



High Wycombe Cycling Club



The Jack Pearson Memorial 25 Mile Time Trial

Sunday 22nd May 2016 on the Course H25/2

(For and on behalf of Cycling Time Trials under their Rules and Regulations)

This is a BBAR qualifying event



Event Headquarters:

ALFLETICS, Westhorpe Farm Lane, Marlow. SL7 3RQ

This event is kindly sponsored by:

Last Mile
ENDURANCE SUPPLEMENTS

VERCO
OFFICE FURNITURE LIMITED

Time Keepers:

Mick Fountain

Marion Fountain

Didcot Phoenix CC

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Event Organiser:

Nigel Croxford

Tanglewood, 57 Summerleys Road,

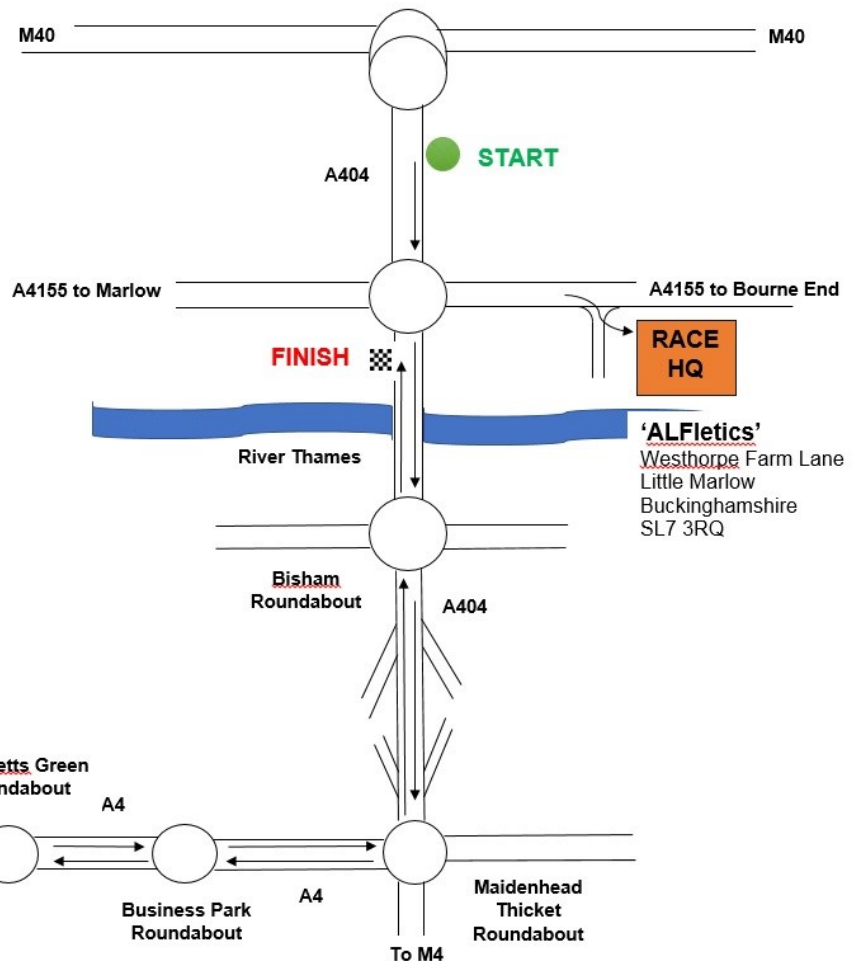
Princes Risborough. Bucks. HP27 9PZ

01844 346656/07930 340144

nkcroxford@gmail.com

H25/2 25 mile course

Please allow at least 15 minutes to ride up the A404 Dual Carriageway (uphill) to the M40 Roundabout and back down on the opposite carriageway to the Start



Course Description

Start on the A404 approximately 0.4 mile south of Handy Cross RAB, in the first lay-by on the east side of the road, at a point at the southern end of the pathway, where the width of the lay-by Starts to decrease, directly opposite a drain.

Go south, going straight across (M1 & M2) at the A308/A404 RAB to the junction with the A4, where take the left hand slip road (M3 & M4) to the Maidenhead Thicket RAB.

Take third exit (M5, M6 & M7) to join the A4 towards Reading.

