



# Sussex Cyclists' Association

2017 President – Mick Irons – Worthing Excelsior CC



Open 25 Mile Time Trial – **Sunday 30th April 2017** – Course G25/93  
Promoted for and on behalf of **Cycling Time Trials** under their rules and regulations

## Incorporating the Sussex 10 mile Championship

### Result Sheet

**Event Secretary** Steve Dennis (East Grinstead CC)  
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**Timekeepers** Mick Kilby (Lewes Wanderers CC) and Mick Irons (Worthing Excelsior CC)

### Prize Winners

Category	Pos	Rider	Club	Time / Plus	Prize
<b>Fastest Overall</b>	1st	Mark Smith	Crawley Wheelers	<b>0:53:17</b>	£40.00
	2nd	Pete Morris	Team ASL	<b>0:54:46</b>	£30.00
	3rd	Howard Bayley	Blazing Saddles	<b>0:54:56</b>	£25.00
	4th	Stuart Bettis	South Downs Bikes / Casco Europe	<b>0:55:02</b>	£20.00
	5th	Howard Shaw	Eastbourne Rovers CC	<b>0:56:10</b>	£15.00
<b>Veteran on CTT Target Times</b>	1st	Mike O'Gorman	Worthing Excelsior CC	<b>+ 13:49</b>	£20.00
	2nd	Ben Fielden	GS Stella	<b>+ 13:09</b>	£15.00
	3rd	David Shepherd	GS Stella	<b>+ 12:20</b>	£10.00
<b>Fastest Lady</b>	1st	Ruth Summerford	Eastbourne Rovers CC	<b>1:01:00</b>	£25.00
	2nd	Sarah Matthews	...a3crg	<b>1:03:46</b>	£20.00
<b>Fastest Jun/Juv</b>	1st	Lawrence Coyle	Brighton Excelsior CC	<b>0:59:37</b>	£15.00
<b>Fastest Team of 3</b>	1st	Howard Shaw	Eastbourne Rovers CC	0:56:10	£10.00
		David Clements	Eastbourne Rovers CC	0:58:02	£10.00
		Dan Helyer	Eastbourne Rovers CC	0:58:21	£10.00
	<b>Total Team Time</b>			<b>2:52:33</b>	
	2nd	Mark Smith	Crawley Wheelers	0:53:17	£8.00
		Rupert Robinson	Crawley Wheelers	0:59:08	£8.00
		Alan Yule	Crawley Wheelers	1:02:55	£8.00
<b>Total Team Time</b>			<b>2:55:20</b>		

