



## EASTERN COUNTIES CYCLING ASSOCIATION

# 100 mile Time Trial

Scratch & Handicap

*to be held on*

## Sunday 18<sup>th</sup> June 2017

### Course E2/100c ~ Start at 4:44

Race HQ – Memorial Hall, Fulbourne Centre, CB21 5BS (open from 3:45am)

#### E2/100C Course details

START at paint mark in Mill Lane, 15 yards before (N of) SV marker by lane to Upper Heath Farm which is approx 0.3 m north of A11 Trunk road(M). At A11 turn left to start circuit, continue along A11 to join A14 and after approx.7 miles **BEAR LEFT** onto A11. Continue to B1085 slip road to T junction (M), **GIVE WAY SIGN**. Turn right to roundabout and take third exit to join A11 southbound and retrace along A11 to join A14 at Newmarket, then after approx 7 miles **KEEP LEFT** to rejoin A11. Take slip road to elevated roundabout at Four Went Ways (M) and take fourth exit to rejoin A11 Northbound, continue for 3.9miles to Mill Road SP Willbraham to complete circuit of 33.25m. Continue on A11 and repeat circuit to B1085 and Four Went Ways interchange twice more and turn left at slip onto Mill Road SP Willbraham (**TAKE CARE TURNING INTO MILL ROAD – ONCOMING TRAFFIC**) and FINISH 20 Yards past 'End Of Clearway' Sign. (Timekeeper on RH side of road)

#### NOTES TO RIDERS - The following local regulations must be adhered to: -

1. **No riding with your head down, any rider observed riding dangerously will be disqualified from the event and reported to the CTT District Committee for further disciplinary action.**
2. **NO 'U' TURNS are allowed within sight of either the start or finish area. Riders carrying out this dangerous maneuver are liable for disqualification from the event and further disciplinary action by the CTT District Committee.**
3. **Numbers will be situated in the HQ; these can be exchanged for a hot or cold drink after the event, they must be returned by the rider as drug testing maybe in force at this event, ensure that you sign-out, any rider not doing this will be disqualified.**
4. **No warming-up by competitors is allowed along any part of the designated course, after the event has started.**
5. **Static Trainers. In respect of consideration for local residents, the use of static trainers, e.g.: turbo trainers, is banned from all morning events held in the London East District.**
6. **Riders are reminded that dropping litter (such as energy gel wrappers) is a criminal offence and offenders will be liable to disciplinary action by the District Committee.**
7. **If you are having support from a vehicle during the event, the CTT 'supporting vehicle form' must be handed in when signing on, observers will be on the course to note any infringement.**

## ECCA association event

No	CTT ID	Name	Club	ECCA	LTS	H/cap	Start Time
44	634	Gary Boyd	Hub Velo	YA	05:22:06	104:38	04:44
45	559	Alison Wood (W)	Redbridge CC	YA	05:15:00	98:00	04:45
46	3983	Peter Horsnell	Chelmer CC	YA	04:55:36	79:54	04:46
47	6395	David Solomon	Whitewebbs CC	YA	04:50:31	75:09	04:47
48	814	Richard Parrotte	Shaftesbury CC	YA	04:30:17	56:16	04:48
49	334	William Wallace	CC London	YA			04:49
50	3984	Peter Harding	Chelmer CC	YA			04:50
51	196	Nick Hickman	Hitchin Nomads CC	YA	04:19:36	46:18	04:51
52	3914	David Harding	Chelmer CC	YA			04:52
53	4626	Ian Bibby	Finsbury Park CC	YA			04:53
54	3034	Rob Young	Team Vision Racing - Silverhook	YA			04:54

## Reserve

136	1333	Oliver Cozens	Norwich A B C	YA
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## ECCA BBAR event

