



# Addiscombe Cycling Club

## Open 25 mile Time Trial

### For the E.V. Mills Trophy

### Kindly sponsored by Yellow Jersey Insurance

(Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations)

Sunday April 17<sup>th</sup> 2016 – Course G25/54

HQ: Broadbridge Heath Village Centre Social Club, Wickhurst Lane, Broadbridge Heath, Horsham, RH12 3LY

Promoter: Jonathan Pontin, 6 Hurst Way, South Croydon, CR2 7AP

Tel: 07732674317

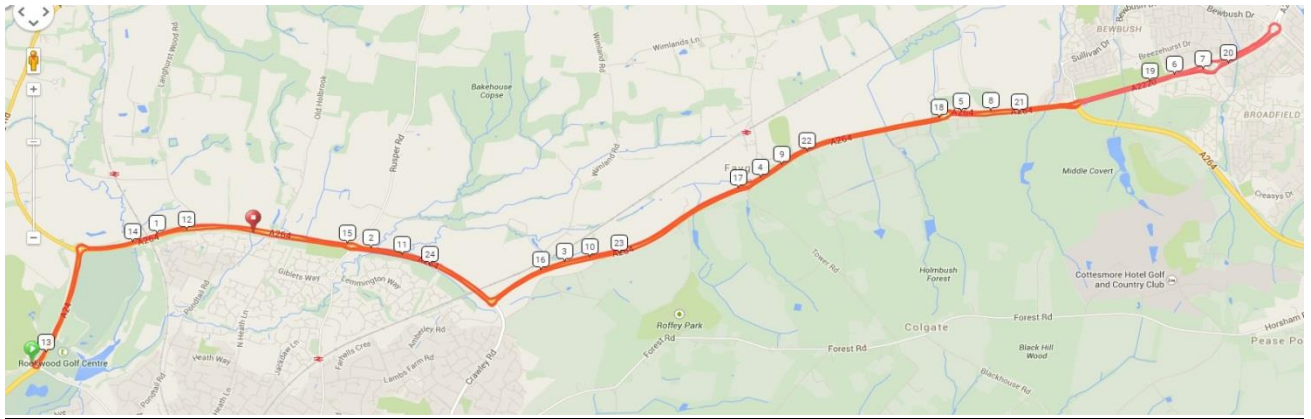
email: [jonathanpontin@hotmail.co.uk](mailto:jonathanpontin@hotmail.co.uk)

Timekeepers: Frank Cubis, Mike Labram

**Please Note:** The HQ is in a residential area so please keep noise and parking disruption to the minimum possible. Also any public displays of indecency may result in disqualification and reporting to CTT.

