



# Sussex Cyclists' Association

2016 President – Mick Kilby – VTTA (Surrey & Sussex Group)



Open 30 Mile Time Trial – **Sunday 31st July 2016** – Course G30/91

Promoted for and on behalf of **Cycling Time Trials** under their rules and regulations

**Incorporating the Sussex 30 mile Championship**

## Result Sheet

**Event Secretary** Robin Johnson (Brighton Mitre CC)  
7 Gorselands, Billingshurst, West Sussex RH14 9TT Tel: 01403 783368

**Timekeeper** Richard Blackmore (East Grinstead CC)

### Prize winners

Category	Pos	Rider	Club	Time / Plus	Prize
<b>Fastest Overall</b>	1st	Keith Lea	Paceline RT	<b>1:04:49</b>	£20 + Champagne
	2nd	Steven Kane	Brighton Excelsior CC	<b>1:06:00</b>	£10 + Wine
	3rd	Kevin Plummer	South Downs Bikes / Casco Europe	<b>1:09:14</b>	£6 + Wine
	4th	Michael Davey	Eastbourne Rovers CC	<b>1:09:16</b>	Wine
<b>Fastest Lady</b>	1st	Katerina Avramides	Brighton Mitre CC	<b>1:21:43</b>	£10 + Wine
	2nd	Karen McGrath	Worthing Excelsior CC	<b>1:23:34</b>	Wine
<b>Veteran on CTT Target Times</b>	1st	Mike O'Gorman	Worthing Excelsior CC	<b>+ 16:45</b>	£10 + Wine
	2nd	Ben Fielden	GS Stella	<b>+ 14:08</b>	£5 + Wine
<b>Veteran 40-44</b>	(42)	Simon Atkinson	Worthing Excelsior CC	<b>1:13:48</b>	Wine
<b>Veteran 45-49</b>	(46)	Keith Lea	Paceline RT	<b>1:04:49</b>	Wine
<b>Veteran 50-54</b>	(51)	Kevin Plummer	South Downs Bikes / Casco Europe	<b>1:09:14</b>	Wine
<b>Veteran 55-59</b>	(55)	Peter Moon	Eastbourne Rovers CC	<b>1:20:38</b>	Wine
<b>Veteran 60-64</b>	(64)	Mike O'Gorman	Worthing Excelsior CC	<b>1:12:40</b>	Wine
<b>Veteran 65-69</b>	(68)	Robin Johnson	Brighton Mitre CC	<b>1:31:03</b>	Wine
<b>Veteran 70-74</b>	(74)	Ben Fielden	GS Stella	<b>1:22:04</b>	Wine
<b>Fastest Team of 3</b>	1st	John McGrath	Worthing Excelsior CC	1:10:35	£10 + Wine
		Trevor Leeding	Worthing Excelsior CC	1:12:22	£10 + Wine
		Mike O'Gorman	Worthing Excelsior CC	1:12:40	£10 + Wine
	<b>Total Team Time</b>				<b>3:35:37</b>
2nd	Tony Reeves	GS Stella	1:12:03	Wine	
	Mark Bernhardt	GS Stella	1:13:53	Wine	
	Ben Fielden	GS Stella	1:22:04	Wine	
	<b>Total Team Time</b>				<b>3:48:00</b>

