middle Distance BAR

Rider	Club	10	25	50	Av mph	Rank
Howard Bayley	Blazing Saddles	0:21:37	0:54:56	1:54:13	<b>27.109</b>	1
Kevin Plummer	South Downs Bikes / Casco Europe	0:21:49	0:57:00	1:59:15	<b>26.325</b>	2
Jack Churchill	Brighton Excelsior CC	0:22:41	0:59:51	2:08:21	<b>24.962</b>	3
John Marinko	Brighton Mitre CC	0:23:26	1:01:21	2:01:02	<b>24.947</b>	4
Jez Parsons	Brighton Excelsior CC	0:23:58	1:01:34	2:05:11	<b>24.454</b>	5
Martin Booker	Worthing Excelsior CC	0:23:39	1:02:23	2:07:08	<b>24.337</b>	6
Mike O'Gorman	Worthing Excelsior CC	0:23:40	1:01:14	2:12:06	<b>24.186</b>	7
Lisa Davis	Lewes Wanderers CC	0:26:11	1:04:55	2:11:11	<b>22.964</b>	8
Katerina Avramides	Brighton Mitre CC	0:26:24	1:07:47	2:20:54	<b>22.049</b>	9
Helen Webb	Sussex Nomads CC	0:26:45	1:10:19	2:29:09	<b>21.292</b>	10
Robin Johnson	Brighton Mitre CC	0:30:36	1:18:50	2:37:22	<b>19.233</b>	11

### 2017 Sussex Middle Distance BAR – Team

Team of Three Riders	Club	Av mph	Rank
John Marinko, Katerina Avramides & Robin Johnson	Brighton Mitre CC	<b>22.076</b>	1

## Sussex Best All Rounder Competitions

### 2017 Sussex Middle Distance Veteran BAR

Rider	Club	10	25	50	Plus	Rank
Mike O'Gorman	Worthing Excelsior CC	0:06:21	0:13:49	0:18:09	<b>0:38:19</b>	1
Kevin Plummer	South Downs Bikes / Casco Europe	0:05:17	0:10:45	0:17:06	<b>0:33:08</b>	2
John Marinko	Brighton Mitre CC	0:03:40	0:06:24	0:15:19	<b>0:25:23</b>	3
Howard Bayley	Blazing Saddles	0:03:45	0:08:29	0:12:36	<b>0:24:50</b>	4
Jez Parsons	Brighton Excelsior CC	0:03:08	0:06:11	0:10:22	<b>0:19:41</b>	5
Martin Booker	Worthing Excelsior CC	0:02:52	0:03:53	0:05:24	<b>0:12:09</b>	6
Lisa Davis	Lewes Wanderers CC	0:00:43	0:02:20	0:03:15	<b>0:06:18</b>	7
Robin Johnson	Brighton Mitre CC	0:00:19	-0:01:33	-0:02:42	<b>-0:03:56</b>	8
Helen Webb	Sussex Nomads CC	0:00:21	-0:02:34	-0:13:36	<b>-0:15:49</b>	9

### 2017 Sussex Middle Distance Veteran BAR – Team

Team of Three Riders	Club	Plus	Rank
No qualifiers			

# Sussex Best All Rounder Competitions

## Sussex Short Distance BAR – 2017 Award Winners

Award winners	Pos	Rider	Club	Time/Plus	Award
<b>Overall</b>	1st	Mark Smith	Crawley Wheelers	28.144 mph	Short BAR Cup & Medal
	2nd	Stuart Bettis	South Downs Bikes / Casco Europe	27.612 mph	Medal
	3rd	Howard Bayley	Blazing Saddles	27.318 mph	Medal
<b>Overall Team of 3</b>	1st	Nik Allen	Worthing Excelsior CC	26.952 mph	Medal
		Martin Booker	Worthing Excelsior CC	24.618 mph	Medal
		Mike O’Gorman	Worthing Excelsior CC	24.598 mph	Medal
		<b>Team Average</b>		<b>25.389 mph</b>	
<b>Veteran on CTT Target Times</b>	1st	Mike O’Gorman	Worthing Excelsior CC	Plus 0:35:04	Vets Short BAR Cup & Medal
	2nd	Mark Smith	Crawley Wheelers	Plus 0:27:15	Medal
	3rd	Nik Allen	Worthing Excelsior CC	Plus 0:22:10	Medal
<b>Veteran Team of 3</b>	1st	Mike O’Gorman	Worthing Excelsior CC	Plus 0:35:04	Medal
		Nik Allen	Worthing Excelsior CC	Plus 0:22:10	Medal
		Martin Booker	Worthing Excelsior CC	Plus 0:13:13	Medal
		<b>Team Total</b>		<b>Plus 1:10:27</b>	

## Sussex Best All Rounder Competitions

### 2017 Sussex Short Distance BAR

Rider	Club	10	25	30	Av mph	Rank
Mark Smith	Crawley Wheelers	0:21:11	0:53:17	1:04:23	<b>28.144</b>	1
Stuart Bettis	South Downs Bikes / Casco Europe	0:20:37	0:55:02	1:07:59	<b>27.612</b>	2
Howard Bayley	Blazing Saddles	0:21:37	0:54:56	1:06:56	<b>27.318</b>	3
Nik Allen	Worthing Excelsior CC	0:21:12	0:56:18	1:09:28	<b>26.952</b>	4
Rupert Robinson	Crawley Wheelers	0:22:31	0:59:08	1:11:11	<b>25.767</b>	5
John Marinko	Brighton Mitre CC	0:23:26	1:01:21	1:12:01	<b>25.016</b>	6
Martin Booker	Worthing Excelsior CC	0:23:39	1:02:23	1:13:39	<b>24.618</b>	7
Mike O'Gorman	Worthing Excelsior CC	0:23:40	1:01:14	1:15:10	<b>24.598</b>	8
Ian Cheesman	Worthing Excelsior CC	0:24:36	1:01:33	1:13:57	<b>24.367</b>	9
Peter Davies	Brighton Mitre CC	0:26:47	1:12:55	1:21:27	<b>21.691</b>	10
Robin Johnson	Brighton Mitre CC	0:30:36	1:18:50	1:30:42	<b>19.494</b>	11

Congratulations to Mark Smith who sets a new Short Distance BAR record

### 2017 Sussex Short Distance BAR – Team

Team of Three Riders	Club	Av mph	Rank
Nik Allen, Martin Booker & Mike O'Gorman	Worthing Excelsior CC	<b>25.389</b>	1
John Marinko, Peter Davies & Robin Johnson	Brighton Mitre CC	<b>22.067</b>	2

## Sussex Best All Rounder Competitions

### 2017 Sussex Short Distance Veteran BAR

Rider	Club	10	25	30	Plus	Rank
Mike O'Gorman	Worthing Excelsior CC	0:06:21	0:13:49	0:14:54	<b>0:35:04</b>	1
Mark Smith	Crawley Wheelers	0:04:22	0:10:36	0:12:17	<b>0:27:15</b>	2
Nik Allen	Worthing Excelsior CC	0:04:44	0:08:32	0:08:54	<b>0:22:10</b>	3
Howard Bayley	Blazing Saddles	0:03:45	0:08:29	0:09:10	<b>0:21:24</b>	4
John Marinko	Brighton Mitre CC	0:03:40	0:06:24	0:09:52	<b>0:19:56</b>	5
Martin Booker	Worthing Excelsior CC	0:02:52	0:03:53	0:06:28	<b>0:13:13</b>	7
Ian Cheesman	Worthing Excelsior CC	0:01:55	0:04:43	0:05:35	<b>0:12:13</b>	8
Peter Davies	Brighton Mitre CC	0:02:10	-0:00:34	0:05:23	<b>0:06:59</b>	9
Robin Johnson	Brighton Mitre CC	0:00:19	-0:01:33	0:02:03	<b>0:00:49</b>	10

### 2017 Sussex Short Distance Veteran BAR – Team

Team of Three Riders	Club	Plus	Rank
Mike O'Gorman, Nik Allen & Martin Booker	Worthing Excelsior CC	<b>1:10:27</b>	1
John Marinko, Peter Davies & Robin Johnson	Brighton Mitre CC	<b>0:27:44</b>	2

Congratulations to Worthing Excelsior who sets a new Short Distance BAR Team record for the Highest Plus on CTT Target Time

# Sussex Best All Rounder Competitions

## 2017 Sussex Best All Rounder Competitions

The Sussex BAR competitions are open to all first claim members of Sussex CA affiliated clubs. There is no need to register for the competition as any qualifying ride by a member of a Sussex CA affiliated club will automatically be recorded.

