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# Sussex Cyclists' Association



2017 PRESIDENT – MICK IRONS – WORTHING EXCELSIOR CC

**Open Hill Climb - Saturday 30<sup>th</sup> September 2017**  
Course GH/92

*Incorporating Sussex Individual, Veterans and Team Championships*

**Event Secretary:** Chris Putnam      5 Wentworth Close, Salvington, West Sussex BN13 2LQ  
Email: [chris.putnam@btinternet.com](mailto:chris.putnam@btinternet.com)  
Tel: 01903 830692 (or 07720 974025 on day of event)

Promoted for and on behalf of **Cycling Time Trials** under their rules and regulations

## HQ

### Beeding & Bramber Village Hall

High Street,  
Upper Beeding  
Steyning  
West Sussex

Postcode BN44 3WN

Open from 09:00



Limited parking is available at the Sports Centre opposite. Otherwise park with consideration on the local roads.

Thank you in advance for not wearing cycling shoes or cleats in the hall.

Numbers at HQ only. After the event please return your race number to the event HQ in exchange for a cup of tea or coffee.

HQ to start: 1.1 miles

Finish to HQ: 2.1 miles

Route to start: Left out of the headquarters and continue along High Street to the roundabout, then third exit into Clays Hill. Continue on Clays Hill for 0.4 mile and turn left into Bostal Road.

## OFFICIAL TIME KEEPERS

Start: Tony Palmer  
Finish: Richard Meed

Worthing Excelsior CC  
Lewes Wanderers CC

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## Please note the following CTT regulations and recommendations

**Helmets:** CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.

**Competitors' Machines:** It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

**Competitors' Vehicles:** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish (District regulation).

**Safety Instructions:** Details of any additional hazards not listed on the start sheet will be displayed at the signing on point. Competitors must exercise extra care when negotiating all roundabouts.

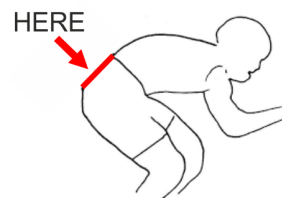
**Warming Up:** Competitors are requested not to warm up on the course after the event has started.

**Results:** No times will be given out at the finish line.

**Race Numbers:** The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers.

Body numbers should be fitted in accordance with Regulation 16 and Arm Numbers should be fitted to the upper arm with the number facing forwards (not inwards).

Be aware that "No time may be recorded if the number is incorrectly positioned".



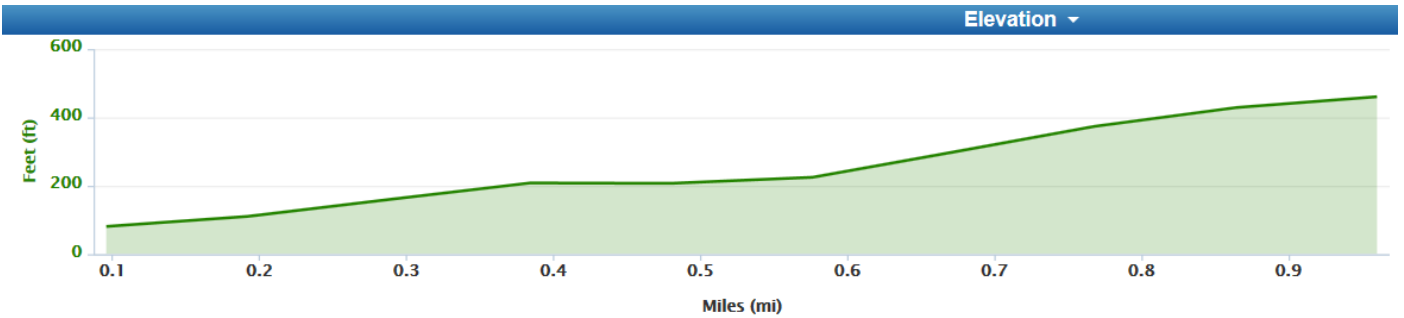
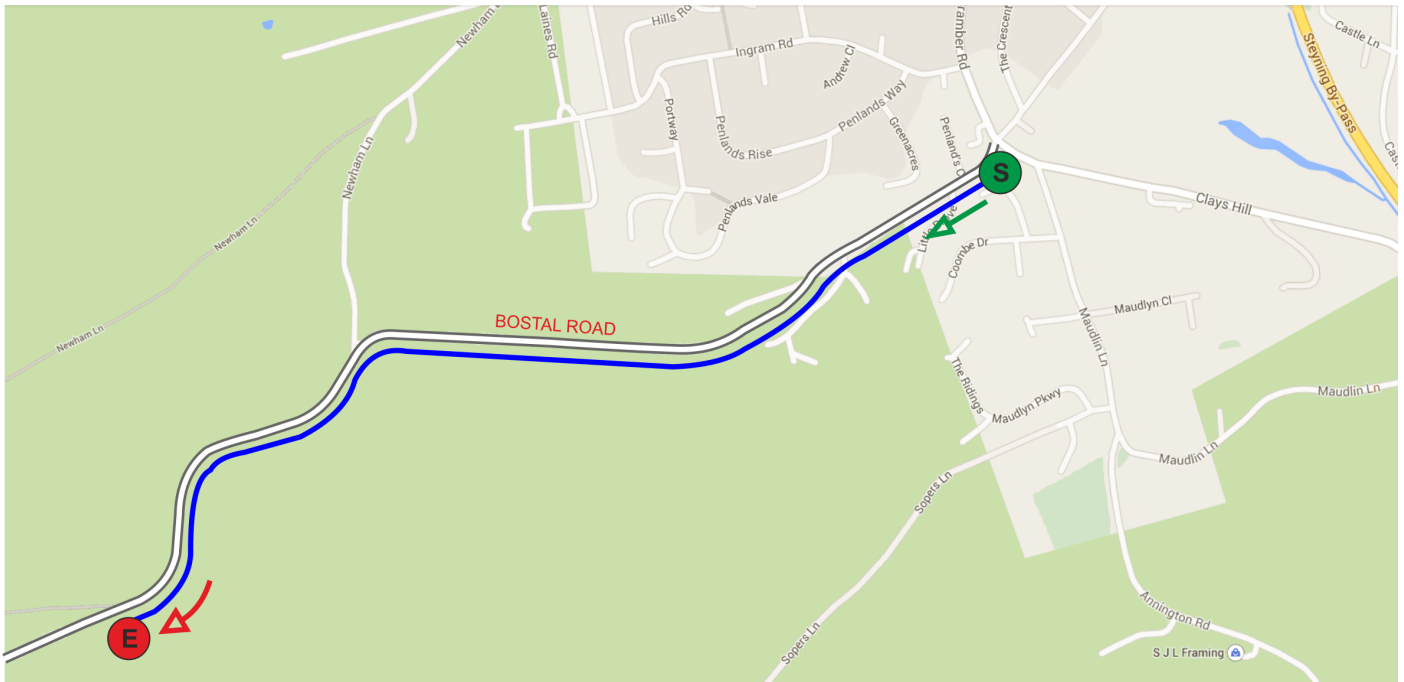
## INDIVIDUAL AWARDS

