



East Sussex Cycling Association

2017 President: Robert Harber Brighton Excelsior CC

ESCA 100 mile TT – Sunday 13 August 2017 6.00 am Course G100/861

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Start Sheet

Event Secretary **Bob Harber** (Brighton Excelsior CC)
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Timekeeper **Richard Meed** (Lewes Wanderers CC)

General Information

Event HQ: Upper Dicker Village Hall, Coldharbour Road, Upper Dicker, East Sussex BN27 3QE.

From A27: follow Berwick Station signs at Alfriston roundabout. Straight on for 4 miles. Hall is on Right at end of village.

From A22: half mile West of Boship Roundabout, Lower Dicker. Turn into Coldharbour Road (at the Yellow 'Metamorphosis' Bathroom Centre). Hall is on Left after 1 mile; after '40' and 'Upper Dicker' sign.

The hall will be open from 5:00am for changing. Shower facilities are available and refreshments will be on offer for a generous donation please.

Car Parking: There is ample parking in the field at the rear of the village hall where you will find entry doors to the hall and facilities. The car park entrance is the gate next to the HQ - please drive around the football pitch and park directly behind the hall. **Please do not park on the football pitch or block the entry/exit route.**

Race Numbers: Numbers will be available at the event HQ. Please collect your number when you sign on. After the event please return your race number to the HQ in exchange for a cup of tea or coffee.

Start: LEFT out of HQ; LEFT at staggered X-roads; LEFT at grass triangle; continue almost to A22. The start is 2 miles from the HQ. **Please allow at least 10 minutes getting to the start.**

This is a qualifying event for

ESCA Points Competition: 30 points for 1st place down to 1 point for 30th place for riders from an ESCA affiliated club. The individual points earned by each rider are totalled and awarded to their respective club.

ESCA Trophies: The fastest rider from an ESCA affiliated club will be awarded the 100m Cup, and the fastest team of three riders from an ESCA affiliated club will be awarded the 100m Team Shield at the annual prize presentation in January 2013.

ESCA BAR: Qualifying event for the Senior and Veteran BAR competitions.

SCA and KCA BAR: Qualifying event for the long distance BAR

BBAR: Qualifying event for the British Best All Rounder competition.

Sussex SPOCO: Long distance qualifying event – 120 points for 1st place down to 1 point for 120th place for first claim riders from Sussex CA affiliated clubs.

VTTA Surrey/Sussex Group: The member with the highest plus against standard will be awarded a medal at the group's Prize Presentation lunch.

www.eastsussexca.org.uk

www.vtta.org.uk

ESCA Open Event Awards

Fastest

First	£50.00
Second	£40.00
Third	£30.00

Highest Vet on Std

First	£40.00
Second	£30.00
Third	£20.00

Fastest Woman

First	£40.00
Second	£30.00

Fastest Team of 3

First	£20.00 ea
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Fastest Junior

First	£20.00
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Course Details – G100/861

Map attached, courtesy of SCA; available at: <http://www.sussexca.org.uk/g100861.html> .

START Arlington Road West, just before junction with A22 Northbound.

LEFT and follow A22 via Diplocks Way RBT to Boship RBT where

Start of LAP 1

LEFT 1st Exit to on A22 to junction with B2124 at Golden Cross.

LEFT on B2124 to TURN at Ringmer, Kennel Corner RBT [9.1 MILES].

RETRACE to A22 at Golden Cross.

LEFT on A22 via The Shaw RBT, Halland RBT, Golf Course RBT, Little Horsted RBT [19.9 MILES] Copwood RBT to TURN at Black Down RBT (A22/A26 split here). [22.8 MILES].

RETRACE on A22 via Copwood, Little Horsted, Golf Course, Little Horsted, Halland and The Shaw Roundabouts to Boship RBT.

TURN 4th Exit to A22.

This completes LAP 1. [34.1 MILES]

then REPEAT Boship - Golden Cross – Ringmer – Golden Cross – Black Down – Boship.

This completes LAP 2. [66.5 MILES].

then REPEAT Boship - Golden Cross – Ringmer – Golden Cross – Black Down – Boship.

This completes LAP 3. [98.8 MILES].

RETRACE on A22 to Coldharbour Road (*at Yellow 'Metamorphosis bathroom showroom'*)

LEFT along Coldharbour Road to FINISH [100.0 MILES]

There will be a Drinks Station at 34.7 and 67.1 miles

You can leave your food and drink at HQ when signing-on. We will have it ready for you.