Go straight ahead at Maidenhead Business Park RAB (M8 & M9) and keep straight-ahead (M10) at the Burchetts Green mini-RAB.

Go straight through Knowl Hill and Hare Hatch to the A321 Twyford RAB where go straight across (M11 & M12) and, taking care at the pedestrian lights at Charvil (M13), continue to the Sonning Junction RAB.

Circle the RAB (M14, M15 & M16) (Check) and retrace, taking care at the pedestrian lights at Charvil (M13) to go straight across (M11 & M12) at the A321 Twyford RAB and through Hare Hatch and Knowl Hill to the mini-RAB at the Burchetts Green mini RAB, where bear right (M10 & M17) still on the A4 to the Maidenhead Business Park RAB

Go straight on (M8 & M9) to the Maidenhead Thicket RAB.

Bear left (M18) down slip road to join A423/A404 to the A308 RAB where take second exit (M1 & M2) on A404 to a point 17 yards past the centre of a foot bridge over the road, and 32 yards short of lamp post No 14 where finish.

INFORMATION REGARDING THE COURSE AND RACE HQ

1. Race HQ will be opened at 6:00am
2. All riders are expected to know the course, they should not rely upon marshals
3. Take care when approaching the Bisham Roundabout (from both directions), it can be very busy, and visibility is limited until you are at the roundabout.
4. Please note the position of the slip road leading up to the right turn at the Maidenhead Thicket Roundabout (Intersection with the A4). This is the **second** slip road after the Bisham Roundabout.
5. **Do not stop at the Finish Point, immediately** take the slip road and turn right to go back to Race HQ
6. Please note that the Race HQ has full shower and changing room facilities, as well as a paved covered area that can be used for setting up turbos for warming up (access is via a gate at the rear).
7. London West DC Regulation:
 - i. LWDC Reg. 4: No vehicles except those of the Timekeepers shall be parked at the start or finish.
8. The Race HQ is a new athletics facility, and has full changing and showering facilities. There is also a paved and covered area at the back that can be used for warming up.
9. Catering is kindly provided by Wycombe Phoenix Harriers.

