



Sussex Cyclists' Association

2016 PRESIDENT – MICK KILBY – VTTA (Surrey/Sussex Group)

Open 15 mile Time Trial Saturday 11th June 2016

Course G15/93

Incorporating Sussex Individual, Veterans and Team Championships

Event Secretary: Robin Johnson 7 Gorselands, Billingshurst, West Sussex RH14 9TT

Email: mr_rjohnson@outlook.com

Tel: 01403 783368 (or 07733 132043 on day of event)

Promoted for and on behalf of **Cycling Time Trials** under their rules and regulations

HQ

Steyping Centre

Fletcher's Croft

Steyping

West Sussex

Postcode BN44 3XZ

Open from 06:00

Plenty of parking is available.

Thank you in advance for not wearing cycling shoes or cleats in the hall.



Numbers at HQ only. After the event please return your race number to the event HQ in exchange for a cup of tea or coffee.

HQ to start: 2.2 miles

Finish to HQ: 1.6 miles

Route to start: Left out of the car park to the mini roundabout, then right onto the High Street. Proceed North to the A283 junction. Left and then immediately right onto the B2135, and continue to the start (**which is 0.4 miles north of the G25/93 start**). Quiet at the start please as there are nearby houses.

Course Records

Mens:	00:33:45	Mike Coyle	2014
Ladies:	00:40:25	Gina McGeever	2014
Vets	00:33:45	Mike Coyle	2014

Please note the following CTT regulations and recommendations

Helmets: CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.

Competitors' Machines: It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

Competitors' Vehicles: No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish (District regulation).

Safety Instructions: Details of any additional hazards not listed on the start sheet will be displayed at the signing on point.

Warming Up: Competitors are requested not to warm up on the course after the event has started.

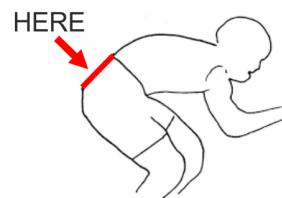
Observers: Official observers will be stationed around the course to ensure correct procedure (e.g. drafting and safety at roundabouts).

Results: No times will be given out at the finish line.

Race Numbers: The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers.

Body numbers should be fitted in accordance with Regulation 16 and Arm Numbers should be fitted to the upper arm with the number facing forwards (not inwards).

Be aware that "No time may be recorded if the number is incorrectly positioned".



Additional Safety Instructions

Competitors must exercise extra care at the start and at all roundabouts.

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OFFICIAL TIME KEEPERS

Start: Mick Kilby Lewes Wanderers CC
Finish: Kathleen Collard-Berry ...a3crg

Prizes

1 st	£20 + Champagne (value £25)	1 st Veteran (40-44)	Wine (value £5)
2 nd	£13 + Wine (value £5)	1 st Veteran (45-49)	Wine (value £5)
3 rd	£8 + Wine (value £5)	1 st Veteran (50-54)	Wine (value £5)
		1 st Veteran (55-59)	Wine (value £5)
		1 st Veteran (60-64)	Wine (value £5)
1 st Lady	£8 + Wine (value £5)	1 st Veteran (65-69)	Wine (value £5)
		1 st Veteran (70-74)	Wine (value £5)
1 st Team	Wine (value £5) each	1 st Veteran (75-79)	Wine (value £5)
		1 st Vet on Target	£5 + Wine
		2nd Vet on Target	Wine value £5

As Championship events, this race includes a selection of Trophies, Cups and Medals to be awarded to Sussex CA Riders in various categories:

First Championship Cup for a year, plus Sussex C.A. medal

2nd Sussex C.A. medal

3rd Sussex C.A. medal

1st Lady Sussex C.A. medal

1st Team Sussex C.A. medal

1st Veteran on CTT Target Time Sussex C.A. medal

2nd Veteran on CTT Target Time Sussex C.A. medal

3rd Veteran on CTT Target Time Sussex C.A. medal

Cups and medals to be presented at the Annual Sussex Cyclists' Association lunch and prize presentation to be held on Sunday 4th December, 2016. Venue Dial Post Village Hall.
£10 to Robin Johnson not later than 28th November, 2016.

PLEASE NOTE

Prize Presentation

To be held as soon as possible after the event..

Please stay to receive your awards and/or applaud the recipients.

