

# NORWOOD PARAGON

## CYCLING CLUB

Open 25 Mile Time Trial  
for the  
Robin Buchan Memorial Salver



7th May 2017

Promoted for and on behalf of Cycling Time Trials  
under their Rules and Regulations

Course G25/54

## **ROBIN BUCHAN**

*If ever there was a forthright and colourful character in the Norwood Paragon it was Robin Buchan. Although a Midlander, born in Stratford upon Avon in 1933, he became a highly regarded Southerner who missed a unique record of being a British Time Trial Champion at the extreme limits of 25 miles and 24 Hours by a mere 2 seconds. He won the 24 Hour title in the Catford Cycling Club event of 1971 with 483.84 miles and missed the 25 mile title, won by Gordon Ian in 1955 by just two seconds!*

*He was equally impressive in road races and on the track. A member of the British team to the 1960 Olympics in Rome for both road and track teams, held a first category road licence and was a formidable contender in madison, pursuit and tandem paced races on the track.*

*A measure of his abilities in 1970 can be gauged from 16 open time trial and 3 road race wins, Club records at 50 and 100 miles and 11th place in the BBAR. A year later he improved to 3rd place in the BBAR, set the country's fastest "50", won the CTC BAR and further reduced the Club's 50 and 100 miles records.*

*Sadly, however, Robin never achieved one of his life long ambitions, the Lands End to John O'Groats End to End record, which he had scheduled for June 1976. Out on a mile eating training run in preparation for this, on April 4th 1976, the pneumonia virus that he had been fighting, overcame him and he died a wheel on his adopted beloved Surrey roads.*

### **Previous Winners of the ROBIN BUCHAN SILVER SALVER "25"**

1979	R Keeble	34th Nomads	59.27
1980	M Wilcox	Bec C.C	55.58
1981	M Ballard	Unity Hire Economy	56.41
1982	T Stevens	34th Nomads	54.48
1983	M Ballard	Unity Hire Economy	54.12
1984	U Drake	South Eastern R.C.	58.18
1985	S Barnes	Lewes Wanderers C.C.	57.14
1986	P Hamilton	Wren Wheelers C.C.	56.39
1987	P Danckwardt	Worthing Excelsior C.C.	58.30
	P Hamilton	Wren Wheelers C.C.	58.30
1988	C Pugh	Team Chiltern C.C.	55.27
1989	P Goodsell	Central Sussex C.C.	57.03
1990	P Hamilton	Wren Wheelers C.C.	57.49
	P Bull	Gemini B.C.	57.49
1991	K Andrewartha	Southend & County Wheelers	57.33
1992	B Drew	Wembley R.C.	55.21
1993	G Butler	R.T. Italia	51.47
1994	S Shand	Olympia Sport	55.45
1995	G Butler	Norwood Paragon C.C.	51.43
1996	C Smith	Old Portlians C.C.	54.22
1997	P Watkins	Wembley R.C.	54.44
1998	T Stevens	Team Clean-Freshstart	52.44
1999	K Reed	34th Nomads	55.41
2000	M Hutchinson	Bio RT	50.56
2001	M Hutchinson	Team MDT – Giant	51.11
2002	S Yates	Team Clean-Freshstart	51.57
2003	K Coffey	Bec CC	53.54
2004**	S Dangerfield	Science in Sport	48.44
2005	T Stevens	34th Nomads CC	53.56
2006	L Harding	www.agiskoviner.com	53.03
2007	S Dennis	East Grinstead CC	54.10
2008	L Harding	www.agiskoviner.com	51.17
2009	S Dennis	East Grinstead CC	52.45
2010	M Coyle	Brighton Mitre CC	54.30
2011	N Dywer	Lewes Wanderers C.C.	53.27
2012	S Dennis	East Grinstead CC	53.01
2013	S Kane	Brighton Excelsior CC	55.08
2014	P Tadros	In-Gear Quickvit Trainsharp RT	53.31
2015	C McNamara	Pedal Heaven	52.06
2016	P Tadros	In-Gear Quickvit Trainsharp RT	52.05

\*\* Men's National Championship

## AWARD VALUES

### Fastest Time

£50 plus the Robin Buchan Memorial Salver to be held for one year.  
Also an invitation to the Club Dinner and Prize Presentation on 3<sup>rd</sup> November 2012

<u>Second</u>	<u>Third</u>	<u>Fourth</u>	<u>Fifth</u>	<u>Sixth</u>	<u>Seventh</u>	<u>Eighth</u>
£40	£35	£25	£20	£15	£10	£10

Group A, B, C, D, E, Awards

Fastest time in each group £10

### Fastest Team

£10 to each rider and Norwood Paragon CC Medals

Fastest Vet on Standard £10

Fastest Lady £10

### SPECIAL AWARD

£50 to winner if event record is broken (S Dangerfield 48.44)

*\*\* ONE PRIZE PER RIDER EXCEPT TEAM PRIZE and SPECIAL AWARD\*\**

**Norwood Paragon CC members only**

Mayne Cup - Fastest on Club Handicap, Imperial Wheelers Cup - Fastest Time

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I hope you have an enjoyable and trouble free race.