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## Overall Result

Overall Position	Rider No	Name	Club	Cat	Actual Time	Plus on CTT Tgt Time	Pos on Tgt Time
1	30	Keith Lea	Paceline RT	V	<b>1:04:49</b>	+ 13:33	3
2	40	Steven Kane	Brighton Excelsior CC	S	<b>1:06:00</b>	-	-
3	20	Kevin Plummer	South Downs Bikes / Casco Europe	V	<b>1:09:14</b>	+ 12:03	4
4	35	Michael Davey	Eastbourne Rovers CC	S	<b>1:09:16</b>	-	-
5	5	John McGrath	Worthing Excelsior CC	V	<b>1:10:35</b>	+ 11:18	5
6	10	James Goward	Four4th	V	<b>1:11:19</b>	+ 06:29	11
7	28	Tony Reeves	GS Stella	V	<b>1:12:03</b>	+ 05:45	12
8	26	Trevor Leeding	Worthing Excelsior CC	V	<b>1:12:22</b>	+ 08:20	8
9	15	Mike O'Gorman	Worthing Excelsior CC	V	<b>1:12:40</b>	+ 16:45	1
9	38	Simon Underwood	CC Topp	V	<b>1:12:40</b>	+ 05:08	13
11	12	John Glaysher	a3crg	S	<b>1:12:44</b>	-	-
12	27	Jon Fry	Horsham Cycling	V	<b>1:13:02</b>	+ 04:46	15
13	32	Samuel Ramsey	Lewes Wanderers CC	V	<b>1:13:04</b>	+ 08:49	6
14	17	Simon Atkinson	Worthing Excelsior CC	V	<b>1:13:48</b>	+ 02:18	21
15	11	Dan Cobby	Worthing Excelsior CC	S	<b>1:13:49</b>	-	-
16	16	Mark Bernhardt	GS Stella	V	<b>1:13:53</b>	+ 08:36	7
17	36	Robert Drake	Addiscombe CC	S	<b>1:13:56</b>	-	-
18	21	Ian Cheesman	Worthing Excelsior CC	V	<b>1:14:21</b>	+ 04:36	16
19	37	Martin Booker	Worthing Excelsior CC	V	<b>1:14:30</b>	+ 05:02	14
20	13	Neil Crowther	Worthing Excelsior CC	V	<b>1:15:23</b>	+ 01:17	22
21	33	Andrew Quye	Southborough & Dist. Whs	V	<b>1:15:34</b>	+ 07:32	9
22	23	Rick Hughes	Worthing Excelsior CC	V	<b>1:15:44</b>	+ 06:45	10
23	6	Mark Perryman	Wyndymilla	S	<b>1:16:17</b>	-	-
24	18	Andrew R Green	Bec CC	V	<b>1:17:15</b>	- 01:42	24
25	39	Christopher Putnam	Worthing Excelsior CC	V	<b>1:18:32</b>	+ 02:45	20
26	29	Peter Moon	Eastbourne Rovers CC	V	<b>1:20:38</b>	+ 03:04	18
27	34	Peter Owen	Norwood Paragon CC	V	<b>1:20:47</b>	+ 02:55	19
28	8	Katerina Avramides	Brighton Mitre CC	WS	<b>1:21:43</b>	-	-
29	19	Ben Fielden	GS Stella	V	<b>1:22:04</b>	+ 14:08	2
30	3	Karen McGrath	Worthing Excelsior CC	WV	<b>1:23:34</b>	+ 04:33	17
31	9	Oliver Walker	South Eastern RC	S	<b>1:24:26</b>	-	-
32	2	Robin Johnson	Brighton Mitre CC	V	<b>1:31:03</b>	+ 01:01	23
33	4	Chris Brewer	Redmon CC	V	<b>1:38:48</b>	- 15:06	25
-	7	Chris Jolliffe	Crawley Wheelers	V	<b>DNS (A)</b>	-	-
-	14	Ion Tsakalis	Brighton Mitre CC	V	<b>DNS (A)</b>	-	-
-	22	Tom Houghton	Brighton Excelsior CC	V	<b>DNS (A)</b>	-	-
-	24	Robert Charles	Blazing Saddles	V	<b>DNS (A)</b>	-	-
-	25	Brian Malloy	Brighton Excelsior CC	V	<b>DNS (A)</b>	-	-
-	31	Jason Gilbert	South Downs Bikes / Casco Europe	V	<b>DNS (A)</b>	-	-

## Sussex 30 mile Championship Awards

Category	Pos	Rider	Club	Time/Plus	Award
<b>Fastest Overall</b>	1st	Steven Kane	Brighton Excelsior CC	<b>1:06:00</b>	The 30 Cup & Medal
	2nd	Kevin Plummer	South Downs Bikes / Casco Europe	<b>1:09:14</b>	Medal
	3rd	Michael Davey	Eastbourne Rovers CC	<b>1:09:16</b>	Medal
<b>Veteran on CTT Target Times</b>	1st	Mike O'Gorman	Worthing Excelsior CC	<b>+ 16:45</b>	Medal
	2nd	Ben Fielden	GS Stella	<b>+ 14:08</b>	Medal
	3rd	Kevin Plummer	South Downs Bikes / Casco Europe	<b>+ 12:03</b>	Medal
<b>Fastest Lady</b>	1st	Katerina Avramides	Brighton Mitre CC	<b>1:21:43</b>	Medal
<b>Fastest Junior</b>	1st	Not contested		-	Medal
<b>Fastest Juvenile</b>	1st	Not contested		-	Medal
<b>Fastest Team of 3</b>	1st	John McGrath	Worthing Excelsior CC	1:10:35	Medal
		Trevor Leeding	Worthing Excelsior CC	1:12:22	Medal
		Mike O'Gorman	Worthing Excelsior CC	1:12:40	Medal
		<b>Total Team Time</b>	<b>3:35:37</b>		

All Sussex Championship awards are presented at the Annual Sussex Cyclists' Association lunch and prize presentation to be held on Sunday 4th December 2016. Venue Dial Post Village Hall. £10 to Robin Johnson not later than 2nd December 2016.

