



**FARNHAM ROAD CLUB**



## Open 25 Mile Team Time Trial

Sunday, 19 June 2016, 8:30am

Course H25/8

START SHEET



Event Headquarters	
Bentley Village Hall Bentley Hampshire GU10 5NB	Numbers and signing on at the hall. Allow 10 minutes to reach the start. Numbers can be exchanged for refreshments after the race.

Time Keepers	Event Secretary
Jim Brown, Farnham RC Deana Rice, Farnham RC	David Clifford 1 Vixen Drive Aldershot Hampshire GU12 4FN  07854 092399

### Awards

Fastest	£
1 <sup>st</sup>	60
2 <sup>nd</sup>	45
3 <sup>rd</sup>	30

## How to get to the start from the Race HQ (Approx 5 minutes riding time):

- From Bentley Village hall, turn left along the main road through the village and proceed to joint the A31 via slip road. CARE.
- Follow the A31 east for half a mile to the junction (minor cross roads) just before the Bull PH. Turn right with GREAT CARE – across the dual carriageway – and retrace along the A31 for approx. 400yds to the lay-by (start point);
- When you have finished the event turn across the dual carriageway at the next available opening with GREAT CARE and proceed along the A31 past the start point for half a mile to the slip road leading to Bentley;
- Turn right at the T junction – proceeding over the A31

### Local Regulations applicable to the use of Bentley Village Hall

- No bicycles to be taken into the hall
- Shoes with plates or cleats that could damage the floor to be removed before entering the hall
- PARKING – please see the separate sheet for parking guidelines, and please do NOT obstruct residents' driveways.
- Please refrain from warming up on a turbo in the hall car park or outside of a dwelling if parking on the main road.

### For and on behalf of Cycling Time Trials under their rules and regulations

#### Course H25/8 Bentley

OS Ref		Distance
796442	START at a point in the lead out onto the A31, from the lay-by on the South side at the start of the Bentley by-pass approximately 800 yards West of The Bull public House on the North side of the A31, 10 yards short of the last road drain at the lay-by exit (Western end)	0.000
736403	Join the A31 (care) and proceed along the Bentley by-pass through Froyle and Neatham to the Holybourne roundabout (Turn)	4.704
828459	Circle the roundabout (M1, M2, M3) (Check) and take third exit back onto the A31 to retrace, going through Froyle and along the Bentley by-pass to continue past The Bull to the Farnham roundabout at the junction with the A325 (Turn)	11.907
736403	Circle the roundabout (M4, M5, M6) (Check) and take the fourth exit back onto the A31 to retrace past the start point (14.294 miles) to go along the Bentley by-pass to the Holybourne roundabout (Turn)	18.998
813448	Circle the roundabout (M1, M2, M3) (Check) and take the third exit back onto the A31 to retrace, going through Froyle and along the Bentley by-pass to continue past The Bull (24.405 miles) to a point 70 yards beyond the county boundary line and 23 yards beyond the start of a tarmac path on the North side where FINISH.	25.000

### Important safety information – please take the time to read carefully

For safety reasons riders must not use their aero bars on the Coxbridge roundabout, penalty is disqualification.

The dual carriageway of the A31 reduces to a single lane at a point approximately three miles from the start point. The right hand lane is cross-hatched for a distance of 400yds to finish at a point opposite the Petrol Filling station just beyond the "Hen and Chickens" PH situated on the North side of the A31.

Returning from the Holybourne Roundabout on the North side the road reduces to a single lane by road cross-hatching on the right hand lane commencing 200yds before the junction to Mill Court on the south side and finishing adjacent to the "Hen and Chicken" PH on the North side.

Competitors are to act in a manner appropriate to competing on a single lane carriageway whilst within the restrictions imposed by the cross hatched area.

