



## Brighton Excelsior Time Trial Weekend

### Men and Women's 10 mile event and National Youth Championship (London South heat)

Saturday 15<sup>th</sup> July 2017 starting at 7.00 am.

Course G10/97

HQ: The Steyning Centre, Fletcher's Croft, Steyning, W Sussex. BN44 3XZ

*HQ open from 6.00 am*

#### Event organiser

Bob Harber, 51 Church Lane, Upper Beeding, Steyning, W Sussex. BN44 3HP

Tel: 01903 879598 and 07979 836259

Email [bikerider@phoncoop.coop](mailto:bikerider@phoncoop.coop)

#### Timekeepers

Start: Tony Palmer, Worthing Excelsior

Finish: Mick Irons, Worthing Excelsior

(TQ)	COURSE DIRECTIONS – G10/97	MILES
164128	START on A283 by bus stop at Hammes Farm.	0.00
209065	Proceed on A283 via Bramber Castle RBT (3rd exit), Beeding Court (2nd exit) RBT to Adur Bridge RBT, Shoreham (4th exit) (CHECK)	5.41
173123	Return on A283 via Beeding Court RBT (1st exit) and Bramber Castle RBT (3rd exit) to FINISH after Canon's Way and before left turn into Steyning.	10.00

MAP: <http://www.sussexca.org.uk/q2593.html>

For and on behalf of Cycling Time Trials under their Rules & Regulation

### Notes to competitors

- 1) At HQ, please read the course risk notice adjacent to the signing-on sheet, for up to date information about the course.
- 2) Numbers will be at the signing-on sheet in the HQ.
- 3) EVERY COMPETITOR MUST RETURN TO HQ TO SIGN OUT, and return number.
- 4) No cycling shoes in the HQ.
- 5) It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.
- 6) Please be respectful to the neighbours in the vicinity of the HQ.
- 7) Use the HQ toilets.
- 8) We suggest that you allow approximately 15 minutes to ride to the start from the HQ.
- 9) DIRECTIONS FROM HQ TO START: Left from HQ, Right at mini-roundabout, continue through village to A283, where Left for 1/2 mile to Start.
- 10) Please do not block the entrance to Hammes Farm at the Start which is regularly used.
- 11) No times will be given at the finish.
- 12) DIRECTIONS TO HQ AFTER EVENT: continue to ride, and turn 1st left into Steyning, up High Street, Left at mini-roundabout and return to the Hall.
- 13) No U-turns are to be made within sight of the timekeepers.
- 14) CTT regulations require the compulsory use of helmets for riders under 18 years old. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard shell helmet that meets internationally accepted safety standards.

### Awards for Men's and Women's '10'

		<b>10 miles</b>	<b>Combined 10+25</b>
Women	1st	£30.00	£20.00
Men	1st	£40.00	£20.00
	2nd	£30.00	
	3rd	£20.00	
Veterans on Standard (not receiving a fastest time award)	1st	£20.00	
	2nd	£15.00	
	3rd	£10.00	
Team (3 Riders)	1st	£15.00 each	

