

# Bognor Regis Cycling Club



**Presents the Dave Palmer Memorial '10' on Thursday 7<sup>th</sup> July 2016, promoted for and on behalf of Cycling Time Trials under their rules and regulations.**

**Event HQ:** Eastergate Parish Hall, Barnham Road, Eastergate, West Sussex, PO20 3RP. The Event HQ will be open from 18.30. Please park tidily and please, no cycling shoes in the hall.

## **Timekeeping Team:**

Dave Prior – BRCC

Richard Miles – BRCC

Karen Miles - BRCC

## **Event Team:**

Richard Miles – BRCC - Organiser

07771 795 567

[richard@sablemiles.co.uk](mailto:richard@sablemiles.co.uk)

Refreshments, Marshalls and signage: Karen Sherrington, Don Lambert, Brian Mitchell, Mike & Cat Smith, Chris Janson, Mark Haplik, Paul Edwards, Dave Abbott and Shaun Smart

## **Course Details:**

**To get to the Start,** leave the hall car park via the exit marked 'Out' and turn left. At the War Memorial take the 2<sup>nd</sup> exit heading north towards the Fontwell Roundabout. At the roundabout take the first exit onto the A27. The Start is in the lay-by approximately 500 yds along the A27. Please do not ride through the Start while warming up, there are plenty of local roads that can be used for this purpose including the road between the War Memorial and Fontwell roundabout.

**The Course - P901/10:** Start in the Lay-by on the A27 at north end of Fontwell race course at drain cover approx 20 yds west of lamp post 181/08 (SU 947072). Proceed west along A27 to Tangmere RAB where straight across to continue on A27. Take slip road up to Tangmere Flyover on A285 to south RAB where turn right (2<sup>nd</sup> exit) to cross Flyover to north RAB and continue north on A285 to Temple Bar. Turn Left onto unclassified road (CAUTION! Sharp corner with adverse camber – do **not** cross the central white line into oncoming traffic) to Westhampnett. Proceed through Maudlin going straight over at the mini roundabout and continue on to Westhampnett RAB (5.10 miles). Take 1<sup>st</sup>

exit onto old A27 and proceed to Portfield RAB. Take 1<sup>st</sup> exit onto A27 (CAUTION! – Beware of fast moving traffic approaching from the west). Proceed along A27 heading east and pass under the Tangmere Flyover to the Tangmere RAB where proceed straight across (2<sup>nd</sup> exit). Continue along the A27 to Finish at top of rise 10 yds beyond entrance to house called ‘Westergates’ and approx. 200 yds short of Start (10.0 Miles) (SU 946072)

**After Finishing** continue to Fontwell RAB where take the 1<sup>st</sup> exit and then the 1<sup>st</sup> left (Dukes Road). Immediately turn left onto track and descend to A27 subway which links to local road network behind the Shell Garage. On leaving the Subway track turn right towards Fontwell Village and turn right at mini RAB. Take 1<sup>st</sup> exit at Fontwell RAB and proceed south to Eastergate War Memorial where take 1<sup>st</sup> exit and re-trace to Parish Hall.

**DO NOT ATTEMPT TO CROSS THE DUAL CARRIAGEWAY IN THE START/FINISH AREA, NOR TURN RIGHT OFF THE A27 AT THE FONTWELL RAB AFTER FINISHING. ANY RIDER OBSERVED BREAKING THESE RULES WILL BE DISQUALIFIED – NO EXCEPTIONS.**

The wearing of a hard shell helmet which meets an internationally recognised safety standard along with a working rear light is obligatory – No helmet, no light, no ride.

## **Awards:**

Fastest:	£50
2 <sup>nd</sup> Place:	£25
3 <sup>rd</sup> Place:	£15
Fastest Lady:	£25
Fastest Junior:	£25
Fastest Team of 3:	£30 (£10 each)
Fastest Vet 40-49:	£15
Fastest Vet 50-59:	£15
Fastest Vet 60-69:	£15
Fastest Vet 70+:	£15

Please help us to keep the P901/10 safe. Ride in accordance with the Highway Code, look where you are going and check behind before overtaking a slower rider. Do not undertake on roundabouts and remember that traffic on a roundabout approaching from the right has precedence.

At this stage in proceedings we are not aware of any proposed roadworks on the course..... but that hasn't stopped the Highways Agency in the past! In the event of an accident closing one or more carriageways the event will be cancelled.