No	CTT ID	Name	Club	ECCA	LTS	H/cap	Start Time
55	9425	Andrew Scorey	GS Metro		04:08:08		04:55
56	17758	Carlito Rendora	Eagle Road Club	Y	04:04:49	32:30	04:56
57	1473	Damon Day	CC Sudbury	Y	04:08:48	36:13	04:57
58	1389	Virginia McGee (W)	Charlottesville Cycling Club		04:48:28		04:58
59	3327	Lisa Davis (W)	Lewes Wanderers CC		04:53:48		04:59
60	4685	Phil Jarvis	Colchester Rovers CC	Y	03:59:59	27:04	05:00
61	2225	Chris Tye	Plomesgate CC		04:03:30		05:01
62	4726	Lee Wingate	Glendene CC	Y	04:04:30	32:12	05:02
63	3881	Philip Bray	Plymouth Corinthian CC		04:07:36		05:03
64	7445	Christine Pout (W)	Verulam Really Moving	Y	04:49:29	74:12	05:04
65	2298	Greg Parker	Velo Club St Raphael		03:58:17		05:05
66	55	Ben Lane	GS Metro		04:00:48		05:06
67	5563	Nic Pillinger	Team SS	Y	04:07:44	35:14	05:07
68	529	Sharon Clifford (W)	WCS Racing Team		04:38:15		05:08
69	7373	Claire Clementson (W)	Wigan Whs CC		04:49:25		05:09
70	3071	John Watson	Hitchin Nomads CC	Y	03:57:20	25:31	05:10
71	5003	Peter Hooper	Eastbourne Rovers CC		04:00:26		05:11
72	5708	David Procter	Team Velovelocity		04:04:20		05:12
73	2250	Dena Ford (W)	High Wycombe CC		04:27:06		05:13
74	733	Leanne Cutler (W)	Hitchin Nomads CC	Y	04:39:44	65:06	05:14
75	2944	Tony May	TMG Horizon Cycling Team		03:56:40		05:15
76	2333	Graham Painter	Chelmer CC	Y	04:03:07	30:55	05:16
77	6032	Noah Knock	Victoria/Ciclos.com/CC	Y	04:07:43	35:13	05:17
78	4393	Mary Bower (W)	Momentum Cycles RC	Y	04:12:26	39:37	05:18
79	2328	Lisa Hurrell (W)	Maldon & District CC	Y	04:35:17	60:56	05:19
80	1373	Scott Leverington	Springfield Financial Racing Team		03:56:58		05:20
81	136	Phillip Gosling	Ely & District CC	Y	04:01:04	29:00	05:21

No	CTT ID	Name	Club	ECCA	LTS	H/cap	Start Time	
82	2129	Neil	Allonby	Icknield RC	Y	04:02:58	30:47	05:22
83	811	Katja	Rietdorf (W)	Born to Bike - Bridgtown Cycles		04:04:26		05:23
84	3472	Anna	Dearing (W)	Chelmer CC	Y	04:17:42	44:32	05:24
85	280	Alice	Lethbridge (W)	DRAG2ZERO		03:57:34		05:25
86	2982	Clarice	Chung (W)	AS Test Team		04:02:17		05:26
87	5231	Laura	Bartlett (W)	...a3crg		04:08:16		05:27
88	830	Crystal	Spearman (W)	NOPINZ		04:11:47		05:28
89	1291	Susan	Triplow (W)	Essex Roads CC	Y	04:20:57	47:34	05:29
90	1599	Nigel	Clementson	Wigan Whs CC		03:55:43		05:30
91	4538	Chris	Nudds	CC Breckland	Y	03:59:12	27:16	05:31
92	4257	Howard	Heighton	Ferryhill Whs		04:04:41		05:32
93	5343	Ray	Retter	North Devon Wheelers		04:06:55		05:33
94	736	Jeff	Roberts	High Wycombe CC		04:10:35		05:34
95	3500	Miles	Earl	Plymouth Corinthian CC		03:55:30		05:35
96	1063	Geoff	Reynolds	Hemel Hempstead CC	Y	03:59:56	27:57	05:36
97	160	John	Golder	Chelmer CC	Y	04:03:41	31:27	05:37
98	3200	Robert	Royston	Sydenham Whs		04:06:26		05:38
99	251	Mike	O'Gorman	Worthing Excelsior CC		04:10:56		05:39
100	2031	Gray	Turnock	Finsbury Park CC	Y	03:39:32	8:54	05:40
101	17	Mark	Nulty	Glossop Kinder Velo CC		03:41:03		05:41
102	5507	Andrew	Leggett	Team Velovelocity		03:46:09		05:42
103	14107	Paul	Fleming	Preston Whs		03:51:26		05:43
104	2022	Dale	Sturman	West Suffolk Whs & TC	Y	03:54:16	22:39	05:44
105	65	Carl	Donaldson	GS Metro		03:36:35		05:45
106	222	Dave	Lazenby	Baines Racing Silverstone Cycle		03:42:03		05:46
107	99	Henrik	Persson	Kingston Wheelers CC		03:47:03		05:47
108	963	John	Samways	Bournemouth Jubilee Whs		03:52:42		05:48
109	4175	Danny	Grieves	GS Metro		03:54:59		05:49
110	3486	Mark	Turnbull	TORQ Performance		03:33:25		05:50
111	2556	Michael	Broadwith	Arctic Tacx RT		03:38:26		05:51
112	5176	John	Lacey	Hemel Hempstead CC	Y	03:45:41	14:39	05:52
113	3659	Mat	Ivings	Buxton CC/Sett Valley Cycles		03:50:49		05:53
114	4098	Rob	Pears	Bath Cycling Club		03:53:54		05:54
115	630	Jon	Wynn	T1 Diabetes.info		03:32:50		05:55
116	1688	Charles	Mitchell	...a3crg		03:41:26		05:56
117	3301	Andy	Stuart	Velo Club St Raphael		03:46:23		05:57
118	277	Phil	Melling	45 RC	Y	03:52:37	21:07	05:58
119	2418	Julian	Pegg	Hitchin Nomads CC	Y	03:54:44	23:06	05:59
120	6913	Adam	Duggleby	Vive Le Velo		03:31:08		06:00
121	1959	Conrad	Moss	Mid Devon CC		03:37:40		06:01
122	5167	Dael	Sidwell	Hinckley Cycle Racing Club		03:45:56		06:02
123	379	Ken	Platts	Cambridge CC	Y	03:47:39	16:29	06:03
124	17437	Andrew	Askwith	Bridlington CC		03:53:51		06:04
125	580	Peter	Harrison	AS Test Team		03:28:17		06:05
126	242	Dave	Green	Team Velovelocity		03:37:01		06:06
127	3646	Edward	Nicholson	Team Bottrill / HSS Hire		03:46:20		06:07
128	266	Chris	Lea	Buxton CC/Sett Valley Cycles		03:51:57		06:08

