



East Sussex Cycling Association

2017 President **Bob Harber** – Brighton Excelsior CC

ESCA 50m Time Trial – Sunday 18th June 2017 – G50/90

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Incorporating VTTA (Surrey & Sussex) Group 50 mile Championship



Start Sheet

Event Secretary **Sam Dix** (In-Gear Quickvit Trainsharp RT)
11 Woodlands Close, Uckfield, East Sussex TN22 1TS
Tel: 01825 760738 Mob: 07841 197342 Email: sdix@hotmail.com

Timekeepers **Mick Kilby** (Lewes Wanderers CC) (Start and Finish)
Emma Gearing (Lewes Wanderers CC) 25 mile split

General Information

Event HQ

East Hoathly Village Hall, Church Marks Ln, East Hoathly, Lewes BN8 6EQ – Open from 5am. Heading north on the A22, turn right at The Shaw Roundabout into London Road. Continue past the normal Sports Pavilion, bearing right into the high street and turn into Church Marks Lane.

Please Note, this is not the normal sports pavilion HQ location

Car Parking

There is limited parking in the Village Hall car park, when full please park sensibly.

Race Numbers

Race Numbers will be available at the event HQ. Please collect your number when you sign on. **If pinning your number please only use the eyelets, and please do not use additional pins as it tears the numbers.**

Additional Hazards

Notice of any additional hazards to be aware of on the course will be displayed next to the signing on sheet.

Start

The start is less than a mile from the Village Hall. Proceed out of the car park and turn right, and continue to South Street.

Signing Out

Please note that for 2017 all competitors are now required personally to sign the signing out sheet when returning their number. In accordance with CTT regulations, failure to do so will result in the competitor being recorded as DNF.

VTTA (Surrey & Sussex) Group 50 mile Championship Awards

ESCA Open Event Awards

Fastest Overall

First	£30.00
Second	£25.00
Third	£20.00
Fourth	£15.00
Fifth	£10.00

Fastest Lady

First	£20.00
Second	£15.00
Third	£10.00

Fastest Age Category

not winning another individual prize

Under 40	£10.00
40 – 44	£10.00
45 – 49	£10.00
50 – 54	£10.00
55 – 59	£10.00
60 – 64	£10.00
65 and over	£10.00

Fastest Team of 3

First	£15.00 each
Second	£10.00 each

VTTA Surrey/Sussex Awards

Highest Vet on Std

Aldershot Cup and Gilt Medal for the highest Surrey/Sussex group member plus on standard

Team of 3 on Std

Gilt Medal each for Surrey/Sussex group team of 3 with highest aggregate plus on standard

ESCA 50m Time Trial – Sunday 18th June 2017 – G50/90

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Incorporating VTTA (Surrey & Sussex) Group 50 mile Championship

Awards: Only members of the VTTA (Surrey & Sussex) Group as shown on the order of start are eligible for these awards which will be presented at the group's annual prize presentation lunch.

This is a qualifying event for

ESCA Points Competition 30 points for 1st place down to 1 point for 30th place for riders from an ESCA affiliated club. The individual points earned by each rider are totalled and awarded to their respective club.

ESCA Trophies The fastest rider from an ESCA affiliated club will be awarded the 50m Cup, and fastest Lady the Ladies 50m Cup. The fastest team of three riders from an ESCA affiliated club will also be awarded the 50m Team Cup at the annual prize presentation in January 2016.

ESCA BAR Qualifying event for the Senior, Veteran, Women and Women Veteran BAR competitions.

BBAR: Qualifying event for the British Best All Rounder competition.

Sussex SPOCO Long distance qualifying event – 120 points for 1st place down to 1 point for 120th place for first claim riders from Sussex CA affiliated clubs.

Course Details

G50/90 – East Hoathly - Lower Dicker - Maresfield - Boship - Batts Bridge - East Hoathly - A22

Many thanks to Mike O’Gorman (Worthing Excelsior CC) who has mapped all the London South courses. These course details can be viewed or downloaded from the SCA website <http://www.sussexca.org.uk/g5090.html>

