



Addiscombe Cycling Club

Open 10 mile Time Trial

For the Arthur Rayner Trophy

(Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations)

14:00 Saturday July 22nd 2017 – Course **G10/42**

Event Record: 19:51 W Sybrandy 2010

HQ: North Holmwood Village Hall
Spook Hill, North Holmwood, Surrey, RH5 4JP

Promoter Name: Ian Bray
Address: 61 Woodman Road, Coulsdon, Surrey, CR5 3HQ
Tel: 07940346263
Email: open10@addiscombe.org

Timekeepers: Peter Delve & Mike Labram

Course Details:

OS Ref	Details	Distance
167469	START in Spook Hill, North Holmwood at PO Telephone Inspection Cover 30 yards from junction with A24 Proceed to A24 where LEFT (care). Proceed South	0.0
177428	Take 2 nd exit at Beare Green roundabout and follow Capel bypass (A24)	2.67
171397	TURN Take 5 th exit on Clark's Green roundabout (check)	4.91
177428	Take 2 nd exit straight on at Beare Green Roundabout	7.15
166472	FINISH at drain at North end of penultimate crash barrier 634 yards from North Holmwood roundabout	10.00

SAFETY INSTRUCTIONS

- Competitors are requested not to warm up on the course after the first competitor has started.
- Details of any additional hazards not listed on the start sheet will be displayed or advised at the Signing On point. All competitors must take note of these details when they sign on.
- Competitors must exercise extra care when negotiating all roundabouts.
- No times will be given at the finish.
- CTT regulations require the compulsory use of helmets for the under 18's. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.
- Competitor's machines: it is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.
- Any participants under the age of 18 are required to present their completed parental consent form at the sign-on desk. No helmet, no parental consent then no ride.

HEADS UP, RIDE SAFELY!

Prizes

Scratch:	1 st £30	2 nd £20	3 rd £10
Lady's:	1 st £30	2 nd £20	3 rd £10
Veterans:	1 st £30	2 nd £20	3 rd £10
Team:	1 st £30		

The scratch winner will also receive two tickets to the club dinner where the trophy will be awarded.

Notes on prizes:

- One prize per rider except for the Team prize the highest value prize being paid.
- A Team is the fastest 3 riders from a single club / team.
- Any prizes not awarded on the day will be sent out with the results sheet.

Start sheet page 1:

Start No.	Start Time	First Nam	Last Name	Club	Gender	Cat
1	14:01	Denise	Bray	Anerley BC	Female	Veteran
2	14:02	Esme	Cole	London Women's Racing CC	Female	Senior
3	14:03	Emily	Chong	Serpentine Running Club	Female	Senior
4	14:04	Charlotte	Matthews	Brighton Mitre CC	Female	Junior
5	14:05	Joscelin	Lowden	APRIRE Bicycles/HSS Hire	Female	Senior
6	14:06	Julie	Chasin	Twickenham CC	Female	Veteran
7	14:07	Vicki	Solly	ONE Triathlon RDS	Female	Senior
8	14:08	Laura	Wilkey	Crawley Wheelers	Female	Senior
9	14:09	Nadia	Wilkinson	London Women's Racing CC	Female	Senior
10	14:10	Katie	Crowe	Dulwich Paragon CC	Female	Veteran
11	14:11	Kathryn	Morris	Dulwich Paragon CC	Female	Senior
12	14:12	Robyn	Yates	Addiscombe CC	Female	Veteran
13	14:13	Jane	Shrubb	Oxted Cycle Club	Female	Veteran
14	14:14	Helen	Webb	Sussex Nomads CC	Female	Veteran
15	14:15	Sophie	Household	Vertex Biemme RT	Female	Senior
	14:16					
	14:17					
58	14:18	Peter	Horsfield	Redmon CC	Male	Veteran
59	14:19	Tim	Holmes	VTTA (Surrey & Sussex)	Male	Veteran
60	14:20	Ayrton	Pope	Paceline RT	Male	Espoir
61	14:21	David	Clark	Eastbourne Rovers CC	Male	Veteran
62	14:22	Alistair	Canning	Redhill CC	Male	Juvenile
63	14:23	Tim	Moody	Addiscombe CC	Male	Senior
64	14:24	Clive	Noel	Paceline RT	Male	Veteran
65	14:25	Leigh	Schvartz	Team Swindon Cycles	Male	Senior
66	14:26	Chris	Jones	Bynea Cycling Club	Male	Veteran
67	14:27	Jim	Ford	Dorking Cycling Club	Male	Veteran
68	14:28	Kaushal	Sampat	Addiscombe CC	Male	Senior
69	14:29	Billy	Gilbey	London Dynamo	Male	Juvenile
70	14:30	Robert	Moore	Nuun-Sigma Sport-London RT	Male	Senior
71	14:31	David	Churchill	Bigfoot CC	Male	Veteran
72	14:32	Ian	Bray	Addiscombe CC	Male	Senior
73	14:33	Benoit	Ramsay	Paceline RT	Male	Senior
74	14:34	David	Gordon	Anerley BC	Male	Veteran
75	14:35	Robert	Drake	Addiscombe CC	Male	Senior
76	14:36	Keith	Reed	Dorking Cycling Club	Male	Veteran
77	14:37	Mark	Ellis	Addiscombe CC	Male	Senior
78	14:38	Giles	Corner	Clapham Chasers	Male	Senior
79	14:39	Steve	Braddick	Anerley BC	Male	Veteran
80	14:40	Thomas	Whatley	Paceline RT	Male	Senior