The competition is based on your best performance at each distance in any **Sussex CA** or **Sussex Championship** event over 10 miles, 25 miles, 30 miles, 50 miles and 100 miles. There are three separate competitions with different categories within each competition as follows:

Competition	Category	Required Qualifying Events
<b>Sussex Long Distance BAR</b>	Overall	1 x 25 miles, 1 x 50 miles, 1 x 100 miles
	Veterans on CTT Target Times	1 x 25 miles, 1 x 50 miles, 1 x 100 miles
	Woman	1 x 10 miles, 1 x 25 miles, 1 x 50 miles
	Junior	1 x 10 miles, 1 x 25 miles
<b>Sussex Middle Distance BAR</b>	Overall	1 x 10 miles, 1 x 25 miles, 1 x 50 miles
	Veterans on CTT Target Times*	1 x 10 miles, 1 x 25 miles, 1 x 50 miles
<b>Sussex Short Distance BAR</b>	Overall	1 x 10 miles, 1 x 25 miles, 1 x 30 miles
	Veterans on CTT Target Times*	1 x 10 miles, 1 x 25 miles, 1 x 30 miles

\* Based on the aggregate plus against CTT Target Times from the best performance at each distance.

As well as the individual competitions there are also team competitions for overall, based on the highest average mph from three members of the same club, and for veterans based on the highest aggregate plus on CTT Target times from three members of the same club.

# Sussex Best All Rounder Competitions

## 2017 Sussex Best All Rounder Awards

The following awards will be presented at the Annual Prize Presentation Lunch

### Sussex Long Distance BAR

<b>Overall</b>	1st – A E Paching Cup & Medal	2nd – Medal	3rd – Medal
<b>Overall Team of Three</b>	1st – Medal for each team member		
<b>Veterans on CTT Target Time</b>	1st – Stephen Easter Cup & Medal	2nd – Medal	3rd – Medal
<b>Vets on CTTTT Team of Three</b>	1st – Medal for each team member		
<b>Woman</b>	1st – West Sussex RC Plate & Medal		
<b>Junior</b>	1st – Junior Cup & Medal		

### Sussex Middle Distance BAR

<b>Overall</b>	1st – Fairy Dyes Cup & Medal	2nd – Medal	3rd – Medal
<b>Overall Team of Three</b>	1st – Medal for each team member		
<b>Veterans on CTT Target Time</b>	1st – Glazebrook Cup & Medal	2nd – Medal	3rd – Medal
<b>Vets on CTTTT Team of Three</b>	1st – Medal for each team member		

# Sussex Best All Rounder Competitions

## 2017 Sussex Best All Rounder Awards continued

The following awards will be presented at the Annual Prize Presentation Lunch

### Sussex Short Distance BAR

<b>Overall</b>	1st – Short BAR Cup & Medal	2nd – Medal	3rd – Medal
<b>Overall Team of Three</b>	1st – Medal for each team member		
<b>Veterans on CTT Target Time</b>	1st – Vets Short BAR Cup & Medal	2nd – Medal	3rd – Medal
<b>Vets on CTTTT Team of Three</b>	1st – Medal for each team member		

## 2017 Sussex Best All Rounder Qualifying Events

Date	Dist	Event	Course	
Sat 29 Apr 2017	10 m	Sussex Championship 10	G10/97	
Sun 30 Apr 2017	25 m	Sussex Championship 25	G25/93	
Sun 02 Jul 2017	50 m	Sussex Championship 50	G50/10	
<del>Sun 23 Jul 2017</del>	<del>100 m</del>	<del>SCCU (Sussex Championship) 100</del>	<del>G100/61</del>	<b>Cancelled</b>
Sun 13 Aug 2017	100 m	ESCA (Sussex Championship) 100	G100/861	<b>Substitute</b>
Sun 30 Jul 2017	30 m	Sussex Championship 30	G30/91	
Sat 26 Aug 2017	10 m	Sussex CA Sporting 10	G10/45	
Mon 28 Aug 2017	25 m	Sussex CA Sporting 25	G25/49	



# Sussex Championships

## 2017 Sussex Championship Awards

All first claim members of Sussex CA affiliated clubs are eligible to compete for trophies and awards in the Sussex Championship events. All awards will be presented at the Annual Prize Presentation Lunch.

## 2017 Sussex Championship Trophies

Trophies are awarded for each Sussex Championship event to riders from Sussex CA affiliated clubs as follows:

Championship	Event	Date	Champion	Vet on CTT TT	Team of Three
<b>10 mile</b>	SCA Open 10	Sat 29 Apr 2017	10 mile Shield	Horry Hemsley Cup	Dave Henty Cup
<b>15 mile</b>	SCA Open 15	Sat 10 Jun 2017	15 mile Cup		Lee Memorial Shield
<b>25 mile</b>	SCA Open 25	Sun 30 Apr 2017	Boniface Cup		
<b>30 mile</b>	SCA Open 30	Sun 30 Jul 2017	30 mile Cup		
<b>50 mile</b>	SCA Open 50	Sun 02 Jul 2017	Southern Radio Cup		Halford Cup
<b>100 mile</b>	SCCU Open 100	Sun 23 Jul 2017	Regency Cup		
<b>12 hour</b>	KCA Open 12 hour	Sun 25 Jun 2017	HR Stevenson Cup		
<b>Hill Climb</b>	SCA Open Hill Climb	Sat 30 Sep 2017	Alf Dawes Cup		

## 2017 Sussex Championship Medals

Medals are awarded for each Sussex Championship event to riders from Sussex CA affiliated clubs as follows:

**First Place**

for **Overall, Veteran on CTT Target Times, Women, Junior, Juvenile** and each rider from the **Team of Three**

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## Sussex Championships

### Sussex 10 Mile County Championship Awards – Saturday 29th April 2017 – Course G10/97

Award winners	Rider	Club	Time/Plus	Award
<b>Fastest Overall</b>	Simon McNamara	South Downs Bikes / Casco Europe	<b>0:20:31</b>	The 10 Shield & Medal
<b>Veteran on CTT TT</b>	Mike O'Gorman	Worthing Excelsior CC	<b>+ 06:21</b>	Medal
<b>Fastest Lady</b>	Ruth Summerford	Eastbourne Rovers CC	<b>0:23:06</b>	Medal
<b>Fastest Junior</b>	Jack Churchill	Brighton Excelsior CC	<b>0:22:41</b>	Medal
<b>Fastest Juvenile</b>	Not contested			Medal
<b>Fastest Team of 3</b>	Simon McNamara	South Downs Bikes / Casco Europe	0:20:31	Medal
	Stuart Bettis	South Downs Bikes / Casco Europe	0:20:37	Medal
	Kevin Plummer	South Downs Bikes / Casco Europe	0:21:49	Medal
	<b>Total Team Time</b>		<b>1:02:57</b>	Dave Henty Cup

*Sussex Championship awards are presented at the annual lunch – tickets available from Robin Johnson, Brighton Mitre CC*

## Sussex Championships

### Sussex 15 Mile County Championship Awards – Sunday 10th June 2017 – Course G15/93

Award winners	Rider	Club	Time/Plus	Award
<b>Fastest Overall</b>	Mark Smith	Crawley Wheelers	<b>0:31:16</b>	15 Cup & Medal
<b>Highest Plus on CTT</b>	Mike O'Gorman	Worthing Excelsior CC	<b>+ 09:16</b>	Medal
<b>Fastest Lady</b>	Laura Bartlett	...a3crg	<b>0:36:36</b>	Medal
<b>Fastest Junior</b>	Not contested			Medal
<b>Fastest Juvenile</b>	Not contested			Medal
<b>Fastest Team of 3</b>	Simon McNamara	South Downs Bikes / Casco Europe	0:32:22	Medal
	Paul Barnard	South Downs Bikes / Casco Europe	0:34:24	Medal
	Kevin Plummer	South Downs Bikes / Casco Europe	0:34:27	Medal
	<b>Total Team Time</b>		<b>1:41:13</b>	

Congratulations to Mark Smith who sets a new Sussex CA 15 mile record

Congratulations to Mike O'Gorman who sets a new Sussex CA 15 mile record for the highest plus against CTT Target Time

Congratulations to Laura Bartlett who sets a new Sussex CA 15 mile record for the fastest lady

Congratulations to South Downs Bikes / Casco Europe who set a new Sussex CA 15 mile team record

*Sussex Championship awards are presented at the annual lunch – tickets available from Robin Johnson, Brighton Mitre CC*

## Sussex Championships

### Sussex 25 Mile County Championship Awards – Sunday 30th April 2017 – Course G25/93

Award winners	Rider	Club	Time/Plus	Award
<b>Fastest Overall</b>	Mark Smith	Crawley Wheelers	<b>0:53:17</b>	Boniface Cup & Medal
<b>Highest Plus on CTT</b>	Mike O'Gorman	Worthing Excelsior CC	<b>+ 13:49</b>	Horry Hemsley Cup & Medal
<b>Fastest Lady</b>	Ruth Summerford	Eastbourne Rovers CC	<b>1:01:00</b>	Medal
<b>Fastest Junior</b>	Lawrence Coyle	Brighton Excelsior CC	<b>0:59:37</b>	Medal
<b>Fastest Juvenile</b>	Not contested			Medal
<b>Fastest Team of 3</b>	Howard Shaw	Eastbourne Rovers CC	0:56:10	Medal
	David Clements	Eastbourne Rovers CC	0:58:02	Medal
	Dan Helyer	Eastbourne Rovers CC	0:58:21	Medal
	<b>Total Team Time</b>		<b>2:52:33</b>	Lee Memorial Shield