OS Ref	Course G10/87	Distance
TQ517156	START in South Street, East Hoathly, at red paint mark at drain 28 yards before T junction with A22 East Hoathly by-pass	00.00m
TQ572112	LEFT and follow A22 through Whitesmith and Golden Cross to Boship RBT where TURN (Check)	04.90m
TQ511165	4th exit to retrace through Golden Cross and Whitesmith to The Shaw RBT	10.45m
TQ468231	LEFT 1st exit and continue on A22 via Halland and Golf Course RBTs to Little Horsted RBT. Straight on 2nd exit and follow A22 via Copwood RBT to Black Down RBT	16.22m
TQ462253	LEFT 1st exit and follow Maresfield by-pass via Batts Bridge RBT to Lampool RBT where TURN (Check)	18.03m
TQ471235	3rd exit to retrace to Black Down RBT. RIGHT 2nd exit and follow A22 via Copwood, Little Horsted, Golf Course and Halland RBTs to The Shaw RBT	25.63m
TQ572112	RIGHT 2nd exit and continue on A22 via Whitesmith and Golden Cross to Boship RBT where TURN (Check)	31.19m
TQ511165	4th exit to retrace on A22 to The Shaw RBT	36.74m
TQ459238	LEFT 1st exit and follow A22 via Halland, Golf Course, Little Horsted, Copwood and Black Down RBTs to Batts Bridge RBT where TURN (Check)	43.30m

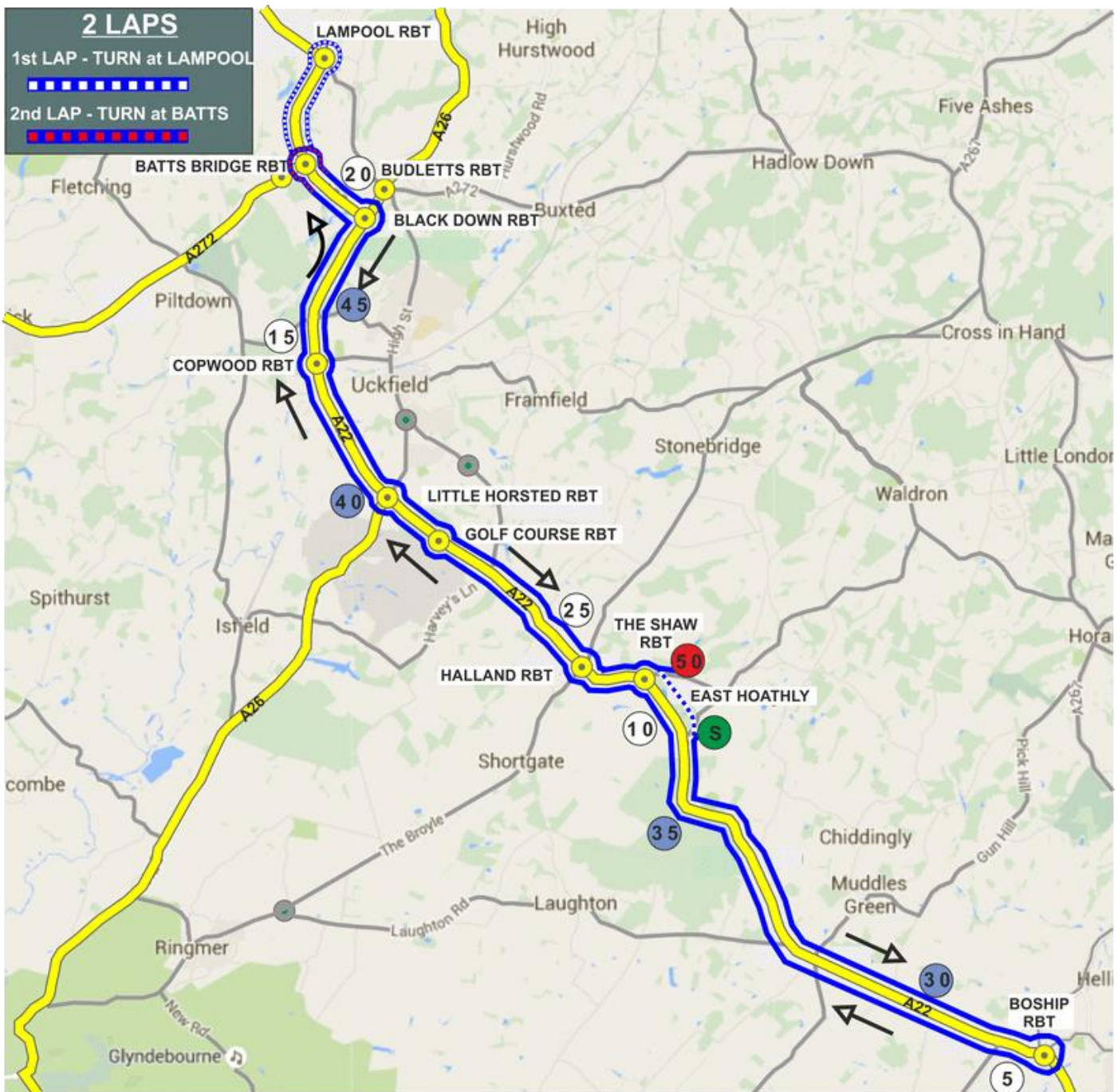
ESCA 50m Time Trial – Sunday 18th June 2017 – G50/90