No	CTT ID	Name	Club	ECCA	LTS	H/cap	Start Time	
129	896	Robert	Golding	Ely & District CC	Y	03:54:31	23:03	06:09
130	679	Liam	Maybank	Twickenham CC	Y	03:25:28	SCR	06:10
131	505	Colin	Ward	Essex Roads CC	Y	03:37:35	7:05	06:11
132	5229	Stephen	Williamson	...a3crg		03:44:29		06:12
133	7968	David	Shepherd	GS Stella		03:47:17		06:13
134	3242	Kevin	Baumber	Shaftesbury CC	Y	03:53:47	22:12	06:14
135	6983	Richard	Bideau	Pendle Forest CC		03:22:16		06:15

**Mens course record: Richard Bideau 3:22:16 2016**

**Mens comp Record: Charles Taylor 3:21:31 2015**

**Womans course record: Alice Lethbridge 3:57:34 2016**

**Womans comp Record: Julia Shaw 3:45:22 2010**

### Reserves

137	12242	Tony	Reeves	GS Stella		04:12:11		
138	498	Carl	Stephens	Basildon CC	Y	04:12:53	40:02	
139	4732	Greg	Melia	Clifton CC York		03:55:00		
140	3728	Ben	Houston	East Grinstead CC		04:16:09		
141	177	Thomas	Hooper	GS Metro		04:16:59		
142	1418	Roy	Cuppelditch	Colchester Rovers CC	Y	04:17:38	44:28	
143	5217	Andrew	Turnock	Finsbury Park CC	Y	04:21:00	47:36	
144	4334	Bob	Quarton	Wolsey RC	Y	04:23:28	49:55	
145	1442	Noel	Toone	Kettering CC	Y	04:32:15	58:06	
146	3850	David	Emery	Dulwich Paragon CC				
147	1062	Gary	Chambers	NOPINZ				
148	1998	Matthew	Charlton	Farnborough & Camberley CC				
149	2498	Rebecca	Murley (W)	Wisbech Whs	Y			
150	6803	Amy	Pritchard (W)	Giant Camden Team Liv				
151	7165	Lee	Buckman	Ashford Whs	Y			

**Please make every effort to start, 30 riders were disappointed, should you not be able to start, please contact me ASAP as I have 16 very hopeful reserves waiting in the wings.**

**Note to riders if you have not signed on 30 minutes before your start time your start position will be given to a reserve.**

**Note for reserves if you have not been allocated a number before the event, you have to be in the HQ from the start time, start positions will be allocated on attendance.**

**IN THE INTEREST OF YOUR OWN SAFETY, CYCLING TIME TRIALS AND THE EVENT PROMOTERS STRONGLY ADVISE YOU TO WEAR A HARD SHELL SAFETY HELMET THAT MEETS AN INTERNATIONALLY ACCEPTED SAFETY STANDARD AND HAVE A REAR FACING FLASHING RED LIGHT FITTED TO YOUR MACHINE.**