### DC regulations

#### **Restriction of parking at the Start and Finish**

LWDC 4: No vehicles, except those of the timekeepers, shall be parked at the start or finish

#### **Reporting of breaches of local Regulations**

LWDC 5: All breaches of Local Regulations shall be reported in writing to the London West District Secretary

**Local Regulations:** H25/8 - riders must not cross the central reservation unless using one of the specific breaks in the reservation for that purpose

**Cycling Time Trials and Farnham Road Club strongly advise the use of a hard shell helmet meeting internationally approved safety standards**

No.	Start		Rider	Club
1	08:32:00	Paul	Charman	Farnham Road Club
2	08:32:00	Rob	Allen	Farnham Road Club
3	08:33:00			
4	08:34:00			
5	08:35:00			
6	08:36:00			
7	08:37:00	Nick	Eisinger	Dorking
8	08:38:00	Nick	McCormick	Epsom CC
9	08:39:00	Andrew	Fowkes	Hillingdon Triathletes
10	08:40:00	Stuart	Stow	Twickenham CC
11	08:41:00	Mark	Valios	Bigfoot CC
12	08:42:00	Drew	Hosie	a3crg
13	08:43:00	Bryn	Reeves	Horsham Cycling
14	08:44:00	Ken	Rayson	a3crg
15	08:45:00	Andy	Lack	Paceline RT
16	08:46:00	Andrew	Murray	Team Corridori
17	08:47:00	Barry	Eeles	North Hampshire RC
18	08:48:00	Peter	Franks	Charlotteville Cycling Club
19	08:49:00	Iain	Beable	Clapham Chasers
20	08:50:00	Mark	Smith	Crawley Wheelers
21	08:51:00	Joshua	Haasz	VC de Londres
22	08:52:00	Joseph	Sheriff	100% ME
23	08:53:00	Andrew	Thomas	Dulwich Paragon CC
24	08:54:00	Chris	Jolliffe	Crawley Wheelers
25	08:55:00	Gary	Allan	G A Cycles
26	08:56:00	Tony	Day	Bigfoot CC
27	08:57:00	Michael	Draper	Charlotteville Cycling Club
28	08:58:00	Nigel	Sign	Fareham Wheelers CC
29	08:59:00	Peter	Butler	Charlotteville Cycling Club
30	09:00:00	Tim	Summerhayes	Clapham Chasers
31	09:01:00	Rob	Walker	High Wycombe CC
32	09:02:00	Martin	O'Sullivan	Teddington and Turing Velo
33	09:03:00	Russell	Williams	Kingston Phoenix RC
34	09:04:00	Rome	Bhamra	Worthing Excelsior CC
35	09:05:00	Matt	Cleaver	Blazing Saddles
36	09:06:00	Eddie	Allen	Redmon CC
37	09:07:00	Alan	Emmott	Fareham Wheelers CC
38	09:08:00	Nicholas	Smale	Cheltenham & County Cycling Club
39	09:09:00	David	Butler	Charlotteville Cycling Club
40	09:10:00	Ben	Wimporry	PMR @ Toachim House
41	09:11:00	Stephen	Ralston	London Dynamo
42	09:12:00	Stephen	Wood	Antelope Racing Team
43	09:13:00	Theo	Tadros	In-Gear Quickvit Trainsharp RT
44	09:14:00	Martin	Yardley	Southborough & Dist. Whs
45	09:15:00	Phil	Ember	Paceline RT
46	09:16:00	Simon	Holder	PBscience.com
47	09:17:00	Neil	Richardson	Folkestone Velo Club
48	09:18:00	Gareth	Williams	Twickenham CC
49	09:19:00	Dan	Thisdell	Tandem Club
50	09:20:00	Mark	Newton	Elite Cycling
51	09:21:00	Jonathan	Thomas	Epsom CC
52	09:22:00	Jon	Fry	Horsham Cycling