Congratulations to Mike O'Gorman who sets a new Sussex CA 25 mile record for the highest plus against CTT Target Time

Congratulations to Ruth Summerford who sets a new Sussex CA 25 mile record for the fastest lady

*Sussex Championship awards are presented at the annual lunch – tickets available from Robin Johnson, Brighton Mitre CC*

## Sussex Championships

### Sussex 30 Mile County Championship Awards – Sunday 30th July 2017 – Course G30/91

Award winners	Rider	Club	Time/Plus	Award
<b>Fastest Overall</b>	Mark Smith	Crawley Wheelers	<b>1:04:23</b>	30 Cup & Medal
<b>Highest Plus on CTT</b>	Steve Dennis	East Grinstead CC	<b>+ 17:29</b>	Medal
<b>Fastest Lady</b>	Gina McGeever	Lewes Wanderers CC	<b>1:18:59</b>	Medal
<b>Fastest Junior</b>	Not contested			Medal
<b>Fastest Juvenile</b>	Not contested			Medal
<b>Fastest Team of 3</b>	Nik Allen	Worthing Excelsior CC	1:09:28	Medal
	Nolan Heather	Worthing Excelsior CC	1:10:53	Medal
	Neil Crowther	Worthing Excelsior CC	1:13:38	Medal
	<b>Total Team Time</b>		<b>3:33:59</b>	

Congratulations to Mark Smith who sets a new Sussex CA 30 mile record  
 Congratulations to Steve Dennis who sets a new Sussex CA 30 mile record for the highest plus against CTT Target Time

*Sussex Championship awards are presented at the annual lunch – tickets available from Robin Johnson, Brighton Mitre CC*

## Sussex Championships

### Sussex 50 Mile County Championship Awards – Sunday 2nd July 2017 – Course G50/10

Award winners	Rider	Club	Time/Plus	Award
<b>Fastest Overall</b>	Steve Dennis	East Grinstead CC	<b>1:52:18</b>	Southern Cup & Medal
<b>Highest Plus on CTT</b>	Steve Dennis	East Grinstead CC	<b>+26:20</b>	Medal
<b>Fastest Lady</b>	Lisa Davis	Lewes Wanderers CC	<b>2:11:11</b>	Medal
<b>Fastest Junior</b>	Jack Churchill	Brighton Excelsior CC	<b>2:08:21</b>	Medal
<b>Fastest Juvenile</b>	Not contested			Medal
<b>Fastest Team of 3</b>	John Marinko	Brighton Mitre CC	2:01:02	Medal
	Donald Parker	Brighton Mitre CC	2:09:18	Medal
	Ion Tsakalis	Brighton Mitre CC	2:15:30	Medal
	<b>Total Team Time</b>		<b>6:25:50</b>	Halford Cup

Congratulations to Steve Dennis who sets a new Sussex CA 50 mile record for the highest plus against CTT Target Time  
 Congratulations to Lisa Davis who sets a new Sussex CA 50 mile record for the fastest lady  
 Congratulations to Jack Churchill who sets the first Sussex CA 50 mile record for a junior

*Sussex Championship awards are presented at the annual lunch – tickets available from Robin Johnson, Brighton Mitre CC*

# Sussex Championships

## Sussex 100 Mile County Championship Awards – Sunday 13th August 2017 – Course G100/861

Award winners	Rider	Club	Time/Plus	Award
<b>Fastest Overall</b>	Marc Townsend	Eastbourne Rovers CC	<b>3:49:43</b>	Regency Cup & Medal
<b>Highest Plus on CTT</b>	Mike O'Gorman	Worthing Excelsior CC	<b>+ 38:52</b>	Medal
<b>Fastest Lady</b>	Not contested		-	Medal
<b>Fastest Junior</b>	Chris Dunstan	Brighton Excelsior CC	<b>4:52:40</b>	Medal
<b>Fastest Juvenile</b>	Not contested		-	Medal
<b>Fastest Team of 3</b>	Tom Glandfield	Lewes Wanderers CC	4:01:21	Medal
	Peter Baker	Lewes Wanderers CC	4:21:40	Medal
	John Mankelow	Lewes Wanderers CC	4:57:57	Medal
	<b>Total Team Time</b>		<b>13:20:58</b>	

Congratulations to Marc Townsend who sets a new Sussex CA 100 mile record  
 Congratulations to Mike O'Gorman who sets a new Sussex CA 100 mile record for the highest plus against CTT Target Time  
 Congratulations to Chris Dunstan who sets the first Sussex CA 100 mile record for a junior

*Sussex Championship awards are presented at the annual lunch – tickets available from Robin Johnson, Brighton Mitre CC*

## Sussex Championships

### Sussex Hill Climb County Championship Awards – Saturday 30th September 2017 – Course GH/92

Award winners	Rider	Club	Time/Plus	Award
<b>Fastest Overall</b>	Nick Martin	East Grinstead CC	<b>4:26.9</b>	Alf Dawes Cup & Medal
<b>Highest Plus on CTT</b>	Norman Blissett	In-Gear Quickvit Trainsharp RT	<b>+ 0:15.7</b>	Medal
<b>Fastest Lady</b>	Gemma Hobson	Sussex Nomads CC	<b>5:40.5</b>	Medal
<b>Fastest Junior</b>	Not contested		-	Medal
<b>Fastest Juvenile</b>	Not contested		-	Medal
<b>Fastest Team of 3</b>	Gavin Ash	Worthing Excelsior CC	4:46.6	Medal
	Thomas Harrison	Worthing Excelsior CC	5:00.6	Medal
	Nik Allen	Worthing Excelsior CC	5:02.5	Medal
	<b>Total Team Time</b>		<b>14:49.7</b>	

*Sussex Championship awards are presented at the annual lunch – tickets available from Robin Johnson, Brighton Mitre CC*



# Sussex Points Competition

## Sussex Points Competition – 2017 Award Winners

Award winners	Pos	Rider	Club	Points	Award
<b>Overall</b>	1st	Howard Bayley	Blazing Saddles	222 points	Charlie Lednor Cup & Medal
	2nd	Kevin Plummer	South Downs Bikes / Casco Europe	170 points	Medal
	3rd	Mark Smith	Crawley Wheelers	146 points	Medal
<b>Women</b>	1st	Lisa Davis	Lewes Wanderers CC	30 points	Women's Points Trophy & Medal
<b>Team of 3</b>	1st	Kevin Plummer	South Downs Bikes / Casco Europe	170 points	Medal
		Stuart Bettis	South Downs Bikes / Casco Europe	82 points	Medal
		Simon McNamara	South Downs Bikes / Casco Europe	59 points	Medal
		<b>Team Total</b>		<b>311 points</b>	

# Sussex Points Competition

## 2017 Sussex Points Individual Competition

Rank	Rider	Club	SCA HR	SCA 10	SCA 25	SCA 15	SCA 50	ESCA 100	SCA 30	SCA S 10	SCA S 25	SCA HC	Total Points
1	Howard Bayley	Blazing Saddles	27	25	28	25	29	-	28	30	30	-	222
2	Kevin Plummer	South Downs Bikes / Casco Europe	25	23	23	19	28	-	-	25	27	-	170
3	Mark Smith	Crawley Wheelers	29	27	30	30	-	-	30	-	-	-	146
4	Nik Allen	Worthing Excelsior CC	-	26	25	21	-	-	24	-	-	27	123
5	David Shepherd	GS Stella	26	-	21	18	-	-	-	27	29	-	121
6	Tony Reeves	GS Stella	23	12	16	15	-	-	-	-	28	-	94
7	John Marinko	Brighton Mitre CC	-	9	10	-	27	26	21	-	-	-	93
8	Robin Johnson	Brighton Mitre CC	12	-	-	0	16	-	8	16	21	16	89
9	Mike O'Gorman	Worthing Excelsior CC	-	5	11	11	20	25	16	-	-	-	88
10	Mark Emsley	Team ASL	30	28	-	28	-	-	-	-	-	-	86
11	Stuart Bettis	South Downs Bikes / Casco Europe	-	29	27	-	-	-	26	-	-	-	82
12	Steven Kane	Brighton Excelsior CC	-	24	-	26	-	-	25	-	-	-	75
12	Tom Glandfield	Lewes Wanderers CC	-	-	24	23	-	28	-	-	-	-	75
14	Rupert Robinson	Crawley Wheelers	-	20	17	14	-	-	22	-	-	-	73
15	Peter Davies	Brighton Mitre CC	14	0	0	2	-	-	11	19	22	-	68
15	Lisa Davis	Lewes Wanderers CC	-	-	-	-	21	-	-	22	25	-	68
17	Steve Dennis	East Grinstead CC	-	-	-	-	30	-	29	-	-	-	59
17	Simon McNamara	South Downs Bikes / Casco Europe	-	30	-	29	-	-	-	-	-	-	59
19	Christian Yates	East Grinstead CC	20	-	22	16	-	-	-	-	-	-	58
19	Pete Morris	Team ASL	-	-	29	-	-	29	-	-	-	-	58
19	Neil Crowther	Worthing Excelsior CC	-	13	-	-	-	-	19	-	-	26	58
22	Jack Churchill	Brighton Excelsior CC	-	18	14	-	23	-	-	-	-	-	55
23	Paul Batten	Crawley Wheelers	-	15	-	13	-	-	-	26	-	-	54
23	Tom Pritchard	Hampshire RC	-	-	-	27	-	-	27	-	-	-	54
25	Jon Fry	Horsham Cycling	-	-	-	7	26	-	20	-	-	-	53
25	Stephen Williamson	...a3crg	-	-	-	24	-	-	-	29	-	-	53