### **SCA Affiliated Clubs**

1 <sup>st</sup>	Fastest	£25	Alf Dawes Cup & Medal
2 <sup>nd</sup>	Fastest	£20	
3 <sup>rd</sup>	Fastest	£15	
1 <sup>st</sup>	Veteran on Target	£15	Medal
2 <sup>nd</sup>	Veteran on Target	£10	
1 <sup>st</sup>	Lady	£10	Medal
1 <sup>st</sup>	Junior	£10	Medal
1 <sup>s</sup>	Team of 3	£8 (each)	Medal (each)

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OS REF (TQ)	COURSE DIRECTIONS – GH/92	YARDS	
178106	<b>START</b> in Bostal Road, Steyning, 42 yards west of junction with road leading from Bramber Castle RBT (roundabout) at chipped kerbstone 7 yards west of “Single Road with Passing Places” sign	0	0
166100	Proceed up Bostal Road, past junction with Newham Lane, to <b>FINISH</b> at top of hill opposite South Downs Way wooden “Footpath” sign and 34 yards past “Steep Hill” sign for descending traffic	1704	1704

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Rider No	Start Time	Name	Club	SCA Affiliated	Cat/ Age	CTT Tgt Time
1	10:01	Richard Parrotte	Shaftesbury CC		V52	5:28
2	10:02	Robin Johnson	Brighton Mitre CC	(SCA)	V69	6:11
3	10:03	Gary Holder	Horsham Cycling	(SCA)	V52	5:28
4	10:04	Mike Marchant	Southdown Velo	(SCA)	V60	5:47
5	10:05	Henry Bond	Brighton Mitre CC	(SCA)	S29	
6	10:06	Andy Seltzer	In-Gear Quickvit Trainsharp RT	(SCA)	V52	5:28
7	10:07	Neil Crowther	Worthing Excelsior CC	(SCA)	V44	5:09
8	10:08	Stewart Gregory	Nottingham Clarion CC		V52	5:28
9	10:09	Joe Hyatt	Brighton Mitre CC	(SCA)	S33	
10	10:10	Ian Newbold	Worthing Excelsior CC	(SCA)	V44	5:09
11	10:11	Olivia Webb	Eastbourne Rovers CC	(SCA)	WV48	5:37
12	10:12	Gemma Hobson	Sussex Nomads CC	(SCA)	WS38	
13	10:13	Thomas Harrison	Worthing Excelsior CC	(SCA)	S26	
14	10:14	Nick Martin	East Grinstead CC	(SCA)	Esp18	
15	10:15	Fabien Large	Direct Power Cycling Team		J15	
16	10:16	Adam Barrett	URDT		S23	
17	10:17	Piers Hazelgrove	Adalta Cycling Club		S21	
18	10:18	Sam Dix	In-Gear Quickvit Trainsharp RT	(SCA)	V46	5:13
19	10:19	Nik Allen	Worthing Excelsior CC	(SCA)	V46	5:13
20	10:20	Alex Byrne-Smith	LFGSS CC		S26	
21	10:21	Norman Blissett	In-Gear Quickvit Trainsharp RT	(SCA)	V50	5:23
22	10:22	Gavin Ash	Worthing Excelsior CC	(SCA)	S37	
23	10:23	Thomas Doran	Hemel Hempstead CC		S31	
24	10:24	Chris Newberry	Redhill CC		S30	
25	10:25	Andrew Kirby	University of Bristol Cycling Club		S23	
26	10:26	Richard Cartland	Trainsharp		S39	