

SOUTHERN COUNTIES CYCLING UNION

President Jan Sommerfeld

Founded 1898

PRESENT THEIR 25 MILE SCRATCH, HANDICAP AND TEAM, TIME TRIAL

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

TO BE HELD ON SUNDAY 3rd APRIL 2016

TIMEKEEPERS Mrs Lesley Donington, Clarence Wheelers
Mr. Frank Cubis, Kingston Phoenix RC

HANDICAP Using CTT Tables, with additional calculations.

EVENT ORGANISER A Alston,

88 Banstead Road, Carshalton Beeches, Surrey, SM5 3NH.

Tel. 020 8642 9983

Email. tony@alston34.fsnet.co.uk

EVENT HEADQUARTERS

Broadbridge Heath Village Centre, Wickhurst Lane, Broadbridge Heath,
RH12 3LY open from 6.30 am. Quiet Please!

SIGN ON & NUMBERS AT THE HQ -

Please return them at HQ- Free drink with number

AWARDS

| | | | | | |
|-----------------|---------|--------------|--------|-----------------------------------|--------|
| 1st | £ 50:00 | 1st Handicap | £15:00 | 1st Vet on CTT Target | £25:00 |
| 2nd | £ 35:00 | 2nd Handicap | £10:00 | 2 nd Vet on CTT Target | £15:00 |
| 3rd | £ 25:00 | 3rd Handicap | £10:00 | 3 rd Vet on CTT Target | £10:00 |
| 4th | £ 15:00 | | | | |
| 5 th | £ 10:00 | | | | |

| | | | |
|-----------|--------|-----------------------------------|--------|
| 1st Woman | £25:00 | 1 st Woman on Handicap | £10:00 |
|-----------|--------|-----------------------------------|--------|

| | |
|-----------------------|--------|
| 2 nd Woman | £20:00 |
|-----------------------|--------|

| | |
|-----------|--------|
| 3rd Woman | £15:00 |
|-----------|--------|

| | |
|-----------------------|-------------------|
| Fastest Team of Three | £15:00 each Rider |
|-----------------------|-------------------|

| | |
|----------------------|-------------------|
| Second Team Of Three | £10:00 each Rider |
|----------------------|-------------------|

SPONSORED CLUBS

34 Nomads CC, Gem Hygiene, So Clean.

South Downs Bikes.

In Gear Quickvit Trainsharp RT

Elite Cycling, Turbo Beat

Neon Velo Holidays

COURSE DETAILS

| <u>OS</u> | <u>REF</u> | <u>DETAILS</u> | <u>DISTANCES</u> |
|------------------|-------------------|--|-------------------------|
| 164324 | | <u>START</u> in Robin hood Lane at Clearway sign about 5 yards from Robin Hood RBT (roundabout) | 0.00 0.00 |
| 168333 | | Proceed to Robin Hood RBT. LEFT 1st exit and follow A24 to Great Daux RBT | 0.60 0.60 |
| 256353 | | RIGHT 2nd exit and follow A264 via Rusper Road RBT, to Moorhead RBT. LEFT 1st exit and continue on A264 via Faygate RBT and Kilnwood Vale RBT's to Bewbush Manor RBT. Straight on 2nd exit and follow A2220 via Breezehurst RBT to Broadfield RBT where <u>TURN</u> (CHECK) | 5.91 6.51 |
| | | 4th exit to retrace on A2220 to Bewbush Manor RBT. Straight on 2nd exit and follow A264 to Moorhead RBT. Right 2nd exit and continue on A264 via Rusper Road RBT to Great Daux RBT. | |
| 168334 | | LEFT 1st exit and follow A24 to Robin Hood RBT where <u>TURN</u> (CHECK) | 6.69 13.34 |
| 169333 | | Proceed to Great Daux RBT. RIGHT 2nd exit and follow A264 via Rusper Road, to Moorhead RBT. Left 1st exit continue on A264 via Faygate and Kilnwood Vale RBTs to Bewbush Manor RBT. Straight on 2nd exit and follow A2220 via Breezehurst RBT to Broadfield RBT where <u>TURN</u> (CHECK) | 6.51 19.89 |
| 256353 | | 4th exit to retrace on A2220 to Bewbush Manor RBT. Straight on 2nd exit and follow A264 to Moorhead RBT. RIGHT 2nd exit and continue on A264 via Rusper Road RBT to <u>FINISH</u> at white line at eastern edge of lay-by where edge of lay-by becomes parallel to A264 .44 mile west of Rusper road RBT | 5.11 25.00 |
| 180 335 | | | |

GENERAL NOTES

London South District Regulation: No vehicles, except those of the timekeepers and event officials, shall be parked in the vicinity of the start and finish areas.