## **ECCA awards for scratch & handicap**

Fastest rider £100 + ECCA Challenge Shield for one year

2<sup>nd</sup> £50, 3<sup>rd</sup> £30, 4<sup>th</sup> £20, 5<sup>th</sup> £15 & 6<sup>th</sup> £10

Fastest Woman £100, 2<sup>nd</sup> £50 & 3<sup>rd</sup> £30

Fastest club team of three riders £60

Fastest ECCA rider – Allondon Trophy for one year

Fastest ECCA Team – 100 miles Shield for one year

ECCA riders only - 1<sup>st</sup> Handicap – Boxed gilt medal, 2<sup>nd</sup> & 3<sup>rd</sup> ECCA Medals

**Timekeepers: Tim & Becky Groves**

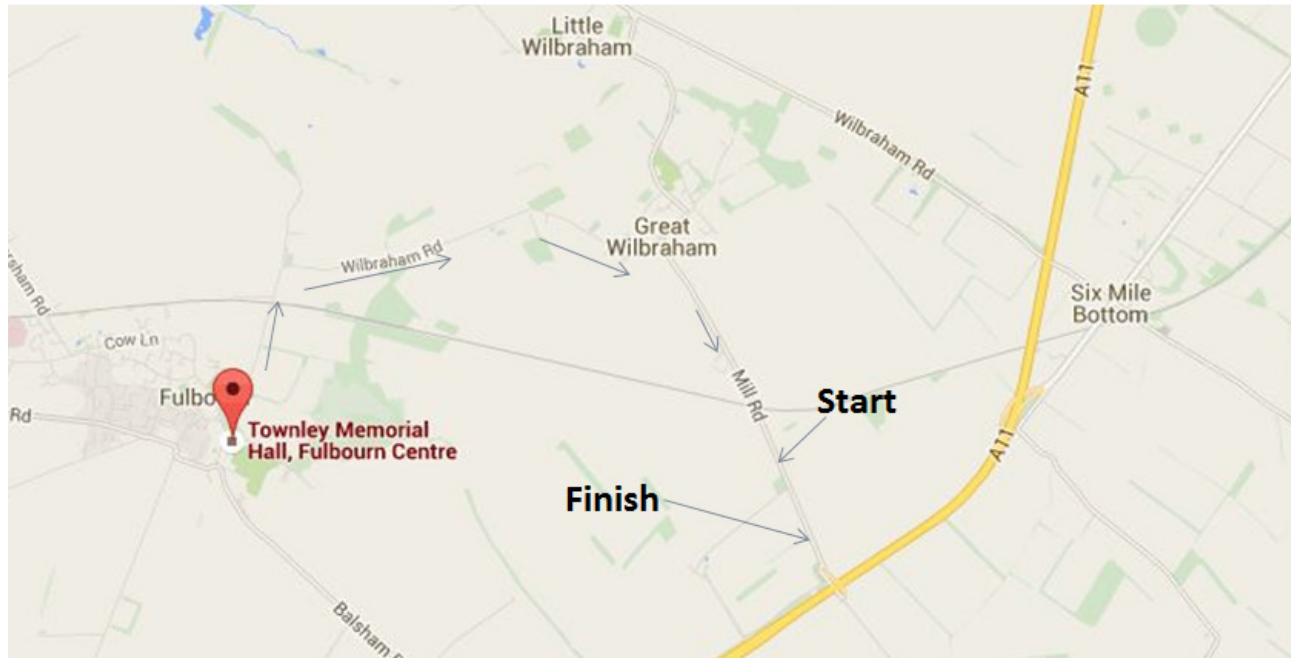
**Event Secretary: John Golder**

**6 Middlemead, West Hanningfield, Chelmsford, CM2 8UT**

**Mobile: 07709 328113**

**Organiser on the day: Dave Nock - Mobile: 07939 695523**

## **HQ – Memorial Hall, Fulbourne Centre, CB21 5BS**



**The HQ is approx. 4 miles from the start, please allow adequate time, the route will be clearly marked to the start.**

**There is plenty of parking spaces at this HQ, however please consider that we have a large entry when parking your vehicle.**

**Please be quiet at the HQ as it is in the middle of a residential area that are not used to cyclists getting up at the crack of dawn and we want to use this excellent venue in future, there will be a parking marshall to ensure you park sensibly.**

**There is a bar in the centre that you can have a well-deserved drink at after the event 😊**