



East Sussex Cycling Association

2017 President Bob Harber – Brighton Excelsior CC

ESCA 14.9m Hardriders – Sunday 19th March 2017 – GS/895

(Reduced from 15.06m due to traffic lights on course)

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations



Result Sheet

Event Secretary: **Peter Moon** (Eastbourne Rovers CC)
73 Wannock Lane, Eastbourne, East Sussex BN20 9SG
Telephone: 01323 485180 Email: little.brook@btinternet.com Mobile: 07949 112107

Timekeepers: **Jane Lade** (Eastbourne Rovers CC) & **Graham Lade** (Eastbourne Rovers CC)
Mick Kilby (Lewes Wanderers CC) & **Richard Meed** (Lewes Wanderers CC)

Category	Pos	Rider	Club	Time	Prize
Fastest Overall	1st	Pete Morris	Team ASL	0:35:29	£ 35.00
	2nd	Peter Tadros	In-Gear Quickvit Trainsharp RT	0:36:00	£ 30.00
	3rd	George Welfare	Eastbourne Rovers CC	0:36:34	£ 25.00
	4th	Marc Townsend	Eastbourne Rovers CC	0:37:25	£ 20.00
	5th=	David Shepherd	GS Stella	0:38:11	£ 15.00
	5th=	Howard Shaw	Eastbourne Rovers CC	0:38:11	£ 15.00
Fastest Lady	1st	Ruth Summerford	Eastbourne Rovers CC	0:41:04	£ 20.00
	2nd	Sally Turner	GS Stella	0:42:57	£ 15.00
	3rd	Lisa Davis	Lewes Wanderers CC	0:46:33	£ 10.00
Fastest Juvenile	1st	Theo Tadros	In-Gear Quickvit Trainsharp RT	0:40:30	£ 15.00
Fastest in each age category not winning another prize excluding Hill Prime or Team					
Aged under 35	(33)	Damen Foord	Direct Power Cycling Team	0:38:18	£ 10.00
Aged 35 – 39	(39)	Richard Cartland	Team Boardman	0:39:13	£ 10.00
Aged 40 – 44	(43)	Tom Glandfield	Lewes Wanderers CC	0:38:35	£ 10.00
Aged 45 – 49	(48)	David Clark	Eastbourne Rovers CC	0:38:53	£ 10.00
Aged 50 – 54	(54)	Richard Gifford	In-Gear Quickvit Trainsharp RT	0:41:07	£ 10.00
Aged 55 – 59	(59)	David Pollard	In-Gear Quickvit Trainsharp RT	0:39:49	£ 10.00
Aged 60 – 64	(61)	Duncan Feathers	Hastings & St. Leonards CC	0:44:49	£ 10.00
Aged 65 or over	(69)	Bob Evans	Lewes Wanderers CC	0:44:00	£ 10.00
Fastest Team of 3	1st	George Welfare	Eastbourne Rovers CC	0:36:34	£ 15.00
		Marc Townsend	Eastbourne Rovers CC	0:37:25	£ 15.00
		Howard Shaw	Eastbourne Rovers CC	0:38:11	£ 15.00
		Total Team Time	1:52:10		
	2nd	Peter Tadros	In-Gear Quickvit Trainsharp RT	0:36:00	£ 10.00
		David Pollard	In-Gear Quickvit Trainsharp RT	0:39:49	£ 10.00
		Theo Tadros	In-Gear Quickvit Trainsharp RT	0:40:30	£ 10.00
		Total Team Time	1:56:19		