# Sussex Points Competition

## 2017 Sussex Points Individual Competition

Rank	Rider	Club	SCA HR	SCA 10	SCA 25	SCA 15	SCA 50	ESCA 100	SCA 30	SCA S 10	SCA S 25	SCA HC	Total Points
27	Nolan Heather	Worthing Excelsior CC	-	16	-	12	-	-	23	-	-	-	51
27	Martin Booker	Worthing Excelsior CC	-	6	3	-	24	-	18	-	-	-	51
29	David Clements	Eastbourne Rovers CC	-	-	20	-	-	27	-	-	-	-	47
30	Tim Holmes	VTTA (Surrey & Sussex)	-	-	-	-	-	-	-	21	24	-	45
31	Ben Fielden	GS Stella	-	-	0	-	-	-	-	20	23	-	43
31	Andy Seltzer	In-Gear Quickvit Trainsharp RT	19	-	0	-	-	-	-	-	-	24	43
33	Clive Jackson	Central Sussex CC	-	-	-	-	15	-	9	17	-	-	41
34	Donald Parker	Brighton Mitre CC	-	-	0	-	22	-	15	-	-	-	37
35	Dan Helyer	Eastbourne Rovers CC	-	17	19	-	-	-	-	-	-	-	36
36	Mark Jones	GS Stella	-	-	12	-	-	-	-	23	-	-	35
37	Ian Newbold	Worthing Excelsior CC	-	-	-	-	-	-	14	-	-	19	33
37	Sam Dix	In-Gear Quickvit Trainsharp RT	-	11	-	-	-	-	-	-	-	22	33
37	Ian Cheesman	Worthing Excelsior CC	-	0	8	8	-	-	17	-	-	-	33
40	Stu Nisbett	Crawley Wheelers	22	-	-	10	-	-	-	-	-	-	32
40	Jez Parsons	Brighton Excelsior CC	-	0	7	-	25	-	-	-	-	-	32
42	Nick Martin	East Grinstead CC	-	-	-	-	-	-	-	-	-	30	30
42	Marc Townsend	Eastbourne Rovers CC	-	-	-	-	-	30	-	-	-	-	30
44	Gavin Ash	Worthing Excelsior CC	-	-	-	-	-	-	-	-	-	29	29
45	Dave Dent	GS Stella	28	-	-	-	-	-	-	-	-	-	28
45	Mark Bashford	East Grinstead CC	-	-	-	-	-	-	-	28	-	-	28
45	Thomas Harrison	Worthing Excelsior CC	-	-	-	-	-	-	-	-	-	28	28
48	Chris Dunstan	Brighton Excelsior CC	-	4	0	-	-	23	-	-	-	-	27
48	Ruth Summerford	Eastbourne Rovers CC	-	14	13	-	-	-	-	-	-	-	27
50	Alexander Self	Horsham Cycling	-	-	-	-	-	-	-	-	26	-	26
50	Howard Shaw	Eastbourne Rovers CC	-	-	26	-	-	-	-	-	-	-	26
52	Norman Blissett	In-Gear Quickvit Trainsharp RT	-	-	-	-	-	-	-	-	-	25	25

# Sussex Points Competition

## 2017 Sussex Points Individual Competition

Rank	Rider	Club	SCA HR	SCA 10	SCA 25	SCA 15	SCA 50	ESCA 100	SCA 30	SCA S 10	SCA S 25	SCA HC	Total Points
53	Conor Clancy	Brighton Excelsior CC	24	-	-	-	-	-	-	-	-	-	24
53	Andy Tedd	...a3crg	-	-	-	-	-	-	-	24	-	-	24
53	Peter Baker	Lewes Wanderers CC	-	-	-	-	-	24	-	-	-	-	24
56	Henry Bond	Brighton Mitre CC	-	-	-	-	-	-	-	-	-	23	23
57	Nick Dwyer	Lewes Wanderers CC	-	-	-	22	-	-	-	-	-	-	22
57	Phil Allen	South Downs Bikes / Casco Europe	-	22	-	-	-	-	-	-	-	-	22
57	John Mankelow	Lewes Wanderers CC	-	-	-	-	-	22	-	-	-	-	22
60	Gemma Hobson	Sussex Nomads CC	-	-	-	-	-	-	-	-	-	21	21
60	Leon Fielding	...a3crg	-	21	-	-	-	-	-	-	-	-	21
60	Nigel Langridge	Crawley Wheelers	21	-	-	-	-	-	-	-	-	-	21
60	Martin Naylor	Brighton Excelsior CC	-	-	-	-	-	21	-	-	-	-	21
64	Paul Barnard	South Downs Bikes / Casco Europe	-	-	-	20	-	-	-	-	-	-	20
64	Olivia Webb	Eastbourne Rovers CC	-	-	-	-	-	-	-	-	-	20	20
64	Paul Butler	Hastings & St. Leonards CC	-	-	-	-	-	20	-	-	-	-	20
67	Alan Robinson	Central Sussex CC	-	0	-	1	-	-	-	18	-	-	19
67	Robert Zietal	Crawley Wheelers	-	19	-	-	-	-	-	-	-	-	19
67	Ion Tsakalis	Brighton Mitre CC	-	-	-	-	19	-	-	-	-	-	19
67	John Isard	Hampshire RC	-	-	-	-	-	19	-	-	-	-	19
67	Sarah Phelps	Crawley Wheelers	16	0	-	3	-	-	-	-	-	-	19
72	Brian Molloy	Brighton Excelsior CC	-	-	18	-	-	-	-	-	-	-	18
72	Katerina Avramides	Brighton Mitre CC	-	0	0	-	18	-	-	-	-	-	18
72	Gary Holder	Horsham Cycling	-	0	-	-	-	-	-	-	-	18	18
72	Chris Parker	Hastings & St. Leonards CC	-	-	-	-	-	18	-	-	-	-	18
72	Luke De Quay	East Grinstead CC	18	-	-	-	-	-	-	-	-	-	18
77	Colin Toppin	Brighton Excelsior CC	17	0	0	-	-	-	-	-	-	-	17
77	Helen Webb	Sussex Nomads CC	-	0	0	-	17	-	-	-	-	-	17

# Sussex Points Competition

## 2017 Sussex Points Individual Competition

Rank	Rider	Club	SCA HR	SCA 10	SCA 25	SCA 15	SCA 50	ESCA 100	SCA 30	SCA S 10	SCA S 25	SCA HC	Total Points
77	Mike Marchant	Southdown Velo	-	-	0	-	-	-	-	-	-	17	17
77	Dominic Maxwell	Worthing Excelsior CC	-	-	-	17	-	-	-	-	-	-	17
81	Michelle Lock	GS Stella	15	-	-	-	-	-	-	-	-	-	15
81	Lawrence Coyle	Brighton Excelsior CC	-	-	15	-	-	-	-	-	-	-	15
83	Stuart Jago	GS Stella	13	-	-	-	-	-	-	-	-	-	13
83	Rick Hughes	Worthing Excelsior CC	-	-	-	-	-	-	13	-	-	-	13
85	Gina McGeever	Lewes Wanderers CC	-	-	-	-	-	-	12	-	-	-	12
86	Lee McGeever	Brighton Excelsior CC	-	-	-	-	-	-	10	-	-	-	10
86	Trevor Leeding	Worthing Excelsior CC	-	-	10	-	-	-	-	-	-	-	10
86	James Stone	Brighton Excelsior CC	-	10	0	-	-	-	-	-	-	-	10
89	Laura Bartlett	...a3crg	-	-	-	9	-	-	-	-	-	-	9
90	Sarah Matthews	...a3crg	-	8	0	-	-	-	-	-	-	-	8
91	Simon Church	In-Gear Quickvit Trainsharp RT	-	7	-	-	-	-	-	-	-	-	7
92	Samuel Ramsey	Lewes Wanderers CC	-	-	6	-	-	-	-	-	-	-	6
92	Colin Barton	Worthing Excelsior CC	-	-	-	6	-	-	-	-	-	-	6
94	Jason Blenkarn	Sussex Nomads CC	-	-	5	-	-	-	-	-	-	-	5
94	Anthony Brown	Horsham Cycling	-	0	-	5	-	-	-	-	-	-	5
96	Peter Barling	Lewes Wanderers CC	-	-	-	4	-	-	-	-	-	-	4
96	Nicholas Smith	Brighton Excelsior CC	-	2	2	-	-	-	-	-	-	-	4
96	Jez Shotter	Brighton Excelsior CC	-	0	4	-	-	-	-	-	-	-	4
99	Angela Carpenter	...a3crg	-	3	-	-	-	-	-	-	-	-	3
100	John Glaysher	...a3crg	-	-	1	-	-	-	-	-	-	-	1
100	Michael Valks	Lewes Wanderers CC	-	1	-	-	-	-	-	-	-	-	1
<b>Grand Total</b>			<b>399</b>	<b>465</b>	<b>466</b>	<b>465</b>	<b>360</b>	<b>312</b>	<b>437</b>	<b>345</b>	<b>255</b>	<b>345</b>	<b>3849</b>