Drinks station at Bus Stop lay-by, less than 1 mile after Boship Roundabout turn.

(*by Coldharbour Road turn and yellow 'Metamorphosis' bathroom shop*)

Water will be handed up.

Please note the following CTT regulations and recommendations

Helmets: CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.

Competitors' Machines: It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

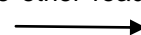
Competitors' Vehicles: No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish.

Safety Instructions: Details of any additional hazards not listed on the start sheet will be displayed at the signing on point. Competitors must exercise extra care when negotiating all roundabouts.

Warming Up: Competitors are requested not to warm up on the course after the event has started.

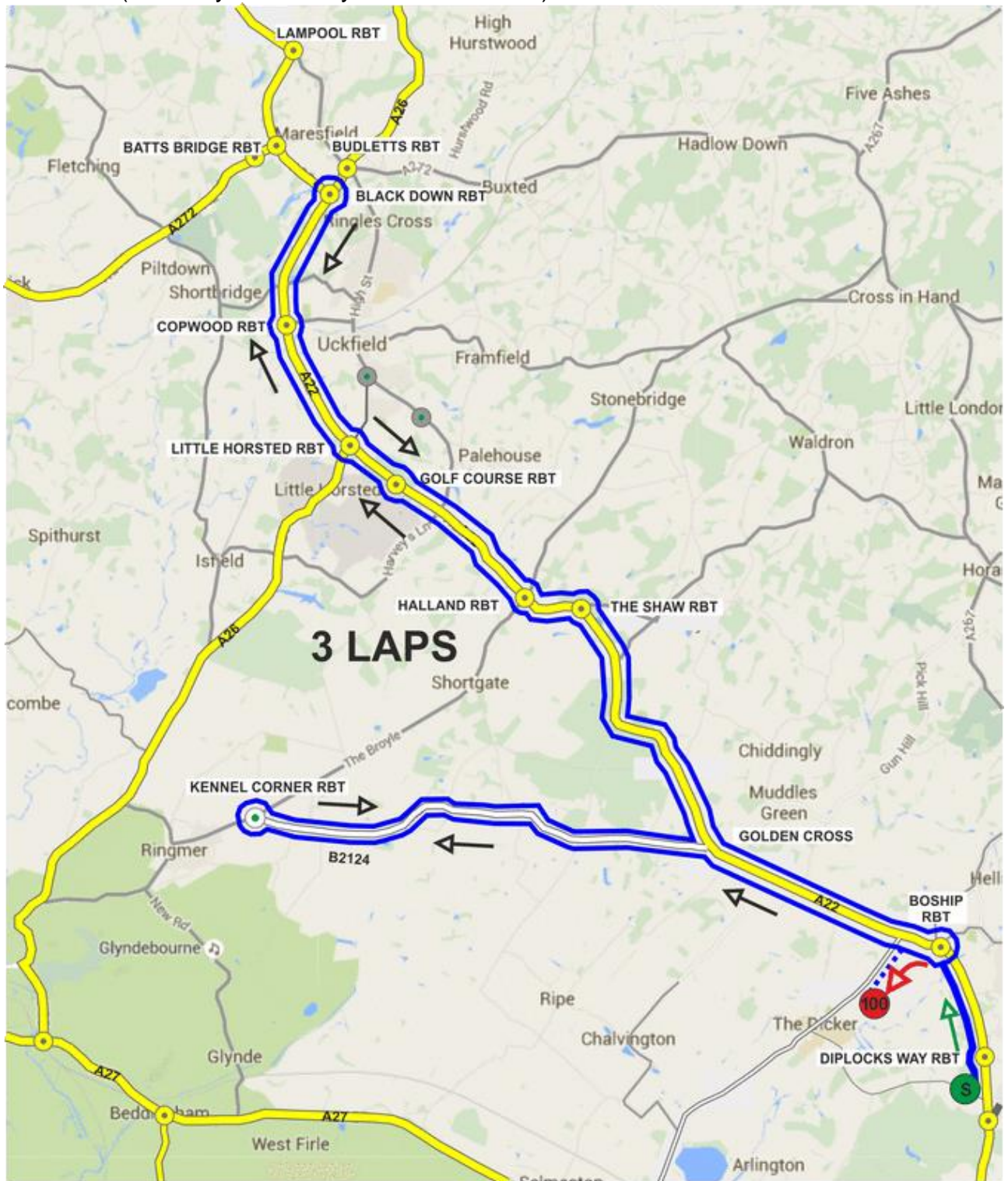
Race Numbers: The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers.