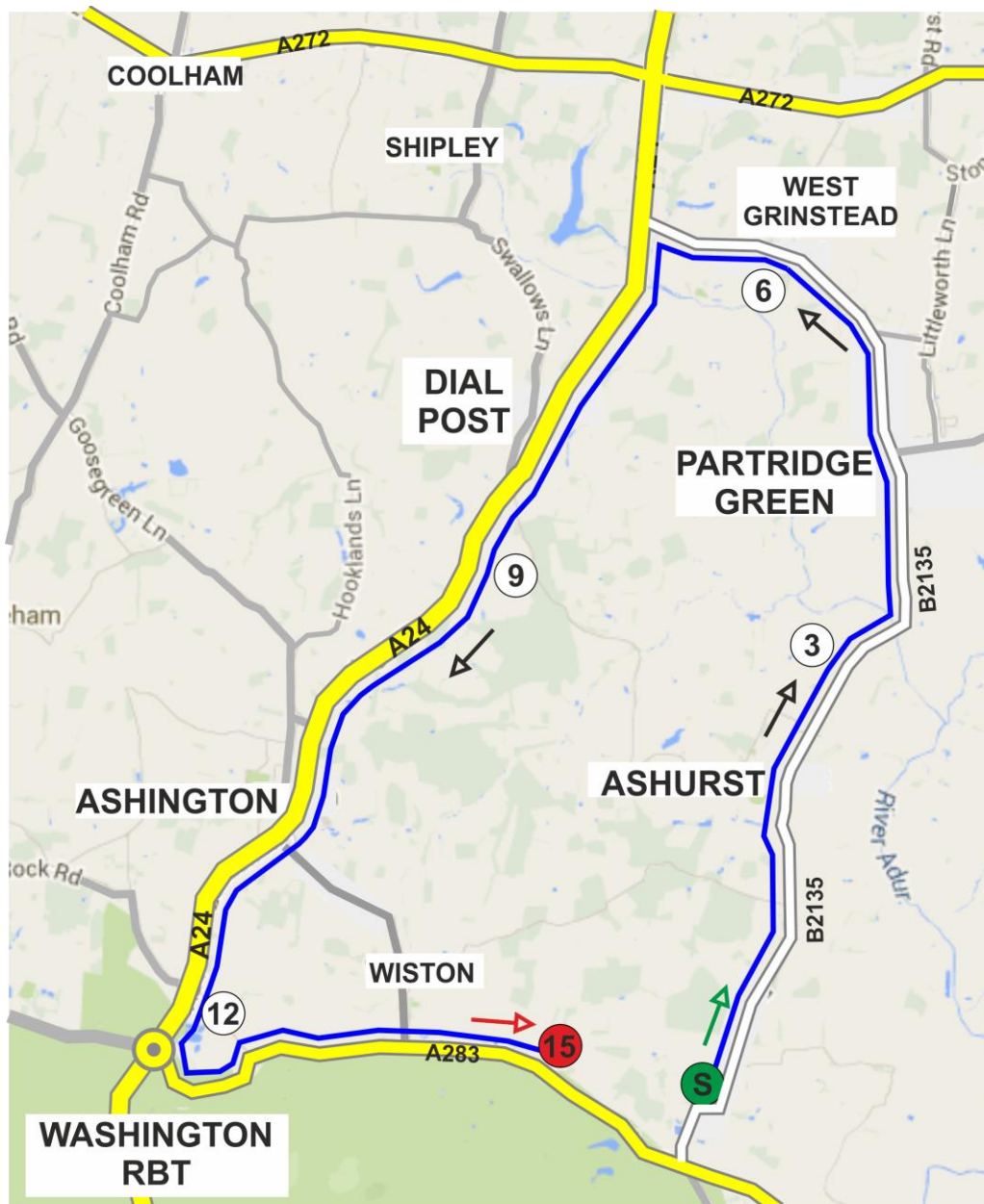
Lottery Prizes

To be awarded at the prize presentation.

A bottle of wine, value £5, to each of the first two names drawn.

To be eligible, be present and be a finisher.