**Brighton Excelsior CC '10' 15 July 2017:Start list of riders**

No.	Start					
2	07.02	Lee	McGeever	Brighton Excelsior CC	M	Vet
3	07.03	Clive	Jackson	Central Sussex CC	M	Vet
4	07.04	Ion	Tsakalis	Brighton Mitre CC	M	Vet
5	07.05	Jonathan	Thomas	Epsom CC	M	Vet
6	07.06	Colin	Barton	Worthing Excelsior CC	M	Vet
7	07.07	Jay	Chisnall	VTTA (Surrey & Sussex)	M	Vet
8	07.08	Jez	Shotter	Brighton Excelsior CC	M	Vet
9	07.09	Robin	Johnson	Brighton Mitre CC	M	Vet
10	07.10	Simon	Church	In-Gear Quickvit Trainsharp R	M	Vet
11	07.11	Paul	Batten	Crawley Wheelers	M	Sen
12	07.12	Peter	Barling	Lewes Wanderers CC	M	Sen
13	07.13	Alan	Robinson	Central Sussex CC	M	Vet
14	07.14	Michael	Leonard	South Downs Bikes/Casco E	M	Vet
15	07.15	Iain	Brogden	Eastbourne Rovers CC	M	Vet
16	07.16	Mark	Jones	GS Stella	M	Vet
17	07.17	Craig	Swatton	Crawley Wheelers	M	Sen
18	07.18	Bruce	English	Eastbourne Rovers CC	M	Vet
19	07.19	Paul	Valks	Lewes Wanderers CC	M	Vet
20	07.20	Kevin	Plummer	South Downs Bikes/Casco E	M	Vet
21	07.21	Chris	Jolliffe	Crawley Wheelers	M	Vet
22	07.22	Michael	Valks	Lewes Wanderers CC	M	Vet
23	07.23	Paul	Winkley	East Grinstead CC	M	Vet
24	07.24	Steve	Skinner	Bognor Regis CC	M	Vet
25	07.25	Jacintha	Hamilton-Love	Dulwich Paragon CC	F	Sen
26	07.26	Charlotte	Matthews	Brighton Mitre CC	F	Jun
27	07.27	Sarah	Phelps	Crawley Wheelers	F	Sen
28	07.28	Claire	Leonard	South Downs Bikes/Casco E	F	Vet
29	07.29	Laura	Wilkey	Crawley Wheelers	F	Sen
30	07.30	Katie	Crowe	Dulwich Paragon CC	F	Vet
31	07.31	Ian	Cheesman	Worthing Excelsior CC	M	Vet
32	07.32	Colin	Toppin	Brighton Excelsior CC	M	Vet
33	07.33	Ben	Fielden	GS Stella	M	Vet
34	07.34	Stuart	Payne	Central Sussex CC	M	Vet
35	07.35	Christian	Yates	East Grinstead CC	M	Vet
36	07.36	Jason	Blenkarn	Sussex Nomads CC	M	Sen
37	07.37	Pete	Hargreaves	Oxted Cycle Club	M	Vet
38	07.38	Lawrence	Coyle	Brighton Excelsior CC	M	Jun
39	07.39	Barry	Packman	Epsom CC	M	Vet
40	07.40	Simon	McNamara	South Downs Bikes/Casco E	M	Vet
41	07.41	Ray	Sullivan	Metropolitan Police CC	M	Vet
42	07.42	Mohammed	Ahmed	London Phoenix CC	M	Sen
43	07.43	Peter	Owen	Norwood Paragon CC	M	Vet
44	07.44	Roy	Robinson	Team Salesengine.co.uk	M	Vet
45	07.45	Nik	Allen	Worthing Excelsior CC	M	Vet
46	07.46	Tom	Houghton	Brighton Excelsior CC	M	Vet
47	07.47	Paul	Heather	Worthing Excelsior CC	M	Vet
48	07.48	Ade	Fadero	Sussex Nomads CC	M	Vet
49	07.49	Matthew	Smith	Brighton Excelsior CC	M	Sen
50	07.50	Christopher	McNamara	Nuun-Sigma Sport-London R	M	Vet

### Awards for National Youth Championship (London South Heat)

1st	Automatic entry to National Final: Medal and Certificate presented at the National Final
2nd & 3rd	Automatic entry to National Final: Certificate presented at the National Final
Team of 3	Automatic entry to National Final: Certificate presented at the National Final
Fastest Girl	Automatic entry to National Final: Certificate presented at the National Final
Fastest in each age category	Automatic entry to National Final: Certificate presented at the National Final

### National Youth Championship (London South heat) 15 July 2017: Start list of riders

No.	Start					
53	07.53	Joshua	Ballinger	Preston Park Youth CC	M	13
54	07.54	Ferdie	Parsons	Brighton Excelsior CC	M	13
55	07.55	Joseph	Martin	Preston Park Youth CC	M	15
56	07.56	Tom	Pughe-Morgan	Preston Park Youth CC	M	14
57	07.57	Billy	Gilbey	London Dynamo	M	14
58	07.58	Finn	Anderson	Preston Park Youth CC	M	16
59	07.59	Adam	Churchill	Preston Park Youth CC	M	14
60	08.00	Jack	Churchill	Brighton Excelsior CC	M	16