SAFETY INSTRUCTIONS

Competitors are requested not to warm up on the course after the first competitor has started.

Details of any Additional Hazards will be displayed or advised at the Signing On Point. All Competitors must take note of these details when they sign on.

Competitors must exercise extra care when negotiating all roundabouts, particularly at Breezehurst RBT on outward leg where the sight line to the RIGHT is poor and when turning RIGHT at Moorhead RBT on the return leg..

No times will be given at the Finish

Official Observers will be stationed around the course

IN THE INTERESTS OF YOUR OWN SAFETY, Cycling Time Trials and the event promoters strongly advise you wear a HARD SHELL HELMET that meets an internationally accepted safety standard.

CTT regulations require compulsory use of such hard shell helmets for riders under 18 years old.

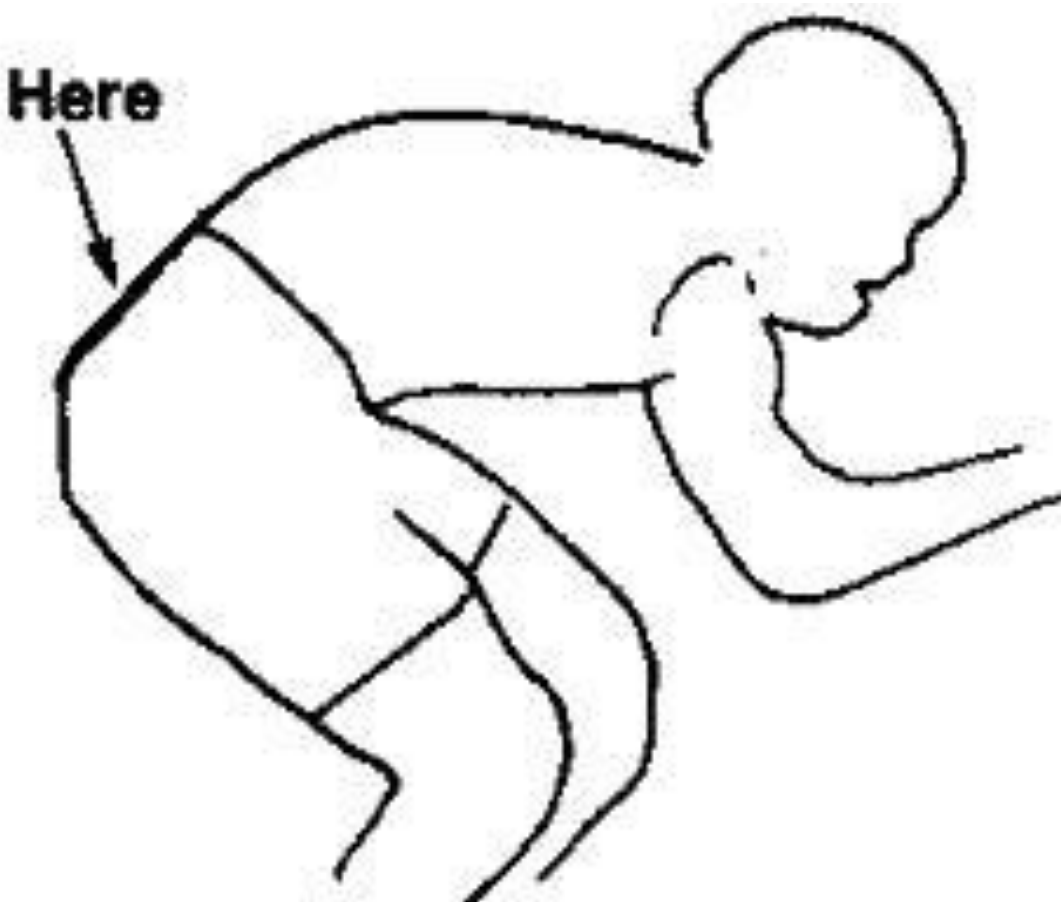
COMPETITORS MACHINES. It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