Start sheet page 2:

Start No.	Start Time	First Nam	Last Name	Club	Gender	Cat
81	14:41	Niall	Digby	Sigma Sport.co.uk	Male	Veteran
82	14:42	Andrew R	Green	Bec CC	Male	Veteran
83	14:43	Russell	Hicks	Oxted Cycle Club	Male	Veteran
84	14:44	Richard	Hoskin	Redmon CC	Male	Veteran
85	14:45	Pete	Morris	Team ASL	Male	Senior
86	14:46	Rick	Gradidge	SW Rouleurs	Male	Veteran
87	14:47	Ade	Fadero	Sussex Nomads CC	Male	Veteran
88	14:48	Matt	Phipps-Taylor	VELOSPORT CC	Male	Senior
89	14:49	Paul	Hunter	Addiscombe CC	Male	Senior
90	14:50	John	Dewey	Team Bottrill / HSS Hire	Male	Senior
91	14:51	Dan	Cole	Dorking Cycling Club	Male	Veteran
92	14:52	Mark	Aldred	Kingston Wheelers CC	Male	Senior
93	14:53	David	Powis	Dorking Cycling Club	Male	Senior
94	14:54	Ajay	Hoxha	Anerley BC	Male	Senior
95	14:55	Simon	Church	In-Gear Quickvit Trainsharp RT	Male	Veteran
96	14:56	Colin	Barton	Worthing Excelsior CC	Male	Veteran
97	14:57	Jared	Linden	Royal Dean Forest Cycle Club	Male	Senior
98	14:58	Hugh	Pelling	Old Portlians CC	Male	Veteran
99	14:59	Timo	Hendy	Pearson Cycling Club	Male	Senior
100	15:00	Adam	Bidwell	Kingston Wheelers CC	Male	Veteran
101	15:01	Jonathan	Pontin	Addiscombe CC	Male	Senior
102	15:02	Dale	Baldwin	Horsham Cycling	Male	Veteran
103	15:03	Craig	Lawrence	Kingston Wheelers CC	Male	Senior
104	15:04	Tom	Pemberton	New Malden Velo	Male	Senior
105	15:05	Andrew	Bradbury	Paceline RT	Male	Senior
106	15:06	Michael	Deen	Redmon CC	Male	Veteran
107	15:07	Andrew	Murray	Team Corridori	Male	Veteran
108	15:08	Craig	Swatton	Crawley Wheelers	Male	Senior
109	15:09	Barry	Packman	Epsom CC	Male	Veteran
110	15:10	Pat	Wright	Paceline RT	Male	Senior
111	15:11	David	Lovell	Addiscombe CC	Male	Veteran
112	15:12	Sam	Clarke	Team Bottrill / HSS Hire	Male	Senior
113	15:13	Aidan	Culhane	Kingston Wheelers CC	Male	Veteran
114	15:14	Barrie	Foster	Anerley BC	Male	Veteran
115	15:15	Anthony	Draper	34 Nomads CC	Male	Veteran
116	15:16	Gareth	Williams	Twickenham CC	Male	Veteran
117	15:17	Matthew	Ferguson	Redhill CC	Male	Espoir
118	15:18	Robert	Royle-Evatt	Addiscombe CC	Male	Veteran
119	15:19	Steve	Grout	Epsom CC	Male	Veteran
120	15:20	Christopher	Mcnamara	Nuun-Sigma Sport-London RT	Male	Veteran

