



"Two Day Sporting Classic TT" 6th/7th Feb 2016

Promoted on behalf of Cycling Time Trials under their Rules & Regulations

Once again to be timed by Mr Mike Kilby & Mr Mike Irons, to whom we extend our thanks.

Headquarters for both days

STORRINGTON VILLAGE HALL is situated at the western end of Storrington (heading towards the start) just East of the mini RAB north of the start and on the South side of the Road. **THERE IS NO PARKING AT THE HQ ITSELF.** There is limited on-street parking near the HQ and plenty of parking at the Chanctonbury Leisure Centre, Spierbridge Road, Storrington. To reach this from Storrington, pass the HQ and at the mini-RAB (garage/Tesco) keep straight on towards Pulborough. At the mini-roundabout turn right into Spierbridge Road and then LEFT into the Leisure Centre car park. Please park considerately as we will be sharing the car park with Leisure Centre users. It is a 5 minute walk from the car park to the HQ.

Headquarters will be open at least one hour before the first rider starts each day.

PLEASE NOTE: WE HAVE BEEN INSTRUCTED THAT NO BIKES ARE PERMITTED INSIDE THE BUILDING.

COURSE DETAILS

Course:

The course is on roads that are normally fairly well surfaced, although it is February and the weather has taken its toll on all the Sussex roads. You need to pay full attention as there are a number of pot holes which are best avoided if you value your wheels and your neck! The terrain is arduous, rather than savage, with the top riders probably not using the small ring. There are some quick descents, none of which are "technical", but descending through Houghton needs **100%** attention in case any cars pull out of any of the minor roads.

A member of the organizing team will drive the course on Saturday afternoon & will highlight any major potholes or poor road surfacing.

The start is about a 5 minute ride from the HQ.

Leave the HQ turning left to mini RAB. Take second exit towards Amberley. The start is about half a mile along this road.

Saturday 6th February - GS/988 - 10.5miles

Start on B2139 by footpath sign at entrance to Kithurst Farm and almost opposite New Town Road, Storrington (TQ077141).

Proceed southwest on B2139 via Amberley and Houghton to Whiteways Lodge roundabout (Marshals). Take third exit to retrace outward route on B2139, taking care on the descent through Houghton village to **Finish** at point opposite large oak tree situated approximately mid-way along lay-by on south side of road approximately 1km short of start.

Please continue to follow the route that you are on unless race signs and/or marshals indicate otherwise. It is intended to marshal all junctions that require you to leave the road that you are on and appropriate signage will be in place.

Sunday 7th February - GS/989 - 21.13miles

Course & Event Record: Doug Dewey (In Gear/Trainsharp) 2013 47:16

Start on B2139 by footpath sign at entrance to Kithurst Farm and almost opposite New Town Road, Storrington (TQ077141).

Proceed southwest on B2139 via Amberley and Houghton to Whiteways Lodge roundabout (Marshals). Take second exit (straight on) now on A29 and proceed to Fontwell East roundabout (15.5km) (Check & Marshal). Take first exit (left) and follow A27 to Arundel West roundabout. Take first exit on to A284 to climb to Whiteways Lodge roundabout (Marshals). Take third exit to retrace outward route on B2139, taking care on the descent through Houghton village to **Finish** at point opposite large oak tree situated approximately mid-way along lay-by on south side of road approximately 1km short of start.

Please continue to follow the route that you are on unless race signs and/or marshals indicate otherwise. It is intended to marshal all junctions that require you to leave the road that you are on and appropriate signage will be in place.

SOME RULES & REGULATIONS

In interests of your own safety, Cycling Time Trials and the event promoters strongly advise you to wear a **HARD SHELL HELMET** that meets an internationally accepted safety standard.

All riders under 18 **MUST** wear an approved **HARD SHELL HELMET** that meets an internationally accepted safety standard.

COMPETITORS MACHINES: It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

PLEASE look where you're going - **NO** head down riding (you'll need to be looking for our specially bred West Sussex pot holes!). No abuse towards car drivers or other members of the public, even if they impede your

NUMBERS & SIGNING ON WILL BE AT THE HEADQUARTERS

progress at one of the roundabouts – they do have a right to use the road and I'd rather not have the job of dealing with the complaint, especially if you're in the wrong.

London South DC Regulation: No vehicles shall be parked on the carriageway within sight of the start or finish.

Observers may be in attendance on the course and all marshals are instructed to report any suspected accompanied riding, so no "through and off" to make up for time lost on the climbs!

Road bike category – No triathlon / aero bar extensions, no disc wheels! (deep section rims are permitted)

NOTES TO RIDERS & SPECTATORS

Signing On: Please note that you are required to sign on to confirm that you have read all safety instructions, ride at your own risk, and agree to ride by the CTT rules. Riders who do not sign on are liable to disqualification. The signing on sheet will be by the numbers in the HQ.

