

VTTA London & Home Counties 10

Wednesday 20th July 2016 2.00pm

For and on behalf of Cycling Time Trials under their Rules & Regulations

Organiser:
Bernard Lamb
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Timekeepers
Marion Fountain and John Pick
HQ:
Aylesbury Rugby Club
Ostler's Field
Brook End
Weston Road
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Course Details are: F11/10 (Tring & Aston Clinton by-passes)

Start on southbound slip road to A41 on the Western Tring junction approx 40 yards from the start of the slip road. Proceed along A41 to come off at first slip road (Eastern Tring junction) to

Turn (approx 2.0 miles) by taking 4th exit out of RAB and under the A41, going around 2nd RAB to take 2nd exit back onto the A41 westbound and continue past all junctions to RAB at end of Aston Clinton by-pass to

Turn (7.87 miles) by taking 3rd exit out of RAB back along the by-pass, again ignoring College Road junction to

Finish on Buckland slip road 9 yards south-east of manhole cover on grass verge, about 91 yards north-west of (i.e.before) separation of slip road and main carriageway, also about 460 yards north-west of the B489 overbridge.

Important Notice

The finish of the course is in the slip road. All riders must pass within 2.5 metres of the white line de-marking the left edge of the carriageway of the slip road. Failure to do this will lead to a DNF If you impede a vehicle you risk disqualification

There must be no parking of motor vehicles on any part of the A41 apart from those of the officials. All parking must be in the HQ car park.

You must sign on in advance of your start at the headquarters where you can pick up your number and receive any last minute instructions or warnings. Please return number with all pins to be exchanged for a token for a free tea/coffee/soft drink. **DO NOT** fold numbers at all. **DO NOT** use sticky tape (or other sticking methods) to secure the numbers at all. Please note the details in the CTT Handbook as to how and where to fix your number. A few riders have a very strange idea of where their waist is located. This is a CTT event and run under their rules and regulations. It is not being run under BC or UCI rules. If the number is not in the correct position and is not able to be seen by the timekeeper or turn checkers then you might not get a time recorded.

Please keep your head up at all times. At roundabouts the traffic coming from the right has priority over you, so please give way. In particular the first one at the bottom of the off slip road does not have good line of sight for traffic coming from the right so please take great care here.

I hope I have managed to accommodate all the various requests regarding start times and those who wanted to be near certain other riders I have slotted in as best as I can. My special thanks to those riders who were entangled with problems arising from unfamiliarity with the new CTT web site and were very helpful and polite while we sorted things out. As some of the information was wrong

regarding PBs I have had to ignore some data and proceed using the best information that I could obtain. These two points mean that the seeding might not be strictly as it should be. My apologies for any errors regarding the spelling of individual and/or club names.

Local Regulation 1. – No U Turns should be made at any time while riding on the public highway.

Prizes:

Veteran on Standard

- 1st £40 and Gold Medal
- 2nd £30 and Silver Medal
- 3rd £20 and Bronze Medal
- 4th £10

Woman Veteran on Standard

- 1st £30

Fastest Actual Time

£30

Best Club Team of three on standard (each)

£10 and Gold Medals

Best Group Team of six on standard (each)

