



Sussex Cyclists' Association

2016 President – Mick Kilby – VTTA (Surrey & Sussex Group)



Open 25 Mile Time Trial – **Sunday 1st May 2016** – Course G25/93

Promoted for and on behalf of **Cycling Time Trials** under their rules and regulations

Incorporating the Sussex 25 mile Championship

Result Sheet

Event Secretary Steve Dennis (East Grinstead CC)
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Timekeepers Mick Kilby (Lewes Wanderers CC) and Mick Irons (Worthing Excelsior CC)

Prize Winners

Category	Pos	Rider	Club	Time / Plus	Prize
Fastest Overall	1st	Chris McNamara	Nuun-Sigma Sport-London RT	0:53:17	£40.00
	2nd	Simon McNamara	South Downs Bikes	0:53:47	£30.00
	3rd	Conall Yates	In-Gear Quickvit Trainsharp RT	0:53:49	£25.00
	4th	Gary Brind	South Downs Bikes	0:54:21	£20.00
	5th	Robert Rollings	Lewes Wanderers CC	0:55:30	£15.00
Veteran on CTT Target Times	1st	Mike O'Gorman	Worthing Excelsior CC	+ 12:40	£20.00
	2nd	Christian Yates	East Grinstead CC	+ 12:29	£15.00
	3rd	Geoff Smith	Eastbourne Rovers CC	+ 12:23	£10.00
Fastest Lady	1st	Laura Bartlett	a3crg	1:02:27	£25.00
	2nd =	Tamar Vanderhaas	Lewes Wanderers CC	1:05:18	£20.00
	2nd =	Amy Forshaw	In-Gear Quickvit Trainsharp RT	1:05:18	£20.00
Fastest Jun/Juv	1st	Jack Churchill	Brighton Excelsior CC	1:03:39	£10.00
Fastest Team of 3	1st	Simon McNamara	South Downs Bikes	0:53:47	£10.00
		Gary Brind	South Downs Bikes	0:54:21	£10.00
		Kevin Plummer	South Downs Bikes	0:56:41	£10.00
	Total Team Time			2:44:49	
	2nd	Conall Yates	In-Gear Quickvit Trainsharp RT	0:53:49	£8.00
	Richard Gifford	In-Gear Quickvit Trainsharp RT	0:57:57	£8.00	
	Carl Richardson	In-Gear Quickvit Trainsharp RT	0:58:41	£8.00	
Total Team Time			2:50:27		

