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# Sussex Cyclists' Association



2016 PRESIDENT – MICK KILBY – VTTA (Surrey/Sussex Group)

**Open 2 Up Team Time Trial (28.5 Miles) Sunday 17<sup>th</sup> April 2016**

Course GS/987

***Also a 12.3 Mile Option for Junior Riders***

**Event Secretary:** James Stone

31 Oxen Avenue, Shoreham By Sea, West Sussex BN43 5AF

Email: [james@jstone15.wanadoo.co.uk](mailto:james@jstone15.wanadoo.co.uk)

Tel: 01273 453071 (or 07880 344838 on day of event)

Promoted for and on behalf of **Cycling Time Trials** under their rules and regulations

## HQ

### Washington Memorial Hall

School Lane  
Washington  
West Sussex

Postcode RH20 4AP

Open from **07:00**



Turn off the A283 into Washington village then right by the Franklands Arms Pub into School Lane. The hall is on the right next to the village green. Parking is limited at the hall but there is further parking opposite the Franklands Arms or next to the A283 adjacent to the village green.

Thank you in advance for not wearing cycling shoes or cleats in the hall. **The Hall is being used for another function at 12 noon so please can you leave it as found and be aware of other users arriving after our event.**

Numbers at HQ only. After the event please return your race number to the event HQ in exchange for a cup of tea or coffee.

***For all riders, Please allow sufficient time to get to the start ( approximately 4 miles).***

***For later starters please give way to earlier riders already completing their first lap.***

***Any additional hazards will be listed at the signing on point, all riders please take note.***

#### **Route to start:**

From Washington village Turn right (East ) on the A283 towards Shoreham and Steyning.

50 yards before the 1st Steyning turning turn Left on the B2135 towards Ashurst and Partridge Green.

The start is just before the 1st sharp right hand bend.

### ***Course Record***

00:59:49 Steve Kane & Steve Dennis

2014

## Please note the following CTT regulations and recommendations

**Helmets:** CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.

**Competitors' Machines:** It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

**Competitors' Vehicles:** No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish (District regulation).

**Safety Instructions:** Details of any additional hazards not listed on the start sheet will be displayed at the signing on point.

**Warming Up:** Competitors are requested not to warm up on the course after the event has started.

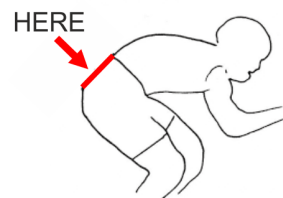
**Observers:** Official observers will be stationed around the course to ensure correct procedure (e.g. drafting and safety at roundabouts).

**Results:** No times will be given out at the finish line.

**Race Numbers:** The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers.

Body numbers should be fitted in accordance with Regulation 16 and Arm Numbers should be fitted to the upper arm with the number facing forwards (not inwards).

Be aware that "No time may be recorded if the number is incorrectly positioned".



## Additional Safety Instructions

Competitors must exercise extra care at the start and at all roundabouts.

### After 16 Miles - Note the give way markings on the junction of the A283 and the B2135.

The finish is half a mile before the Washington roundabout at the bus stop sign (not the bus shelter ) at the slip road to the Hollow.

After the finish please filter left into the Hollow and use this small road to return to the HQ, turning right at the far end (with great care ) onto the A283 and back to Washington village.

If you do return to the HQ via the Washington roundabout please ensure that you do not obstruct those riders still racing.

# **Open 2 Up Team Time Trial (28.5 and 12.3 Miles) Sunday 17<sup>th</sup> April 2016**

Course GS/987

## **OFFICIAL TIME KEEPERS**

Mick Kilby  
Mick Irons

Lewes Wanderers CC  
Worthing Excelsior

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## **Awards**

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1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>	Teams of any category on Scratch
1 <sup>st</sup> , 2 <sup>nd</sup>	Male Vet Team on Standard
1 <sup>st</sup> , 2 <sup>nd</sup>	Senior & Vet Team on Scratch
1 <sup>st</sup> ,	Lady Vet Team on Standard
1 <sup>st</sup> ,	Mixed team
1 <sup>st</sup> ,	Mixed Vet team on Standard
1 <sup>st</sup> ,	Junior and Vet Team on Scratch
1 <sup>st</sup>	Lady
1 <sup>st</sup>	Juvenile & Vet Team
1 <sup>st</sup>	Juvenile Team

