



Addiscombe Cycling Club

Open 25 mile Time Trial

For the E.V. Mills Trophy

(Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations)

Also forming round 4 of the London Womens Racing TT League

Sunday April 23rd 2017 – Course G25/54

HQ: Broadbridge Heath Village Centre Social Club, Wickhurst Lane, Broadbridge Heath, Horsham, RH12 3LY – **The HQ will be open from 5:45am**

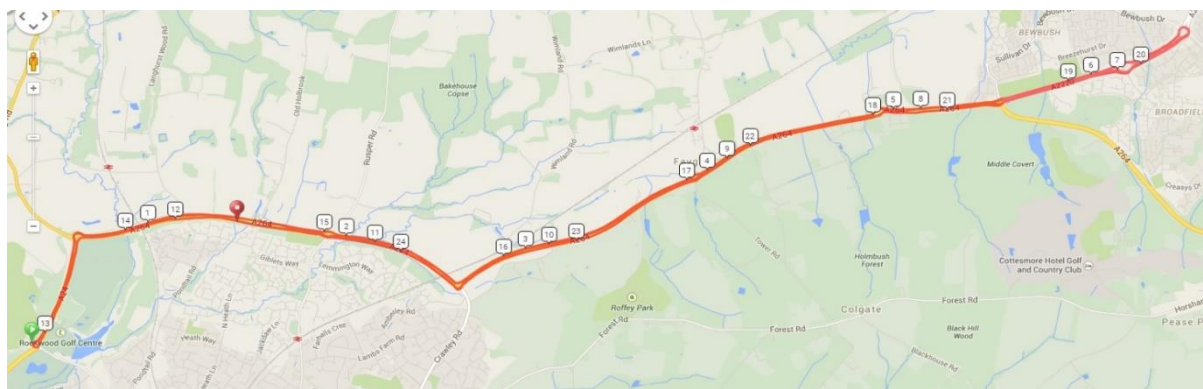
Promoter: Jonathan Pontin, 6 Hurst Way, South Croydon, CR2 7AP
Tel: 07732674317
email: jonathanpontin@hotmail.co.uk

Timekeepers: Mick Irons, Peter Delve

Please Note: The HQ is in a residential area so please keep noise and parking disruption to the minimum possible. Also any public displays of indecency may result in disqualification and reporting to CTT.

Remember: You must now sign out of the race when you hand your number back at the HQ. Failure to do so will result in disqualification.

Course Details:



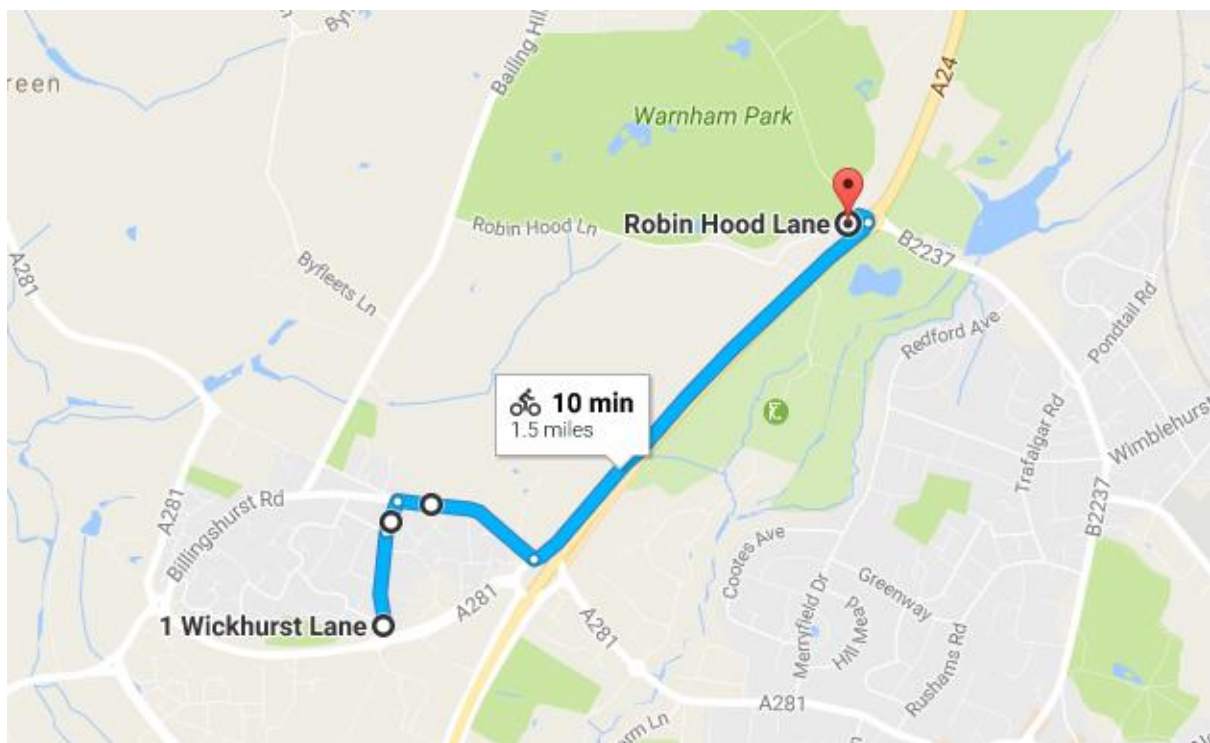
G25/54 Start in Robin Hood Lane at clearway sign 5 yards from Robin Hood RBT. Proceed to Robin Hood RBT. LEFT and follow A24 to Great Daux RBT. RIGHT and follow A264 and A2220 to TURN at Broadfield RBT. Retrace to Bewbush Manor RBT. STRAIGHT on and follow A264 to Great Daux RBT. LEFT to Robin Hood RBT. TURN and repeat route to Broadfield RBT. TURN and retrace to Rusper Road RBT. STRAIGHT on to FINISH at white line at eastern edge of lay-by where edge of lay-by becomes parallel to A264 .44 mile west of Rusper Road RBT.