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Overall Result

Rank	Race No	Name	Club	Cat	Actual Time	Plus on CTT TT	Pos on CTT TT
1	75	Chris McNamara	Nuun-Sigma Sport-London RT	V	0:53:17	+ 09:41	8
2	60	Simon McNamara	South Downs Bikes	V	0:53:47	+ 09:11	10
3	70	Conall Yates	In-Gear Quickvit Trainsharp RT	S	0:53:49	-	-
4	49	Gary Brind	South Downs Bikes	V	0:54:21	+ 09:04	11
5	41	Robert Rollings	Lewes Wanderers CC	S	0:55:30	-	-
6	20	Steven Kane	Brighton Excelsior CC	S	0:55:40	-	-
7	55	Christian Yates	East Grinstead CC	V	0:56:16	+ 12:29	2
8	56	Kevin Plummer	South Downs Bikes	V	0:56:41	+ 10:34	6
9	51	Liam Yates	Neon Velo	S	0:57:14	-	-
10	30	Steve Williamson	a3crg	V	0:57:21	+ 07:00	18
11	40	Phil Allen	South Downs Bikes	S	0:57:54	-	-
12	66	James Ryan	Team ASL360	S	0:57:55	-	-
13	65	Richard Gifford	In-Gear Quickvit Trainsharp RT	V	0:57:57	+ 10:48	5
14	50	Paul Byford	Crawley Wheelers	V	0:58:30	+ 08:45	13
15	17	David Clements	Eastbourne Rovers CC	V	0:58:41	+ 05:40	22
15	25	Carl Richardson	In-Gear Quickvit Trainsharp RT	V	0:58:41	+ 09:04	11
17	22	John Tindell	Brighton Phoenix Triathlon Club	S	0:58:50	-	-
18	63	Jason Gilbert	South Downs Bikes	V	0:58:54	+ 04:04	30
19	36	Matt Coombs	Lewes Wanderers CC	V	0:59:29	+ 05:21	24
20	10	Brian Molloy	Brighton Excelsior CC	V	0:59:37	+ 06:39	21
21	45	Trevor Leeding	Worthing Excelsior CC	V	0:59:38	+ 07:37	15
22	61	Stu Nisbett	Crawley Wheelers	V	0:59:40	+ 03:45	31
23	18	Barrie Robinson	Sunderland Clarion	V	1:00:07	+ 05:11	25
24	46	Joseph Sheriff	Gibraltar Cycling Association	S	1:00:14	-	-
25	31	Jon Masters	Norwood Paragon CC	V	1:00:42	+ 08:03	14
26	57	Martin Booker	Worthing Excelsior CC	V	1:00:46	+ 05:01	28
27	26	Stephen Morgan	Tooting BC	V	1:01:09	+ 05:07	26
28	12	Samuel Ramsey	Lewes Wanderers CC	V	1:01:16	+ 06:58	19
29	62	Richard Miles	Bognor Regis CC	V	1:01:18	+ 10:00	7
30	52	Rick Hughes	Worthing Excelsior CC	V	1:01:32	+ 07:13	17
31	67	Tony Reeves	GS Stella	V	1:01:37	+ 02:44	36
32	5	Mike O'Gorman	Worthing Excelsior CC	V	1:01:51	+ 12:40	1
33	35	Jon Glaysher	a3crg	S	1:02:00	-	-
34	6	James Stone	Brighton Excelsior CC	V	1:02:17	+ 03:30	33
35	11	Ian Cheesman	Worthing Excelsior CC	V	1:02:22	+ 03:25	34
36	14	Adam Grange	East Grinstead CC	V	1:02:26	+ 02:52	35
37	33	Laura Bartlett	a3crg	WS	1:02:27	-	-
38	68	Geoff Smith	Eastbourne Rovers CC	V	1:02:40	+ 12:23	3
39	21	Mark Jones	GS Stella	V	1:02:43	+ 07:33	16
40	15	Ian Bashford	Old Portlians CC	V	1:02:48	+ 09:33	9
41	42	Conor Clancy	Brighton Excelsior CC	S	1:02:54	-	-
42	37	Colin Barton	Worthing Excelsior CC	V	1:02:58	+ 06:47	20
43	43	Paul Thatcher	Brighton Mitre CC	V	1:03:12	+ 05:02	27
44	71	James Horan	South Downs Bikes	V	1:03:28	+ 01:50	37
45	16	John Marinko	Brighton Mitre CC	V	1:03:36	+ 03:39	32
46	64	Jack Churchill	Brighton Excelsior CC	Jv	1:03:39	-	-
47	8	Colin Toppin	Brighton Excelsior CC	V	1:04:01	- 00:08	42
48	47	Donald Parker	Brighton Mitre CC	V	1:04:03	+ 12:07	4
49	72	Peter Moon	Eastbourne Rovers CC	V	1:04:07	+ 05:38	23
50	4	Jez Shotter	Brighton Excelsior CC	V	1:04:22	+ 00:56	41
51	58	Ian Newbold	Eastbourne Rovers CC	V	1:04:23	- 00:30	44
52	74	Darren Haynes	Crawley Wheelers	V	1:05:01	- 00:11	43
53	32	Tamar Vanderhaas	Lewes Wanderers CC	WV	1:05:18	+ 00:58	40

