

Promoted for and behalf of **Cycling Time Trials** under their rules and regulations



# Sussex Cyclists' Association

Founded 1921

2017 President: **Mick Irons (Worthing Excelsior CC)**



## 25 Mile Time Trial – Sunday 30<sup>th</sup> April 2017 – Course G25/93 Incorporating Sussex 25 miles Championship

### Event Secretary

Steve Dennis (East Grinstead CC)  
15 Sherwood Walk, Crawley, W. Sussex  
RH10 6NQ  
Tel: 01293 522721 – Mob: 07778 548979  
E-mail: carla.dennis@sky.com

### Timekeepers

Start: Mr Mick Irons (Worthing Excelsior CC)  
Finish: Mr Mick Kilby (Lewes Wanderers CC)

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### Prizes

1st Overall	£40	1st Lady	£25
2nd Overall	£30	2nd Lady	£20
3rd Overall	£25	1 <sup>st</sup> Junior	£15
4th Overall	£20	1st Team of Three	£10 each
5th Overall	£15	2nd team of Three	£8 each
	1st Vet on CTT Target Times	£20	
	2nd Vet on CTT Target Times	£15	
	3rd Vet on CTT Target Times	£10	

### Sussex Championship awards for affiliated riders

Fastest overall **Boniface Cup**. Highest plus on CTT target time **Horry Hemsley Cup**. Fastest team of three **Lee Memorial Shield**. Medals are also awarded to each team member and individual riders in the following categories: Overall, Veteran on CTT Target Times, Women, Juniors and Juveniles subject to the number of entries in each category. All Championship trophies and medals will be presented at the Annual Prize Presentation Lunch.

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### Headquarters

**Steyping Centre Fletcher's Croft, Steyping, BN44 3XZ**  
Open from 6:30 am.

OS Landranger sheet 198, grid ref TQ178 113  
Google Maps Streetview link <http://goo.gl/maps/hkLKe>

### Directions and car parking

#### Coming from the north: A24 / A283

Turn right into Horsham Road and proceed on to Steyping High Street. At the mini roundabout turn **left** (NE) and proceed along Church Street pass the library & church, turn right into Steyping Centre.

#### Coming from the South: A27 / A283.

Second left off Bramber roundabout. Proceed up Clays Hill and continue on to Steyping High Street. At the mini roundabout turn **right** (NE) and proceed along Church Street pass the library & church, turn right into Steyping Centre.

**Ample car parking is available at the Steyping Centre**  
**Please do not wear cleated cycling shoes in the Hall. Thank you.**

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## 25 Mile Time Trial – Sunday 30<sup>th</sup> April 2017 – Course G25/93 Incorporating Sussex 25 miles Championship

### Race Numbers

Numbers will be available at the event HQ. Please collect your number when you sign on.

Notice of any additional hazards to be aware of on the course will be displayed next to the signing on sheet.

After the event please return your race number to the event HQ in exchange for a cup of tea or coffee.

### Warming up and to the Start

Competitors are requested not to warm up on the course after the event has started.

Left out of the car park to the mini roundabout, then right onto the High Street. Proceed North to the A283 junction.

Left and then immediate right on to B2135 for 0.4 miles.

**REMEMBER TO SIGN OUT AFTER YOUR RIDE!**

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### Please pay attention to the following Safety Notes

**London South District Regulation:** No vehicles, except those of the timekeepers and race officials, shall be parked in the vicinity of the start or finish areas.

**CTT regulations require the compulsory use of helmets for the under 18's. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.**

**Competitors Machines:** It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

### Additional notice for the 2017 Raw Energy Pursuits Steyning Triathlon

Please be aware that you may encounter Triathlon competitors who will be starting at 6.00am in the Steyning Leisure Centre. They will be using the A24 up to Ashington and the A283 between Washington and Bramber.

Please take care after completing the course as the Triathlon riders will be continuing on into Steyning. Please ignore any non-cycling triangle signs, there will be marshals on all roundabouts but there may be other marshals for the Triathlon event.