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OS REF (TQ)	COURSE DIRECTIONS – G15/93	MILES	
174134	START on B2135 at reflective marker pole in unclassified road, 10 yards south of Post Box and 0.40 mile north of G25/93 Start by Wappingthorn House. (Marker pole is the one nearest B2135 and has a little yellow paint.)	0.00	0.00
165214	Proceed north on B2135 via Ashurst and Partridge Green to T junction with A24 at West Grinstead	6.31	6.31
120134	LEFT and follow A24 south to Washington RBT (roundabout) (CHECK)	5.81	12.12
161130	LEFT 1 st exit and follow A283 via Wiston crossroads to FINISH 0.15 mile (265 yards) before G10/97 Start, 226 yards west of entrance to Hammes Farm, at drain cover, marked in yellow	2.88	15.00

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No.	Start Time	Name	Name	Club	Gender	Category	Age	Target Time
3	07:03:00	Robin Rhianno	Johnson	Brighton Mitre CC	Male	Veteran	68	00:46:01
4	07:04:00	n	Davies	AeroCoach	Female	Senior	27	N/a
5	07:05:00	Ian	Cheesman	Worthing Excelsior CC	Male	Veteran	47	0:39:28
6	07:06:00	Ian	Newbold	Eastbourne Rovers CC	Male	Veteran	43	00:38:20
7	07:07:00	nik	allen	Worthing Excelsior CC	Male	Veteran	44	00:38:37
8	07:08:00	Alan	Robinson	Central Sussex CC	Male	Veteran	75	00:48:26
9	07:09:00	Schaeff	Potter	Worthing Excelsior CC South Downs Bikes / Casco	Male	Junior	17	N/a
10	07:10:00	Kevin	Plummer	Europe	Male	Veteran	50	00:40:23
11	07:11:00	Mike	O'Gorman	Worthing Excelsior CC	Male	Veteran	64	00:44:42
12	07:12:00	Jon	Fry	Horsham Cycling	Male	Veteran	45	00:38:54
13	07:13:00	Geoff	Smith	Eastbourne Rovers CC	Male	Veteran	65	00:45:01
14	07:14:00	Lee	McGeever	Brighton Excelsior CC	Male	Veteran	46	00:39:11
15	07:15:00	David	Pollard	In-Gear Quickvit Trainsharp RT	Male	Veteran	59	00:43:06
16	07:16:00	Howard	Bayley	Blazing Saddles	Male	Veteran	41	00:37:47
17	07:17:00	Martin	Booker	Worthing Excelsior CC	Male	Veteran	47	00:39:28
18	07:18:00	Gina	McGeever	Lewes Wanderers CC South Downs Bikes / Casco	Female	Veteran	44	00:38:37
19	07:19:00	Claire	Leonard	Europe South Downs Bikes / Casco	Female	Veteran	44	00:38:37
20	07:20:00	Simon	McNamara	Europe	Male	Veteran	41	00:37:47
21	07:21:00	Rick	Hughes	Worthing Excelsior CC	Male	Veteran	53	00:41:15
22	07:22:00	Karen	McGrath	Worthing Excelsior CC	Female	Veteran	54	00:41:35
23	07:23:00	Katerina	Avramides	Brighton Mitre CC	Female	Senior	35	N/a
24	07:24:00	mark	vowells	CC Bexley	Male	Veteran	63	00:44:23
25	07:25:00	Steven	Kane	Brighton Excelsior CC	Male	Senior	27	N/a
26	07:26:00	John	Mcgrath Vanderhaa	Worthing Excelsior CC	Male	Veteran	52	00:40:57
27	07:27:00	Tamar	s	Lewes Wanderers CC	Female	Veteran	40	00:37:30
28	07:28:00	Mike	Marchant	Southdown Velo	Male	Veteran	59	00:43:06
29	07:29:00	Peter	Owen	Norwood Paragon CC	Male	Veteran	55	00:41:54
30	07:30:00	Dominic	Maxwell	Worthing Excelsior CC	Male	Veteran	43	00:38:20
31	07:31:00	Jack	Churchill	Brighton Excelsior CC	Male	Juvenile	15	N/a
32	07:32:00	Brett	Davis	Lewes Wanderers CC Brighton Phoenix Triathlon	Male	Veteran	43	00:38:20
33	07:33:00	Paul	Wishart	Club	Male	Veteran	48	00:39:46
34	07:34:00	Neil	Crowther	Worthing Excelsior CC	Male	Veteran	43	00:38:20
35	07:35:00	Pat	Wright	Paceline RT	Male	Senior	31	N/a
36	07:36:00	John	Frost	Redmon CC	Male	Veteran		TANDEM
36	07:36:00	David	Eccles	Redmon CC	Male	Veteran		TANDEM

SUSSEX CA CYCLE JUMBLE SALE

And just to finish off. Please come and support the Association Cycle Jumble Sale on Saturday 20th August.

It's at Steyning Centre, Steyning, BN44 3XZ. It's from 09:00 to 12:30. Tables are £8.00 from 07:00

Contact: Robin Johnson 01403 783368 for booking a table or for donations of old equipment.

www.sussexca.org.uk