Headquarters: Limited parking immediately outside the HQ, so please park with regard for other riders and the locals; the hall is a good size, so no need to get changed at the back of your car (please avoid frightening locals!). "but with no parking at HQ, limited on-street parking nearby but plenty of space in the leisure centre car park.

Enjoy the racing – there will be plenty of refreshments available at the HQ (A big thank you to Emma Plummer)

Good spectator points include the car park on Houghton Hill (both days, about 8km from the start), lay-bys on the A27 on Sunday (riders should be going quite quickly), and the climb from Arundel to Whiteways Lodge on Sunday, though there is very limited parking opportunity on this climb (no problem if you ride to it though); if riders are going to suffer it will be here – tired legs, long climb.....

SPONSORS

We are grateful to the following companies and individuals that have contributed towards the prize list and organizational costs.

Southdowns Bikes of Storrington, Goring & Portsmouth 01903 745534
The Bike Store of Worthing 01903 206311
USE Exposure
Trek UK www.trekbikes.com/uk (Stu Cleevely)
www.upgradebikes.co.uk (Paddy & Rory)

PRIZE LIST

Saturday 6th Feb

Overall

Fastest	USE Trace Pack F&R Lights (£94.00)
Second	2x USE Carbon Bottle Cages (£79.98)
Third	Lezyne classic floor drive track pump (£49.99)
Fourth	USE Spin Stix Q/R Skewers (£29.99)
Fifth	£25.00 Cash
Sixth	£15.00 Cash

Fastest Road Bike

Second	£40.00 South Downs Bikes Voucher
	£20.00 South Downs Bikes Voucher

Veterans

Fastest	£25.00 South Downs Bikes Voucher
Second	£15.00 Cash

Teams of three

Fastest	£90.00 cash
Second	£45.00 cash

Ladies

Fastest	£20.00 Bike Store Voucher
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Junior

Fastest	Lezyne SV7 Mini-Tool
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Sunday 7th Feb

Overall

Fastest	USE Trace Pack F&R Lights (£94.00)
Second	USE Spin Stix Q/R Skewers (£29.99) + Lezyne Strip Drive Rear Light (29.99)
Third	Lezyne classic floor drive track pump (£49.99)
Fourth	Lezyne Strip Drive Rear Light (29.99)
Fifth	£25.00 Cash
Sixth	£15.00 Cash

Fastest Road Bike

Second	£40.00 South Downs Bikes Voucher
	£20.00 South Downs Bikes Voucher

Veterans

Fastest	£25.00 South Downs Bikes Voucher
Second	£15.00 Cash

Teams of three

Fastest	£90.00 cash
Second	£45.00 cash

Ladies

Fastest	£20.00 Bike Store Voucher
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Junior

Fastest	£20.00 Bike Store Voucher
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TWO DAY OVERALL

Fastest	Trek Factory Hoody (£90.00) +
Second	Trek Factory Top (£90.00)
Third	Lezyne Strip Drive Rear Light (29.99) + £30.00 cash

Fastest Road Bike	£40.00 cash
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Fastest Veterans	£40.00 cash
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Fastest Ladies	Lezyne SV7 Mini-Tool
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Additional Prizes to be added on the weekend.....

Prizes will be presented after the event.

Please stay for the presentation, especially if you are a prize winner!

I look forward to seeing you at the weekend, best wishes for a safe and speedy ride.