| No. | Name | Club | Cat | CTT Target | H/Cap | St Time |
|-----|---------------------------|------------------------------------|------------|----------------|--------------|-------------|
| 1 | | | | | | |
| 2 | | | | | | |
| 3 | Matt Singer | 34 Nomads CC | V46 | 1:05:18 | 38:20 | 7.33 |
| 4 | Chris Brewer | Redmon CC | V55 | 1:09:45 | 38:24 | 7.34 |
| 5 | Jonathan Gough | Old Portlians CC | S | | 22:23 | 7.35 |
| 6 | Adrian Feasby | Kingston Phoenix RC | V51 | 1:07:45 | | 7.36 |
| 7 | Simon Seymour | Tooting BC | V42 | 1:03:25 | 23:20 | 7.37 |
| 8 | Andrew Drake | East Grinstead CC | S | | 25:12 | 7.38 |
| 9 | Colin Barton | Worthing Excelsior CC | V55 | 1:09:45 | 14:00 | 7.39 |
| 10 | Robert Royle-Evatt | Addiscombe CC | V48 | 1:06:16 | 14:53 | 7.40 |
| 11 | Tom Houghton | Brighton Excelsior CC | V44 | 1:04:21 | 14:20 | 7.41 |
| 12 | Maurice Joseph | SCCU Private Member | S | | 16:04 | 7.42 |
| 13 | Fidel Gonzalez | South Western Road Club | V48 | 1:06:16 | | 7.43 |
| 14 | Timothy Peters | Horsham Cycling | V43 | 1:03:53 | 13:51 | 7.44 |
| 15 | Donald Parker | Brighton Mitre CC | V67 | 1:16:10 | 14:23 | 7.45 |
| 16 | Andrew R Green | Bec CC | V41 | 1:02:58 | 13:32 | 7.46 |
| 17 | Martin Booker | Worthing Excelsior CC | V47 | 1:05:47 | 13:26 | 7.47 |
| 18 | Malcolm Young | Dulwich Paragon CC | S | | | 7.48 |
| 19 | Shaun Kennedy | Bec CC | V56 | 1:10:16 | 13:08 | 7.49 |
| 20 | Matt Peel | Redhill CC | S | | 8:28 | 7.50 |
| 21 | Henrik Persson | SCCU Private Member | S | | 11:13 | 7.51 |
| 22 | Michael Porter | 34 Nomads CC | V49 | 1:06:45 | 13:39 | 7.52 |
| 23 | Stephen Allport | Bec CC | V40 | 1:02:30 | 21:26 | 7.53 |
| 24 | Chris Hewitt | Oxted Cycle Club | S | | 17:35 | 7.54 |
| 25 | Dominic Maxwell | Worthing Excelsior CC | V42 | 1:03:25 | 09:33 | 7.55 |
| 26 | Andy Hamilton | Addiscombe CC | S | | 09:43 | 7.56 |
| 27 | Nigel Langridge | Crawley Wheelers | V51 | 1:07:45 | 12:03 | 7.57 |
| 28 | Geoff Smith | Eastbourne Rovers | V63 | 1:13:58 | 16:16 | 7.58 |
| 29 | Mike Morley | Kingston Phoenix RC | V74 | 1:20:10 | 21:27 | 7.59 |
| 30 | Ade Fadero | Sussex Nomads CC | V54 | 1:09:15 | 15:30 | 8.00 |
| 31 | Thomas Pfeiffer | Dulwich Paragon CC | V45 | 1:04:50 | 10:53 | 8.01 |
| 32 | Nick McCormick | Epsom CC | V52 | 1:08:14 | 12:33 | 8.02 |
| 33 | David Watt | Kingston Phoenix RC | S | | 14:57 | 8.03 |
| 34 | Chris Balkham | Oxted Cycle Club | S | | 17:16 | 8.04 |
| 35 | Mark Newton | Elite Cycling | V49 | 1:06:45 | 7:55 | 8.05 |
| 36 | Richard Payn | 34 Nomads CC | V52 | 1:08:14 | 11:10 | 8.06 |
| 37 | Stephen Morgan | Tooting BC | V48 | 1:06:16 | 12:39 | 8.07 |
| 38 | David Haggart | De Laune CC | V55 | 1:09:45 | 19:35 | 8.08 |
| 39 | Keith White | Epsom CC | V71 | 1:18:26 | 19:49 | 8.09 |
| 40 | Christian Yates | In-Gear Quickvit Trainsharp | V53 | 1:08:45 | 7:53 | 8.10 |
| 41 | Mike O'Gorman | Worthing Excelsior CC | V64 | 1:14:31 | 10:10 | 8.11 |
| 42 | Michael Draper | SCCU Private Member | V59 | 1:11:50 | 12:32 | 8.12 |
| 43 | Alexander Kew | Kingston Phoenix RC | V45 | 1:04:50 | 16:45 | 8.13 |
| 44 | David Phillips | Old Portlians CC | V61 | 1:13:26 | 17:11 | 8.14 |