## Notes and Acknowledgments

Congratulations to all the prize winners and many thanks to everyone that supported the event either by riding or helping on the day including:

<b>Time Keeper</b>	Richard Blackmore (East Grinstead CC)
<b>Recorder</b>	Ray Smith (Brighton Mitre CC)
<b>Pushing Off</b>	Ray Smith (Brighton Mitre CC)
<b>Marshals</b>	<b>B2135:</b> Jon Brook (Steyning AC), <b>A24:</b> Adrian Jones (Central Sussex CC), <b>Washington Roundabout:</b> John & Sheila Lucas (Worthing Excelsior) and <b>Shoreham Roundabout:</b> Dave Abbott (GS Stella)
<b>Catering</b>	Roy & Bernice King (Brighton Mitre CC)
<b>Results</b>	Ann Human (Eastbourne Rovers CC)

## This is also a qualifying event for

**Sussex Points Competition** Points will be awarded on the following basis: For overall, 30 points for first place, down to 1 point for 30th place. For women, 10 points for first place, down to 1 point for 10th place. For teams of three, the addition of the individual points from three riders from the same club, regardless of which events they have ridden.

**Sussex SPOCO Points Competition** 120 points for 1st place down to 1 point for 120th place for riders from Sussex CA affiliated clubs.

**Sussex Best All Rounder Competition** Qualifying event for the Sussex Short distance BAR.

## Sussex Points Competition – points awarded for this event

Overall	Club	Points
Steven Kane	Brighton Excelsior CC	30
Kevin Plummer	South Downs Bikes / Casco Europe	29
Michael Davey	Eastbourne Rovers CC	28
John McGrath	Worthing Excelsior CC	27
Tony Reeves	GS Stella	26
Trevor Leeding	Worthing Excelsior CC	25
Mike O'Gorman	Worthing Excelsior CC	24
John Glaysher	a3crg	23
Jon Fry	Horsham Cycling	22
Samuel Ramsey	Lewes Wanderers CC	21
Simon Atkinson	Worthing Excelsior CC	20
Dan Cobby	Worthing Excelsior CC	19
Mark Bernhardt	GS Stella	18
Ian Cheesman	Worthing Excelsior CC	17
Martin Booker	Worthing Excelsior CC	16
Neil Crowther	Worthing Excelsior CC	15
Rick Hughes	Worthing Excelsior CC	14
Christopher Putnam	Worthing Excelsior CC	13
Peter Moon	Eastbourne Rovers CC	12
Katerina Avramides	Brighton Mitre CC	11
Ben Fielden	GS Stella	10
Karen McGrath	Worthing Excelsior CC	9
Robin Johnson	Brighton Mitre CC	8

Women	Club	Points
Katerina Avramides	Brighton Mitre CC	10
Karen McGrath	Worthing Excelsior CC	9

## Don't miss other events promoted by the Sussex CA

Date	Distance	Details	Course	Promoter
Sat 27 Aug 2016	10 m	Sporting	G10/45	Robin Johnson
Mon 29 Aug 2016	25 m	Sporting	G25/49	Robin Johnson
Sat 01 Oct 2016	1672 yd Hill Climb	Sussex Championship	GH/92	Chris Putnam

## Sussex CA Cycle Jumble Sale

Please come and support the Association Cycle Jumble Sale on Saturday 20th August 2016. It's at Steyning Centre, Steyning, BN44 3XZ. It's from 09:00 to 12:30. Tables are £8.00 from 07:00 Contact: Robin Johnson 01403 783368 for booking a table or for donations of old equipment.

## Keep up to date with what's going on with time trialling in Sussex ...

There are a range of competitions run by local Associations so, if your club is affiliated, and you're riding SCA or ESCA events, the chances are you'll automatically be included in a competition that you might not necessarily be aware of! Why not take a moment to familiarise yourself with what's on offer for individual riders and their affiliated clubs to add a bit of interest and friendly rivalry between riders and clubs. Regular competition updates, and a whole lot more, are posted throughout the season on the Association websites and Facebook groups

<b>Sussex CA</b>	Website	<a href="http://www.sussexca.org.uk/">www.sussexca.org.uk/</a>
	Facebook Group	<a href="https://www.facebook.com/groups/SussexCA/">www.facebook.com/groups/SussexCA/</a>
<b>East Sussex CA</b>	Website	<a href="http://www.eastsussexca.org.uk/">www.eastsussexca.org.uk/</a>
	Facebook Group	<a href="https://www.facebook.com/groups/EastSussexCA/">www.facebook.com/groups/EastSussexCA/</a>