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## Overall Result

Rank	Race No	Name	Club	Cat	Actual Time	Plus on CTT TT	Pos on CTT TT
1	70	Mark Smith	Crawley Wheelers	V	<b>0:53:17</b>	+ 10:36	9
2	50	Pete Morris	Team ASL	S	<b>0:54:46</b>	-	-
3	65	Howard Bayley	Blazing Saddles	V	<b>0:54:56</b>	+ 08:29	13
4	21	Stuart Bettis	South Downs Bikes / Casco Europe	S	<b>0:55:02</b>	-	-
5	40	Howard Shaw	Eastbourne Rovers CC	S	<b>0:56:10</b>	-	-
6	71	Nik Allen	Worthing Excelsior CC	V	<b>0:56:18</b>	+ 08:32	12
7	55	Tom Glandfield	Lewes Wanderers CC	V	<b>0:56:35</b>	+ 07:46	15
8	11	Kevin Plummer	South Downs Bikes / Casco Europe	V	<b>0:57:00</b>	+ 10:45	7
9	30	Christian Yates	East Grinstead CC	V	<b>0:57:41</b>	+ 11:34	6
10	35	David Shepherd	GS Stella	V	<b>0:57:56</b>	+ 12:20	3
11	62	David Clements	Eastbourne Rovers CC	V	<b>0:58:02</b>	+ 06:48	17
12	42	Dan Helyer	Eastbourne Rovers CC	S	<b>0:58:21</b>	-	-
13	25	Brian Molloy	Brighton Excelsior CC	V	<b>0:58:29</b>	+ 08:16	14
14	45	Rupert Robinson	Crawley Wheelers	V	<b>0:59:08</b>	+ 05:42	21
15	15	Tony Reeves	GS Stella	V	<b>0:59:11</b>	+ 05:39	22
16	53	Lawrence Coyle	Brighton Excelsior CC	Jn	<b>0:59:37</b>	-	-
17	67	Jack Churchill	Brighton Excelsior CC	Jn	<b>0:59:51</b>	-	-
18	48	Ruth Summerford	Eastbourne Rovers CC	WS	<b>1:01:00</b>	-	-
19	41	Mark Jones	GS Stella	V	<b>1:01:07</b>	+ 09:40	10
20	5	Mike O'Gorman	Worthing Excelsior CC	V	<b>1:01:14</b>	+ 13:49	1
21	1	Trevor Leeding	Worthing Excelsior CC	V	<b>1:01:21</b>	+ 06:24	18
21	46	John Marinko	Brighton Mitre CC	V	<b>1:01:21</b>	+ 06:24	18
23	31	Ian Cheesman	Worthing Excelsior CC	V	<b>1:01:33</b>	+ 04:43	24
24	8	Jez Parsons	Brighton Excelsior CC	V	<b>1:01:34</b>	+ 06:11	20
25	57	Samuel Ramsey	Lewes Wanderers CC	V	<b>1:01:42</b>	+ 07:03	16
26	18	Jason Blenkarn	Sussex Nomads CC	S	<b>1:01:57</b>	-	-
27	66	Richard Miles	Bognor Regis CC	V	<b>1:02:10</b>	+ 09:40	10
28	33	Jez Shotter	Brighton Excelsior CC	V	<b>1:02:19</b>	+ 03:28	27
29	22	Martin Booker	Worthing Excelsior CC	V	<b>1:02:23</b>	+ 03:53	25
30	47	Nicholas Smith	Brighton Excelsior CC	S	<b>1:02:24</b>	-	-
31	51	John Glaysher	...a3crg	S	<b>1:02:28</b>	-	-
32	6	James Stone	Brighton Excelsior CC	V	<b>1:02:35</b>	+ 03:41	26
33	63	Colin Toppin	Brighton Excelsior CC	V	<b>1:02:47</b>	+ 01:34	33
34	23	Alan Yule	Crawley Wheelers	V	<b>1:02:55</b>	+ 02:23	30
35	12	James Waddington	VELOSPORT CC	V	<b>1:03:07</b>	- 00:37	37
36	58	Chris Dunstan	Brighton Excelsior CC	Jn	<b>1:03:27</b>	-	-
37	16	Sarah Matthews	...a3crg	WV	<b>1:03:46</b>	+ 10:45	7
38	37	Michael Thyer	Sussex Nomads CC	V	<b>1:04:24</b>	+ 11:46	5
39	2	Donald Parker	Brighton Mitre CC	V	<b>1:04:27</b>	+ 12:16	4
40	69	Christian Benneyworth	Wyndymilla	V	<b>1:05:07</b>	- 00:46	38
41	43	Andy Seltzer	In-Gear Quickvit Trainsharp RT	V	<b>1:05:10</b>	+ 03:04	28
42	7	Robert Royle-Evatt	Addiscombe CC	V	<b>1:06:42</b>	+ 00:03	34
43	26	Mike Marchant	Southdown Velo	V	<b>1:06:53</b>	+ 04:57	23
44	17	Ben Fielden	GS Stella	V	<b>1:07:37</b>	+ 13:09	2
45	54	Katerina Avramides	Brighton Mitre CC	WS	<b>1:07:47</b>	-	-
46	4	Jamie Smith	Brighton Mitre CC	V	<b>1:07:51</b>	- 03:30	43
47	13	Bruce English	Eastbourne Rovers CC	V	<b>1:08:21</b>	- 00:07	35