£10 plus Gold Medals

Start Time	No	Name	Club	Age	Best Time	Standard	Category	VTTA Group
14:01	1	Richard Moule	Bossard Whs	59	21:31	27:32		L&HC
14:02	2	Andy Newham	Lincoln Whs CC	43	21:25	26:13		North Midlands
14:03	3	Colin Crocker	Sotonia CC	66	23:51	28:23		Wessex
14:04	4	John Cooke	Farnham RC	57	24:16	27:20		L&HC
14:05	5	Richard Weatherstone	GS Stella	52	21:04	26:54		Surrey/Sussex
14:06	6	Richard Sheldrake	Lincoln Whs CC	42	21:21	26:09		North Midlands
14:07	7	Gerry Peppin	Corinium CC	54	23:53	27:04		Wessex
14:08	8	Jim Parker	Farnham RC	70	24:29	29:02		L&HC
14:09	9	Chris Summers	Sotonia CC	64	25:56	28:06		Wessex
14:10	10	Peter Oliver	Fairly United CT	51	20:19	26:50		L&HC
14:11	11	Denese Hallahan	Wisbech Whs	61	26:20	29:59	Woman	East Anglian
14:12	12	Gillian Reynolds	Willesden CC	67	24:06	30:51	Woman	L&HC
14:13	13	Rachael Haley	Bigfoot CC	53	24:13	29:09	Woman	East Anglian
14:14	14	Helen Bailey	Lyme RC	56	24:19	29:26	Woman	Manchester & NW
14:15	15	Sarah Mathews	a3crg	56	22:18	29:26	Woman	Wessex
14:16	16	Joanna Wells	Hounslow & Dist Whs	55	23:04	29:20	Woman	L&HC
14:17	17	Anna Dearing	Colchester Rovers CC	42	23:11	28:13	Woman	East Anglian
14:18	18	Tracy Rowlinson	Lyme RC	51	24:14	28:58	Woman	Manchester & NW
14:19	19	Clive Franklin	Somerset RC	53	22:06	26:59		West
14:20	20	Tom Glandfield	Lewes Wanderers CC	43	20:20	26:13		Surrey/Sussex
14:21	21	Christopher Bailey	Lyme RC	55	20:57	27:09		Manchester & NW
14:22	22	Mike O'Gorman	Worthing Excelsior	64	21:24	28:06		Surrey/Sussex
14:23	23	Graham Green	Team Bottrill	73	21:45	29:39		Notts & EM
14:24	24	Robert Jolliffe	New Forest CC	63	25:36	27:59		Wessex
14:25	25	Geir Robinson	Regents Park Rouleurs	47	20:11	26:32		L&HC
14:26	26	John Sullivan	Westerley CC	52	21:09	26:54		L&HC
14:27	27	Alan Lang	Hartlepool CC	59	21:40	27:32		North
14:28	28	Richard Burton	Westerley CC	61	22:08	27:44		L&HC
14:29	29	Trevor Parrish	A5 Rangers CC	71	24:10	29:14		L&HC
14:30	30	Tim Wood	Team Echelon-Rotor	42	20:37	26:09		Midland

Start Time	No	Name	Club	Age	Best Time	Standard	Category	VTTA Group
14:31	31	Kevin Grimshaw	Bigfoot CC	50	20:58	26:45		East Anglian
14:32	32	Jonathan Thomas	Epsom CC	55	21:18	27:09		Surrey/Sussex
14:33	33	Kevin Bexley	Team Optima	53	22:06	26:59		West
14:34	34	Murray Kirton	A5 Rangers CC	75	24:38	30:07		Midland
14:35	35	David Emery	Dulwich Paragon CC	43	20:37	26:13		Midland
14:36	36	Rob Stephenson	Southborough & Dist Whs	44	21:05	26:18		East Anglian
14:37	37	Chris Hall	Born to Bike B'town Cycles	61	21:23	27:44		Manchester & NW
14:38	38	Alan Emmott	Fareham Wheelers CC	69	22:42	28:52		Wessex
14:39	39	Terry Anderson	Shaftesbury CC	76	24:11	30:23		East Anglian
14:40	40	Mathew Rowley	Oxonian	48	20:03	26:36		West
14:41	41	David Clarke	Team Velovelocity	45	20:58	26:23		East Anglian
14:42	42	Damian Poulter	Hounslow & Dist Whs	42	21:18	26:09		L&HC
14:43	43	Tim Kingston	GS Invicta	41	21:48	26:04		L&HC
14:44	44	David Guy	OV CC	71	23:55	29:14		L&HC
14:45	45	Geoff Bunyan	Bossard Whs	55	20:35	27:09		L&HC
14:46	46	Paul Clarkson	Kingston Whs	51	21:05	26:50		Surrey/Sussex
14:47	47	Daryl Godden	Gloucester City CC	57	21:38	27:20		West
14:48	48	Paul Williams	West Drayton MBC	50	22:40	26:45		L&HC
14:49	49	Paul James	VTTA West	45	24:42	26:23		West
14:50	50	Glenn Taylor	Shorter Rochford RT	48	20:08	26:36		East Anglian
14:51	51	Martin Reynolds	Cambridge CC	53	20:40	26:59		East Anglian
14:52	52	Paul Woodham	Bossard Whs	65	23:39	28:14		L&HC
14:53	53	Kevin Creese	Chronos RT	62	21:44	27:51		L&HC
14:54	54	Marcus Boret	San Fairy Ann CC	51	23:43	26:50		Kent
14:55	55	Mike Piper	Abelio-SFA RT	40	20:36	25:59		Kent
14:56	56	Nick White	East London Velo	44	21:02	26:18		East Anglian
14:57	57	Tim Childs	Westerley CC	54	21:10	27:04		L&HC
14:58	58	Alan Allcock	Didcot Phoenix CC	61	22:39	27:44		L&HC
14:59	59	Richard Palmer	Team Salesengine	46	24:05	26:27		L&HC
15:00	60	Jeremy Stone	Team Bottrill	52	20:01	26:54		Midland