# Sussex Points Competition

## 2017 Sussex Points Team Competition

Club	Team of Three Riders	Total Points	Team Rank
South Downs Bikes / Casco Europe	Kevin Plummer (170), Stuart Bettis (82) & Simon McNamara (59)	<b>311</b>	1
Crawley Wheelers	Mark Smith (146), Rupert Robinson (73) & Paul Batten (54)	<b>273</b>	2
Worthing Excelsior CC	Nik Allen (123), Mike O'Gorman (88) & Neil Crowther (58)	<b>269</b>	3
GS Stella	David Shepherd (121), Tony Reeves (94) & Ben Fielden (43)	<b>258</b>	4
Brighton Mitre CC	John Marinko (93), Robin Johnson (89) & Peter Davies (68)	<b>250</b>	5
Lewes Wanderers CC	Tom Glandfield (75), Lisa Davis (68) & Peter Baker (24)	<b>167</b>	6
Brighton Excelsior CC	Steven Kane (75), Jack Churchill (55) & Jez Parsons (32)	<b>162</b>	7
East Grinstead CC	Steve Dennis (59), Christian Yates (58) & Nick Martin (30)	<b>147</b>	8
Worthing Excelsior CC	Nolan Heather (51), Martin Booker (51) & Ian Newbold (33)	<b>135</b>	9
Eastbourne Rovers CC	David Clements (47), Dan Helyer (36) & Marc Townsend (30)	<b>113</b>	10
In-Gear Quickvit Trainsharp RT	Andy Seltzer (43), Sam Dix (33) & Norman Blissett (25)	<b>101</b>	11
...a3crg	Stephen Williamson (53), Andy Tedd (24) & Leon Fielding (21)	<b>98</b>	12
Horsham Cycling	Jon Fry (53), Alexander Self (26) & Gary Holder (18)	<b>97</b>	13
Worthing Excelsior CC	Ian Cheesman (33), Gavin Ash (29) & Thomas Harrison (28)	<b>90</b>	14
Brighton Mitre CC	Donald Parker (37), Henry Bond (23) & Ion Tsakalis (19)	<b>79</b>	15
GS Stella	Mark Jones (35), Dave Dent (28) & Michelle Lock (15)	<b>78</b>	16
Eastbourne Rovers CC	Ruth Summerford (27), Howard Shaw (26) & Olivia Webb (20)	<b>73</b>	17
Brighton Excelsior CC	Chris Dunstan (27), Conor Clancy (24) & Martin Naylor (21)	<b>72</b>	18
Crawley Wheelers	Stu Nisbett (32), Nigel Langridge (21) & Robert Zietal (19)	<b>72</b>	18
Lewes Wanderers CC	Nick Dwyer (22), John Mankelow (22) & Gina McGeever (12)	<b>56</b>	20
Brighton Excelsior CC	Brian Molloy (18), Colin Toppin (17) & Lawrence Coyle (15)	<b>50</b>	21
Sussex Nomads CC	Gemma Hobson (21), Helen Webb (17) & Jason Blenkarn (5)	<b>43</b>	22
Worthing Excelsior CC	Dominic Maxwell (17), Rick Hughes (13) & Trevor Leeding (10)	<b>40</b>	23
Brighton Excelsior CC	Lee McGeever (10), James Stone (10) & Jez Shotter (4)	<b>24</b>	24
...a3crg	Laura Bartlett (9), Sarah Matthews (8) & Angela Carpenter (3)	<b>20</b>	25
Lewes Wanderers CC	Samuel Ramsey (6), Peter Barling (4) & Michael Valks (1)	<b>11</b>	26

# Sussex Points Competition

## 2017 Sussex Points Women's Competition

Rank	Rider	Club	SCA HR	SCA 10	SCA 25	SCA 15	SCA 50	ESCA 100	SCA 30	SCA S 10	SCA S 25	SCA HC	Total Points
1	Lisa Davis	Lewes Wanderers CC	-	-	-	-	10	-	-	10	10	-	30
2	Sarah Phelps	Crawley Wheelers	10	6	-	9	-	-	-	-	-	-	25
3	Katerina Avramides	Brighton Mitre CC	-	4	8	-	9	-	-	-	-	-	21
4	Ruth Summerford	Eastbourne Rovers CC	-	10	10	-	-	-	-	-	-	-	20
5	Sarah Matthews	...a3crg	-	9	9	-	-	-	-	-	-	-	18
6	Helen Webb	Sussex Nomads CC	-	2	6	-	8	-	-	-	-	-	16
6	Karen McGrath	Worthing Excelsior CC	-	3	5	8	-	-	-	-	-	-	16
8	Tamar Vanderhaas	Lewes Wanderers CC	-	5	7	-	-	-	-	-	-	-	12
9	Gina McGeever	Lewes Wanderers CC	-	-	-	-	-	-	10	-	-	-	10
9	Gemma Hobson	Sussex Nomads CC	-	-	-	-	-	-	-	-	-	10	10
9	Laura Bartlett	...a3crg	-	-	-	10	-	-	-	-	-	-	10
12	Michelle Lock	GS Stella	9	-	-	-	-	-	-	-	-	-	9
12	Olivia Webb	Eastbourne Rovers CC	-	-	-	-	-	-	-	-	-	9	9
14	Angela Carpenter	...a3crg	-	8	-	-	-	-	-	-	-	-	8
15	Amy Smith	Team ASL	-	7	-	-	-	-	-	-	-	-	7
<b>Grand Total</b>			<b>19</b>	<b>54</b>	<b>45</b>	<b>27</b>	<b>27</b>	<b>0</b>	<b>10</b>	<b>10</b>	<b>10</b>	<b>19</b>	<b>221</b>

## 2017 Sussex Points Competition

The Sussex points competition is open to all first claim members of Sussex CA affiliated clubs. There is no need to register for the competition as any qualifying ride by a member of a Sussex CA affiliated club will automatically be recorded.

The competition consists of a series of ten Sussex CA or Sussex Championship events for solo riders over set distances – 2 x 10 mile, 15 mile, 23 mile Hardriders, 2 x 25 mile, 30 mile, 50 mile, 100 mile, and hill climb. **The competition is decided on the highest number of points totalled from the ten qualifying events.**

For each qualifying event ridden as a solo rider you will be awarded points based on your position in that event in relation to other riders from Sussex CA affiliated clubs. There will be three separate competitions – Overall, Women and Teams of Three.

Points will be awarded on the following basis: For overall, 30 points for first place, down to 1 point for 30th place. For women, 10 points for first place, down to 1 point for 10th place. For teams of three, the addition of the individual points from three riders from the same club, regardless of which events they have ridden.

Riders who are not from Sussex CA affiliated clubs will be disregarded in the points allocation. Any number of events can be ridden – the more events you ride, the more points you are likely to get.

## 2017 Sussex Points Awards

The following awards will be presented at the Annual Prize Presentation Lunch

<b>Overall</b>	1st – Charlie Lednor Trophy	2nd – Medal	3rd – Medal
<b>Women</b>	1st – Women's Points Trophy		
<b>Overall Team of Three</b>	1st – Medal for each team member		



# Sussex Points Competition

## 2017 Sussex Points Qualifying Events

Date	Dist	Event	Course	
Sun 05 Mar 2017	23 m	Sussex CA Hardriders	GS/194	
Sat 29 Apr 2017	10 m	Sussex Championship 10	G10/97	
Sun 30 Apr 2017	25 m	Sussex Championship 25	G25/93	
Sat 10 Jun 2017	15 m	Sussex Championship 15	G15/93	
Sun 02 Jul 2017	50 m	Sussex Championship 50	G50/10	
<del>Sun 23 Jul 2017</del>	<del>100 m</del>	<del>SCCU (Sussex Championship) 100</del>	<del>G100/61</del>	<b>Cancelled</b>
Sun 13 Aug 2017	100 m	ESCA (Sussex Championship) 100	G100/861	<b>Substitute</b>
Sun 30 Jul 2017	30 m	Sussex Championship 30	G30/91	
Sat 26 Aug 2017	10 m	Sussex CA Sporting 10	G10/45	
Mon 28 Aug 2017	25 m	Sussex CA Sporting 25	G25/49	
Sat 30 Sep 2017	1672 yards	Sussex Championship Hill Climb	GH/92	