No.	Name	Club	Cat.	Std.	Start time
1	Philip Porteous	High Wycombe CC	Vet	1:09:19	07:01
2	Stephen Ralston	London Dynamo	Sen		07:02
3	Peter Gray	Old Portlians CC	Vet	1:10:38	07:03
4	David Welling	Farnham RC	Vet	1:10:57	07:04
5	Kevin Haynes	Finsbury Park CC	Vet	1:06:51	07:05
6	Roderick MacFadyen	Reading CC	Vet	1:09:05	07:06
7	Robert Barrett	High Wycombe CC	Vet	1:11:58	07:07
8	Paul Cloudsdale	Bigfoot CC	Vet	1:06:39	07:08
9	Philip Ward	Tandem Club	Vet	1:08:14	07:09
10	Nic Stagg	Hounslow & District Whs	Vet	1:07:03	07:10
11	Dave Warne	Bigfoot CC	Vet	1:10:21	07:11
12	David Newman	Westerley Cycling Club	Sen		07:12
13	Paul Winkley	East Grinstead CC	Vet	1:10:04	07:13
14	Elly Crockford	Zappi's Ladies Race Team	Sen		07:14
15	Andrew Wright	High Wycombe CC	Vet	1:07:38	07:15
16	Ian Bashford	Old Portlians CC	Vet	1:10:21	07:16
17	Dan Blake	Oxonian CC	Sen		07:17
18	Wayne Meek	Westerley Cycling Club	Sen		07:18
19	Sally White	High Wycombe CC	W.Vet	1:13:41	07:19
20	Tim Summerhayes	Clapham Chasers	Sen		07:20
21	Richard Williams	Bigfoot CC	Vet	1:08:26	07:21
22	Michael Draper	Charlotteville Cycling Club	Vet	1:10:04	07:22
23	Ian Marshall	Bicester Millennium CC	Vet	1:07:38	07:23
24	Mark Weight	Kingston Wheelers CC	Vet	1:07:26	07:24
25	Kevin Grimshaw	Bigfoot CC	Vet	1:07:50	07:25
26	Edward Nunn	Berkshire Tri Squad	Sen		07:26
27	Ben Houston	East Grinstead CC	Sen		07:27
28	Joanna Wells	Hounslow & District Whs	W.Vet	1:14:38	07:28
29	David Barry	Team Bottrill	Vet	1:12:20	07:29
30	Pat Wright	Paceline RT	Sen		07:30
31	Patrick Brennan	a3crg	Sen		07:31
32	Jody Conibear	Hemel Hempstead CC	W		07:32
33	Robert Royle-Evatt	Addiscombe CC	Vet	1:07:38	07:33
34	Jonny Allen	Islington Cycling Club	Sen		07:34
35	Timothy Allen	R P Vision Racing Team	Sen		07:35
36	Damian Poulter	Hounslow & District Whs	Vet	1:06:26	07:36
37	Andy Davies	High Wycombe CC	Sen		07:37
38	Gerry Peppin	Corinium Cycle Club	Vet	1:08:39	07:38
39	Stephen Shipley	Giro Prestige	Vet	1:07:26	07:39
40	Richard Gifford	In-Gear Quickvit Trainsharp RT	Vet	1:08:39	07:40
41	Jason Hales	Royal Leamington Spa Cycling Club	Sen		07:41
42	Anthony Newland	Bossard Whs	Vet	1:08:02	07:42
43	Rick Gradidge	SW Rouleurs	Vet	1:06:51	07:43
44	Trevor Watson	Bossard Whs	Vet	1:09:34	07:44
45	Ben Wimpory	PMR @ Toachim House	Sen		07:45
46	Peter Harridge	Icknield RC	Vet	1:10:21	07:46
47	Robin Vessey	Mickey Cranks Cyling Club	Vet	1:08:39	07:47
48	Lindsey Ackland	Royal Leamington Spa Cycling Club	W		07:48
49	Bob Loader	Sydenham Whs	Vet	1:24:16	07:49
50	Paul Callinan	London Dynamo	Vet	1:07:03	07:50
51	Martin Winter	Twickenham CC	Vet	1:08:14	07:51
52	Graham Pepperdine	Verulam CC	Vet	1:08:26	07:52
53	Keith Revell	London Dynamo	Vet	1:09:49	07:53