Please pin your number here



Results: No times will be given out at the finish.

G100/861 (Courtesy Sussex Cyclists Association)



Rider No	Start Time	Rider Name	Club		
1	6:01	Chris Parker	Hastings & St. Leonards CC	Male	Vet
2	6:02	Peter Holland	Lincoln Wheelers CC	Male	Vet
3	6:03	Jane Wiley	7 Oaks Tri	Female	Vet
4	6:04	Chih-Hao Lin	Crystal Palace Triathletes	Male	Senior
5	6:05	Francesca Wright	Clapham Chasers	Female	Vet
6	6:06	Alan Parkinson	South Western Road Club/Evans Cycles	Male	Vet
7	6:07	Martin Naylor	Brighton Excelsior CC	Male	Vet
8	6:08	Vince Freeman	Brighton Triathlon Club	Male	Senior
9	6:09	Jonathan Baldwin	Eastbourne Rovers CC	Male	Senior
10	6:10	Paul Butler	Hastings & St. Leonards CC	Male	Vet
11	6:11	John Isard	Hampshire RC	Male	Vet
12	6:12	MARK GIDNEY	Southborough & Dist. Whs	Male	Vet
13	6:13	Kevin Freeman	Dulwich Paragon CC	Male	Vet
14	6:14	Tim Wells	Eastbourne Rovers CC	Male	Vet
15	6:15	Kate Bradley	Mickey Cranks Cycling Club	Female	Vet
16	6:16	Hector Kidds	Dulwich Paragon CC	Male	Vet
17	6:17	Debbie Percival	34 Nomads CC	Female	Vet
18	6:18	John Howells	Corinium Cycle Club	Male	Vet
19	6:19	Kathryn Morris	Dulwich Paragon CC	Female	Senior
20	6:20	Chris Dunstan	Brighton Excelsior CC	Male	Junior
21	6:21	Lee Holdaway	Hastings & St. Leonards CC	Male	Vet
22	6:22	John Mankelow	Lewes Wanderers CC	Male	Vet
23	6:23	Donald Parker	Brighton Mitre CC	Male	Vet
24	6:24	Pip Jenkins	Southborough & Dist. Whs	Female	Senior
25	6:25	John-Paul Brophy	Eastbourne Rovers CC	Male	Vet
26	6:26	Glenn Karpeta	7 Oaks Tri	Male	Vet
27	6:27	Brendan Reese	Bournemouth Arrow CC	Male	Vet
28	6:28	Matthew Evans	Southborough & Dist. Whs	Male	Vet
29	6:29	John Marinko	Brighton Mitre CC	Male	Vet
30	6:30	David Clark	Eastbourne Rovers CC	Male	Vet
31	6:31	Peter Baker	Lewes Wanderers CC	Male	Vet
32	6:32	Simon Howard	South Western Road Club/Evans Cycles	Male	Vet
33	6:33	David Clements	Eastbourne Rovers CC	Male	Vet
34	6:34	Rob Parry	Crystal Palace Triathletes	Male	Senior
35	6:35	Robert Gilmour	Hounslow & District Whs	Male	Vet
36	6:36	Oliver Mytton	Verulam Really Moving	Male	Senior
37	6:37	Neil Couchman	Southborough & Dist. Whs	Male	Senior
38	6:38	Graham Giggs	Bath Road Club	Male	Senior
39	6:39	Mike O'Gorman	Worthing Excelsior CC	Male	Vet
40	6:40	Adrian Blacker	Norwood Paragon CC	Male	Vet

Rider No	Start Time	Rider Name	Club		
41	6:41	Ian Bray	Addiscombe CC	Male	Senior
42	6:42	Jon Fairclough	Woking Cycle Club	Male	Vet
43	6:43	Johan Stegers	Lewes Wanderers CC	Male	Vet
44	6:44	Stephen Morgan	Tooting BC	Male	Vet
45	6:45	Edward Renwick	Oxford City RC	Male	Vet
46	6:46	Rob "The Mower" Stephenson	Southborough & Dist. Whs	Male	Vet
47	6:47	Robert Drake	Addiscombe CC	Male	Senior
48	6:48	Pete Morris	Team ASL	Male	Senior
49	6:49	Tim Davies	Icknield RC	Male	Vet
50	6:50	Tom Glandfield	Lewes Wanderers CC	Male	Vet
51	6:51	Marc Townsend	Eastbourne Rovers CC	Male	Senior
52	6:52	Gary Chambers	NOPINZ	Male	Senior