# Sussex SPOCO Competition

## Sussex SPOCO Competition – 2017 Award Winners

Award winners	Pos	Rider	Club	Points	Award
Overall	1st	Mark Smith	Crawley Wheelers	360 points	Senior SPOCO Trophy & Medal
	2nd	Mark Emsley	Team ASL	358 points	Medal
	3rd	Howard Bayley	Blazing Saddles	357 points	Medal
Veteran Rider	1st	Mark Smith	Crawley Wheelers	360 points	Veteran SPOCO Trophy
Fastest Lady	1st	Lisa Davis	Lewes Wanderers CC	318 points	Medal
Fastest Junior	1st	No qualifiers			Medal
Handicap	1st	Lisa Davis	Lewes Wanderers CC	439 points	Handicap Cup & Medal
	2nd	Robin Johnson	Brighton Mitre CC	389 points	Medal
	3rd	Jon Fry	Horsham Cycling	384 points	Medal
Team of 3	1st	Marc Townsend	Eastbourne Rovers CC	354 points	Medal
		Howard Shaw	Eastbourne Rovers CC	353 points	Medal
		Ruth Summerford	Eastbourne Rovers CC	296 points	Medal
Team Total				1003 points	

# Sussex SPOCO Competition

## 2017 SPOCO Individual Competition

Rider	Club	Qualify	Best Short	Best Med	Best Long	Total Points	Rank
Mark Smith	Crawley Wheelers	<b>Yes</b>	120	120	120	<b>360</b>	1
Mark Emsley	Team ASL	<b>Yes</b>	119	120	119	<b>358</b>	2
Howard Bayley	Blazing Saddles	<b>Yes</b>	119	119	119	<b>357</b>	3
Marc Townsend	Eastbourne Rovers CC	<b>Yes</b>	117	117	120	<b>354</b>	4
Howard Shaw	Eastbourne Rovers CC	<b>Yes</b>	117	118	118	<b>353</b>	5
David Shepherd	GS Stella	<b>Yes</b>	116	117	116	<b>349</b>	6
Kevin Plummer	South Downs Bikes / Casco Europe	<b>Yes</b>	111	115	117	<b>343</b>	7
John Marinko	Brighton Mitre CC	<b>Yes</b>	113	108	116	<b>337</b>	8
Tom Glandfield	Lewes Wanderers CC	<b>Yes</b>	113	103	117	<b>333</b>	9
Jon Fry	Horsham Cycling	<b>Yes</b>	109	107	112	<b>328</b>	10
Rupert Robinson	Crawley Wheelers	<b>Yes</b>	104	109	113	<b>326</b>	11
Lisa Davis	Lewes Wanderers CC	<b>Yes</b>	106	107	105	<b>318</b>	12
Donald Parker	Brighton Mitre CC	<b>Yes</b>	104	105	108	<b>317</b>	13
Tony Reeves	GS Stella	<b>Yes</b>	105	115	93	<b>313</b>	14
Ian Newbold	Worthing Excelsior CC	<b>Yes</b>	109	109	90	<b>308</b>	15
Mike O'Gorman	Worthing Excelsior CC	<b>Yes</b>	101	102	104	<b>307</b>	16
Alan Yule	Crawley Wheelers	<b>Yes</b>	108	104	91	<b>303</b>	17
Katerina Avramides	Brighton Mitre CC	<b>Yes</b>	99	104	97	<b>300</b>	18
Ian Cheesman	Worthing Excelsior CC	<b>Yes</b>	97	104	98	<b>299</b>	19
Rob Pelham	Lewes Wanderers CC	<b>Yes</b>	102	93	102	<b>297</b>	20
Ruth Summerford	Eastbourne Rovers CC	<b>Yes</b>	99	106	91	<b>296</b>	21
Robin Johnson	Brighton Mitre CC	<b>Yes</b>	102	99	92	<b>293</b>	22
Peter Baker	Lewes Wanderers CC	<b>Yes</b>	74	104	107	<b>285</b>	23
Peter Barling	Lewes Wanderers CC	<b>Yes</b>	92	96	93	<b>281</b>	24

## Sussex SPOCO Competition

### 2017 SPOCO Individual Competition

Rider	Club	Qualify	Best Short	Best Med	Best Long	Total Points	Rank
Michael Valks	Lewes Wanderers CC	<b>Yes</b>	80	101	99	<b>280</b>	25
Peter Davies	Brighton Mitre CC	<b>Yes</b>	99	101	79	<b>279</b>	26
Ben Fielden	GS Stella	<b>Yes</b>	100	102	76	<b>278</b>	27
Sarah Phelps	Crawley Wheelers	<b>Yes</b>	106	101	69	<b>276</b>	28
Clive Jackson	Central Sussex CC	<b>Yes</b>	95	87	90	<b>272</b>	29
Tim Wells	Eastbourne Rovers CC	<b>Yes</b>	79	95	87	<b>261</b>	30
Gina McGeever	Lewes Wanderers CC	<b>Yes</b>	69	98	67	<b>234</b>	31

### 2017 SPOCO Women's Competition

Rider	Club	Qualify	Best Short	Best Med	Best Long	Total Points	Rank
Lisa Davis	Lewes Wanderers CC	<b>Yes</b>	106	107	105	<b>318</b>	1
Katerina Avramides	Brighton Mitre CC	<b>Yes</b>	99	104	97	<b>300</b>	2
Ruth Summerford	Eastbourne Rovers CC	<b>Yes</b>	99	106	91	<b>296</b>	3
Sarah Phelps	Crawley Wheelers	<b>Yes</b>	106	101	69	<b>276</b>	4
Gina McGeever	Lewes Wanderers CC	<b>Yes</b>	69	98	67	<b>234</b>	5

### 2017 SPOCO Junior Competition – No Qualifiers

## Sussex SPOCO Competition

### 2017 SPOCO Handicap Competition

Rider	Club	Qualify	Short H/Cap Points	Med H/Cap Points	Long H/Cap Points	Total Points	Rank
Lisa Davis	Lewes Wanderers CC	Yes	164	139	136	439	1
Robin Johnson	Brighton Mitre CC	Yes	120	126	143	389	2
Jon Fry	Horsham Cycling	Yes	116	118	150	384	3
Peter Baker	Lewes Wanderers CC	Yes	120	124	130	374	4
Mark Emsley	Team ASL	Yes	119	123	123	365	5
David Shepherd	GS Stella	Yes	120	122	122	364	6
Mark Smith	Crawley Wheelers	Yes	121	121	120	362	7
Kevin Plummer	South Downs Bikes / Casco Europe	Yes	115	117	122	354	8
Rupert Robinson	Crawley Wheelers	Yes	115	122	116	353	9
Tom Glandfield	Lewes Wanderers CC	Yes	117	109	125	351	10
Ian Cheesman	Worthing Excelsior CC	Yes	107	121	116	344	11
Mike O'Gorman	Worthing Excelsior CC	Yes	110	110	115	335	12

### 2017 SPOCO Team Competition

Club	Team of Three Riders	Qualify	Total Points	Rank
Eastbourne Rovers CC	Marc Townsend (354), Howard Shaw (353) & Ruth Summerford (296)	Yes	1003	1
Crawley Wheelers	Mark Smith (360), Rupert Robinson (326) & Alan Yule (303)	Yes	989	2
Brighton Mitre CC	John Marinko (337), Donald Parker (317) & Katerina Avramides (300)	Yes	954	3
Lewes Wanderers CC	Tom Glandfield (333), Lisa Davis (318) & Rob Pelham (297)	Yes	948	4
GS Stella	David Shepherd (349), Tony Reeves (313) & Ben Fielden (278)	Yes	940	5
Worthing Excelsior CC	Ian Newbold (308), Mike O'Gorman (307) & Ian Cheesman (299)	Yes	914	6
Lewes Wanderers CC	Peter Baker (285), Peter Barling (281) & Michael Valks (280)	Yes	846	7

# Sussex SPOCO Competition

## 2018 Sussex SPOCO – Handicap Competition Qualifiers

All those who completed a short, medium and long distance event last season will automatically be included in the handicap competition for **2018**. The calculation is simply the difference between the maximum score (360) and the actual score for each qualifying event last year. The handicap will be applied as and when the different types of event are completed.