Start Time	No	Name	Club	Age	Best Time	Standard	Category	VTTA Group
15:01	61	David Evans	Team Echelon-Rotor	59	20:54	27:32		South Wales
15:02	62	Dave Stocker	Abellio-SFA RT	52	21:24	26:54		Kent
15:03	63	Dave Wentworth	Team Salesengine	63	21:59	27:59		East Anglian
15:04	64	Stephen Skinner	New Forest CC	60	23:37	27:38		Wessex
15:05	65	Tim Davies	Icknield RC	48	20:45	26:36		L&HC
15:06	66	Lee Russell	VC Elan Harry Perry Cycles	41	21:02	26:04		East Anglian
15:07	67	Steve Clarke	TMG Horizon	61	21:35	27:44		East Anglian
15:08	68	Barry Eeles	North Hampshire RC	49	22:36	26:41		Wessex
15:09	69	Bob Loader	Sydenham Whs cc	83	29:31	32:49		Kent
15:10	70	Angus MacInnes	RAF CA	51	19:58	26:50		Surrey/Sussex
15:11	71	Jeff Roberts	High Wycombe CC	51	20:54	26:50		L&HC
15:12	72	Joe Schwartz	Team Swindon Cycles	54	21:19	27:04		West
15:13	73	Tim Butt	Banbury Star CC	50	21:59	26:45		L&HC
15:14	74	Adrian Briers	Icknield RC	59	23:39	27:32		L&HC
15:15	75	Dave Johnson	VC 10	58	20:30	27:26		L&HC
15:16	76	Stewart Evans	Port Talbot Whs	70	21:31	29:02		South Wales
15:17	77	Michael Gowan	Festival RC	73	22:32	29:39		Surrey/Sussex
15:18	78	Roger Taylor	Frome & Dist Whs	70	22:48	29:02		West
15:19	79	John Pfeifier	Icknield RC	76	27:40	30:23		L&HC
15:20	80	Andy Langdown	Blazing Saddles	47	19:59	26:32		Wessex
15:21	81	Andrew Clarke	Mid Shropshire Whs	57	20:47	27:20		Mersey
15:22	82	Steven Jennings	CC Ashwell	43	21:15	26:13		East Anglian
15:23	83	Michael Draper	Charlotteville CC	60	21:49	27:38		Surrey/Sussex
15:24	84	David England	Crabwood CC	73	23:41	29:39		Surrey & Sussex
15:25	85	Mark Steers	Team Vision Racing	52	20:30	26:54		East Anglian
15:26	86	Rod MacFadyen	Reading CC	55	21:01	27:09		L&HC
15:27	87	Rob Luff	GS Stella	59	21:27	27:32		L&HC
15:28	88	Len Benton	Colchester Rovers CC	78	22:27	30:58		East Anglian
15:29	89	Brian Moon	Whitewebbs CC	70	26:10	29:02		L&HC
15:30	90	Andre Dyason	Cambridge CC	56	19:57	27:14		East Anglian

