



CYCLING CLUB



1894 - 2016

PRESIDENT - FRANK BLAKE

21st Easter weekend of hilly events

Promoted for and on behalf of **Cycling Time Trials** under their rules and regulations

25th Hilly 25 miles time trial

The Bill Sladen Memorial Event on course GS/999

Easter Monday 28th March 2016

Event Secretary: Robin Johnson

7 Gorselands, Billingshurst, West Sussex RH14 9TT

Email: mr_rjohnson@outlook.com

Tel: 01403 783368 (or 07733 132043 on day of event)

HQ

Brighton & Hove Golf Club

<http://www.brightongolf.co.uk/>

Devils Dyke Road
Brighton
East Sussex BN1 8YJ

Open from 06:00



Some parking is available. Park also available in Devils Dyke Road.

Thank you in advance for not wearing cycling shoes or cleats in the club.

Numbers at HQ only. After the event please return your race number to the event HQ in exchange for a cup of tea or coffee.

HQ to start: 1.3 miles

Finish to HQ: 1.5 miles

Route to start: Right out of the car park and then right onto Devils Dyke Road. Continue to the start area which is at the junction at the end.



Course Records

Mens:	57:18	Pete Tadros	2011
Ladies:	1:11:48	Lisa Thompson	2000
Vets	57:18	Pete Tadros	2011
Trike	1:10:29	Mike Marchant	2000

OFFICIAL TIME KEEPERS

Start: Mike Irons
Finish: Mike Irons

Worthing Excelsior CC
Worthing Excelsior CC

Please note the following CTT regulations and recommendations

Helmets: CTT regulations require the compulsory use of helmets for the under 18s. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.

Competitors' Machines: It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

Competitors' Vehicles: No vehicles, except those of timekeepers and event officials, shall be parked in the vicinity of the start or finish (District regulation).

Safety Instructions: Details of any additional hazards not listed on the start sheet will be displayed at the signing on point. Competitors must exercise extra care when negotiating all roundabouts.

Warming Up: Competitors are requested not to warm up on the course after the event has started.

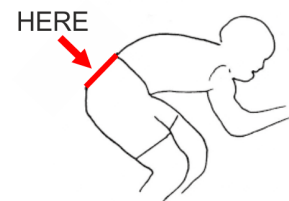
Observers: Official observers will be stationed around the course to ensure correct procedure (e.g. drafting and safety at roundabouts).

Results: No times will be given out at the finish line.

Race Numbers: The race number is made of fluorescent material which is an important safety feature. It is essential that it is placed correctly for maximum visibility to other road users and of course the timekeepers.

Body numbers should be fitted in accordance with Regulation 16 and Arm Numbers should be fitted to the upper arm with the number facing forwards (not inwards).

Be aware that "No time may be recorded if the number is incorrectly positioned".



Additional Safety Instructions

CARE - At bend at foot of first descent, where beware of crosswinds

CARE - The three corners in Fulking, 4 miles. Right, left and sharp right + obey 20 mph speed limit.

CARE - In Small Dole, pedestrian crossing lights must be obeyed.

CARE - The two mini-roundabouts where we go right.....please slow down

At Henfield, **DO NOT GO TO THE RIGHT OF THE ROUNDABOUT** or you will be **DISQUALIFIED**

Apart from the Highway Code not sanctioning this unwise manoeuvre here, you simply cannot see whether there is any traffic approaching from your right. We'd like all competitors to return to base safe and sound

CARE - Be aware of horses; slow down, call out and pass wide please.

OS REF	COURSE DIRECTIONS – GS999	MILES	
278088	Start in small connecting road between roads leading to Devil's Dyke and Saddlescombe. Approximately half a mile northwest of A2038.	0.00	0.00
265128	LEFT and follow unclassified road via Saddlescombe to Poynings RBT (roundabout) (called Rushfields)	2.78	2.78
211114	LEFT 1st exit via Poynings, Fulking and Edburton to junction with A2037	4.23	7.01
197098	LEFT and follow A2037 to Rising Sun RBT in Upper Beeding. LEFT 1st exit and continue on A2037 to Beeding Court RBT	1.30	8.31
209065	Straight on 1st exit and follow A283 to Adur Bridge RBT under Shoreham fly-over where <u>TURN</u> (CHECK)	2.81	11.12
197098	4th exit to retrace on A283 to Beeding Court RBT	2.26	13.38
215157	RIGHT 2nd exit on A2037 to Rising Sun RBT. RIGHT 2nd exit still on A2037 to mini RBT at Henfield (CHECK)	4.83	18.21
265128	RIGHT 2nd exit and follow A281 to Poynings RBT (called Rushfields)	3.90	22.11
278091	Straight on 2nd exit and follow unclassified road via Saddlescombe to <u>FINISH</u> at top of hill 35 yards north of "Waterhall Golf Club" sign and 0.24 miles north of Start	2.59	24.70