2018 Handicap Competition Qualifiers		2017 Result				2018 Handicap			
Rider	Club	Short	Med	Long	Total	Short	Med	Long	Total
Alan Yule	Crawley Wheelers	108	104	91	<b>303</b>	12	16	29	<b>57</b>
Ben Fielden	GS Stella	100	102	76	<b>278</b>	20	18	44	<b>82</b>
Clive Jackson	Central Sussex CC	95	87	90	<b>272</b>	25	33	30	<b>88</b>
David Shepherd	GS Stella	116	117	116	<b>349</b>	4	3	4	<b>11</b>
Donald Parker	Brighton Mitre CC	104	105	108	<b>317</b>	16	15	12	<b>43</b>
Gina McGeever	Lewes Wanderers CC	69	98	67	<b>234</b>	51	22	53	<b>126</b>
Howard Bayley	Blazing Saddles	119	119	119	<b>357</b>	1	1	1	<b>3</b>
Howard Shaw	Eastbourne Rovers CC	117	118	118	<b>353</b>	3	2	2	<b>7</b>
Ian Cheesman	Worthing Excelsior CC	97	104	98	<b>299</b>	23	16	22	<b>61</b>
Ian Newbold	Worthing Excelsior CC	109	109	90	<b>308</b>	11	11	30	<b>52</b>
John Marinko	Brighton Mitre CC	113	108	116	<b>337</b>	7	12	4	<b>23</b>
Jon Fry	Horsham Cycling	109	107	112	<b>328</b>	11	13	8	<b>32</b>
Katerina Avramides	Brighton Mitre CC	99	104	97	<b>300</b>	21	16	23	<b>60</b>
Kevin Plummer	South Downs Bikes / Casco Europe	111	115	117	<b>343</b>	9	5	3	<b>17</b>
Lisa Davis	Lewes Wanderers CC	106	107	105	<b>318</b>	14	13	15	<b>42</b>
Marc Townsend	Eastbourne Rovers CC	117	117	120	<b>354</b>	3	3	0	<b>6</b>
Mark Emsley	Team ASL	119	120	119	<b>358</b>	1	0	1	<b>2</b>

## Sussex SPOCO Competition

### 2018 Handicap Competition Qualifiers

Rider	Club	2017 Result			
		Short	Med	Long	Total
Mark Smith	Crawley Wheelers	120	120	120	<b>360</b>
Michael Valks	Lewes Wanderers CC	80	101	99	<b>280</b>
Mike O'Gorman	Worthing Excelsior CC	101	102	104	<b>307</b>
Peter Baker	Lewes Wanderers CC	74	104	107	<b>285</b>
Peter Barling	Lewes Wanderers CC	92	96	93	<b>281</b>
Peter Davies	Brighton Mitre CC	99	101	79	<b>279</b>
Rob Pelham	Lewes Wanderers CC	102	93	102	<b>297</b>
Robin Johnson	Brighton Mitre CC	102	99	92	<b>293</b>
Rupert Robinson	Crawley Wheelers	104	109	113	<b>326</b>
Ruth Summerford	Eastbourne Rovers CC	99	106	91	<b>296</b>
Sarah Phelps	Crawley Wheelers	106	101	69	<b>276</b>
Tim Wells	Eastbourne Rovers CC	79	95	87	<b>261</b>
Tom Glandfield	Lewes Wanderers CC	113	103	117	<b>333</b>
Tony Reeves	GS Stella	105	115	93	<b>313</b>

### 2018 Handicap

Short	Med	Long	Total
0	0	0	<b>0</b>
40	19	21	<b>80</b>
19	18	16	<b>53</b>
46	16	13	<b>75</b>
28	24	27	<b>79</b>
21	19	41	<b>81</b>
18	27	18	<b>63</b>
18	21	28	<b>67</b>
16	11	7	<b>34</b>
21	14	29	<b>64</b>
14	19	51	<b>84</b>
41	25	33	<b>99</b>
7	17	3	<b>27</b>
15	5	27	<b>47</b>

### 2017 Sussex SPOCO Competition

The Sussex SPOCO competition is open to all first claim members of Sussex CA affiliated clubs. There is no need to register for the competition as any qualifying ride by a member of a Sussex CA affiliated club will automatically be recorded.

The competition consists of a series of sporting events that are broken down into three categories – Short, Medium and Long distance. For each qualifying event ridden you will be awarded points based on your position in that event – 120 points for first place, down to 1 point for 120th place. The competition is decided on your highest scores from three qualifying events which must include 1 x Group A – Short Distance, 1 x Group B – Medium Distance and 1 x Group C – Long Distance.

- Any number of events can be ridden as your best placing in each category will automatically count towards the competition.
- Times are of no consequence as it's your position on the day that counts.
- Starting at 120 points for the winner, and reducing by 1 point per position, means the fewer riders there are, the more points you can get.
- Riders that completed one event at each distance in the previous year will be automatically be included in the handicap competition the following year which is simply the difference between the maximum available points and the actual number of points achieved.

### 2017 Sussex SPOCO Awards

The following awards will be presented at the Annual Prize Presentation Lunch

<b>Overall</b>	1st – SPOCO Trophy	2nd – Medal	3rd – Medal
<b>Team of Three</b>	1st – Medal for each team member		
<b>Women</b>	1st – Medal		
<b>Junior</b>	1st – Medal		
<b>Handicap</b>	1st – Handicap Cup		

There is also a veteran SPOCO Trophy that will be awarded to the rider over 40 with the highest number of points



# Sussex SPOCO Competition

## 2017 Sussex SPOCO Qualifying Events

Category	Date	Distance	Event	Course	Finishers
<b>Group A – Short Distance</b>	Sun 19 Mar 2017	15.06 m	East Sussex CA	GS/895	<b>75</b>
	Sat 25 Mar 2017	10 m	Southern Counties CU	G10/46	<b>63</b>
	Sat 15 Apr 2017	10 m	Brighton Mitre CC	G10/44	<b>28</b>
	Sun 28 May 2017	10 m	Brighton Mitre CC	GS/995	<b>19</b>
	Sat 10 Jun 2017	15 m	Sussex CA	G15/93	<b>39</b>
	Sat 26 Aug 2017	10 m	Sussex CA	G10/45	<b>29</b>
<b>Group B – Medium Distance</b>	Sun 05 Feb 2017	21.13 m	South Downs Bikes	GS/989	<b>49</b>
	Sun 05 Mar 2017	23 m	Sussex CA	GS/194	<b>27</b>
	Sun 26 Mar 2017	25 m	Southern Counties CU	G25/43	<b>46</b>
	Sun 09 Apr 2017	23 m	...a3crg	P877	<b>33</b>
	Mon 17 Apr 2017	25 m	Brighton Mitre CC	GS/999	<b>22</b>
	Sun 21 May 2017	30 m	Lewes Wanderers	G30/88	<b>34</b>
	Sun 30 Jul 2017	30 m	Sussex CA	G30/91	<b>36</b>
	Mon 28 Aug 2017	25 m	Sussex CA	G25/49	<b>25</b>
<b>Group C – Long Distance</b>	Fri 14 Apr 2017	41.59 m	Crawley Wheelers	GS/196	<b>65</b>
	Sun 04 Jun 2017	50 m	Southern Counties CU	G50/10	<b>58</b>
	Sun 18 Jun 2017	50 m	East Sussex CA	G50/90	<b>48</b>
	Sun 02 Jul 2017	50 m	Sussex CA	G50/10	<b>31</b>
<b>Cancelled</b>	<del>Sun 23 Jul 2017</del>	<del>100 m</del>	<del>Southern Counties CU</del>	<del>G100/61</del>	<b>Cancelled</b>
	Sun 13 Aug 2017	100 m	East Sussex CA	G100/861	<b>37</b>

# Sussex Competition Rules

## Sussex BAR Competitions Rules

1. The Sussex Best All Rounder competitions are open to first claim members of clubs affiliated to the SCA only.
2. No claim is necessary as all qualifying riders will automatically be recorded.
3. The Sussex Best All Rounder competitions shall be decided on each rider's best time in the qualifying events.
4. Qualifying events shall be any Sussex CA or Sussex Championship event over 10 miles, 25 miles, 30 miles, 50 miles and 100 miles.
5. The overall competitions shall be open to all riders and shall not prevent a veteran, woman or junior from winning the overall competition.
6. The veteran competitions shall be open to all riders aged 40 years and over on the date of the event and shall be decided on their plus against Cycling Time Trials Target Times. This rule shall not prevent a veteran from winning an overall competition on actual time.
7. In the Long Distance BAR individual awards are made for overall, veterans on CTT target times, woman and junior.
8. In the Middle and Short Distance BARs individual awards are made for overall and veterans on CTT target times.
9. In all BAR competitions awards are made for the best overall and the best veteran on CTT Target Times team of three riders from an affiliated club.
10. The decision of the SCA Executive Committee will be final in the event of any dispute.

## Sussex Points Competition Rules

1. The Sussex points competition is open to first claim members of clubs affiliated to the SCA only.
2. No claim is necessary as all qualifying riders will automatically be recorded.
3. The Sussex points competition shall be decided on each rider's placing in the qualifying events.
4. Individual points will be awarded in each qualifying event: Overall 30 points for 1st place down to 1 point for 30th place, and for women 10 points for 1st place down to 1 point for 10th place.
5. Qualifying events shall be Sussex CA and Sussex Championship events for solo riders over set distances.
6. Any number of qualifying events may be ridden.
7. Separate awards are made for overall and women plus the best tea of three from an affiliated club from the overall competition.
8. Members of a club that have ridden events but not earned any points will be disregarded in the team competition.
9. The decision of the SCA Executive Committee will be final in the event of any dispute.

## Sussex SPOCO Competition Rules

1. The Sussex SPOCO competition is open to first claim members of clubs affiliated to the SCA only.
2. No claim is necessary as all qualifying riders will automatically be recorded.
3. The Sussex SPOCO shall be decided on each rider's best placing in the qualifying events.
4. Qualifying events, as published each season, shall be open events of a sporting nature run by the Sussex Cyclists' Association (SCA), the East Sussex Cycling Association (ESCA), the Southern Counties Cycling Union (SCCU) or any club affiliated to the SCA.
5. Points will be awarded in each qualifying ride – 120 points for 1st place down to 1 point for 120th place.
6. Qualifying rides must include one short distance, one medium distance and one long distance from the list of qualifying events.
7. Any number of qualifying events may be ridden.
8. Separate awards are made for overall, women, junior and handicap plus the best team of three from an affiliated club in the overall competition.
9. The decision of the SCA Executive Committee will be final in the event of any dispute.