Start Time	No	Name	Club	Age	Best Time	Standard	Category	VTTA Group
15:31	91	Neil Wood	Dig Deep Coaching	44	20:54	26:18		Midland
15:32	92	Jonathan Williams	Amersham RC	40	21:44	25:59		L&HC
15:33	93	Adrian Wadsworth	VC 10	48	23:10	26:36		L&HC
15:34	94	Simon Craig-McFeely	a3crg	57	23:24	27:20		Wessex
15:35	95	Howard Waller	Python RT	51	20:29	26:50		L&HC
15:36	96	Andrew Ferry	Bigfoot CC	49	21:00	26:41		East Anglian
15:37	97	Steve Mead	Didcot Phoenix CC	50	21:32	26:45		L&HC
15:38	98	Martin Dickinson	Deal tri	45	22:20	26:23		Kent
15:39	99	Roy Robinson	Team Salesengine	70	26:20	29:02		L&HC
15:40	100	Benjamin Allen	Westerley CC	41	19:52	26:04		L&HC
15:41	101	Geoff Reynolds	Hemel Hempstead CC	50	20:49	26:45		L&HC
15:42	102	Roger Porter	Verulam CC	69	21:12	28:52		L&HC
15:43	103	Dave Warne	Bigfoot CC	60	21:44	27:38		East Anglian
15:44	104	Rob Lee	Yeovil CC	43	23:03	26:13		West
15:45	105	Andrew Wright	High Wycombe CC	48	20:25	26:36		L&HC
15:46	106	Keith Dorling	Team Bottrill	57	20:59	27:20		East Anglian
15:47	107	Chris Dyason	Cambridge CC	68	21:28	28:42		East Anglian
15:48	108	John French	Oxford City RC	63	22:08	27:59		West
15:49	109	Barry Packman	Dorking CC	70	25:18	29:02		Surrey/Sussex
15:50	110	David Kiernan	Lutterworth CCRT	42	19:39	26:09		Midland
15:51	111	David Rumm	Southborough & DW	49	20:49	26:41		L&HC
15:52	112	Paul Nicholls	VC 10	54	21:48	27:04		L&HC
15:53	113	David Marshall	Hemel Hempstead CC	51	22:34	26:50		L&HC
15:54	114	David Cook	Bedfordshire Road RC	60	23:14	27:38		L&HC
15:55	115	John Dowling	Hemel Hempstead CC	59	20:19	27:32		L&HC
15:56	116	Greg Lewis	VC10	53	20:54	26:59		L&HC
15:57	117	Carmelo Luggeri	CC Ashwell	60	21:33	27:38		East Anglian
15:58	118	Charles Dennison	Southborough & DW	44	22:17	26:18		Kent
15:59	119	John Coles	West Suffolk Whs & Tri Club	73	24:20	29:39		East Anglian
16:00	120	Jim Moffat	CC Luton	59	19:37	27:32		L&HC

Start Time	No	Name	Club	Age	Best Time	Standard	Category	VTTA Group
16:01	121	Robert Watson	Team Velovelocety	55	20:46	27:09		East Anglian
16:02	122	Martin O'Sullivan	Teddington & Turing Velo	41	21:11	26:04		L&HC
16:03	123	Nigel Jones	Gloucester City CC	58	21:48	27:26		West
16:04	124	John Murphy	Gloucester City CC	76	22:58	30:23		West
16:05	125	Peter Lavery	Hemel Hempstead CC	44	20:58	26:18		L&HC
16:06	126	Michael Bennett	Bicester Millenium	47	20:57	26:32		L&HC
16:07	127	Ian Boardman	Dulwich Paragon CC	42	21:24	26:09		East Anglian
16:08	128	Cliff Voller	Newbury RC	65	22:24	28:14		West
16:09	129	Merv Player	Herts Whs	83	24:59	32:49		East Anglian
16:10	130	Ian Greenstreet	Newbury RC	52	19:22	26:54		L&HC
16:11	131	Mark Ellis	Team Milton Keynes	52	21:10	26:54		East Anglian
16:12	132	Chris Lord	Brighton Excelsior CC	63	21:34	27:59		Surrey/Sussex
16:13	133	David Creese	Chronos RT	64	21:42	28:06		L&HC
16:14	134	Vincent Jenkins	Leisurelakesbikes.com	76	22:57	30:23		Midland
16:15	135	Thomas Pfeiffer	Dulwich Paragon CC	45	20:53	26:23		L&HC
16:16	136	Steve Robinson	Team Salesengine	43	21:45	26:13		L&HC
16:17	137	Robert Charles	Blazing Saddles	50	22:13	26:45		Surrey/Sussex
16:18	138	Jamie Swanston	GS Henley	53	24:08	26:59		L&HC
16:19	139	Peter Wilson	Bath CC	82	26:53	32:23		West
16:20	140	Bob Pears	Bath CC	53	19:01	26:59		West
16:21	141	Simon Doyle	Team Salesengine	44	21:00	26:18		L&HC
16:22	142	Andrew Clavell	Paceline RT	49	21:07	26:41		Surrey/Sussex
16:23	143	Stuart Martingale	Sotonia CC	48	21:12	26:36		Wessex
16:24	144	Jill Bartlett	Hounslow & Dist Whs	56	24:05	29:26	Woman	L&HC
16:25	145	Jason Haynes	Leamington C & AC	43	20:55	26:13		Midland
16:26	146	Richard Williams	Bigfoot CC	52	21:24	26:54		Kent
16:27	147	Shin Braich	Rugby RCC	48	22:13	26:36		Midland
16:28	148	Andrew Simpkins	Solihull CC	62	22:55	27:51		Midland
16:29	149	Chris Jolliffe	Crawley Whs	58	23:28	27:26		Wessex
16:30	150	Jonathan Parker	Team Bottrill	42	18:41	26:09		Kent