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### Course details G25/93

### Distance

START on B2135 just south of entrance to Wappingthorpe Manor (Map ref TQ 172131).

0.0

Proceed north on the B2135 through Partridge Green to junction with A24. (M)

6.708

Turn left and proceed southwards on the A24 to Washington RBT. (M)

12.519

Turn left on A283 and proceed east, via Bramber and Beeding Court RBT (M) to Turn at Adur Bridge RBT.(M)

20.987

Retrace on A283 via Beeding Court and Bramber RBTs to Finish at paint mark on curb opposite TP3 about 25 yards before Canons Way. (Map ref TQ 181118).

25.00

Course details can be viewed or downloaded from the SCA website at the link [www.sussexca.org.uk/g2593.html](http://www.sussexca.org.uk/g2593.html)

Number	Name	Club	Cat.	Standard Time	Start Time
1	Trevor Leeding	Worthing Excelsior CC	V51	01:07:45	07:01
2	Donald Parker	Brighton Mitre CC	V68	01:16:43	07:02
3	Adian McConville	Lewes Wanderers CC	S38		07:03
4	Jamie Smith	Brighton Mitre CC	V44	01:04:21	07:04
<b>5</b>	<b>Mike O'Gorman</b>	<b>Worthing Excelsior CC</b>	<b>V65</b>	<b>01:15:03</b>	<b>07:05</b>
6	James Stone	Brighton Excelsior CC	V48	01:06:16	07:06
7	Robert Royle-Evatt	Addiscombe CC	V49	01:06:45	07:07
8	Jez Parsons	Brighton Excelsior CC	V51	01:07:45	07:08
9	Paul Thomas	Brighton Mitre CC	V56	01:10:16	07:09
<b>10</b>	<b>Steve Kane</b>	<b>Brighton Excelsior CC</b>	<b>S28</b>		<b>07:10</b>
11	Kevin Plummer	South Downs Bikes	V51	01:07:45	07:11
12	James Waddington	Velosport CC	V40	01:02:30	07:12
13	Bruce English	Eastbourne Rovers CC	V52	01:08:14	07:13
14	Lee McGeever	Brighton Excelsior CC	V47	01:05:47	07:14
<b>15</b>	<b>Tony Reeves</b>	<b>GS Stella</b>	<b>V45</b>	<b>01:04:50</b>	<b>07:15</b>
16	Sarah Matthews	...a3crg	WV56	01:14:31	07:16
17	Ben Fielden	GS Stella	V75	01:20:46	07:17
18	Jason Blenkarn	Sussex Nomads CC	S30		07:18
19	Karen McGrath	Worthing Excelsior CC	WV55	01:13:58	07:19
<b>20</b>	<b>Richard Gifford</b>	<b>In-Gear Quickvit Trainsharp RT</b>	<b>V54</b>	<b>01:09:15</b>	<b>07:20</b>
21	Stuart Bettis	South Downs Bikes	S32		07:21
22	Martin Booker	Worthing Excelsior CC	V48	01:06:16	07:22
23	Alan Yule	Crawley Wheelers CC	V46	01:05:18	07:23
24	Stuart Jago	GS Stella	V60	01:12:21	07:24
<b>25</b>	<b>Brian Molloy</b>	<b>Brighton Excelsior CC</b>	<b>V49</b>	<b>01:06:45</b>	<b>07:25</b>
26	Mike Marchant	Southdown Velo	V59	01:11:50	07:26
27	Tamar Vanderhaas	Lewes Wanderers CC	WV41	01:06:45	07:27
28	James Cheeseman	Crawley Wheelers CC	S31		07:28
29	Helen Webb	Sussex Nomads CC	WV43	01:07:45	07:29
<b>30</b>	<b>Chris Yates</b>	<b>East Grinstead CC</b>	<b>V54</b>	<b>01:09:15</b>	<b>07:30</b>
31	Ian Cheesman	Worthing Excelsior CC	V48	01:06:16	07:31
32	Andrew R Green	Bec CC	V42	01:03:25	07:32
33	Jez Shotter	Brighton Excelsior CC	V47	01:05:47	07:33
34	Peter Davies	Brighton Mitre CC	V60	01:12:21	07:34
<b>35</b>	<b>Dave Shepherd</b>	<b>GS Stella</b>	<b>V56</b>	<b>01:10:16</b>	<b>07:35</b>
36	Neil Crowther	Worthing Excelsior CC	V43	01:03:53	07:36
37	Michael Thyer	Sussex Nomads CC	V67	01:16:10	07:37
38	Mohammed Ahmed	London Phoenix CC	S34		07:38
39	Alan Oakley	Southborough & Dist. Wheelers	V57	01:10:47	07:39
<b>40</b>	<b>Howard Shaw</b>	<b>Eastbourne Rovers CC</b>	<b>S31</b>		<b>07:40</b>
41	Mark Jones	GS Stella	V57	01:10:47	07:41
42	Dan Helyer	Eastbourne Rovers CC	S29		07:42
43	Andy Seltzer	In-Gear Quickvit Trainsharp RT	V52	01:08:14	07:43
44	Sally Turner	GS Stella	W37		07:44
<b>45</b>	<b>Rupert Robinson</b>	<b>Crawley Wheelers CC</b>	<b>V45</b>	<b>01:04:50</b>	<b>07:45</b>
46	John Marinko	Brighton Mitre CC	V51	01:07:45	07:46