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Rank	Race No	Name	Club	Cat	Actual Time	Plus on CTT TT	Pos on CTT TT
48	68	Peter Owen	Norwood Paragon CC	V	<b>1:08:29</b>	+ 01:47	32
49	27	Tamar Vanderhaas	Lewes Wanderers CC	WV	<b>1:08:32</b>	- 01:47	41
50	64	Peter Eames	Eastbourne Rovers CC	V	<b>1:10:14</b>	- 00:59	39
51	29	Helen Webb	Sussex Nomads CC	WV	<b>1:10:19</b>	- 02:34	42
52	19	Karen McGrath	Worthing Excelsior CC	WV	<b>1:11:42</b>	+ 02:16	31
53	39	Alan Oakley	Southborough & Dist. Whs	V	<b>1:11:59</b>	- 01:12	40
54	59	Keith Geere	GS Stella	V	<b>1:12:41</b>	+ 02:56	29
55	34	Peter Davies	Brighton Mitre CC	V	<b>1:12:55</b>	- 00:34	36
56	9	Paul Thomas	Brighton Mitre CC	V	<b>1:35:41</b>	- 25:25	44
-	49	Ben Miller	Brighton Excelsior CC	S	<b>DNF</b>	-	-
-	52	Chris Jones	Bynea Cycling Club	V	<b>DNF</b>	-	-
-	61	Lee Turner	Sigma Sport.co.uk	V	<b>DNF</b>	-	-
-	3	Aidan McConville	Lewes Wanderers CC	S	<b>DNS (A)</b>	-	-
-	10	Steven Kane	Brighton Excelsior CC	S	<b>DNS (A)</b>	-	-
-	14	Lee McGeever	Brighton Excelsior CC	V	<b>DNS (A)</b>	-	-
-	20	Richard Gifford	In-Gear Quickvit Trainsharp RT	V	<b>DNS (A)</b>	-	-
-	24	Stuart Jago	GS Stella	V	<b>DNS (A)</b>	-	-
-	28	James Cheeseman	Crawley Wheelers	S	<b>DNS (A)</b>	-	-
-	32	Andrew R Green	Bec CC	V	<b>DNS (A)</b>	-	-
-	36	Neil Crowther	Worthing Excelsior CC	V	<b>DNS (A)</b>	-	-
-	38	Mohammed Ahmed	London Phoenix CC	S	<b>DNS (A)</b>	-	-
-	44	Sally Turner	GS Stella	WS	<b>DNS (A)</b>	-	-
-	56	Rick Hughes	Worthing Excelsior CC	V	<b>DNS (A)</b>	-	-
-	60	Mark Emsley	Team ASL	S	<b>DNS (A)</b>	-	-

## Sussex Championship Awards

Category	Rider	Club	Time/Plus	Award
<b>Fastest Overall</b>	Mark Smith	Crawley Wheelers	<b>0:53:17</b>	Boniface Cup & Medal
<b>Veteran on CTT Target</b>	Mike O'Gorman	Worthing Excelsior CC	<b>+ 13:49</b>	Horry Hemsley Cup & Medal
<b>Fastest Lady</b>	Ruth Summerford	Eastbourne Rovers CC	<b>1:01:00</b>	Medal
<b>Fastest Junior</b>	Lawrence Coyle	Brighton Excelsior CC	<b>0:59:37</b>	Medal
<b>Fastest Juvenile</b>	Not awarded			Medal
<b>Fastest Team of 3</b>	Howard Shaw	Eastbourne Rovers CC	0:56:10	Medal
	David Clements	Eastbourne Rovers CC	0:58:02	Medal
	Dan Helyer	Eastbourne Rovers CC	0:58:21	Medal
	<b>Total Team Time</b>		<b>2:52:33</b>	Lee Memorial Shield

*Sussex Championship awards are presented at the annual lunch*

*Full details and tickets available from Robin Johnson Brighton Mitre CC*

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## This is also a qualifying event for

**Sussex Best All Rounder** Qualifying event for the Sussex Long distance, Middle distance and Short distance Best All Rounder competitions.

**Sussex Points Competition** Points will be awarded on the following basis: For overall, 30 points for first place, down to 1 point for 30th place. For women, 10 points for first place, down to 1 point for 10th place. For teams of three, the addition of the individual points from three riders from the same club, regardless of which events they have ridden.

## Sussex Points Competition – points awarded for this event

Overall	Club	Points
Mark Smith	Crawley Wheelers	30
Pete Morris	Team ASL	29
Howard Bayley	Blazing Saddles	28
Stuart Bettis	South Downs Bikes / Casco Europe	27
Howard Shaw	Eastbourne Rovers CC	26
Nik Allen	Worthing Excelsior CC	25
Tom Glandfield	Lewes Wanderers CC	24
Kevin Plummer	South Downs Bikes / Casco Europe	23
Christian Yates	East Grinstead CC	22
David Shepherd	GS Stella	21
David Clements	Eastbourne Rovers CC	20
Dan Helyer	Eastbourne Rovers CC	19
Brian Molloy	Brighton Excelsior CC	18
Rupert Robinson	Crawley Wheelers	17
Tony Reeves	GS Stella	16
Lawrence Coyle	Brighton Excelsior CC	15
Jack Churchill	Brighton Excelsior CC	14
Ruth Summerford	Eastbourne Rovers CC	13
Mark Jones	GS Stella	12
Mike O'Gorman	Worthing Excelsior CC	11
Trevor Leeding	Worthing Excelsior CC	10
John Marinko	Brighton Mitre CC	10
Ian Cheesman	Worthing Excelsior CC	8
Jez Parsons	Brighton Excelsior CC	7
Samuel Ramsey	Lewes Wanderers CC	6
Jason Blenkarn	Sussex Nomads CC	5
Jez Shotter	Brighton Excelsior CC	4
Martin Booker	Worthing Excelsior CC	3
Nicholas Smith	Brighton Excelsior CC	2
John Glaysher	...a3crg	1