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Overall Result Sheet

Pos	Race No	Rider	Club	Cat	Age	Time
1	80	Pete Morris	Team ASL	S	38	0:35:29
2	90	Peter Tadros	In-Gear Quickvit Trainsharp RT	V	46	0:36:00
3	65	George Welfare	Eastbourne Rovers CC	S	31	0:36:34
4	70	Marc Townsend	Eastbourne Rovers CC	S	36	0:37:25
5=	40	David Shepherd	GS Stella	V	55	0:38:11
5=	50	Howard Shaw	Eastbourne Rovers CC	S	31	0:38:11
7	51	Damen Foord	Direct Power Cycling Team	S	33	0:38:18
8	10	Tom Glandfield	Lewes Wanderers CC	V	43	0:38:35
9	36	David Clark	Eastbourne Rovers CC	V	48	0:38:53
10	20	John Cordner	Eastbourne Rovers CC	V	47	0:39:06
11	30	Richard Cartland	Team Boardman	S	39	0:39:13
12	60	David Pollard	In-Gear Quickvit Trainsharp RT	V	59	0:39:49
13	15	Sean Quinney	Lewes Wanderers CC	V	48	0:40:13
14	81	Stuart Davis	Eastbourne Rovers CC	V	46	0:40:19
15	54	Theo Tadros	In-Gear Quickvit Trainsharp RT	Jv	15	0:40:30
16	86	Dominic Lowden	Lewes Wanderers CC	V	58	0:40:36
17	49	Aidan McConville	Lewes Wanderers CC	S	38	0:40:38
18	77	Elliot Brown	Eastbourne Rovers CC	S	20	0:40:46
19	45	Rob Pelham	Lewes Wanderers CC	V	40	0:40:49
20	72	Dan Harwood	Hastings & St. Leonards CC	V	44	0:40:52
21	5	John-Paul Brophy	Eastbourne Rovers CC	V	41	0:40:53
22=	44	Ruth Summerford	Eastbourne Rovers CC	WS	26	0:41:04
22=	64	Brett Davis	Lewes Wanderers CC	V	44	0:41:04
24=	35	Rupert Robinson	Crawley Wheelers	V	45	0:41:06
24=	66	Sam Dix	In-Gear Quickvit Trainsharp RT	V	45	0:41:06
26	75	Richard Gifford	In-Gear Quickvit Trainsharp RT	V	54	0:41:07
27	88	Dan Street	Lewes Wanderers CC	V	43	0:41:15
28	82	Darren Brockhurst	Lewes Wanderers CC	V	45	0:41:22
29	46	Daniel Pink	GS Avanti	S	30	0:41:30
30	53	Fabien Large	Direct Power Cycling Team	Jv	15	0:41:50
31	71	Michael Turner	Lewes Wanderers CC	V	49	0:41:57
32	74	Mark Williams	Eastbourne Rovers CC	S	37	0:42:04
33	89	Simon Butcher	Eastbourne Rovers CC	V	49	0:42:18
34	41	Matthew Sumpter	In-Gear Quickvit Trainsharp RT	S	28	0:42:48
35	47	Sally Turner	GS Stella	WS	37	0:42:57
36	6	Lorenzo Casasanta	Crawley Wheelers	S	35	0:43:10
37	61	Daniel Ellis	Eastbourne Rovers CC	S	36	0:43:38
38	8	Bob Evans	Lewes Wanderers CC	V	69	0:44:00
39	63	Myles Lawrence	Eastbourne Rovers CC	V	46	0:44:04
40	33	Simon Bottomley	Eastbourne Rovers CC	V	54	0:44:30
41	26	Michael Valks	Lewes Wanderers CC	V	46	0:44:31
42	68	Tim Wells	Eastbourne Rovers CC	V	45	0:44:43
43	22	Duncan Feathers	Hastings & St. Leonards CC	V	61	0:44:49
44	57	David Earl	Trainsharp	V	49	0:45:44
45	59	Jonathan Molton	Hastings & St. Leonards CC	V	49	0:45:45

