

SOUTHERN COUNTIES CYCLING UNION

PRESIDENT JAN SOMMERFELD

PRESENTS

A 10 MILE TIME TRIAL

*Promoted for and on behalf of Cycling Time Trials
Under their rules and regulations*

Saturday 20th May 2017, 0630

Event Secretary

Jonathan Vickery
83 The Drive
Wallington SM6 9ND
Tel: 020 8254 9016

Course G10/57

Timekeepers

Lesley Donington
Bob Donington

Prizes

1st fastest	£50.00
2nd fastest	£40.00
3rd fastest	£30.00
Fastest team of 3	£15.00 each

One award per rider except for team prize

1st h'cap	£40.00
2nd h'cap	£30.00
3rd h'cap	£20.00
1st vet on std	£30.00
2nd vet on std	£20.00
1st lady	£25.00

COURSE DETAILS

START (grid 191337) in Rusper Road opposite Farm Shop sign at entrance to Moat Farm approximately 350 yards north of Rusper Road RBT (roundabout). Proceed south to Rusper Road RBT. LEFT 1st exit and follow A264 to Moorhead RBT, LEFT 1st exit and continue on A264 via Faygate and Kilnwood Vale RBTs to Bewbush Manor. Straight on 2nd exit and follow A2220 via Breezehurst RBT to Broadfield RBT where TURN (CHECK, 4.87M) 4th exit to retrace on A2220 to Bewbush Manor RBT. Straight on 2nd exit and follow A264 via Kilnwood Vale and Faygate RBTs to Moorhead RBT. RIGHT 2nd exit and continue on A264 via Rusper Road RBT to FINISH at yellow paint mark 3 yards short of 10th catseye from start of dotted lane marking at eastern end of lay-by, approximately 0.5 miles west of Rusper Road RBT (180335)

Event HQ

Broadbridge Heath Village Centre, Wickhurst Lane, Broadbridge Heath RH12 3LY (**allow 15 minutes to the start**)
The hall will be open from 0530
Numbers will be at the HQ - please return them there, free drink with number.

Please note that for 2017 all competitors are now required personally to sign the signing in/out sheet when returning their number. **Failure to do will result in a competitor being recorded as DNF.**

London South regulation: no vehicles should be parked on the carriageway within sight of the start or finish points.

Rider safety

Cycling Time Trials strongly recommends all competitors to wear a properly affixed helmet which conforms to a recognised standard such as Snell B95, Ansi Z90.4, Aus/Nzs 2063:96, Din 33-954, Cpsc Or En 1078. It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active whilst the machine is in use

Competitors are requested not to warm up on the course after the first rider has started. Please exercise extra care when negotiating roundabouts! Details of any hazards will be displayed at the signing on point - please read these when signing on.