Women	Club	Points
Ruth Summerford	Eastbourne Rovers CC	10
Sarah Matthews	...a3crg	9
Katerina Avramides	Brighton Mitre CC	8
Tamar Vanderhaas	Lewes Wanderers CC	7
Helen Webb	Sussex Nomads CC	6
Karen McGrath	Worthing Excelsior CC	5

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### Don't miss other events promoted by the Sussex CA

Date	Distance	Details	Course	Promoter
Sat 10 Jun 2017	15 m	Sussex Championship	G15/93	Robin Johnson
Sun 02 Jul 2017	50 m	Sussex Championship	G50/10	Robin Johnson
Sun 30 Jul 2017	30 m	Sussex Championship	G30/91	Robin Johnson
Sat 26 Aug 2017	10 m	Sporting	G10/45	Robin Johnson
Mon 28 Aug 2017	25 m	Sporting	G25/49	Robin Johnson
Sat 30 Sep 2017	1672 yard Hill Climb	Sussex Championship	GH/92	Chris Putnam

### And Championship events promoted by other Associations

Date	Distance	Details	Course	Promoter
Sun 25 Jun 2017	KCA 12 hour	Sussex Championship	Q/12	Esther Carpenter
Sun 23 Jul 2017	SCCU 100 m	Sussex Championship	G100/61	Rod Starmer

### Keep up to date with what's going on with time trialling in Sussex ...

There are a range of competitions run by local Associations so, if your club is affiliated, and you're riding SCA or ESCA events, the chances are you'll automatically be included in a competition that you might not necessarily be aware of! Why not take a moment to familiarise yourself with what's on offer for individual riders and their affiliated clubs to add a bit of interest and friendly rivalry between riders and clubs. Regular competition updates, and a whole lot more, are posted throughout the season on the Association websites and Facebook groups

<b>Sussex CA</b>	Website	<a href="http://www.sussexca.org.uk/">www.sussexca.org.uk/</a>
	Facebook Group	<a href="https://www.facebook.com/groups/SussexCA/">www.facebook.com/groups/SussexCA/</a>
<b>East Sussex CA</b>	Website	<a href="http://www.eastsussexca.org.uk/">www.eastsussexca.org.uk/</a>
	Facebook Group	<a href="https://www.facebook.com/groups/EastSussexCA/">www.facebook.com/groups/EastSussexCA/</a>

### Notes and Acknowledgments

Congratulations to all the prize winners and many thanks to everyone that supported the event either by riding or helping on the day including:

<b>Timekeepers</b>	Mick Kilby (Lewes Wanderers CC) and Mick Irons (Worthing Excelsior CC)
<b>Recorder</b>	Steve Dennis (East Grinstead CC)
<b>Pushing Off</b>	Alan MacInnes (East Grinstead CC)
<b>Marshals</b>	Adrian Jones (Central Sussex CC) at the A24 West Grinstead, Paul Winkley (East Grinstead CC) at Washington roundabout, Bob Harber (Brighton Excelsior CC) & Ben Crick (East Grinstead CC) at Bramber Castle roundabout, Richard Blackmore (East Grinstead CC) at Beeding Court roundabout and Richard Woodward (East Grinstead CC) & Richard Marjoram (Brighton Excelsior CC) at the Shoreham roundabout.
<b>Catering</b>	Carla Dennis, Gemma Dennis, Kalinda Patel and Georgia Whiting
<b>Results</b>	Ann Human (Eastbourne Rovers CC)

Visit our website: [www.sussexca.org.uk](http://www.sussexca.org.uk) or find us on Facebook: [www.facebook.com/groups/SussexCA](https://www.facebook.com/groups/SussexCA)