Prizes

Category	Pos	Prize	Category	Pos	Prize
Fastest Overall	1st	£20 + Champagne + E/Egg (value £26)	Veteran aged 40-44		Wine + Easter Egg (value £6)
	2nd	£10 + Wine + Easter Egg (value £6)	Veteran aged 45-49		Wine + Easter Egg (value £6)
	3rd	£6 + Wine + Easter Egg (value £6)	Veteran aged 50-54		Wine + Easter Egg (value £6)
	4th	£4 + Wine + Easter Egg (value £6)	Veteran aged 55-59		Wine + Easter Egg (value £6)
	5th	Wine + Easter Egg (value £6)	Veteran aged 60-64		Wine + Easter Egg (value £6)
Fastest Lady	1 st	£12 + Wine + Easter Egg (value £6)	Veteran aged 65-69		Wine + Easter Egg (value £6)
	2 nd	£6 + Wine + Easter Egg (value £6)	Fastest Team of 3	1st	£6 + Wine + Easter Egg (value £6) each
	3 rd	Wine + E/egg (value £6)			

PRIZE PRESENTATIONS: Will be held as soon as possible after the event
Please stay to receive your prizes and/or applaud the recipients

LOTTERY PRIZES: 2 Bottles of Wine, and 2 Easter Eggs (names drawn from the hat)
To be a possible winner, be present and be a finisher

ROAD BIKES: 1st - £15 + Wine + E/egg (value £6) 2nd-£7 + Wine + E/egg (value £6) 3rd-Wine + E/egg (value £6)

PAST WINNERS - "25"

1992	Mark Jones	1:03:18
1993	Mark Jones	1:03:21
1994	Mike Marchant	1:03:19
1995	Mark Jones (3 wins)	1:02:40
1996	Tim Stevens	0:57:52
1997	Tim Stevens	1:01:16
1998	Tim Stevens (3 wins)	1:01:17
1999	Peter Main	1:03:21
2000	Steve Dennis	0:59:55
2001	Graeme Stirzaker	1:01:46
2002	Pete Tadros	0:58:43
2003	Paul Pickup	1:00:17
2004	Pete Tadros	0:59:48
2005	Pete Tadros	0:59:41
2006	Mike Coyle	0:59:44
2007	Pete Tadros	0:57:45
2008	Mike Coyle	1:02:15
2009	Pete Tadros	0:58:01
2010	Pete Tadros	0:59:07
2011	Pete Tadros	0:57:18
2012	Pete Tadros	0:59:07
2013	Pete Tadros	0:59:19
2014	Pete Tadros	0:57:30
2015	Pete Tadros (11 wins)	0:58:01
2016		

- COURSE RECORD

Number	Start time	Name	Club	Age	Cat
8	07:38	Robin Johnson	Brighton Mitre CC	67	V
9	07:39	Chris Brewer	Redmon CC	55	V
10	07:40	Steven Kane	Brighton Excelsior CC	27	S
11	07:41	Alex Napier	Blazing Saddles	42	V
12	07:42	Tamar Vanderhaas	Lewes Wanderers CC	40	WV
13	07:43	Gary Burgess	Brighton Mitre CC	51	V
14	07:44	Joel Draper	Brighton Mitre CC	45	V
15	07:45	Howard Bayley	Blazing Saddles	41	V
16	07:46	James Stone	Brighton Excelsior CC	47	V
17	07:47	Peter Rowe	Southborough & Dist. Whls.	51	V
18	07:48	Jon Frost	Redmon CC	49	V
19	07:49	Ivor Hewitt	Oxted Cycle Club	44	V
20	07:50	Mark Perry	Look Mum No Hands!	39	S
21	07:51	Rupert Robinson	Evans Cycles Race Team	44	V
22	07:52	George Higgs	Crawley Wheelers	48	V
23	07:53	Geoff Smith	Eastbourne Rovers CC	65	V
24	07:54	Joe Hyatt	Brighton Mitre CC	32	S
25	07:55	Stu Nisbett	Crawley Wheelers	42	V
26	07:56	Stephen Morgan	Tooting BC	48	V
27	07:57	Alasdair Wylie	Redmon CC	40	V
28	07:58	Luke De Quay	East Grinstead CC	31	S
29	07:59	Jimmy Woodward	Sussex Revolution VC	35	S
30	08:00	Steve Williamson	...a3crg	44	V
31	08:01	David Churchill	Bigfoot CC	57	V
32	08:02	Donald Parker	Brighton Mitre CC	66	V
33	08:03	Dan Pullen	Crawley Wheelers	40	V
34	08:04	Jack Churchill	Brighton Excelsior CC	15	J
35	08:05	Adrian Blacker	Norwood Paragon CC	52	V
36	08:06	Elise Sherwell	Blazing Saddles	40	WV
37	08:07	Andrew Green	Old Portlans CC	49	V
38	08:08	Katerina Avramides	Brighton Mitre CC	35	W
39	08:09	Theo Tadros	In-Gear Quickvit Trainsharp RT	14	J
40	08:10	Simon Mcnamara	South Downs Bikes	41	V
41	08:11	Howard Shaw	Eastbourne Rovers CC	30	S
42	08:12	Mark Ayling	CC Abergavenny / JP Signs & print	41	V
43	08:13	Amy Forshaw	In-Gear Quickvit Trainsharp RT	37	W
44	08:14	David Eccles	Redmon CC	68	V
45	08:15	Nigel Langridge	Crawley Wheelers	51	V
46	08:16	Emin Akbay	Brighton Mitre CC	19	S
47	08:17	Keith Walker	Wigmore CC	51	V
48	08:18	Ben Fielden	GS Stella	74	V
49	08:19	Laura Bartlett	...a3crg	33	W
50	08:20	Pete Tadros	In-Gear Quickvit Trainsharp RT	45	V
51	08:21	Pete Morris	Team ASL	36	S