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***Timekeepers:*** Peter Delve and Mick Irons

***Organiser:*** Simon Smythe  
22 Linkfield Street  
Redhil  
Surrey  
RH1 6BW

Telephone No. 07951 497250 email: sfsmythe@outlook.com

To whom any complaint should be made in writing within 48 hours of the event's completion

# Starting Order

No	Rider	Club/Team	Group	Cat / Age	Start Time
45	Jose Espinosa	Pinoy Cycling Club UK	F	V42	07:15
46	Paul Haywood	Epsom CC	A	V42	07:16
47	James Stone	Brighton Excelsior CC	B	V48	07:17
48	John Beer	Kingston Phoenix RC	E	V66	07:18
49	Mark Gower	South Downs Bikes / Casco Europe	F	V41	07:19
<b>50</b>	Colin McDermott	Festival Road Club	Scr	V49	<b>07:20</b>
51	Nick Jenner	Crawley Wheelers	B	S	07:21
52	Adam Stone	Paceline RT	C	S	07:22
53	Chris Jolliffe	Crawley Wheelers	D	V59	07:23
54	Lee McGeever	Brighton Excelsior CC	F	V47	07:24
55	Gareth Williams	Twickenham CC	A	V51	07:25
56	Steve Grout	Epsom CC	B	V54	07:26
57	Colin Toppin	Brighton Excelsior CC	D	V44	07:27
58	Tobias Bunyan	Eastbourne Rovers CC	E	V42	07:28
59	Jay Chisnall	VTTA (Surrey & Sussex)	F	V56	07:29
<b>60</b>	Howard Bayley	Blazing Saddles	Scr	V42	<b>07:30</b>
61	Barrie Robinson	Sunderland Clarion	B	V47	07:31
62	Simon Mitchell	Horsham Cycling	C	V46	07:32
63	Tom Houghton	Brighton Excelsior CC	D	V45	07:33
64	Peter Eames	Eastbourne Rovers CC	F	V54	07:34
65	David Warne	Bigfoot CC	A	V61	07:35
66	Colin Barton	Worthing Excelsior CC	B	V56	07:36
67	Ion Tsakalis	Brighton Mitre CC	D	V51	07:37
68	Ivor Hewitt	Oxted Cycle Club	E	V45	07:38
69	Russell Hicks	Oxted Cycle Club	F	V63	07:39
<b>70</b>	Steve Dennis	East Grinstead CC	Scr	V53	<b>07:40</b>
71	Maryka Sennema	Fusion RT Fierlan	A	WV42	07:41
72	Nick Davy	C and N Cycles RT	C	V53	07:42
73	Donald Parker	Brighton Mitre CC	D	V68	07:43
74	Jackie Dodd	Kingston Phoenix RC	F	WV55	07:44
75	Robert Drake	Addiscombe CC	A	S	07:45
76	Rich Heath	Oxted Cycle Club	B	S	07:46
77	Andy Seltzer	In-Gear Quickvit Trainsharp RT	D	V52	07:47
78	Alan Robinson	Central Sussex CC	E	V76	07:48
79	Mark Hancock	Anerley BC	F	V55	07:49
<b>80</b>	Paul Byford	Crawley Wheelers	Scr	V51	<b>07:50</b>
81	Chris Holmes	Twickenham CC	A	V41	07:51
82	Dan Helyer	Eastbourne Rovers CC	C	S	07:52
83	Madelaine Lee-Smith	Oxted Cycle Club	D	WV45	07:53
84	Gina McGeever	Lewes Wanderers CC	F	WV45	07:54
85	Iain Brogden	Eastbourne Rovers CC	A	V48	07:55
86	Rick Hughes	Worthing Excelsior CC	B	V54	07:56
87	Nigel Perry	San Fairy Ann CC	D	V53	07:57
88	Andrew Thomas	Southborough & Dist. Whs	E	V53	07:58
89	Hing Hung	Catford CC	F	S	07:59
<b>90</b>	Peter Tadros	In-Gear Quickvit Trainsharp RT	Scr	V46	<b>08:00</b>
91	Katie Crowe	Dulwich Paragon CC	A	WV41	08:01
92	John Marinko	Brighton Mitre CC	C	V52	08:02
93	Michael Porter	34 Nomads CC	D	V50	08:03
94	Matthew Chipping	Tunbridge Wells Triathlon Club	E	S	08:04
95	Chris Wolton	Southborough & Dist. Whs	A	S	08:05
96	Rick Gradidge	SW Rouleurs	B	V45	08:06
97	Michelle Arthurs-Brennan	Norwood Paragon CC	D	W	08:07
98	Bruce English	Eastbourne Rovers CC	E	V52	08:08
99	Isaac Griffiths	Epsom CC	F	S	08:09
<b>100</b>	Ben Elliott	Paceline RT	Scr	S	<b>08:10</b>