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Pos	Race No	Rider	Club	Cat	Age	Time
46	39	Lisa Davis	Lewes Wanderers CC	WV	42	0:46:33
47	84	Peter Baker	Lewes Wanderers CC	V	58	0:46:46
48	28	Kevin Henderson	Eastbourne Rovers CC	V	55	0:47:13
49	79	Peter Watts	Eastbourne Rovers CC	S	39	0:47:20
50	73	Richard Frost	Lewes Wanderers CC	V	46	0:47:22
51	76	Daniel Selmes	Hastings & St. Leonards CC	S	36	0:47:25
52	67	Malcolm Daley	Hastings & St. Leonards CC	V	56	0:47:31
53	32	Neil Smith	Hastings & St. Leonards CC	V	52	0:47:37
54	18	Trevor Goswell	Eastbourne Rovers CC	V	61	0:47:41
55	42	Olivia Webb	Eastbourne Rovers CC	WV	48	0:47:49
56	12	Andrew Lancaster	Hastings & St. Leonards CC	V	41	0:48:07
57	19	Paul Butler	Hastings & St. Leonards CC	V	44	0:48:09
58	11	Bruce English	Eastbourne Rovers CC	V	52	0:48:48
59	23	David Beale	Lewes Wanderers CC	V	71	0:49:01
60	34	John Mankelow	Lewes Wanderers CC	V	68	0:49:03
61	62	Alaric Lester	Hastings & St. Leonards CC	V	46	0:49:22
62	48	Kevin Burton	Eastbourne Rovers CC	V	61	0:50:02
63	29	Laurence Green	Lewes Wanderers CC	V	56	0:50:16
64	24	Charles Sheldon	Hastings & St. Leonards CC	V	53	0:50:24
65	78	Chris Martin	Lewes Wanderers CC	V	58	0:50:46
66	37	Kate Mankelow	Lewes Wanderers CC	WS	37	0:51:19
67	14	Greg Blackwell	Hastings & St. Leonards CC	V	68	0:52:51
68	9	Chris Parker	Hastings & St. Leonards CC	V	61	0:53:05
69	38	Anita Turner	Eastbourne Rovers CC	WV	46	0:54:20
70	58	Keis Layzell	Eastbourne Rovers CC	V	43	0:54:34
71	4	Steve Curtis	Hastings & St. Leonards CC	V	53	0:56:35
72	1	Bob Harber	Brighton Excelsior CC	V	71	0:59:05
73	3	Simon Yates	Lewes Wanderers CC	V	64	1:00:08
74	52	Finlay Pritchard-Brady	Hastings & St. Leonards CC	Jv	15	1:00:35
75	7	Tim Miles	Hastings & St. Leonards CC	V	70	1:00:58
-	55	Robert Zietal	Crawley Wheelers	S	37	DNF
-	13	Paul Valks	Lewes Wanderers CC	V	72	DNS (A)
-	16	Liam Gunner	Eastbourne Rovers CC	S	31	DNS (A)
-	17	Martin Yardley	Southborough & Dist. Whs	V	51	DNS (A)
-	21	David Clements	Eastbourne Rovers CC	V	45	DNS (A)
-	25	Andrew Quye	Southborough & Dist. Whs	V	55	DNS (A)
-	27	Patrick Piper	Hastings & St. Leonards CC	V	52	DNS (A)
-	31	Michael Davey	Eastbourne Rovers CC	S	39	DNS (A)
-	43	Tamar Vanderhaas	Lewes Wanderers CC	WV	41	DNS (A)
-	56	William Roddick	Eastbourne Rovers CC	V	49	DNS (A)
-	69	David Garratt	Onyx RT	V	44	DNS (A)
-	83	Bob Humphrey	Eastbourne Rovers CC	S	28	DNS (A)
-	85	Stuart Hodd	PB Cycle Coaching Racing Team	V	48	DNS (A)
-	87	Jay Chisnall	VTTA (Surrey & Sussex)	V	56	DNS (A)