NO	START	FIRST NAME	LAST NAME	CLUB	STD	HCAP
7	0637	Ruth	Summerford (W)	Eastbourne Rovers CC		00:02:30
8	0638	Simon	Trehearn	Kingston Phoenix RC	26:06	00:03:10
9	0639	Chris	Jolliffe	Crawley Wheelers	29:34	00:04:20
10	0640	Phil	Allen	South Downs Bikes / Casco Europe		00:01:20
11	0641	Richard	Payn	34 Nomads CC	28:12	00:02:20
12	0642	Pete	Hargreaves	Oxted Cycle Club	28:38	00:03:00
13	0643	Daniel	Ellis	Eastbourne Rovers CC		00:03:00
14	0644	Stuart	Payne	Central Sussex CC	28:25	00:05:00
15	0645	Anthony	Draper	34 Nomads CC	26:06	00:01:40
16	0646	Nick	Tyson	Crawley Wheelers		00:02:30
17	0647	Ade	Fadero	Sussex Nomads CC	28:38	00:03:10
18	0648	Robert	Royle-Evatt	Addiscombe CC	27:20	00:03:40
19	0649	Les	Humphrey	South Eastern RC	34:06	00:10:30
20	0650	Michael	Davey	Eastbourne Rovers CC		00:01:20
21	0651	Nolan	Heather	Worthing Excelsior CC	25:42	00:02:10
22	0652	Paul	Greer	Southborough & Dist. Whs	27:33	00:02:40
23	0653	Ben	Hope	In-Gear Quickvit Trainsharp RT	26:30	00:03:30
24	0654	Jackie	Dodd (W)	Kingston Phoenix RC	30:30	00:05:50
25	0655	Ben	Houston	East Grinstead CC	25:30	00:01:40
26	0656	Dale	Baldwin	Horsham Cycling	25:30	00:02:10
27	0657	Madelaine	Lee-Smith (W)	Oxted Cycle Club	28:12	00:03:10
28	0658	Katerina	Avramides (W)	Brighton Mitre CC		00:03:40
29	0659	Raymond	Dare	Kingston Phoenix RC	37:30	00:09:30
30	0700	Christian	Yates	East Grinstead CC	28:25	00:01:20
31	0701	David	Watt	Kingston Phoenix RC		00:02:10
32	0702	Ian	Newbold	Worthing Excelsior CC	26:18	00:02:50
33	0703	Sam	Holden	VC de Londres		00:03:30
34	0704	Lee	Holdaway	Private Member	30:16	00:05:30
35	0705	Nick	Jenner	Crawley Wheelers		00:01:40
36	0706	Sam	Dix	In-Gear Quickvit Trainsharp RT	26:30	00:02:30
37	0707	Aaron	Espin Rojo	London Dynamo		00:03:30
38	0708	Alan	Robinson	Central Sussex CC	33:30	00:03:50
39	0709	Colin	Derrick	South Eastern RC	34:06	00:09:00
40	0710	David	Rumm	Southborough & Dist. Whs	27:20	00:01:20
41	0711	David	Clark	Eastbourne Rovers CC	27:07	00:02:00
42	0712	Alan	Yule	Crawley Wheelers	26:42	00:02:40
43	0713	David	Garratt	Private Member	26:18	00:03:30
44	0714	Clive	Jackson	Central Sussex CC	31:00	00:04:50
45	0715	Iain	Brogden	Eastbourne Rovers CC	27:07	00:01:40
46	0716	Michael	Porter	34 Nomads CC	27:33	00:02:30
47	0717	Colin	Gray	Norwood Paragon CC	28:38	00:03:00
48	0718	Sarah	Phelps (W)	Crawley Wheelers		00:04:00
49	0719	Alan	Walker	South Eastern RC	32:15	00:07:30
50	0720	Richard	Tully	Elite Cycling	25:30	00:01:30
51	0721	Joseph	Sheriff	In-Gear Quickvit Trainsharp RT		00:02:00
52	0722	James	Horan	South Downs Bikes / Casco Europe	26:54	00:02:40
53	0723	Russell	Hicks	Oxted Cycle Club	30:30	00:03:20
54	0724	Jose	Espinosa	Horsham Cycling (2nd claim)	25:54	00:04:00
55	0725	Dan	Helyer	Eastbourne Rovers CC		00:01:50
56	0726	Alexander	Kew	Kingston Phoenix RC	26:42	00:02:10
57	0727	Colin	Toppin	Brighton Excelsior CC	26:18	00:03:00

58	0728	David	Powis	Dorking Cycling Club		00:03:30
59	0729	Michael	Daniels	Southborough & Dist. Whs	35:29	00:07:30
60	0730	Paul	Thompson	Epsom CC	27:46	00:01:10
61	0731	Ray	Sullivan	Private Member	27:33	00:02:00
62	0732	Andrew R	Green	Bec CC	25:54	00:02:40
63	0733	Angela	Radden-Rutt (W)	Horsham Cycling (2nd claim)		00:03:10
64	0734	David	Haggart	De Laune CC	28:52	00:04:00
65	0735	Matthew	Wakefield	Tooting BC	26:30	00:01:40
66	0736	Adam	Grange	East Grinstead CC	26:54	00:02:20
67	0737	Chris	Jones	Private Member	26:06	00:03:00
68	0738	Michael	Saadat	Southborough & Dist. Whs	29:06	00:03:30
69	0739	Mike	Morley	Kingston Phoenix RC	33:34	00:07:00
70	0740	Kevin	Plummer	South Downs Bikes / Casco Europe	27:46	00:01:10
71	0741	Jason	Blenkarn	Sussex Nomads CC		00:01:50
72	0742	Ben	Crick	East Grinstead CC	27:59	00:03:00
73	0743	Ian	Graver	Bec CC	29:06	00:03:10
74	0744	Richard	Woodward	East Grinstead CC	28:38	00:03:50
75	0745	Mark	Newton	Elite Cycling	27:33	00:01:00
76	0746	Marc	Townsend	Eastbourne Rovers CC		00:00:40
77	0747	Mark	Smith	Crawley Wheelers	26:06	00:00:10
78	0748	Simon	McNamara	South Downs Bikes / Casco Europe	25:54	00:00:20
79	0749	Pete	Tadros	In-Gear Quickvit Trainsharp RT	26:42	00:00:10
80	0750	James	Rix	Crawley Wheelers	25:42	00:00:00