No.	Name	Club	Cat.	Std.	Start time
54	Paul Woodham	Bossard Whs	Vet	1:11:36	07:54
55	John Sullivan	Westerley Cycling Club	Vet	1:08:26	07:55
56	Richard Moule	Bossard Whs	Vet	1:10:04	07:56
57	Katie Crowe	Dulwich Paragon CC	W.Vet	1:11:14	07:57
58	Joanna Spragg	Bossard Whs	W.Vet	1:11:56	07:58
59	Delia Beddis	Les Filles Racing Team	W		07:59
60	John Lacey	Hemel Hempstead CC	Vet	1:08:26	08:00
61	Andrew Ferry	Bigfoot CC	Vet	1:07:38	08:01
62	Matthew Whitaker	Paceline RT	Vet	1:07:50	08:02
63	Michael Gowan	Festival Road Club	Vet	1:15:09	08:03
64	Julie Chasin	Twickenham CC	W.Vet	1:11:28	08:04
65	Mark Brambleby	Northover VT / Rudy Project	Vet	1:08:02	08:05
66	Stuart Hewlins	Hounslow & District Whs	Vet	1:07:03	08:06
67	Doug Bentall	Southborough & Dist. Whs	Vet	1:08:02	08:07
68	David Haggart	De Laune CC	Vet	1:09:05	08:08
69	Matthew Ford	Epsom CC	Sen		08:09
70	Geoff Powell	High Wycombe CC	Vet	1:09:05	08:10
71	Tim Childs	Westerley Cycling Club	Vet	1:08:39	08:11
72	Ben Brandon	Team Bottrill	Vet	1:07:50	08:12
73	Jim Watchorn	Royal Air Force Cycling Association	Sen		08:13
74	Eric Downing	Kingston Wheelers CC	Sen		08:14
75	Mark Perry	Look Mum No Hands!	Sen		08:15
76	Robert Gilmour	Hounslow & District Whs	Vet	1:11:36	08:16
77	David Rogers	Hemel Hempstead CC	Vet	1:09:49	08:17
78	Michael Parker	TMG Horizon Cycling Team	Vet	1:08:14	08:18
79	Jason Fisher	Westerley Cycling Club	Vet	1:06:26	08:19
80	James Middleton	Media Velo	Sen		08:20
81	Paul Holdsworth	Hounslow & District Whs	Vet	1:08:26	08:21
82	James Denham	SW Rouleurs	Sen		08:22
83	Chris Waddell	Tri London	Vet	1:06:13	08:23
84	Neal Marrin	Finsbury Park CC	Vet	1:07:15	08:24
85	Tim Davies	Icknield RC	Vet	1:07:38	08:25
86	Mark Valios	Bigfoot CC	Vet	1:06:26	08:26
87	Simon Mitchell	Horsham Cycling	Vet	1:07:03	08:27
88	Richard Carrington	London Dynamo	Vet	1:08:26	08:28
89	Alison Vessey	Mickey Cranks Cyling Club	W.Vet	1:16:40	08:29
90	Phil Brown	Didcot Phoenix CC	Vet	1:06:51	08:30
91	Henrik Persson	Kingston Wheelers CC	Sen		08:31
92	Julian Middlewick	Hampshire RC	Vet	1:06:39	08:32
93	Teresa Goddard	Kingston Wheelers CC	W.Vet	1:13:55	08:33
94	James Cadman	Hounslow & District Whs	Sen		08:34
95	Andrew Halliday	Westerley Cycling Club	Vet	1:06:51	08:35
96	Julian King	Welwyn Whs	Vet	1:07:26	08:36
97	David Watt	Kingston Phoenix RC	Sen		08:37
98	James Schofield	Cowley Road Condors	Sen		08:38
99	Daniel Homer	London Phoenix CC	Vet	1:07:03	08:39
100	Liam Maybank	Twickenham CC	Vet	1:06:51	08:40
101	Paul Clarkson	Kingston Wheelers CC	Vet	1:08:14	08:41
102	Richard Hutt	Harp RC	Vet	1:09:49	08:42
103	Ewan Macdonald	Oxonian CC	Sen		08:43
104	Paul New	High Wycombe CC	Vet	1:07:26	08:44
105	Stuart Stow	Twickenham CC	Vet	1:08:14	08:45
106	Mike O'Gorman	Worthing Excelsior CC	Vet	1:11:36	08:46
107	Roger Taylor	Frome and District Wheelers	Vet	1:14:06	08:47

No.	Name	Club	Cat.	Std.	Start time
108	Dena Ford	High Wycombe CC	W.Vet	1:13:28	08:48
109	James Harrison	Media Velo	Sen		08:49
110	Peter Lawrence	High Wycombe CC	Vet	1:06:51	08:50
111	Geoff Bunyan	Bossard Whs	Vet	1:09:05	08:51
112	Thomas Pfeiffer	Dulwich Paragon CC	Vet	1:07:03	08:52
113	David England	Crabwood CC	Vet	1:15:09	08:53
114	Nick Morgan	Hitchin Nomads CC	Sen		08:54
115	Rachael Elliott	Newbury RC	W		08:55
116	Marc Preece	Royal Air Force Cycling Association	Vet	1:06:13	08:56
117	Chris Ford	High Wycombe CC	Vet	1:08:39	08:57
118	Benjamin Pritchard	CC London	Sen		08:58
119	Phil Crouch	High Wycombe CC	Vet	1:10:38	08:59
120	George Clark	Catford CC	Sen		09:00

Thanks to the generous sponsorship of Verco Office Furniture and Last Mile Endurance Supplements, we have a very attractive prize list, comprising of money and Last Mile product.

	Seniors	Women	Vets on Std.	Men's Team (per rider)	Women's Team (per rider)
1st	£50	£50	£50	£30	£30
2nd	£45	£45	£45		
3rd	£40	£40	£40		
4th	£35	£35	£35		
5th	£30	£30	£30		
6th	£25	£25	£25		

The fastest rider will receive and hold the coveted Wilkinson Sword Trophy for 1 year .

Please stay for the prize giving, the winners will appreciate your company

Have a good ride, stay safe, and remember - head up at all times!!