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Stage Times

Race No	Rider	Club	Stage 1 5.4m	Stage 2 9.5m	Combined 14.9m
1	Bob Harber	Brighton Excelsior CC	0:19:27	0:39:38	0:59:05
3	Simon Yates	Lewes Wanderers CC	0:20:00	0:40:08	1:00:08
4	Steve Curtis	Hastings & St. Leonards CC	0:19:29	0:37:06	0:56:35
5	John-Paul Brophy	Eastbourne Rovers CC	0:14:05	0:26:48	0:40:53
6	Lorenzo Casasanta	Crawley Wheelers	0:15:03	0:28:07	0:43:10
7	Tim Miles	Hastings & St. Leonards CC	0:20:47	0:40:11	1:00:58
8	Bob Evans	Lewes Wanderers CC	0:15:30	0:28:30	0:44:00
9	Chris Parker	Hastings & St. Leonards CC	0:18:23	0:34:42	0:53:05
10	Tom Glandfield	Lewes Wanderers CC	0:13:34	0:25:01	0:38:35
11	Bruce English	Eastbourne Rovers CC	0:16:50	0:31:58	0:48:48
12	Andrew Lancaster	Hastings & St. Leonards CC	0:16:14	0:31:53	0:48:07
14	Greg Blackwell	Hastings & St. Leonards CC	0:17:55	0:34:56	0:52:51
15	Sean Quinney	Lewes Wanderers CC	0:13:52	0:26:21	0:40:13
18	Trevor Goswell	Eastbourne Rovers CC	0:16:42	0:30:59	0:47:41
19	Paul Butler	Hastings & St. Leonards CC	0:16:22	0:31:47	0:48:09
20	John Cordner	Eastbourne Rovers CC	0:13:40	0:25:26	0:39:06
22	Duncan Feathers	Hastings & St. Leonards CC	0:15:46	0:29:03	0:44:49
23	David Beale	Lewes Wanderers CC	0:16:45	0:32:16	0:49:01
24	Charles Sheldon	Hastings & St. Leonards CC	0:16:51	0:33:33	0:50:24
26	Michael Valks	Lewes Wanderers CC	0:14:58	0:29:33	0:44:31
28	Kevin Henderson	Eastbourne Rovers CC	0:16:24	0:30:49	0:47:13
29	Laurence Green	Lewes Wanderers CC	0:17:07	0:33:09	0:50:16
30	Richard Cartland	Team Boardman	0:13:43	0:25:30	0:39:13
32	Neil Smith	Hastings & St. Leonards CC	0:16:21	0:31:16	0:47:37
33	Simon Bottomley	Eastbourne Rovers CC	0:15:18	0:29:12	0:44:30
34	John Mankelow	Lewes Wanderers CC	0:16:49	0:32:14	0:49:03
35	Rupert Robinson	Crawley Wheelers	0:13:56	0:27:10	0:41:06
36	David Clark	Eastbourne Rovers CC	0:13:20	0:25:33	0:38:53
37	Kate Mankelow	Lewes Wanderers CC	0:17:43	0:33:36	0:51:19
38	Anita Turner	Eastbourne Rovers CC	0:19:51	0:34:29	0:54:20
39	Lisa Davis	Lewes Wanderers CC	0:16:23	0:30:10	0:46:33
40	David Shepherd	GS Stella	0:13:30	0:24:41	0:38:11
41	Matthew Sumpter	In-Gear Quickvit Trainsharp RT	0:14:50	0:27:58	0:42:48
42	Olivia Webb	Eastbourne Rovers CC	0:17:23	0:30:26	0:47:49
44	Ruth Summerford	Eastbourne Rovers CC	0:14:22	0:26:42	0:41:04
45	Rob Pelham	Lewes Wanderers CC	0:14:01	0:26:48	0:40:49
46	Daniel Pink	GS Avanti	0:14:42	0:26:48	0:41:30
47	Sally Turner	GS Stella	0:15:02	0:27:55	0:42:57
48	Kevin Burton	Eastbourne Rovers CC	0:17:35	0:32:27	0:50:02
49	Aidan McConville	Lewes Wanderers CC	0:14:19	0:26:19	0:40:38
50	Howard Shaw	Eastbourne Rovers CC	0:13:29	0:24:42	0:38:11
51	Damen Foord	Direct Power Cycling Team	0:13:17	0:25:01	0:38:18
52	Finlay Pritchard-Brady	Hastings & St. Leonards CC	0:19:26	0:41:09	1:00:35
53	Fabien Large	Direct Power Cycling Team	0:14:34	0:27:16	0:41:50
54	Theo Tadros	In-Gear Quickvit Trainsharp RT	0:14:02	0:26:28	0:40:30
57	David Earl	Trainsharp	0:15:49	0:29:55	0:45:44
58	Keis Layzell	Eastbourne Rovers CC	0:18:12	0:36:22	0:54:34