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Overall Result

Rank	Race No	Name	Club	Cat	Actual Time	Plus on CTT TT	Pos on CTT TT
53	38	Amy Forshaw	In-Gear Quickvit Trainsharp RT	WS	1:05:18	-	-
55	69	Chris Dunstan	Brighton Excelsior CC	Jv	1:05:52	-	-
56	2	Nick Eisinger	Dorking CC	V	1:06:18	- 02:25	46
57	34	Gina McGeever	Lewes Wanderers CC	WV	1:06:31	+ 01:43	38
58	7	Peter Rowe	Southborough & Dist. Whs	V	1:06:34	+ 01:11	39
59	39	Katerina Avramides	Brighton Mitre CC	WS	1:07:16	-	-
60	59	Fabien Large	Hastings & St. Leonards CC	Jv	1:07:20	-	-
61	48	Phil Freat	Worthing Excelsior CC	V	1:08:40	+ 04:13	29
62	53	Neil Hughes-Hutchings	Morden CRC	S	1:09:08	-	-
63	54	Martin Naylor	Brighton Excelsior CC	V	1:09:29	- 04:11	48
64	29	Melanie Sang	Sunderland Clarion	WV	1:10:37	- 01:52	45
65	24	Chris Parker	Hastings & St. Leonards CC	V	1:15:54	- 03:33	47
66	13	Richard Carrington	London Dynamo	V	1:17:12	- 08:58	49
-	3	Andrew Drake	East Grinstead CC	S	DNS (A)	-	-
-	9	Paul Townsley	Worthing Excelsior CC	V	DNS (A)	-	-
-	19	Ian Ohara	Sydenham Wheelers	V	DNS (A)	-	-
-	23	Ben Fielden	GS Stella	V	DNS (A)	-	-
-	27	Shaun Marlor	Bec CC	V	DNS (A)	-	-
-	28	Stephen Gaston	Lewes Wanderers CC	V	DNS (A)	-	-
-	44	Jez Parsons	Brighton Excelsior CC	V	DNS (A)	-	-
-	73	Andrew Green	Old Portlians CC	V	DNS (A)	-	-

Sussex 25 mile Championship Awards

Category	Pos	Rider	Club	Time/Plus	Award
Fastest Overall	1st	Simon McNamara	South Downs Bikes	0:53:47	Boniface Cup & Medal
	2nd	Conall Yates	In-Gear Quickvit Trainsharp RT	0:53:49	Medal
	3rd	Gary Brind	South Downs Bikes	0:54:21	Medal
Veteran on CTT Target Times	1st	Mike O'Gorman	Worthing Excelsior CC	+ 12:40	Horry Hemsley Cup & Medal
	2nd	Christian Yates	East Grinstead CC	+ 12:29	Medal
	3rd	Geoff Smith	Eastbourne Rovers CC	+ 12:23	Medal
Fastest Lady	1st	Laura Bartlett	a3crg	1:02:27	Medal
Fastest Junior	1st	Not awarded			Medal
Fastest Juvenile	1st	Jack Churchill	Brighton Excelsior CC	1:03:39	Medal
Fastest Team of 3	1st	Simon McNamara	South Downs Bikes	0:53:47	Medal
		Gary Brind	South Downs Bikes	0:54:21	
		Kevin Plummer	South Downs Bikes	0:56:41	
		Total Team Time		2:44:49	Lee Memorial Shield

All Sussex Championship awards are presented at the annual lunch – full details and tickets available from Robin Johnson Brighton Mitre CC

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This is also a qualifying event for

Sussex Best All Rounder Qualifying event for the Sussex Long distance, Middle distance and Short distance Best All Rounder competitions.

Sussex Points Competition Points will be awarded on the following basis: For overall, 30 points for first place, down to 1 point for 30th place. For women, 10 points for first place, down to 1 point for 10th place. For teams of three, the addition of the individual points from three riders from the same club, regardless of which events they have ridden.