## **PLEASE NOTE**

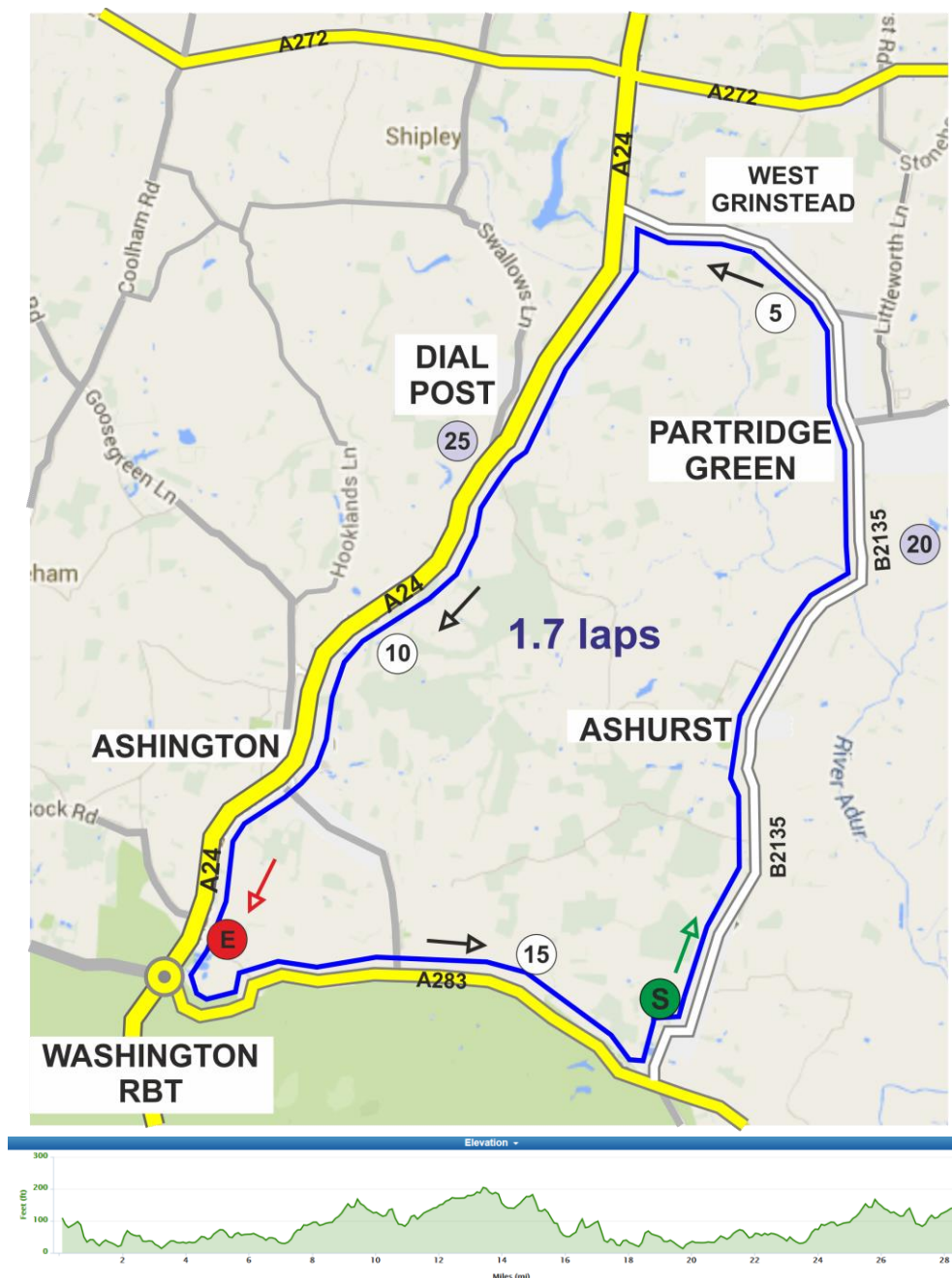
### ***Prize Presentation***

To be held as soon as possible after the event..

Please stay to receive your awards and/or applaud the recipients.

# Open 2 Up Team Time Trial (28.5 Miles) Sunday 17<sup>th</sup> April 2016

Course GS/987 (The 12.3 mile event starts and finishes at same places)



OS REF (TQ)	COURSE DIRECTIONS – GS/987	MILES	
172130	<b>START</b> on B2135 near Steyning at first arrow sign just south of entrance to Wappingthorn Manor	0.00	0.00
165214	Proceed northwards on B2135 via Ashurst and Partridge Green to T junction with A24 at West Grinstead	6.68	6.68
120134	<b>LEFT</b> and follow A24 south to Washington RBT (roundabout) (CHECK)	5.88	12.56
172130	<b>LEFT</b> 1 <sup>st</sup> exit and follow A283 to junction with B2135. <b>LEFT</b> on B2135 to complete circuit at start by entrance to Wappingthorn Manor	3.88	16.44
165214	Continue northwards as before to T junction with A24 at West Grinstead	6.68	23.12
124141	<b>LEFT</b> and follow A24 south to <b>FINISH</b> at Bus Stop sign in deceleration lane 80 yards north of junction with The Hollow (was Rock crossroads)	5.34	24.86