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Race No	Rider	Club	Stage 1 5.4m	Stage 2 9.5m	Combined 14.9m
59	Jonathan Molton	Hastings & St. Leonards CC	0:15:50	0:29:55	0:45:45
60	David Pollard	In-Gear Quickvit Trainsharp RT	0:13:54	0:25:55	0:39:49
61	Daniel Ellis	Eastbourne Rovers CC	0:15:10	0:28:28	0:43:38
62	Alaric Lester	Hastings & St. Leonards CC	0:16:41	0:32:41	0:49:22
63	Myles Lawrence	Eastbourne Rovers CC	0:15:22	0:28:42	0:44:04
64	Brett Davis	Lewes Wanderers CC	0:14:25	0:26:39	0:41:04
65	George Welfare	Eastbourne Rovers CC	0:12:33	0:24:01	0:36:34
66	Sam Dix	In-Gear Quickvit Trainsharp RT	0:14:24	0:26:42	0:41:06
67	Malcolm Daley	Hastings & St. Leonards CC	0:16:32	0:30:59	0:47:31
68	Tim Wells	Eastbourne Rovers CC	0:15:35	0:29:08	0:44:43
70	Marc Townsend	Eastbourne Rovers CC	0:13:08	0:24:17	0:37:25
71	Michael Turner	Lewes Wanderers CC	0:14:43	0:27:14	0:41:57
72	Dan Harwood	Hastings & St. Leonards CC	0:14:19	0:26:33	0:40:52
73	Richard Frost	Lewes Wanderers CC	0:16:26	0:30:56	0:47:22
74	Mark Williams	Eastbourne Rovers CC	0:14:38	0:27:26	0:42:04
75	Richard Gifford	In-Gear Quickvit Trainsharp RT	0:13:41	0:27:26	0:41:07
76	Daniel Selmes	Hastings & St. Leonards CC	0:16:19	0:31:06	0:47:25
77	Elliot Brown	Eastbourne Rovers CC	0:14:11	0:26:35	0:40:46
78	Chris Martin	Lewes Wanderers CC	0:16:45	0:34:01	0:50:46
79	Peter Watts	Eastbourne Rovers CC	0:16:30	0:30:50	0:47:20
80	Pete Morris	Team ASL	0:12:27	0:23:02	0:35:29
81	Stuart Davis	Eastbourne Rovers CC	0:14:05	0:26:14	0:40:19
82	Darren Brockhurst	Lewes Wanderers CC	0:14:06	0:27:16	0:41:22
84	Peter Baker	Lewes Wanderers CC	0:16:06	0:30:40	0:46:46
86	Dominic Lowden	Lewes Wanderers CC	0:14:10	0:26:26	0:40:36
88	Dan Street	Lewes Wanderers CC	0:14:40	0:26:35	0:41:15
89	Simon Butcher	Eastbourne Rovers CC	0:14:30	0:27:48	0:42:18
90	Peter Tadros	In-Gear Quickvit Trainsharp RT	0:12:20	0:23:40	0:36:00

Notes & acknowledgements

Timekeepers Stage One Graham Lade & Mick Kilby

Timekeepers Stage Two Richard Meed & Jane Lade

Recording Stage One Simon Grogan

Recording Stage Two Sarah Valentine

Pushing Off Stage One George Taylor

Pushing Off Stage Two Jerry Keen

Course Signage Peter Eames

Assisting in the Hall LJ Smith

Refreshments Ross Perrin

Event Photographer Bob Taylor

Marshals/Helpers Graham Lade for helping to co-ordinate marshals: Peter Eames at Joes Lane exit, Dave & Sue Cox at Kitchenham Road, Dave Dunbar at Ashburnham, Richard Thomas at Woods Corner, Gavin Smith, Stuart Crabb & Pippa Parker at Three Cups Corner, and Stu Greenway, Adam & Rosie Ford at Rushlake Green.