Number	Name	Club	Cat.	Standard Time	Start Time
47	Nicholas Smith	Brighton Excelsior CC	S24		07:47
48	Ruth Summerford	Eastbourne Rovers CC	W26		07:48
Number	Name	Club	Cat.	Standard Time	Start Time
49	Ben Miller	Brighton Excelsior CC	S26		07:49
<b>50</b>	<b>Pete Morris</b>	<b>Team ASL</b>	<b>S38</b>		<b>07:50</b>
51	John Glaysher	...a3crg	S39		07:51
52	Chris Jones	Bynea Cycling Club	V43	01:03:53	07:52
53	Lawrence Coyle	Brighton Excelsior CC	J17		07:53
54	Katerina Avramides	Brighton Mitre CC	W36		07:54
<b>55</b>	<b>Tom Glandfield</b>	<b>Lewes Wanderers CC</b>	<b>V44</b>	<b>01:04:21</b>	<b>07:55</b>
56	Rick Hughes	Worthing Excelsior CC	V54	01:09:15	07:56
57	Samuel Ramsey	Lewes Wanderers CC	V53	01:08:45	07:57
58	Chris Dunstan	Brighton Excelsior CC	J16		07:58
59	Keith Geere	GS Stella	V66	01:15:37	07:59
<b>60</b>	<b>Mark Emsley</b>	<b>Team ASL</b>	<b>S28</b>		<b>08:00</b>
61	Lee Turner	Sigma Sport.co.uk	V48	01:06:16	08:01
62	David Clements	Eastbourne Rovers CC	V45	01:04:50	08:02
63	Colin Toppin	Brighton Excelsior CC	V44	01:04:21	08:03
64	Peter Eames	Eastbourne Rovers CC	V54	01:09:15	08:04
<b>65</b>	<b>Howard Bayley</b>	<b>Blazing Saddles</b>	<b>V42</b>	<b>01:03:25</b>	<b>08:05</b>
66	Richard Miles	Bognor Regis CC	V59	01:11:50	08:06
67	Jack Churchill	Brighton Excelsior CC	J16		08:07
68	Peter Owen	Norwood Paragon CC	V56	01:10:16	08:08
69	Christian Bennyworth	Wyndymilla	V44	01:04:21	08:09
<b>70</b>	<b>Mark Smith</b>	<b>Crawley Wheelers CC</b>	<b>V43</b>	<b>01:03:53</b>	<b>08:10</b>
71	Nic Allen	Worthing Excelsior CC	V45	01:04:50	08:11

### Sponsored Clubs

In-Gear Quickvit Trainsharp  
RT

South Downs Bikes

Team ASL