| No. | Name | Club | Cat | CTT | Target | H/Cap |
|-----------|--------------------------|------------------------------------|-------------|----------------|--------------|-------------|
| | St Time | | | | | |
| 45 | David Pollard | In-Gear Quickvit Trainsharp | V58 | 1:11:18 | 07:35 | 8.15 |
| 46 | Dominic Hill | Bec CC | V42 | 1:03:25 | 09:13 | 8.16 |
| 47 | Kevin Plummer | South Downs Bikes | V50 | 1:07:15 | 11:39 | 8.17 |
| 48 | Paul Haywood | Epsom CC | V41 | 1:02:58 | 13:17 | 8.18 |
| 49 | Peter Eames | Eastbourne Rovers CC | V53 | 1:08:45 | 19:49 | 8.19 |
| 50 | Stuart Stow | Twickenham CC | V50 | 1:07:15 | 6:46 | 8.20 |
| 51 | Carl Richardson | In-Gear Quickvit Trainsharp | V51 | 1:07:45 | 10:03 | 8.21 |
| 52 | Dale Lush | Kingston Phoenix RC | S | | 12:29 | 8.22 |
| 53 | Nigel Perry | SCCU Private Member | V52 | 1:08:14 | 14:23 | 8.23 |
| 54 | Simon Scholfield | Tooting BC | V48 | 1:06:16 | 16:48 | 8.24 |
| 55 | James Rix | Crawley Wheelers | V40 | 1:02:30 | 6:36 | 8.25 |
| 56 | Richard Tully | Elite Cycling | S | | 9:22 | 8.26 |
| 57 | Peter Lloyd | Epsom CC | S | | 11:35 | 8.27 |
| 58 | Jon Frost | Redmon CC | V49 | 1:06:45 | 16:18 | 8.28 |
| 59 | David Marshall | SCCU Private Member | V50 | 1:07:15 | 19:37 | 8.29 |
| 60 | Tamar Vanderhaas | Lewes Wanderers CC | WV40 | 1:06:16 | 14:23 | 8.30 |
| 61 | Katie Crowe | Dulwich Paragon CC | W | | 13:44 | 8.31 |
| 62 | Sarah Phelps | Brighton Mitre CC | W | | 23:06 | 8.32 |
| 63 | Moira Gorman | Tooting BC | WV43 | 1:07:45 | 31:44 | 8.33 |
| 64 | Gemma Hayes | East Grinstead CC | W | | 23:10 | 8.34 |
| 65 | Madelaine Lee-Smith | Oxted Cycle Club | WV44 | 1:08:14 | 13:17 | 8.35 |
| 66 | Michelle Arthurs-Brennan | SCCU Private Member | W | | 15:48 | 8.36 |
| 67 | Gina Mcgeever | Lewes Wanderers CC | WV44 | 1:08:14 | 17:39 | 8.37 |
| 68 | Kathryn Morris | Dulwich Paragon CC | W | | 18:50 | 8.38 |
| 69 | Theo Tadros | In-Gear Quickvit Trainsharp | Y13 | | 20:32 | 8.39 |
| 70 | Tom Glandfield | Lewes Wanderers CC | V43 | 1:03:53 | 07:01 | 8.40 |
| 71 | Howard Shaw | Eastbourne Rovers CC | S | | 10:01 | 8.41 |
| 72 | Rick Hughes | Worthing Excelsior CC | V53 | 1:08:45 | 12:04 | 8.42 |
| 73 | Elliott Porter | Neon Velo | S | | | 8.43 |
| 74 | Samuel Crossley | Dulwich Paragon CC | S | | 16:41 | 8.44 |
| 75 | Richard Heath | Oxted Cycle Club | S | | 15:25 | 8.45 |
| 76 | Stephen Ralston | London Dynamo | S | | 9:06 | 8.46 |
| 77 | Ian Cheesman | Worthing Excelsior CC | V47 | 1:05:47 | 11:30 | 8.47 |
| 78 | John Beer | Kingston Phoenix RC | V65 | 1:15:03 | 16:07 | 8.48 |
| 79 | Colin Toppin | Brighton Excelsior CC | V43 | 1:03:53 | 17:57 | 8.49 |
| 80 | Conall Yates | In-Gear Quickvit Trainsharp | S | | 6:29 | 8.50 |
| 81 | Trevor Leeding | Worthing Excelsior CC | V50 | 1:07:15 | 11:59 | 8.51 |
| 82 | Paul Barnard | South Downs Bikes | S | | 12:21 | 8.52 |
| 83 | Matthew Wakefield | Tooting BC | V44 | 1:04:21 | 14:17 | 8.53 |
| 84 | Ian Newbold | Eastbourne Rovers CC | V43 | 1:03:53 | 16:39 | 8.54 |
| 85 | Lee Turner | SCCU Private Member | V47 | 1:05:47 | 8:23 | 8.55 |
| 86 | Chris Lord | Brighton Excelsior CC | V63 | 1:13:58 | 10:06 | 8.56 |
| 87 | Jon Fry | Horsham Cycling | V45 | 1:04:50 | 12:07 | 8.57 |