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Incorporating VTTA (Surrey & Sussex) Group 50 mile Championship

4th exit to retrace on A22 to The Shaw RBT. **Straight on 1st exit** for 176 yards to **FINISH** at red paint mark on curb opposite power pole and two drains on south side of 50.00m road

Course Map



Additional Safety Instructions

- Competitors must exercise extra care when turning LEFT just after Start and negotiating all roundabouts.

ESCA 50m Time Trial – Sunday 18th June 2017 – G50/90

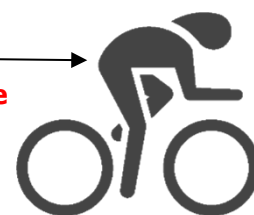
Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Incorporating VTТА (Surrey & Sussex) Group 50 mile Championship

Please pay attention to the following CTT regulations/recommendations

- **Helmets** CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.
- **Parental Consent Forms** All riders under 18 download a parental consent when they enter online. The form must be completed and brought with you on the day. Please hand it in before signing on.
- **Lights** It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.
- **Warming up** Competitors are requested not to warm up on the course after the first rider has started.
- **Competitors' Vehicles** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish.
- **Official Observers** Official observers will be stationed around the course.
- **Results** No times will be given out at the finish.
- **Race Numbers** The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers. No time may be recorded if number is not correctly positioned.
- **Signing Out** Please note that for 2017 all competitors are now required personally to sign the signing out sheet when returning their number. Failure to do so will result in the competitor being recorded as DNF.

Please pin
number here



Order of Start

Race No.	Start Time	Name	Club	Cat	Age	VTТА Std
9	06:09:00	Benjamin Fergie	Mid Sussex Triathlon Club	V	40	02:15:35
10	06:10:00	Dan Sadler	RT 316	V	40	02:15:35
11	06:11:00	Carl Richardson	Trainsharp	V	53	02:21:21
12	06:12:00	Stuart Hodd	PB Cycle Coaching Racing Team	V	48	02:19:09
13	06:13:00	Robert Royle-Evatt	Addiscombe CC	V	49	02:19:34
14	06:14:00	Chris Parker	Hastings & St. Leonards CC	V	61	02:25:43
15	06:15:00	Rupert Robinson	Crawley Wheelers	V	45	02:17:52
16	06:16:00	Samuel Ramsey	Lewes Wanderers CC	V	53	02:21:21
17	06:17:00	Martin Shoesmith	Mid Sussex Triathlon Club	V	52	02:20:54
18	06:18:00	Stuart Payne	Central Sussex CC	V	54	02:21:49
19	06:19:00	Douglas MacTaggart	Mid Sussex Triathlon Club	V	49	02:19:34
20	06:20:00	Rob Pelham	Lewes Wanderers CC	V	40	02:15:35
21	06:21:00	Matt Coombs	Lewes Wanderers CC	V	46	02:18:18
22	06:22:00	Adrian Hoyle	Trainsharp	V	50	02:20:00
23	06:23:00	Robert Hoodless	Mid Sussex Triathlon Club	V	53	02:21:21

ESCA 50m Time Trial – Sunday 18th June 2017 – G50/90

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Incorporating VTTA (Surrey & Sussex) Group 50 mile Championship