**Open 2 Up Team Time Trial (28.5 & 12.3 Miles) Sunday 17<sup>th</sup> April 2016**  
Course GS/987

Start Sheet for 28.5 mile event						
number	Start time	team category	Title	Name	Club	Age
1	08:02	S & Vet	Mr	Alan Law	Horsham Amphibians Triathlon	39
2			Mr	Howard Winder	Horsham Amphibians Triathlon	47
3	08:04	Mx	Mrs	Sarah Fiddaham	Horsham Amphibians Triathlon	37
4			Mr	Michael Savage	Horsham Amphibians Triathlon	52
5	08:06	Mx Vet	Mr	Domino Domino	Brighton Excelsior CC	54
6			Mrs	Rosalind Smith	Brighton Excelsior CC	52
7	08:08	S & Vet	Mr	David Jones	Norwood Paragon CC	36
8			Mr	Peter Owen	Norwood Paragon CC	55
9	08:10	Mx Vet	Mr	Steve Wigmore	Horsham Amphibians Triathlon	54
10			Mrs	Karen Wigmore	Horsham Amphibians Triathlon	59
11	08:12	M Vet	Mr	Nigel Langridge	Crawley Wheelers	51
12			Mr	Stu Nisbett	Crawley Wheelers	42
13	08:14	M Vet	Mr	Michael Leonard	South Downs Bikes	52
14			Mr	Bruce Samuel	South Downs Bikes	49
15	08:16	S & Vet	Mr	Jez Shotter	Brighton Excelsior CC	46
16			Mr	Conor Clancy	Brighton Excelsior CC	25
17	08:18	S & Vet	Mr	Tom Lane	Blazing Saddles	25
18			Mr	Andy Langdown	Blazing Saddles	47
19	08:20	Mx	Mr	Steve Williamson	...a3crg	44
20			Ms	Laura Bartlett	...a3crg	33
21	08:22	L Vet	Mrs	Michelle Peckham	Horsham Amphibians Triathlon	41
22			Mrs	Clare Johnson	Horsham Amphibians Triathlon	54
23	08:24	S & Vet	Mr	Brindley Taylor	Crawley Wheelers	27
24			Mr	Mark Smith	Crawley Wheelers	42
25	08:26	M Vet	Mr	Paul Townsley	Worthing Excelsior CC	67
26			Mr	Spencer Kirkham	Worthing Excelsior CC	48
27	08:28	M Vet	Mr	Joel Garner	...a3crg	45
28			Mr	Leon Fielding	...a3crg	40
29	08:30	M Vet	Mr	Jason Gilbert	South Downs Bikes	41
30			Mr	Kevin Plummer	South Downs Bikes	50
31	08:32	JUV	Mr	Chris Dunstan	Brighton Excelsior CC	15
32			Mr	Jack Churchill	Brighton Excelsior CC	15
33	08:34	M Vet	Mr	Rob Sherrin	...a3crg	48
34			Mr	Darryl Barr	...a3crg	47
35	08:36	J & Vet	Mr	Christopher Putnam	Worthing Excelsior CC	50
36			Mr	Schaeff Potter	Worthing Excelsior CC	17
37	08:38	M Vet	Mr	Barrie Robinson	Sunderland Clarion	45
38			Miss	Melanie Sang	Sunderland Clarion	45
39	08:40	M Vet	Mr	Mark Jones	GS Stella	56
40			Mr	Mark Bernhardt	GS Stella	53

### Start Sheet for 28.5 mile event

number	Start time	team category	Title	Name	Club	Age
41	08:42	M Vet	Mr	Adrian Brown	Steyning AC	60
42			Mr	James Walker	Steyning AC	42
43	08:44	M Vet	Mr	Ben Fielden	GS Stella	74
44			Mr	Tony Reeves	GS Stella	44
45	08:46	M Vet	Mr	Jonathan Hepper	...a3crg	48
46			Mr	Warren Peters	...a3crg	52
47	08:48	M Vet	Mr	Trevor Leeding	Worthing Excelsior CC	50
48			Mr	Rick Hughes	Worthing Excelsior CC	53
49	08:50	M Vet	Mr	Colin Toppin	Brighton Excelsior CC	43
50			Mr	Chris Hodge	Brighton Excelsior CC	43
51	08:52	Lady	Ms	Katerina Avramides	Brighton Mitre CC	35
52			Miss	Sarah Phelps	Brighton Mitre CC	28
53	08:54	S & Vet	Mr	Steve Dennis	East Grinstead CC	52
54			Mr	Mark Bashford	East Grinstead CC	32
55	08:56	Sen	Mr	Alan Coom	Brighton Excelsior CC	32
56			Mr	Ben miller	Brighton Excelsior CC	28
57	08:58	M Vet	Mr	Rupert Robinson	Evans Cycles Race Team	44
58			Mr	James Rix	Crawley Wheelers	40
59	09:00	MX	Mrs	Laura Starmer	Horsham Amphibians Triathlon	33
60			Mrs	Jason Ginn	South Downs Bikes	45
61	09:02	M vet	Mr	Brian Molloy	Brighton Excelsior CC	48
62			Mr	Tom Houghton	Brighton Excelsior CC	44
63	09:04	Sen	Mr	Pete Morris	Team ASL360	37
64			Mr	Mark Emsley	Team ASL360	27

### Start Sheet for 12.3 mile event

number	time of start	team category	Title	Name	Club	Age
65	09:06	Juv & Vet	Mr	Lawrence Coyle	VC Jubilee	16
66			Mr	Mike Coyle	Brighton Mitre CC	53