## Sussex Championship Records as at 31st December 2017

### Men – Bicycle

<b>10 miles</b>	Jon Sharples	Eastbourne Rovers CC	<b>20:06</b>	2000
<b>15 miles</b>	<b>Mark Smith</b>	<b>Crawley Wheelers</b>	<b>31:16</b>	<b>10 Jun 2017</b>
<b>25 miles</b>	Michael Hutchinson	In-Gear Quickvit Trainsharp RT	<b>49:31</b>	2013
<b>30 miles</b>	<b>Mark Smith</b>	<b>Crawley Wheelers</b>	<b>1:04:23</b>	<b>30 Jul 2017</b>
<b>50 miles</b>	Steve Dennis	East Grinstead CC	<b>1:48:56</b>	2012
<b>100 miles</b>	<b>Marc Townsend</b>	<b>Eastbourne Rovers CC</b>	<b>3:49:43</b>	<b>13 Aug 2017</b>
<b>12 hour</b>	David Shepherd	Rother Valley CC	<b>272.954 miles</b>	2001

### Veterans on CTT Target Times – Bicycle (from 1st January 2014 for standard distances)

<b>10 miles</b>	Mike O'Gorman	Worthing Excelsior CC	<b>+ 06:24</b>	2015
<b>15 miles</b>	<b>Mike O'Gorman</b>	<b>Worthing Excelsior CC</b>	<b>+ 09:16</b>	<b>10 Jun 2017</b>
<b>25 miles</b>	<b>Mike O'Gorman</b>	<b>Worthing Excelsior CC</b>	<b>+ 13:49</b>	<b>30 Apr 2017</b>
<b>30 miles</b>	<b>Steve Dennis</b>	<b>East Grinstead CC</b>	<b>+ 17:29</b>	<b>30 Jul 2017</b>
<b>50 miles</b>	<b>Steve Dennis</b>	<b>East Grinstead CC</b>	<b>+ 26:20</b>	<b>02 Jul 2017</b>
<b>100 miles</b>	<b>Mike O'Gorman</b>	<b>Worthing Excelsior CC</b>	<b>+ 38:52</b>	<b>13 Aug 2017</b>

### Veterans on 2012 revised VTTA Standard – Bicycle

<b>12 hour</b>	Rupert Robinson	Crawley Wheelers	<b>+ 62.253 miles</b>	2015
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Times/Distances for Sussex Competition Records must be recorded in Sussex Championship Events

## Sussex Championship Records as at 31st December 2017

### Women – Bicycle

<b>10 miles</b>	Natacha Maes	In-Gear Quickvit RT	<b>21:57</b>	2000
<b>15 miles</b>	<b>Laura Bartlett</b>	<b>...a3crg</b>	<b>36:36</b>	<b>10 Jun 2017</b>
<b>25 miles</b>	<b>Ruth Summerford</b>	<b>Eastbourne Rovers CC</b>	<b>1:01:00</b>	<b>30 Apr 2017</b>
<b>30 miles</b>	Gina McGeever	Brighton Mitre CC	<b>1:16:54</b>	2015
<b>50 miles</b>	<b>Lisa Davis</b>	<b>Lewes Wanderers CC</b>	<b>2:11:11</b>	<b>02 Jul 2017</b>
<b>100 miles</b>	Juliette Clarke	In-Gear Quickvit RT	<b>4:36:10</b>	2009
<b>12 hour</b>	Marina Bloom	Crawley Wheelers	<b>247.826 miles</b>	2001

### Juniors – Bicycle

<b>10 miles</b>	Tom Copeland	In-Gear Development Squad	<b>22:09</b>	2007
<b>15 miles</b>	<a href="#">Up for grabs</a>			
<b>25 miles</b>	Tom Copeland	In-Gear Development Squad	<b>57:34</b>	2007
<b>30 miles</b>	<a href="#">Up for grabs</a>			
<b>50 miles</b>	<b>Jack Churchill</b>	<b>Brighton Excelsior CC</b>	<b>2:08:21</b>	<b>02 Jul 2017</b>
<b>100 miles</b>	<b>Chris Dunstan</b>	<b>Brighton Excelsior CC</b>	<b>1:52:40</b>	<b>13 Aug 2017</b>

Times/Distances for Sussex Competition Records must be recorded in Sussex Championship Events

## Sussex Championship Records as at 31st December 2017

### Juveniles – Bicycle

<b>10 miles</b>	Liam Terry	Bognor Regis CC	<b>23:23</b>	2000
<b>15 miles</b>	Jack Churchill	Brighton Excelsior CC	<b>36:56</b>	11 Jun 2016
<b>25 miles</b>	Jack Churchill	Brighton Excelsior CC	<b>1:03:39</b>	01 May 2016
<b>30 miles</b>	Up for grabs			
<b>50 miles</b>	Jack Churchill	Brighton Excelsior CC	<b>2:13:12</b>	03 Jul 2016
<b>100 miles</b>	Up for grabs			

### Bicycle Team

<b>10 miles</b>	Eastbourne Rovers CC	Jon Sharples, Nick Leach & Lloyd Grayston	<b>1:02:03</b>	2000
<b>15 miles</b>	<b>South Downs Bikes</b>	<b>Simon McNamara, Paul Barnard &amp; Kevin Plumber</b>	<b>1:41:13</b>	<b>10 Jun 2017</b>
<b>25 miles</b>	In-Gear Quickvit RT	Michael Hutchinson, Peter Tadros & Christian Yates	<b>2:38:55</b>	2007
<b>30 miles</b>	South Downs Bikes	Simon McNamara, Stuart Bettis & Paul Barnard	<b>3:27:47</b>	2015
<b>50 miles</b>	Brighton Excelsior CC	Steve Kane, Mark Emsley & Brian Malloy	<b>5:44:55</b>	2014
<b>100 miles</b>	GS Stella	Mike Marchant, Mark Jones & Richard Keevil	<b>11:56:05</b>	1994
<b>12 hour</b>	GS Stella	David Shepherd, Tony Reeves & Andy Payne	<b>753.106 miles</b>	2010

**Times/Distances for Sussex Competition Records must be recorded in Sussex Championship Events**

# Sussex Best All Rounder Records as at 31st December 2017

## Sussex Long Distance BAR

Category	Rider	Club	Speed/Plus	Date
<b>Overall</b>	Steve Kane	Brighton Excelsior CC	<b>26.733 mph</b>	2014
<b>Team</b>	<a href="#">Up for grabs</a>			-
<b>Veteran</b>	Mike O'Gorman	Worthing Excelsior CC	<b>Plus 1:13:11</b>	2016
<b>Veteran Team</b>	<a href="#">Up for grabs</a>			-
<b>Woman</b>	Sarah Matthews	...a3crg	<b>23.295 mph</b>	2015
<b>Junior</b>	<b>Jack Churchill</b>	<b>Brighton Excelsior CC</b>	<b>25.757 mph</b>	<b>2017</b>

Overall = 25, 50 and 100 miles  
 Veteran = 25, 50 and 100 miles  
 Woman = 10, 25 and 50 miles  
 Junior = 10 and 25 miles

# Sussex Best All Rounder Records as at 31st December 2017

## Sussex Middle Distance BAR

Category	Rider	Club	Speed/Plus	Date
<b>Overall</b>	Steve Kane	Brighton Excelsior CC	<b>27.508 mph</b>	2014
<b>Team</b>	Steve Kane (27.508) Mark Emsley (26.454) Brian Malloy (26.016)	Brighton Excelsior CC	<b>26.660 mph</b>	2014
<b>Veteran</b>	Mike O'Gorman	Worthing Excelsior CC	<b>Plus 0:44:25</b>	2016
<b>Veteran Team</b>	Mike O'Gorman (+44:25) Rick Hughes (+18:56) Ian Cheesman (+12:40)	Worthing Excelsior CC	<b>Plus 1:16:01</b>	2016

Overall = 10, 25 and 50 miles  
 Veteran = 10, 25 and 50 miles



# Sussex Best All Rounder Records as at 31st December 2017

## Sussex Short Distance BAR

Category	Rider	Club	Speed/Plus	Date
<b>Overall</b>	<b>Mark Smith</b>	<b>Crawley Wheelers</b>	<b>28.144 mph</b>	<b>2017</b>
<b>Team</b>	Steve Kane (27.707) Mark Emsley (26.224) James Stone (23.875)	Brighton Excelsior CC	<b>25.935 mph</b>	2014
<b>Veteran</b>	Mike O'Gorman	Worthing Excelsior CC	<b>Plus 0:36:33</b>	2015
<b>Veteran Team</b>	Mike O'Gorman (+35:04) Nik Allen (+22:10) Martin Booker (+13:13)	<b>Worthing Excelsior CC</b>	<b>Plus 1:10:27</b>	<b>2017</b>

Overall = 10, 25 and 30 miles  
 Veteran = 10, 25 and 30 miles