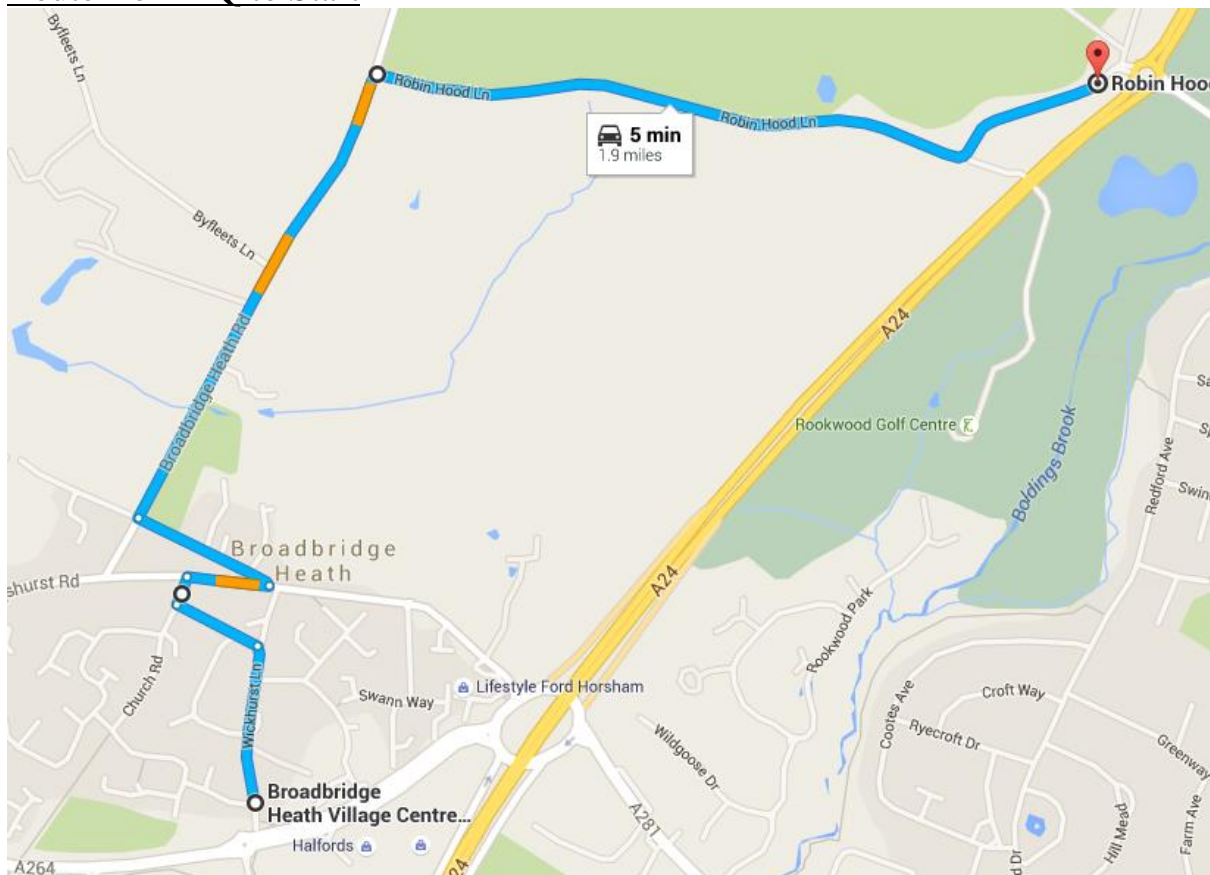
#### **Course Details:**

**G25/54** Start in Robin Hood Lane at clearway sign 5 yards from Robin Hood RBT. Proceed to Robin Hood RBT. LEFT and follow A24 to Great Daux RBT. RIGHT and follow A264 and A2220 to TURN at Broadfield RBT. Retrace to Bewbush Manor RBT. STRAIGHT on and follow A264 to Great Daux RBT. LEFT to Robin Hood RBT. TURN and repeat route to Broadfield RBT. TURN and retrace to Rusper Road RBT. STRAIGHT on to FINISH at white line at eastern edge of lay-by where edge of lay-by becomes parallel to A264 .44 mile west of Rusper Road RBT.



A full size version can be seen here: <http://ridewithgps.com/trips/3351637>

## Route from HQ to Start



## Local Regulations

(1) It is a London South District Regulation that no vehicles, except those of the timekeepers and event officials, shall be parked in the vicinity of the start and finish areas.

## **Safety Instructions**

- Competitors are requested not to warm up on the course after the first competitor has started.
- Details of any additional hazards not listed on the start sheet will be displayed or advised at the Signing On point. All competitors must take note of these details when they sign on.
- Competitors must exercise extra care when negotiating all roundabouts.
- No times will be given at the finish.
- CTT regulations require the compulsory use of helmets for the under 18's. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.
- Competitor's machines: it is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

HEADS UP, RIDE SAFELY!

### **Prizes**

Scratch:	1 <sup>st</sup> £50 + Yellow Jersey Cycle Cap	2 <sup>nd</sup> £30	3 <sup>rd</sup> £20
Women:	1 <sup>st</sup> £50 + Yellow Jersey Cycle Cap	2 <sup>nd</sup> £30	3 <sup>rd</sup> £20
Veterans:	1 <sup>st</sup> £40 + Yellow Jersey Cycle Cap	2 <sup>nd</sup> £30	3 <sup>rd</sup> £20
Junior:	1 <sup>st</sup> £10 + Yellow Jersey Cycle Cap		
Team	£20 each		

- The scratch winner will also receive two tickets to the club dinner where the trophy will be awarded.
- In addition all winners will receive a Yellow Jersey Musette containing a selection of goodies. Find out more about YJ insurance and what they can offer at <http://www.yellowjersey.co.uk/>

Notes on prizes:

- One prize per rider except for the Team prize the highest value prize being paid.
- A Team is the fastest 3 riders from a single club / team.
- Any prizes not awarded on the day will be sent out with the results sheet.