A full size version can be seen here: <http://ridewithgps.com/trips/3351637>

Route from HQ to Start

Please remember to leave enough time to get from the HQ to the start, last year a number of riders were late, mostly Addiscombe admittedly, and the timekeepers were not happy.

If you do turn up late, inform the timekeeper immediately and they will allow you to start in the next available slot.



Local Regulations

(1) It is a London South District Regulation that no vehicles, except those of the timekeepers and event officials, shall be parked in the vicinity of the start and finish areas.

Safety Instructions

- Competitors are requested not to warm up on the course after the first competitor has started.
- Details of any additional hazards not listed on the start sheet will be displayed or advised at the Signing On point. All competitors must take note of these details when they sign on.
- Competitors must exercise extra care when negotiating all roundabouts.
- No times will be given at the finish.
- CTT regulations require the compulsory use of helmets for the under 18's. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.
- Competitor's machines: it is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

HEADS UP, RIDE SAFELY!

Prizes

Scratch:	1 st £50	2 nd £30	3 rd £20
Women:	1 st £50	2 nd £30	3 rd £20
Veterans:	1 st £40	2 nd £30	3 rd £20
Junior:	1 st £10		
Team	£20 each		

- The scratch winner will also receive two tickets to the club dinner where the trophy will be awarded.

Notes on prizes:

- One prize per rider except for the Team prize the highest value prize being paid.
- A Team is the fastest 3 riders from a single club / team.
- Any prizes not awarded on the day will be sent out with the results sheet.

Startsheet:

Bib Number	Name	Club	Category	Start Time
31	Anthony Haslam	Addiscombe CC	J16	00:07:01
32	Keith Geere	GS Stella	V66	00:07:02
33	Robert Coniglio	Dulwich Paragon CC	S30	00:07:03
34	Robert Royle-Evatt	Addiscombe CC	V49	00:07:04
35	Paul Townsley	Worthing Excelsior CC	V68	00:07:05
36	Tony Dodsworth	Sigma Sport.co.uk	S33	00:07:06