| 88 | Mark Gidney | De Laune CC | V54 | 1:09:15 | 18:28 | 8.58 |
|------------|---------------------|------------------------------------|------------|----------------|-------------|-------------|
| No. | Name | Club | Cat | CTT Target | H/Cap | St Time |
| 89 | Stephen Gaston | Lewes Wanderers | V51 | 1:07:45 | 17:47 | 8.59 |
| 90 | Peter Tadros | In-Gear Quickvit Trainsharp | V45 | 1:04:50 | 6:00 | 9.00 |
| 91 | Mark Bashford | East Grinstead CC | S | | 9:58 | 9.01 |
| 92 | John Marinko | Brighton Mitre CC | V50 | 1:07:15 | 12:04 | 9.02 |
| 93 | Roland Kitson | Redhill CC | V56 | 1:10:16 | 14:08 | 9.03 |
| 94 | Peter Rowe | Southborough & Dist. | V51 | 1:07:45 | 16:19 | 9.04 |
| 95 | Simon Mcnamara | South Downs Bikes | V41 | 1:02:58 | 5:46 | 9.05 |
| 96 | Andy Lack | SCCU Private Member | V47 | 1:05:47 | 8:33 | 9.06 |
| 97 | James Horan | South Downs Bikes | V46 | 1:05:18 | 11:25 | 9.07 |
| 98 | Richard Gifford | In-Gear Quickvit Trainsharp | V53 | 1:08:45 | 6:17 | 9.08 |
| 99 | Chris Jolliffe | Crawley Wheelers | V58 | 1:11:18 | 17:44 | 9.09 |
| 100 | Liam Maybank | Twickenham CC | V43 | 1:03:53 | 4:14 | 9.10 |

**NUMBERS MUST BE FIXED BELOW
WAIST**



**NO TIME MAY BE RECORDED IF NUMBER
IS NOT CORRECTLY POSITIONED**