**Startsheet:**

Number	Title	Name	Club	Category	Age	Start Time
24	Mr	Ben Elliott	Paceline RT	M33	33	06:54
25	Mr	Carl Richardson	In-Gear Quickvit Trainsharp RT	M51	51	06:55
26	Mr	Rome Bhamra	Worthing Excelsior CC	M49	49	06:56
27	Mr	Peter Rowe	Southborough & District Wheelers	M51	51	06:57
28	Dr	Colin Harris	Lewes Wanderers CC	M59	59	06:58
29	Mr	Chris Jolliffe	Crawley Wheelers	M58	58	07:05
30	Mr	Nick Malins	4T + Velo Club	M47	47	07:00
31	Mr	Matthew Sumpter	In-Gear Quickvit Trainsharp RT	M27	27	07:01
32	Mr	Nigel Perry	SFA Abellio RT	M52	52	07:02
33	Mr	Brad Lintern	Horsham Tri Club	M41	41	07:03
34	Mr	Malcolm Young	Dulwich Paragon CC	M38	38	07:04
35	Mr	Chris Holmes	Norwood Paragon CC	M40	40	07:05
36	Mr	Peter Dyer	Crawley Wheelers	M67	67	07:06
37	Mr	Robert Royle-Evatt	Addiscombe CC	M48	48	07:07
38	Mr	Peter Archer	Morden CC	M75	75	07:08
39	Mr	Michael Buglass	Dulwich Paragon CC	M38	38	07:09
40	Mr	Iain Brogden	Eastbourne Rovers CC	M47	47	07:10
41	Dr	Robert Zietal	Crawley Wheelers	M37	37	07:11
42	Mr	Nick McCormick	Epsom CC	M52	52	07:12
43	Mr	Mark Thomas	Bigfoot CC	M53	53	07:13
44	Mr	Jonathan Gough	Old Portlians CC	M35	35	07:14
45	Mr	Chris Brewer	Redmon CC	M55	55	07:15
46	Mr	Peter Eames	Eastbourne Rovers CC	M53	53	07:16
47	Dr	OLIVER Bridgewood	Addiscombe CC	M31	31	07:17
48	Mr	David Marshall	Hemel Hempstead CC	M50	50	07:18
49	Mr	Kaushal Sampat	Addiscombe CC	M32	32	07:19
50	Mr	Lee Turner	SigmaSport.co.uk	M47	47	07:20
51	Mr	Christopher Filewood	Oxted Cycle Club	J16	16	07:21
52	Mr	Thomas Hawkes	Addiscombe CC	J16	16	07:22
53	Mr	Theo Tadros	In-Gear Quickvit Trainsharp RT	J14	14	07:23
54	Mrs	Helen Webb	Sussex Nomads CC	W42	42	07:24
55	Miss	Olivia Campbell	Dulwich Paragon CC	W34	34	07:25
56	Mrs	Katherine Barrett	Crawley Wheelers	W34	34	07:26
57	Miss	Robyn Yates	Addiscombe CC	W53	53	07:27
58	Miss	Amy Forshaw	In-Gear Quickvit Trainsharp RT	W37	37	07:28
59	Miss	Mel Wasley	SSLL Racing Team	W35	35	07:29
60	Mr	Michael Davey	Eastbourne Rovers CC	M38	38	07:30
61	Mr	Simon Pontin	Addiscombe CC	M19	19	07:31
62	Mr	Steven Anyon	Serpentine Running Club	M37	37	07:32
63	Mr	Michael Gates	Maison du Velo - Storck Bikes	M32	32	07:33
64	Mr	Jonathan Pontin	Addiscombe CC	M25	25	07:34