Maps



CAR PARKING

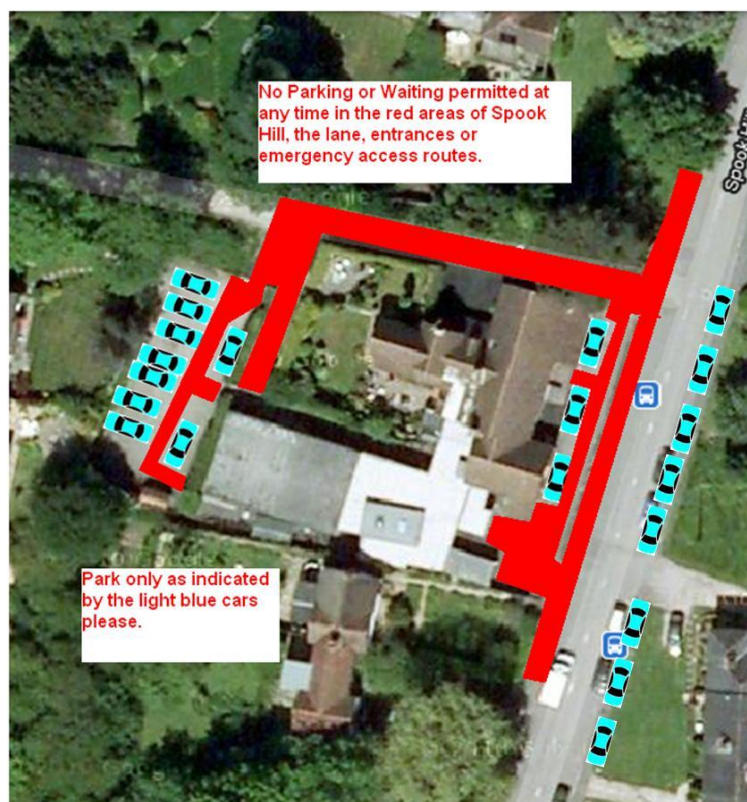
- We have received a polite reminder from the Emergency Services that on occasion cars are parked on both sides of the road causing an obstruction and delay to Emergency vehicles in Spook Hill.
- There is a CAR PARK at the rear of the premises please encourage all your group members to use it. Please ask parents/guardians that when collecting children they park either in the CAR PARK or the opposite side of the road. Children must not be left unsupervised or unattended.
- When parking at the front of the premises please do not obstruct the Disabled Entrance or the Main Doors, as these are FIRE EXITS.
- When parking in the rear car park, to maximise the numbers of cars, please park cars in a line with their front (or back) to the rear fence. There is then room for a small number of cars side on to the wall closest to the Village Hall.