Mike Leonard & The Southdowns Bike team

Southdowns Bikes CC TT – Saturday 6th February 2016

No	Name	Club	Age	Cat	Start Time
1	Joan Lennon	WECC	58	WV	14:01
2	Jake Parrott	South Downs Bikes	16	J	14:02
3	Virginia Mcgee	Charlottesville Cycling Club	52	WV	14:03
4	Simon Berogna	A3CRG	41	V	14:04
5	Mark Emsley	Team ASL360	26	S	14:05
6	Alan Law	Horsham Amphibians	39	S	14:06
7	Chris Dunston	Brighton Excelsior	15	J	14:07
8	Jon Frost	Redom CC	48		14:08
9	Nick Finch	Horsham Amphibians			14:09
10	Pete Morris	Team ASL360	37	S	14:10
11	Andy Robinson	Horsham Amphibians			14:11
12	Gary Brind	South Downs Bikes	41	V	14:12
13	Les Liddiard	Team Jewson - MI Racing	59	V	14:13
14	Paul Barnard	South Downs Bikes	30	S	14:14
15	David Shepherd	GS Stella	54	V	14:15
16	Theo Tadros	In Gear Quickvit Trainsharp	13	J	14:16
17	Geoff Smith	Eastbourne Rovers	65	V	14:17
18	Guy Etherton	Crawley Wheelers	39	S	14:18
19	Matthew Butt	Cycling Club Hackney	29	S	14:19
20	Stephen Cavey	South Downs Bikes	24	S	14:20
21	Helen Webb	Sussex Nomads CC	42	WV	14:21
22	Matt Twelvetrees	Horsham Cycling	28	S	14:22
23	Andy Tedd	...a3crg	48	V	14:23
24	Christopher Fletcher	Portsmouth North End CC	29	S	14:24
25	Philip Alan	South Downs Bikes		V	14:25
26	Karen Wigmore	Horsham Amphibians	59	WV	14:26
27	Kevin Plummer	South Downs Bikes	50	V	14:27
28	Robert Charles	Blazing Saddles	50	V	14:28
29	Nick Broome	Dulwich Paragon	25	S	14:29
30	Stuart Bettis	South Downs Bikes	31	S	14:30
31	Richard Cheetham	VC Meudon	50	V	14:31
32	Ria Woodfield	Kingston Wheelers CC	26	WS	14:32
33	Richard Cartland	South Downs Bikes	38	S	14:33
34	Richard Newey	Thames Turbo Triathlon Club	50	V	14:34
35	Pat Wright	Paceline RT	31	S	14:40

36	Richard Cudlip	Velo Club Venta	44	V	14:41
37	James Horan	South Downs Bikes	46	V	14:42
38	Matt Alderson	South Downs Bikes	27	S	14:43
39	Paul Newsome	Team ASL360	28	S	14:44
40	Chris Mcnamara	Nuun-Sigma Sport-London RT	40	V	14:45
41	Jon Fry	Horsham Cycling	45	V	14:46
42	Henry Eaton	Cranleigh Cycling Club	25	S	14:47
43	Jason Gilbert	South Downs Bikes	41	V	14:48
44	Jahan Hunter	Sotonia CC	29	S	14:49
45	Peter Tadros	In Gear Quickvit Trainsharp	45	V	14:50

Southdowns Bikes CC TT – Sunday 7th February 2016

No	Name	Club	Age	Cat	Start Time
1	Laura Starmer	Horsham Amphibians	33	W	10:01
2	Chris Dunston	Brighton Excelsior	15	J	10:02
3	Chris Jolliffe	Crawley Wheelers	58	V	10:03
4	Christopher Fletcher	Portsmouth North End CC	29	S	10:04
5	Sarah Phelps	Brighton Mitre	28	WS	10:05
6	Jahan Hunter	Sotonia CC	29	S	10:06
7	Richard Cartland	South Downs Bikes	38	S	10:07
8	Mike Anderson	Velo Club St Raphael	57	V	10:08
9	Stuart Bettis	South Downs Bikes	31	S	10:09
10	Henry Eaton	Cranleigh Cycling Club	25	S	10:10
11	Ria Woodfield	Kingston Wheelers CC	26	WS	10:11
12	Kevin Plummer	South Downs Bikes	50	V	10:12
13	Jason Gilbert	South Downs Bikes	41	V	10:13
14	Keith Lea	Paceline RT	45	V	10:14
15	Matthew Butt	Cycling Club Hackney	29	S	10:15
16	Pat Wright	Paceline RT	31	S	10:16
17	Matt Twelvetrees	Horsham Cycling	28	S	10:17
18	Richard Newey	Thames Turbo Triathlon Club	50	V	10:18
19	David Shepherd	GS Stella	54	V	10:19
20	Mark Emsley	Team ASL360	26	S	10:20
21	Theo Tadros	In Gear Quickvit Trainsharp	13	J	10:21
22	Joan Lennon	WECC	58	WV	10:22
23	Stephen Morgan	Tooting BC	47	V	10:23
24	Gary Brind	South Downs Bikes	41	V	10:26
25	Pete Morris	Team ASL360	37	S	10:25
26	Virginia Mcgee	Charlottesville Cycling Club	52	WV	10:26
27	Matt Alderson	South Downs Bikes	27	S	10:27
28	Rick Hughes	Worthing Excelsior CC	52	V	10:28
29	Peter Tadros	In Gear Quickvit Trainsharp	45	V	10:29
30	Geoff Smith	Eastbourne Rovers	65	V	10:30
31	Paul Newsome	Team ASL360	28	S	10:31
32	Paul Barnard	South Downs Bikes	30	S	10:32
33	Les Liddiard	Team Jewson - MI Racing	59	V	10:33
34	Stephen Cavey	South Downs Bikes	24	S	10:34
35	Chris Mcnamara	Nuun-Sigma Sport-London RT	40	V	10:35