53	09:23:00	Paul	Cannon	Epsom CC
54	09:24:00	Gregor	Lock	Farnborough & Camberley CC
55	09:25:00	Ben	Elliott	Paceline RT
56	09:26:00	Trevor	Leeding	Worthing Excelsior CC
57	09:27:00	Ade	Fadero	Sussex Nomads CC
58	09:28:00	Colin	Gray	Norwood Paragon CC
59	09:29:00	Martin	Whitty	a3crg
60	09:30:00	Peter	Tadros	In-Gear Quickvit Trainsharp RT
61	09:31:00	Chris	Lord	Brighton Excelsior CC
62	09:32:00	Ian	White	Farnham RC
63	09:33:00	Robert	Watson	North Hampshire RC
64	09:34:00	Ben	Hardisty	East Grinstead CC
65	09:35:00	Mike	Appleyard	Lancashire RC
66	09:36:00	Ian	Bashford	Old Portlians CC
67	09:37:00	Peter	Gray	Old Portlians CC
68	09:38:00	Paul	Cloudsdale	Bigfoot CC
69	09:39:00	Richard	Guy	Woking Cycle Club
70	09:40:00	Alex	Ioannides	Dulwich Paragon CC
71	09:41:00	Steve	Mead	Didcot Phoenix CC
72	09:42:00	Christophe	Demoulin	Peterborough CC
73	09:43:00	Hugh	Pelling	Old Portlians CC
74	09:44:00	Peter	Wilson	Bath Cycling Club
75	09:45:00	Richard	Tully	Elite Cycling
76	09:46:00	Robert	Taylor	Bec CC
77	09:47:00	Richard	Miles	Bognor Regis CC
78	09:48:00	John	Allen	Redmon CC
79	09:49:00	Huw	Lloyd	Farnham RC
80	09:50:00	Stephen	Whitewick	VeloRefined.com Aerosmiths
81	09:51:00	Edward	Renwick	Oxford City RC
82	09:52:00	Norman	Griffin	Vive Le Velo
83	09:53:00	Andrew R	Green	Bec CC
84	09:54:00	Jason	Fisher	Westerley Cycling Club
85	09:55:00	Matthew	Charlton	Farnborough & Camberley CC
86	09:56:00	Gawie	Nienaber	Farnham RC
87	09:57:00	Steve	Avery	Bigfoot CC
88	09:58:00	David	Haggart	De Laune CC
89	09:59:00	Alec	Mayes	Ashford Whs
90	10:00:00	James	Rix	Crawley Wheelers
91	10:01:00	Andrew	Ferry	Bigfoot CC
92	10:02:00	Martin	Stanley	Didcot Phoenix CC
93	10:03:00	Martin	Booker	Worthing Excelsior CC
94	10:04:00	Vernon	Schutte	Farnborough & Camberley CC
95	10:05:00	Philip	Watts	North Hampshire RC
96	10:06:00	Jonathan	Hobby	North Hampshire RC
97	10:07:00	Edward	Smith	Islington Cycling Club
98	10:08:00	Tim	Carman	Farnborough & Camberley CC
99	10:09:00	David	Webb	Kingston Wheelers CC
100	10:10:00	James	Boyman	Neon Velo

## **NOTES ON THE ROAD SURFACE**

The road surface from the start is generally good until passing the Hen & Chicken pub on the way out. Thereafter, transverse cracks/joints in the tarmac result in a regular, jolting “ka-dunk” which may cause discomfort or for loose tri-bars to slip.

The large pothole(s) near the Veolia site (at around 3.5 miles) are currently filled.

On the eastbound leg, just before cresting the rise past the Hen & Chicken (after the side road has joined the main carriageway, very approximately around 6.9 miles), there is a pothole maybe 2-3 feet out from the clearway line. Probably just where you would naturally ride! The hole is maybe 15” wide by 3-4” front to back. Avoiding the hole will be most safely done by keeping well to the left at this point.

Beyond this point the surface is generally good until approaching Coxbridge roundabout at the Farnham end of the course. Here the road surface is poor in large patches, particularly the portion of the left-hand lane you would naturally use. Please exercise care on this section. A rider has recently suffered serious injury on this section by hitting a hole whilst checking over their shoulder in anticipation of moving to the right-hand lane for the turn.

The surface of Coxbridge roundabout itself is good.

Exiting Coxbridge roundabout there are a few sizeable holes about 3 feet out from the left. These are situated on the sweeping left bend leading away from the roundabout.

These notes are not intended to be exhaustive, but simply to bring the worst aspects to your attention.