No	Rider	Club/Team	Group	Cat	Start Time
101	Adam Grange	East Grinstead CC	A	V47	08:11
102	Nick McCormick	Epsom CC	C	V53	08:12
103	Martin Booker	Worthing Excelsior CC	D	V48	08:13
104	David Powis	Dorking Cycling Club	E	S	08:14
105	Brian Molloy	Brighton Excelsior CC	Scr	V49	08:15
106	David Clements	Eastbourne Rovers CC	B	V45	08:16
107	Thomas Seller	Oxted Cycle Club	D	S	08:17
108	Ian Turner	Southborough & Dist. Whs	E	V68	08:18
109	Peter Davies	Brighton Mitre CC	F	V60	08:19
<b>110</b>	Mark Newton	Elite Cycling	Scr	V50	<b>08:20</b>
111	Jim Burdett	Addiscombe CC	A	V48	08:21
112	Stephen Morgan	Tooting BC	C	V49	08:22
113	Theo Tadros	In-Gear Quickvit Trainsharp RT	E	Juv	08:23
114	Ben Crick	East Grinstead CC	D	V52	08:24
115	Lee Turner	Sigma Sport.co.uk	Scr	V48	08:25
116	Richard Weatherstone	GS Stella	A	V50	08:26
117	Mark Thomas	Bigfoot CC	D	V54	08:27
118	Barrie Foster	Anerley BC	E	V67	08:28
119	Jane Shrubbs	Oxted Cycle Club	F	FV50	08:29
<b>120</b>	James Rix	Crawley Wheelers	Scr	V41	<b>08:30</b>

**Safety Notes:** CTT regulations require the *compulsory use of helmets for the under 18s*. In the interests of your own safety, Cycling Time Trials and the event promoters strongly *advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards*.

It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

### HEADQUARTERS

Broadbridge Heath Leisure Centre  
Wickhurst Lane, Broadbridge Heath, Horsham, RH12 3YS

Riders' numbers will be at the event headquarters and exchanged for a drink after the event.

From Farthings Hill Interchange take the A264 towards Guildford (1st exit from south or 3rd exit from north). At the first roundabout (0.4 miles) take the 1st exit onto Wickhurst Lane. Follow signs for Leisure Centre car park (0.2 miles).

Please note, there should be sufficient parking within the Leisure Centre car park. However, if this is not the case and riders choose to park in the Tesco car park opposite, be aware of the **three hours time restriction**.

The cafe of the Leisure Centre will be used exclusively as the HQ and riders can change in this area or the Leisure Centre's changing facilities. The cafe is on the right immediately after the reception.

Please be respectful and considerate to the Leisure Centre staff and other users of the Leisure Centre.

**Bikes are not allowed in the HQ**, but the tennis courts will be open and bikes can be left in there – they are visible from the cafe area

**LONDON SOUTH D.C.**  
**COURSE G25/54**

OS Ref	Details	Inter Dist	Cum Dist
164324	START in Robin hood Lane at Clearway sign about 5 yards from Robin Hood RBT	0.00	0.00
168333	Proceed to Robin Hood RBT. LEFT 1st exit and follow A24 to Great Daux RBT. RIGHT 2nd exit and follow A264 via Rusper Road RBT, to Moorhead RBT. LEFT 1 <sup>st</sup> exit and continue on A264 via Faygate RBT and Kilnwood Vale RBT`s to Bewbush Manor RBT. Straight	0.60	0.60
256353	on 2nd exit and follow A2220 via Breezehurst RBT to Broadfield RBT where TURN (CHECK) 4th exit to retrace on A2220 to Bewbush Manor RBT. Straight on 2nd exit and follow A264 to to Moorhead RBT. Right 2nd exit and continue on A264 via Rusper Road RBT to Great Daux RBT.	5.91	6.51
168334	LEFT 1st exit and follow A24 to Robin Hood RBT where TURN (CHECK)	6.69	13.34
169333	Proceed to Great Daux RBT. RIGHT 2nd exit and follow A264 via Rusper Road, to Moorhead RBT. Left 1st exit continue on A264 via Faygate and Kilnwood Vale RBTs to Bewbush Manor RBT. Straight on 2nd exit and follow A2220 via Breezehurst RBT to Broadfield RBT where TURN		
256353	(CHECK) 4th exit to retrace on A2220 to Bewbush Manor RBT. Straight on 2nd exit and follow A264 to Moorhead RBT. RIGHT 2nd exit and continue on A264 via Rusper Road RBT to FINISH at white line at eastern edge of lay-by where edge of lay-by becomes parallel to A264 0.44 mile west of	6.51	19.89
180335	Rusper Road RBT	5.11	25.00

**Notes:**

1. No vehicles, except those of the timekeeper and event officials, shall be parked in the vicinity of the start and finish points.
2. Competitors are requested not to warm up on the course after the first competitor has started.
3. Details of any additional hazards will be displayed or advised at the Signing On Point. All competitors must take note of these details when they sign on.
4. Competitors must exercise extra care when negotiating all RBTs, particularly Breezehurst RBT on outward leg where the line of sixth to the RIGHT is poor and when turning RIGHT at Moorhead RBT on the return leg.
5. Official Observers will be stationed around the course.
6. No times will be given at the finish.
7. No time may be recorded if number is not correctly positioned.