No	Start Time	First Name	Surname	Club	Gender	Age	Age Cat
1	19:31	Michael	Churcher	Bognor Regis CC	Male	77	V7
2	19:32	Gary	Ferrett	Hampshire RC	Male	53	V5
3	19:33	Kelly	Bennett	Bognor Regis CC	Female	28	S
4	19:34	Richard	Bradley	3C Cyclexperience	Male	41	V4
5	19:35	Marc	Townsend	Neon Velo	Male	35	S
6	19:36	Rob	Sherrin	a3crg	Male	48	V4
7	19:37	James	Ayton	Portsmouth North End CC	Male	38	S
8	19:38	Dave	Abbott	GS Stella	Male	65	V6
9	19:39	Barrington	Day	Fareham Wheelers CC	Male	78	V7
10	19:40	Greg	Parker	Velo Club St Raphael	Male	52	V5
11	19:41	Hamish	Walker	Blazing Saddles	Male	44	V4
12	19:42	Richard	Moore	Wyndymilla	Male	44	V4
13	19:43	John	Beer	Kingston Phoenix RC	Male	65	V6
14	19:44	Suzy	Bell	Bognor Regis CC	Female	45	V4
15	19:45	Simon	Berogna	Velo Club St Raphael	Male	42	V4
16	19:46	Jon	Smith	Fareham Wheelers CC	Male	50	V5
17	19:47	Colin	Barton	Worthing Excelsior CC	Male	55	V5
18	19:48	Alistair	McKellar	Southdown Velo	Male	33	S
19	19:49	David	Whitmore	Hampshire RC	Male	75	V7
20	19:50	James	Copeland	Fareham Wheelers CC	Male	32	S
21	19:51	Kevin	Plummer	South Downs Bikes / Casco Europe	Male	51	V5
22	19:52	Andrew	Page	Portsmouth North End CC	Male	53	V5
23	19:53	Tom	Foot	Blazing Saddles	Male	30	S
24	19:54	ken	rayson	a3crg	Male	69	V6
25	19:55	Andy	Smith	Fareham Wheelers CC	Male	42	V4
26	19:56	Howard	Shaw	Eastbourne Rovers CC	Male	30	S
27	19:57	David	Patten	Bognor Regis CC	Male	64	V6
28	19:58	Craig	Mainprize	100% ME	Male	46	V4
29	19:59	Phil	Butchers	Withdrawn due to injury			
30	20:00	Simon	McNamara	South Downs Bikes / Casco Europe	Male	41	V4
31	20:01	Richard	Gifford	In-Gear Quickvit Trainsharp RT	Male	53	V5
32	20:02	Jason	Gilbert	South Downs Bikes / Casco Europe	Male	41	V4
33	20:03	Jon	Fry	Horsham Cycling	Male	45	V4
34	20:04	Alan	Doney	Sotonia CC	Male	48	V4
35	20:05	Michael	Stafford	Portsmouth North End CC	Male	38	S
36	20:06	Phil	Wilks	Sotonia CC	Male	34	S
37	20:07	Aaron	Smith	Bognor Regis CC	Male	18	J
38	20:08	Martin	Balk	3C Cyclexperience	Male	56	V5

39	20:09	Deanna	Ferrett	Hampshire RC	Female	46	V4
40	20:10	Tom	Pritchard	Hampshire RC	Male	35	S
41	20:11	Matt	Cleaver	Blazing Saddles	Male	30	S
42	20:12	Rob	Luff	GS Stella	Male	59	V5
43	20:13	Nick	Bell	Blazing Saddles	Male	48	V4
44	20:14	Christian	Benneyworth	Wyndymilla	Male	43	V4
45	20:15	Alex	Napier	Blazing Saddles	Male	42	V4
46	20:16	Nick	Ohara	3C Cyclexperience	Male	49	V4
47	20:17	Jonathan	Coleman	a3crg	Male	48	V4
48	20:18	Glenn	Sieviewright	Bognor Regis CC	Male	45	V4
49	20:19	Brian	Hall	Hampshire RC	Male	79	V7
50	20:20	Gary	Chambers	Fareham Wheelers CC	Male	30	S
51	20:21	Graeme	Stirzaker	a3crg	Male	49	V4
52	20:22	Mike	O'Gorman	Worthing Excelsior CC	Male	64	V6
53	20:23	Elise	Sherwell	Blazing Saddles	Female	40	V4
54	20:24	Ian	Sherin	3C Cyclexperience	Male	54	V5
55	20:25	Andy	Langdown	Blazing Saddles	Male	47	V4
56	20:26	Chris	Lord	Brighton Excelsior CC	Male	63	V6
57	20:27	Jerry	Bromyard	Royal Navy & Royal Marines CA	Male	61	V6
58	20:28	Greg	Newton	BRCC	Male	63	V6
59	20:29	Martin	Whitty	a3crg	Male	48	V4
60	20:30	Christopher	Mcnamara	Nuun-Sigma Sport-London RT	Male	41	V4