Race No.	Start Time	Name	Club	Cat	Age	VTTA Std
24	06:24:00	Sharon Chladek	Crawley Wheelers	WV	51	02:31:41
25	06:25:00	Robert Rollings	Lewes Wanderers CC	S	30	-
26	06:26:00	Ion Tsakalis	Brighton Mitre CC	V	51	02:20:27
27	06:27:00	Matthew Evans	Southborough & Dist. Whs	V	55	02:22:19
28	06:28:00	Trevor Montague	Crawley Wheelers	V	63	02:27:06
29	06:29:00	Paul Butler	Hastings & St. Leonards CC	V	44	02:17:26
30	06:30:00	Howard Shaw	Eastbourne Rovers CC	S	31	-
31	06:31:00	Aidan McConville	Lewes Wanderers CC	S	38	-
32	06:32:00	Colin Chambers	Crawley Wheelers	V	52	02:20:54
33	06:33:00	Daniel Ellis	Eastbourne Rovers CC	S	36	-
34	06:34:00	Tom Norris	Hastings & St. Leonards CC	V	48	02:19:09
35	06:35:00	Peter Baker	Lewes Wanderers CC	V	59	02:24:29
36	06:36:00	Guy Lane	Southborough & Dist. Whs	V	52	02:20:54
37	06:37:00	Jez Parsons	Brighton Excelsior CC	V	51	02:20:27
38	06:38:00	Adrian Bennett	Mid Sussex Triathlon Club	V	52	02:20:54
39	06:39:00	Clare Parkholm	Lewes Wanderers CC	WV	46	02:29:19
40	06:40:00	Tom Glandfield	Lewes Wanderers CC	V	44	02:17:26
41	06:41:00	David Clark	Eastbourne Rovers CC	V	48	02:19:09
42	06:42:00	Ben Fielden	GS Stella	V	75	02:39:51
43	06:43:00	Ian Newbold	Worthing Excelsior CC	V	44	02:17:26
44	06:44:00	Rachel Baker	Mid Sussex Triathlon Club	WV	43	02:27:53
45	06:45:00	Iain Brogden	Eastbourne Rovers CC	V	48	02:19:09
46	06:46:00	Michael Turner	Lewes Wanderers CC	V	49	02:19:34
47	06:47:00	Michael Valks	Lewes Wanderers CC	V	46	02:18:18
48	06:48:00	Nathan Russell	Eastbourne Rovers CC	S	28	-
49	06:49:00	Peter Davies	Brighton Mitre CC	V	60	02:25:05
50	06:50:00	Mark Smith	Crawley Wheelers	S	43	02:16:59
51	06:51:00	John Cordner	Eastbourne Rovers CC	V	47	02:18:43
52	06:52:00	Neil Giles	Mid Sussex Triathlon Club	V	43	02:16:59
53	06:53:00	Colin Toppin	Brighton Excelsior CC	V	44	02:17:26
54	06:54:00	Steve McMenamain	Crawley Wheelers	V	50	02:20:00
55	06:55:00	Mark Emsley	Team ASL	S	28	-
56	06:56:00	Ruth Summerford	Eastbourne Rovers CC	WS	26	-
57	06:57:00	Jez Shotter	Brighton Excelsior CC	V	47	02:18:43
58	06:58:00	John Mankelow	Lewes Wanderers CC	V	69	02:32:18
59	06:59:00	Alan Robinson	Central Sussex CC	V	76	02:41:26
60	07:00:00	Pete Morris	Team ASL	S	38	-
61	07:01:00	John-Paul Brophy	Eastbourne Rovers CC	V	42	02:16:32
62	07:02:00	David Clements	Eastbourne Rovers CC	V	45	02:17:52
63	07:03:00	Peter Barling	Lewes Wanderers CC	S	34	-
64	07:04:00	Lee Holdaway	Hastings & St. Leonards CC	V	62	02:26:24
65	07:05:00	Philip Murrell	Finsbury Park CC	V	48	02:19:09
66	07:06:00	Peter Owen	Norwood Paragon CC	V	56	02:24:29
67	07:07:00	Tim Wells	Eastbourne Rovers CC	V	46	02:18:18
68	07:08:00	Jonathan Molton	Hastings & St. Leonards CC	V	49	02:19:34

ESCA 50m Time Trial – Sunday 18th June 2017 – G50/90

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Incorporating VTTA (Surrey & Sussex) Group 50 mile Championship

Race No.	Start Time	Name	Club	Cat	Age	VTTA Std
69	07:09:00	Vince Freeman	Brighton Triathlon Club	S	37	-
70	07:10:00	Marc Townsend	Eastbourne Rovers CC	S	36	-

Keep up to date with what's going on with time trialling in Sussex ...

There are a range of competitions run by local Associations so, if your club is affiliated, and you're riding ESCA or SCA events, the chances are you'll automatically be included in a competition that you might not necessarily be aware of! Why not take a moment to familiarise yourself with what's on offer for individual riders and their affiliated clubs to add a bit of interest and friendly rivalry between riders and clubs. Regular competition updates, and a whole lot more, are posted throughout the season on the Association websites and Facebook groups

East Sussex CA

Website

www.eastsussexca.org.uk/

Facebook Group

www.facebook.com/groups/EastSussexCA/

Sussex CA

Website

www.sussexca.org.uk/

Facebook Group

www.facebook.com/groups/SussexCA/