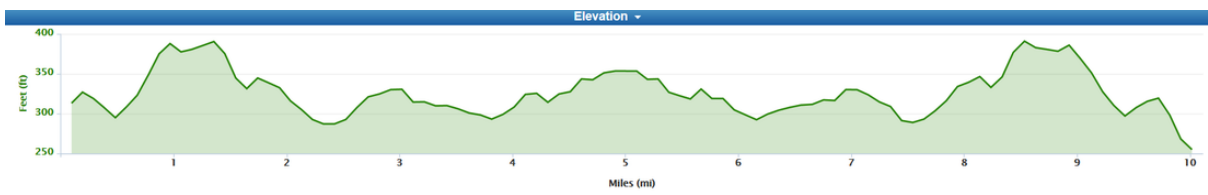
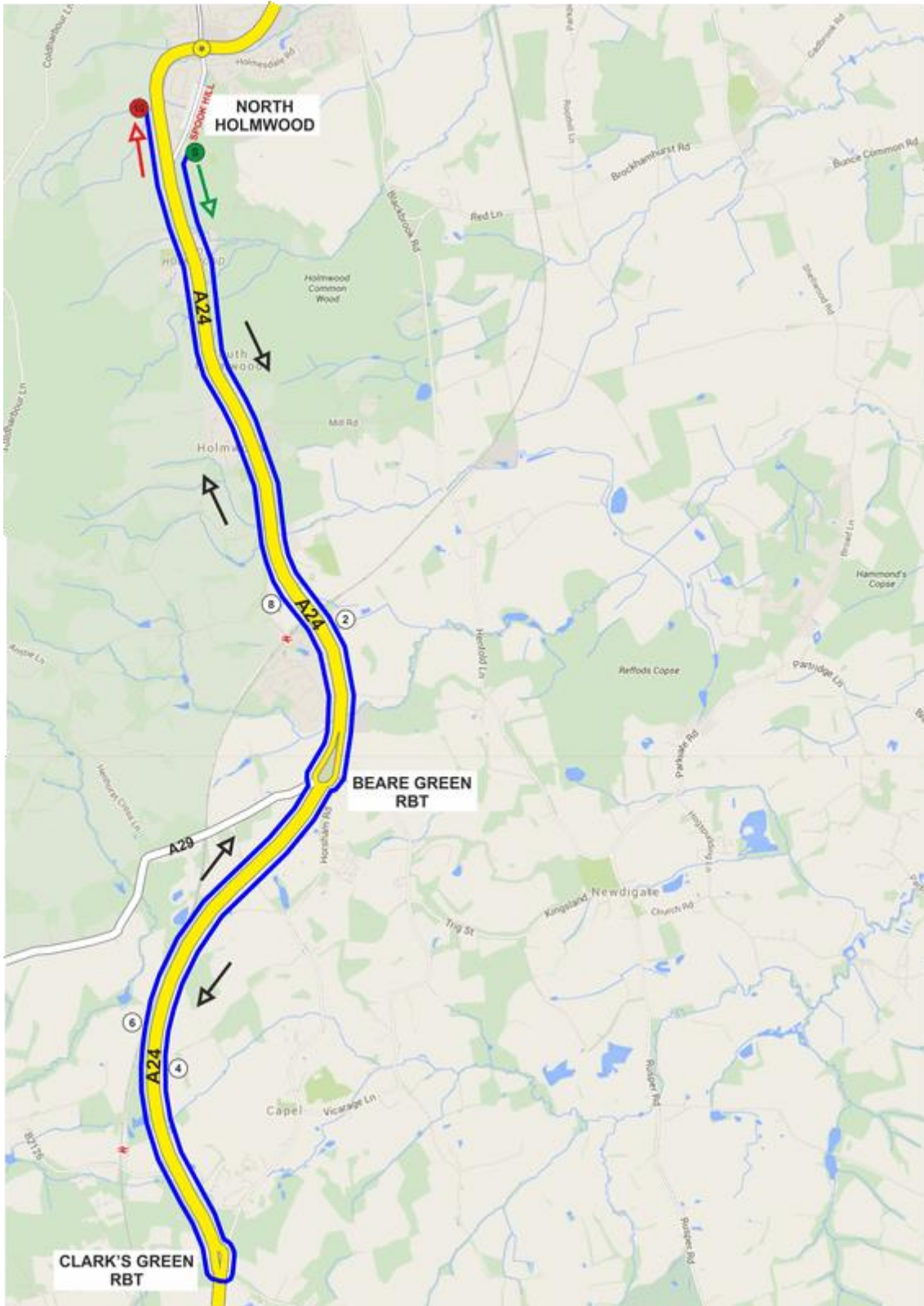
The Don'ts! (Please!)