Sussex Points Competition – points awarded for this event

Overall	Club	Points	Women	Club	Points
Simon McNamara	South Downs Bikes	30	Laura Bartlett	a3crg	10
Conall Yates	In-Gear Quickvit Trainsharp RT	29	Tamar Vanderhaas	Lewes Wanderers CC	9
Gary Brind	South Downs Bikes	28	Amy Forshaw	In-Gear Quickvit Trainsharp RT	9
Robert Rollings	Lewes Wanderers CC	27	Gina McGeever	Lewes Wanderers CC	7
Steven Kane	Brighton Excelsior CC	26	Katerina Avramides	Brighton Mitre CC	6
Christian Yates	East Grinstead CC	25			
Kevin Plummer	South Downs Bikes	24			
Steve Williamson	a3crg	23			
Phil Allen	South Downs Bikes	22			
James Ryan	Team ASL360	21			
Richard Gifford	In-Gear Quickvit Trainsharp RT	20			
Paul Byford	Crawley Wheelers	19			
Carl Richardson	In-Gear Quickvit Trainsharp RT	18			
David Clements	Eastbourne Rovers CC	18			
Jason Gilbert	South Downs Bikes	16			
Matt Coombs	Lewes Wanderers CC	15			
Brian Molloy	Brighton Excelsior CC	14			
Trevor Leeding	Worthing Excelsior CC	13			
Stu Nisbett	Crawley Wheelers	12			
Martin Booker	Worthing Excelsior CC	11			
Samuel Ramsey	Lewes Wanderers CC	10			
Rick Hughes	Worthing Excelsior CC	9			
Tony Reeves	GS Stella	8			
Mike O'Gorman	Worthing Excelsior CC	7			
Jon Glaysheer	a3crg	6			
James Stone	Brighton Excelsior CC	5			
Ian Cheesman	Worthing Excelsior CC	4			
Adam Grange	East Grinstead CC	3			
Laura Bartlett	a3crg	2			
Geoff Smith	Eastbourne Rovers CC	1			

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Don't miss other events promoted by the Sussex CA

Date	Distance	Details	Course	Promoter
Sat 11 Jun 2016	15 m	Sussex Championship	G15/93	Robin Johnson
Sun 03 Jul 2016	50 m	Sussex Championship	G50/10	Robin Johnson
Sun 31 Jul 2016	30 m	Sussex Championship	G30/91	Robin Johnson
Sat 27 Aug 2016	10 m	Sporting	G10/45	Robin Johnson
Mon 29 Aug 2016	25 m	Sporting	G25/49	Robin Johnson
Sat 01 Oct 2016	1672 yd Hill Climb	Sussex Championship	GH/92	Chris Putnam

And Championship events promoted by other Associations

Date	Distance	Details	Course	Promoter
Sun 24 Jul 2016	SCCU 100 m	Sussex Championship	G100/61	Rod Starmer
Sun 21 Aug 2016	KCA 12 hour	Sussex Championship	Q/12	Esther Carpenter

Keep up to date with what's going on with time trialling in Sussex ...

There are a range of competitions run by local Associations so, if your club is affiliated, and you're riding SCA or ESCA events, the chances are you'll automatically be included in a competition that you might not necessarily be aware of! Why not take a moment to familiarise yourself with what's on offer for individual riders and their affiliated clubs to add a bit of interest and friendly rivalry between riders and clubs. Regular competition updates, and a whole lot more, are posted throughout the season on the Association websites and Facebook groups

Sussex CA	Website	www.sussexca.org.uk/
	Facebook Group	www.facebook.com/groups/SussexCA/
East Sussex CA	Website	www.eastsussexca.org.uk/
	Facebook Group	www.facebook.com/groups/EastSussexCA/

Notes and Acknowledgments

Congratulations to all the prize winners and many thanks to everyone who supported the event whether by riding or helping on the day, including:

Timekeepers Mick Kilby and Mick Irons

Recorder Steve Dennis

Pushing off Dave Dallimore

Marshals Adrian Jones at the A24 West Grinstead, Peter Bedingfield at Washington roundabout, Bob Harber & Chris White at Bramber Castle roundabout, Richard Blackmore at Beeding Court roundabout and Richard Woodward & Ben Hardisty at the Shoreham roundabout.

Catering Carla and Emily Dennis

Results Ann Human