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This is a Qualifying event for

ESCA Points Competition 30 points for 1st place down to 1 point for 30th place for riders from an ESCA affiliated club. The individual points earned by each rider are totalled and awarded to their respective club.

ESCA Trophies The fastest rider from an ESCA affiliated club will be awarded the Page Tankard at the annual prize presentation in January 2018.

Sussex SPOCO Short distance qualifying event – 120 points for 1st place down to 1 point for 120th place for riders from SCA affiliated clubs.

2017 points competition – ESCA points awarded for this event

Individual	Club	Points	Club	Points
Pete Morris	Team ASL	30	Eastbourne Rovers CC	178
Peter Tadros	In-Gear Quickvit Trainsharp RT	29	Lewes Wanderers CC	107
George Welfare	Eastbourne Rovers CC	28	In-Gear Quickvit Trainsharp RT	80
Marc Townsend	Eastbourne Rovers CC	27	Team ASL	30
David Shepherd	GS Stella	26	Direct Power Cycling Team	27
Howard Shaw	Eastbourne Rovers CC	26	GS Stella	26
Damen Foord	Direct Power Cycling Team	24	Hastings & St. Leonards CC	12
Tom Glandfield	Lewes Wanderers CC	23	Crawley Wheelers	8
David Clark	Eastbourne Rovers CC	22	Brighton Excelsior CC	0
John Cordner	Eastbourne Rovers CC	21	Brighton Mitre CC	0
David Pollard	In-Gear Quickvit Trainsharp RT	20	Brighton Phoenix Triathlon Club	0
Sean Quinney	Lewes Wanderers CC	19	Central Sussex CC	0
Stuart Davis	Eastbourne Rovers CC	18	East Grinstead CC	0
Theo Tadros	In-Gear Quickvit Trainsharp RT	17	East Grinstead Tri Club	0
Dominic Lowden	Lewes Wanderers CC	16	Horsham Cycling	0
Aidan McConville	Lewes Wanderers CC	15	Redhill CC	0
Elliot Brown	Eastbourne Rovers CC	14	Rye & District Wheelers CC	0
Rob Pelham	Lewes Wanderers CC	13	Southborough & Dist. Whs	0
Dan Harwood	Hastings & St. Leonards CC	12	Sussex Nomads CC	0
John-Paul Brophy	Eastbourne Rovers CC	11	Velopace	0
Brett Davis	Lewes Wanderers CC	10	VTTA (Surrey & Sussex)	0
Ruth Summerford	Eastbourne Rovers CC	10	Wealden Cycle Club	0
Rupert Robinson	Crawley Wheelers	8	Worthing Excelsior CC	0
Sam Dix	In-Gear Quickvit Trainsharp RT	8		
Richard Gifford	In-Gear Quickvit Trainsharp RT	6		
Dan Street	Lewes Wanderers CC	5		
Darren Brockhurst	Lewes Wanderers CC	4		
Fabien Large	Direct Power Cycling Team	3		
Michael Turner	Lewes Wanderers CC	2		
Mark Williams	Eastbourne Rovers CC	1		

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Don't forget forthcoming ESCA events