Drivers MUST NOT, park on the Village Hall side of the road. There is both an Ambulance & Fire Station just up the road from the hall, and it is imperative that they have clear access along Spook Hill AT ALL TIMES. Additionally, it is a residential area, so we ask that drivers park considerately, and not on the curb. Directly opposite the hall is a row of Victorian terrace houses, and the residents don't have drives, so they park along the road in front of their homes. If at all possible, we would ask that this area be left free please. No one should park in the lane to the side of the Village Hall (It leads to the car park at the back of the hall & to residential homes.)

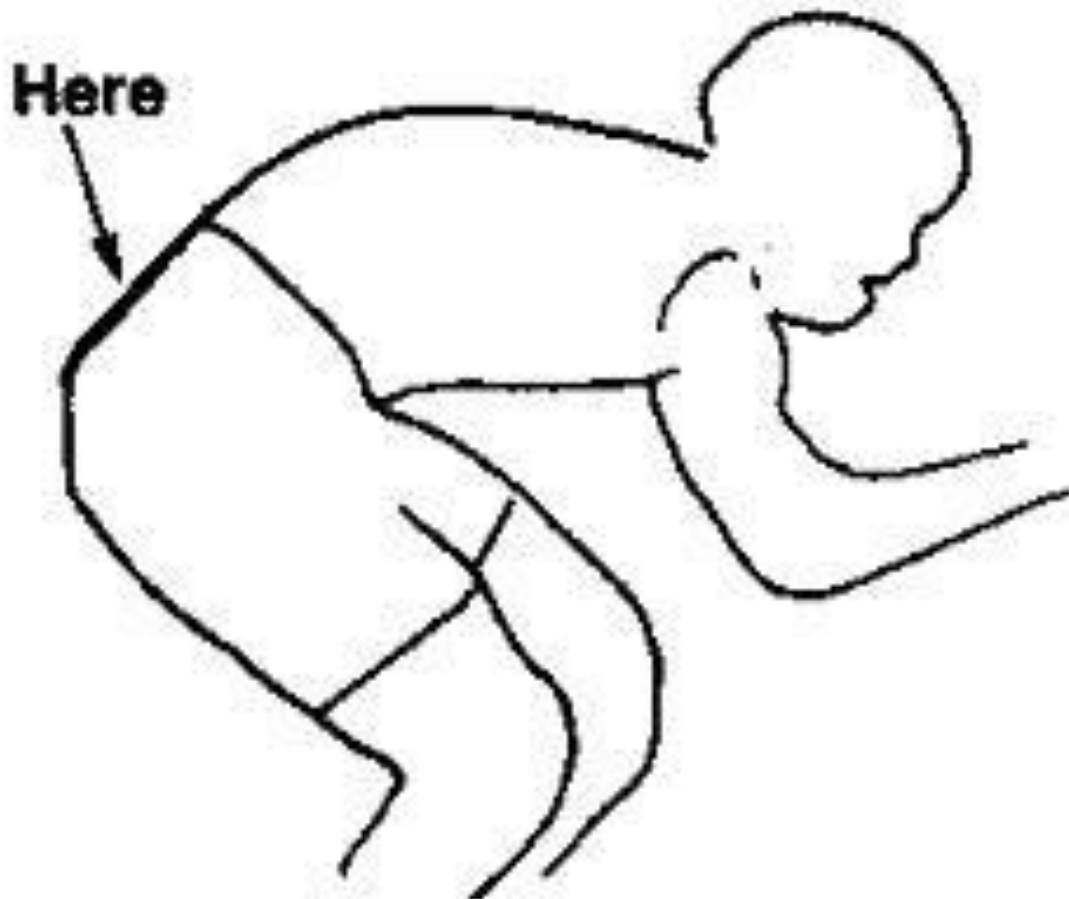
The Do's

We do have a car park at the back of the hall for about 15 cars. There is room to park further up Spook Hill after the Victorian terrace houses. Additionally, I would suggest that you make use of the National Trust Car Park in North Holmwood, which is just a bit further up from the Church, and cycle down, which they could do in a couple of minutes.





**NUMBERS MUST BE FIXED BELOW
WAIST**



**NO TIME MAY BE RECORDED IF NUMBER
IS NOT CORRECTLY POSITIONED.**