37	Will Worsdell	Tri Training Harder	S35	00:07:07
38	Daniel Goldsmith	Twickenham CC	V54	00:07:08
39	Richard Claxton	VC Elan - Harry Perry Cycles	V73	00:07:09
40	Jonathan Pontin	Addiscombe CC	S26	00:07:10
41	Caroline Reuter	London Phoenix CC	VW41	00:07:11
42	Jody Coxon	Adalta Cycling Club	SW37	00:07:12
43	Helen Bridgman	Kingston Wheelers CC	SW37	00:07:13
44	Elinor East	Brixton Cycles Club	SW32	00:07:14
45	Katrina Murphy	Dulwich Paragon CC	SW28	00:07:15
46	Emma Bentley	Team Athlete Lab CC	SW26	00:07:16
47	Jacintha Hamilton-Love	Dulwich Paragon CC	SW32	00:07:17
48	Natasha Jarman	Dulwich Paragon CC	SW36	00:07:18
49	Valerie Place	7 Oaks Tri	VW56	00:07:19
50	Katerina Avramides	Brighton Mitre CC	SW36	00:07:20
51	Jane dennyson	Regents Park Rouleurs	VW42	00:07:21
52	Kathryn Morris	Dulwich Paragon CC	SW38	00:07:22
53	Robyn Yates	Addiscombe CC	VW54	00:07:23
54	Rachel Przybylski	Charlotteville Cycling Club	SW36	00:07:24
55	Lizzy Brama	Crystal Palace Triathletes	SW33	00:07:25
56	Madelaine Lee-Smith	Oxted Cycle Club	VW45	00:07:26
57	Elise Sherwell	Blazing Saddles	VW41	00:07:27
58	Katie Crowe	Dulwich Paragon CC	VW40	00:07:28
59	Lucy Francis	London Dynamo	VW48	00:07:29
60	Richard Tully	Elite Cycling	V40	00:07:30
61	Stephen Allport	Bec CC	V41	00:07:31
62	Steve Grout	Epsom CC	V54	00:07:32
63	Stuart Jago	GS Stella	V60	00:07:33
64	Kaushal Sampat	Addiscombe CC	S32	00:07:34
65	Paul Thompson	Epsom CC	V51	00:07:35
66	Rome Bhamra	Worthing Excelsior CC	V50	00:07:36
67	David Bridle	Southdown Velo	V57	00:07:37
68	ben fielden	GS Stella	V75	00:07:38
69	Russell Hicks	Oxted Cycle Club	V63	00:07:39
70	Phil Allen	South Downs Bikes / Casco Europe	S39	00:07:40
71	Ian Newbold	Worthing Excelsior CC	V44	00:07:41
72	Paul Cannon	Epsom CC	V67	00:07:42
73	Nigel Perry	San Fairy Ann CC	V53	00:07:43
74	Thomas Seller	Oxted Cycle Club	S28	00:07:44
75	Julian Pegg	Hitchin Nomads CC	V53	00:07:45
76	Shaun Marlor	Bec CC	V44	00:07:46
77	Tim Whitehead	Oxted Cycle Club	S36	00:07:47
78	Joshua Davies	CC London	E19	00:07:48
79	Fidel Gonzalez	South Western Road Club/Evans Cycles	V49	00:07:49
80	pete tadros	In-Gear Quickvit Trainsharp RT	V46	00:07:50
81	Mark Thomas	Bigfoot CC	V54	00:07:51

82	Neil Crowther	Worthing Excelsior CC	V43	00:07:52
83	Donald Parker	Brighton Mitre CC	V68	00:07:53
84	Andrew R Green	Bec CC	V42	00:07:54
85	Brian Molloy	Brighton Excelsior CC	V49	00:07:55
86	Martin Booker	Worthing Excelsior CC	V48	00:07:56
87	Pete Hargreaves	Oxted Cycle Club	V55	00:07:57
88	Paul Fairman	Abellio - SFA Racing Team	V62	00:07:58
89	Sam Bennett	7 Oaks Tri	V44	00:07:59
90	James Rix	Crawley Wheelers	V41	00:08:00
91	Neil Hughes-Hutchings	Morden CRC	S37	00:08:01
92	Nick Davy	C and N Cycles RT	V53	00:08:02
93	John Marinko	Brighton Mitre CC	V51	00:08:03
94	Paul Sewell	Bigfoot CC	S39	00:08:04
95	Lee Turner	Sigma Sport.co.uk	V48	00:08:05
96	Michael Draper	Charlotteville Cycling Club	V60	00:08:06
97	Mark Jones	GS Stella	V57	00:08:07
98	Katharine Hibbert	Islington Cycling Club	SW35	00:08:08
99	Theo Tadros	In-Gear Quickvit Trainsharp RT	J15	00:08:09
100	Mark Newton	Elite Cycling	V50	00:08:10
101	Rick Hughes	Worthing Excelsior CC	V54	00:08:11
102	Jennifer Millmore	Islington Cycling Club	SW30	00:08:12
103	Nick Eisinger	Dorking Cycling Club	V44	00:08:13
104	Drew Hosie	...a3crg	V53	00:08:14
105	John Powell	Team ASL	S39	00:08:15
106	Barrie Robinson	Sunderland Clarion	V47	00:08:16
107	Richard Payn	34 Nomads CC	V53	00:08:17
108	Rob Luff	GS Stella	V59	00:08:18
109	Mark Valios	Bigfoot CC	V43	00:08:19
110	Keith Lea	Paceline RT	V47	00:08:20
111	Michelle Lock	GS Stella	VW53	00:08:21
112	Mark Bernhardt	GS Stella	V54	00:08:22
113	Kevin Plummer	South Downs Bikes / Casco Europe	V51	00:08:23
114	George Brent	Addiscombe CC	V42	00:08:24
115	Dave Dent	GS Stella	V53	00:08:25
116	Stu Nisbett	Crawley Wheelers	V43	00:08:26
117	Paul Haywood	Epsom CC	V42	00:08:27
118	Trevor Leeding	Worthing Excelsior CC	V51	00:08:28
119	Damian Poulter	Hounslow & District Whs	V43	00:08:29
120	Liam Maybank	Twickenham CC	V44	00:08:30