65	Mr	Paul Thompson	Epsom CC	M50	50	07:35
66	Mr	David Powis	Dorking CC	M36	36	07:36
67	Mr	Richard Miles	Bognor Regis CC	M58	58	07:37
68	Mr	Paul Valks	Lewes Wanderers CC	M72	72	07:38
69	Mr	Stephen Gaston	Lewes Wanderers CC	M51	51	07:39
70	Mr	Christian Yates	East Grinstead CC	M53	53	07:40
71	Mr	Howard Shaw	Eastbourne Rovers CC	M30	30	07:41
72	Mr	Richard Heath	Oxted Cycle Club	M35	35	07:42
73	Mr	Michael Porter	34 Nomads CC	M49	49	07:43
74	Mr	Phil Frean	Worthing Excelsior CC	M61	61	07:44
75	Mr	Dominic Maxwell	Sussex Revolution VC	M43	43	07:45
76	Mr	Wayne Brown	Oxted Cycle Club	M36	36	07:46
77	Mr	Andrew Gibson	Gravesend CC	M47	47	07:47
78	Mr	Joseph Thom	Kingston Wheelers CC	M28	28	07:48
79	Mr	Ian Newbold	Eastbourne Rovers CC	M43	43	07:49
80	Mr	Mark Newton	Elite Cycling	M49	49	07:50
81	Mr	Colin Gray	Norwood Paragon CC	M54	54	07:51
82	Mr	John Marinko	Brighton Mitre CC	M50	50	07:52
83	Mr	David James-Cheesman	Southdown Velo	M19	19	07:53
84	Mr	Bruce English	Eastbourne Rovers CC	M51	51	07:54
85	Mr	Mark Valios	Bigfoot CC	M42	42	07:55
86	Mr	Paul Cloudsdale	Bigfoot CC	M43	43	07:56
87	Mr	Dominic Lowden	Lewes Wanderers CC	M58	58	07:57
88	Mr	Paul Tunnell	Addiscombe CC	M55	55	07:58
89	Mr	Russell Hicks	Oxted Cycle Club	M62	62	07:59
90	mr	Paul Byford	Crawley Wheelers	M50	50	08:00
91	Mr	Peter Moon	Eastbourne Rovers CC	M55	55	08:01
92	Mr	Geoff Smith	EastBourne Rovers CC	M65	65	08:02
93	Mr	Peter Lloyd	Epsom CC	M38	38	08:03
94	Mr	Neil Grunshaw	Kingston Wheelers CC	M36	36	08:04
95	Mr	Richard Tully	Elite Cycling	M39	39	08:05
96	Mr	Bob Loader	Sydenham Wheelers CC	M82	82	08:06
97	Mr	Dougie Fox	Crawley Wheelers	M60	60	08:07
98	Mr	Andrew Green	Old Portlians CC	M49	49	08:08
99	Mr	Paul Haywood	Epsom CC	M41	41	08:09
100	Mr	Tom Glandfield	Lewes Wanderers CC	M43	43	08:10
101	Mr	Ian Hodge	Southborough & District Wheelers	M56	56	08:11
102	Mr	James Horan	South Downs Bikes	M46	46	08:12
103	Mr	Donald Parker	Brighton Mitre CC	M67	67	08:13
104	Mr	Robert Bullyment	Catford CC	M43	43	08:14
105	Mr	James Stuart	Norwood Paragon CC	M41	41	08:15
106	Mr	David Clements	Eastbourne Rovers CC	M44	44	08:16
107	Mr	Andrew Drake	East Grinstead CC	M33	33	08:17
108	Mr	Mike O'Gorman	Worthing Excelsior CC	M64	64	08:18

109	Mr	Shaun Marlor	Bec CC	M43	43	08:19
110	Mr	Peter Tadros	In-Gear Quickvit Trainsharp RT	M45	45	08:20
111	Mr	Glenn Karpeta	7 Oaks Triathlon Club	M53	53	08:21
112	Mr	Glen Whittington	Southborough & District Wheelers	M32	32	08:22
113	Mr	George Higgs	Crawley Wheelers	M48	48	08:23
114	Mr	Doug Bentall	Southborough & District Wheelers	M50	50	08:24
115	Mr	Michael Valks	Lewes Wanderers CC	M45	45	08:25
116	Mr	Robert Drake	Addiscombe CC	M28	28	08:26
117	Mr	Andrew R Green	Bec CC	M41	41	08:27
118	Mr	Barry Robinson	...a3crg	M41	41	08:28
119	Mr	Stephen Morgan	Tooting BC	M48	48	08:29
120	Mr	Paul Deen	Epsom CC	M45	45	08:30