Date	Distance	Course	HQ/Area	Entry	Promoter and Contact Details
Sunday 02 Apr 2017 08:00	23.92m 2up TTT	GS/839	Laughton Village Hall	£16.00 Team	Martin Yardley (Southborough & Dist Whs) Phone: 07917 710580 Email: martinyardley@yahoo.com
Saturday 22 Apr 2017 07:00	10m	G10/87	East Hoathly Sports Centre	£8.00	Rob Pelham (Lewes Wanderers CC) Phone: 01825 768241 Email: robmpelham@gmail.com
Sunday 23 Apr 2017 07:00	25m	G25/89	Fairwarp Village Hall	£8.00	Chris Parker (Hastings & St Leonards CC) Phone: 01580 200016 Email: chrisparkerpett@aol.com
Including VTTA Surrey/Sussex 50 mile Championship					
Sunday 18 Jun 2017 06:00	50m BBAR	G50/90	East Hoathly Village Hall	£8.00	Sam Dix (In-Gear Quickvit Trainsharp RT) Phone: 07841 197342 Email: sdix@hotmail.com
Including VTTA Surrey/Sussex 100 mile Championship					
Sunday 13 Aug 2017 06:00	100m BBAR	G100/861	Upper Dicker Village Hall	£10.00	Bob Harber (Brighton Excelsior CC) Phone: 01903 879598 Email: bikerider@phoncoop.coop
Saturday 09 Sep 2017 07:00	10m	G10/87	East Hoathly Sports Centre	£8.00	Peter Moon (Eastbourne Rovers CC) Phone: 01323 485180 Email: little.brook@btinternet.com
Sunday 10 Sep 2017 07:00	25m BBAR	G25/89	Fairwarp Village Hall	£8.00	Luke De Quay (East Grinstead CC) Phone: 07410 442157 Email: lukedequay@gmail.com
Saturday 14 Oct 2017 10:00	1433yd Hill Climb	GH/84	Firle Bostal	£6.00	Alex McLaren (Brighton Mitre CC) Phone: 01273 983632 Email: alexmclaren4@gmail.com

All events are Open events with age category awards for riders over 40

All events count towards the ESCA points competition for individuals and clubs

Internet entry is available for all events via the CTT Website

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Keep up to date with what's going on with time trialling in Sussex ...

There are a range of competitions run by local Associations so, if your club is affiliated, and you're riding ESCA or SCA events, the chances are you'll automatically be included in a competition that you might not necessarily be aware of! Why not take a moment to familiarise yourself with what's on offer for individual riders and their affiliated clubs to add a bit of interest and friendly rivalry between riders and clubs. Regular competition updates, and a whole lot more, are posted throughout the season on the Association websites and Facebook groups

East Sussex CA	Website	www.eastsussexca.org.uk/
	Facebook Group	www.facebook.com/groups/EastSussexCA/
Sussex CA	Website	www.sussexca.org.uk/
	Facebook Group	www.facebook.com/groups/SussexCA/

What an event and what a day! I was so pleased to have 89 entrants, and as in previous years very much looking forward to promoting the first event of the ESCA programme. Then on Saturday morning there was a spanner in the works when a burst water main on Agony Hill meant temporary traffic lights on the course!

Fortunately, with a bit of quick thinking and forward planning with our four timekeepers, we managed to come up with a plan for riders to be able to cover the full course. Yes, a two-stage race (and it's not as if we haven't had to do it before) where the two times added together gave us an overall result. So many thanks to the timekeepers and marshals who at the 11th hour stepped forward to ensure the event could go ahead.

In fine ESCA tradition, the Association President starts at number 1, and leading you out today was Bob Harber from Brighton Excelsior. After the event Bob said to me "I was cursing you an hour ago for putting me through this, but I have enjoyed it so much I think I might have to get a new Time Trial Bike!"

Quote of the event goes to Bruce English who was heard saying to a club mate "would you please pin on my number and ride the course for me!"

Thank you to everyone that supported the event, and congratulations to all the prize winners especially Pete Morris on winning the event for the first time, Ruth Summerford taking the ladies prize and Theo Tadros taking the juvenile award. Also, congratulations to George Welfare, Marc Townsend and Howard Shaw who together take the team prize for Rovers – well done all.

We were delighted to have our club photographer Bob Taylor, and Sharon Webster both out on the course today snapping the action.

Both Bob's and Sharon's photographs are available to view or download from the Eastbourne Rovers Facebook page www.facebook.com/roverscycling or ESCA Facebook group www.facebook.com/groups/EastSussexCA