



# Result Sheet

## Brighton Excelsior Time Trial Weekend

### Men's and Women's 10 mile events

and

### London South District Heat for the GHS championships

Saturday 18<sup>th</sup> July 2015

Course G10/97

For and on behalf of Cycling Time Trials under their Rules & Regulations

#### Event organiser

James Stone 31 Oxen Avenue, Shoreham by Sea, West Sussex BN43 5AF.

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#### Timekeepers

Mick Irons (Worthing Excelsior) and Tony Palmer (Worthing Excelsior))

Brighton Excelsior CC would like to thank all helpers and competitors who helped to make it a successful event.

## GHS Prize Winners

<b>Fastest Overall</b>	<b>1st</b>	<b>Schaeff Potter</b>	<b>Worthing Excelsior CC</b>	<b>0:23:41</b>
	2nd	Lewis Winfield	Epsom CC	<b>0:23:46</b>
	3rd	Jack Churchill	VC Jubilee	<b>0:24:15</b>

<b>GHS Fastest Team of 3</b>	Jack Churchill	VC Jubilee	<b>0:24:15</b>
	Chris Dunstan	VC Jubilee	<b>0:25:01</b>
	Bill Demuth	VC Jubilee	<b>0:28:59</b>
	<b>Total Team Time</b>		<b>1:18:15</b>

<b>GHS Age Category Winners</b>	<b>Age</b>				
12 at 31st Aug 2015	12	1st	Adam Churchill	PYCC	<b>0:27:53</b>
13 at 31st Aug 2015	13	1st	Bill Demuth	VC Jubilee	<b>0:28:59</b>
14 at 31st Aug 2015	14	1st	Jack Churchill	VC Jubilee	<b>0:24:15</b>
15 at 31st Aug 2015	15	1st	Lewis Winfield	Epsom CC	<b>0:23:46</b>
16 at 31st Aug 2015	16	1st	Schaeff Potter	Worthing Excelsior CC	<b>0:23:41</b>

## GHS Results Listing

Rank	Race No	Name	Club	Cat	Age	Actual Time
1	10	Schaeff Potter	Worthing Excelsior CC	Boy	16	<b>0:23:41</b>
2	5	Lewis Winfield	Epsom CC	Boy	15	<b>0:23:46</b>
3	9	Jack Churchill	VC Jubilee	Boy	14	<b>0:24:15</b>
4	7	Chris Dunstan	VC Jubilee	Boy	15	<b>0:25:01</b>
5	8	Joseph Bishop	PYCC	Boy	15	<b>0:27:26</b>
6	4	Finn Anderson-Grout	PYCC	Boy	14	<b>0:27:42</b>
7	2	Adam Churchill	PYCC	Boy	12	<b>0:27:53</b>
8	1	Bill Demuth	VC Jubilee	Boy	13	<b>0:28:59</b>
9	6	Lloyd Costello	PYCC	Boy	13	<b>0:29:51</b>
-	3	Tom Pughe-Morgan	PYCC	Boy	12	<b>DNS (A)</b>

All category and team winners have automatic entry to the GHS National Final

## Solo 10 Prize Winners

<b>Fastest Lady</b>		1st	Rhiannon Davies	RST Sport/Aero-Coach	<b>0:25:07</b>
<b>Fastest Overall</b>		1st	Chris McNamara	Pedal Heaven	<b>0:20:44</b>
		2nd	James Rix	Crawley Wheelers	<b>0:21:07</b>
		3rd	Adam Atkinson	34 Nomads CC	<b>0:21:09</b>
<b>Fastest Junior/Juvenile</b>		1 <sup>st</sup>	Schaeff Potter	Worthing Excelsior CC	<b>00:23:41</b>
<b>Vet Age Category Awards</b>	<b>Age</b>				
Vet on Standard 40-49	40	1st=	Chris McNamara	Pedal Heaven	<b>+ 05:15</b>
Vet on Standard 40-49	47	1st=	Nick Malins	4T + Velo Club	<b>+ 05:15</b>
Vet on Standard 50-59	52	1st	Christian Yates	East Grinstead CC	<b>+ 05:15</b>
Vet on Standard Over 60	60	1sr	David Phillips	Old Portlians CC	<b>+ 03:17</b>
<b>Fastest Team of 3</b>			Phil Allen	South Downs Bikes	<b>0:21:34</b>
			Stuart Bettis	South Downs Bikes	<b>0:22:14</b>
			Paul Barnard	South Downs Bikes	<b>0:22:48</b>
			<b>Total Team Time</b>		<b>1:06:36</b>

## Solo 10 Results Listing

Rank	Race No	Name	Club	Cat	Age	Actual Time	Plus on Std
1	52	Chris McNamara	Pedal Heaven	V	40	0:20:44	+ 05:15
2	35	James Rix	Crawley Wheelers	S	39	0:21:07	-
3	50	Adam Atkinson	34 Nomads CC	S	26	0:21:09	-
4	45	Nick Malins	4T + Velo Club	V	47	0:21:17	+ 05:15
5	40	Phil Allen	South Downs Bikes	S	37	0:21:34	-
6	30	Iain Brogden	Eastbourne Rovers CC	V	46	0:21:37	+ 04:50
7	20	Christian Yates	East Grinstead CC	V	52	0:21:39	+ 05:15
8	5	Howard Shaw	Eastbourne Rovers CC	S	29	0:21:56	-
9	25	Stephen Ralston	London Dynamo	S	39	0:21:57	-
10	10	Stuart Bettis	South Downs Bikes	S	30	0:22:14	-
11	46	Mark Bashford	East Grinstead CC	S	31	0:22:16	-
12	31	Francisco Piai	Brighton Mitre CC	S	38	0:22:31	-
13	6	Paul Barnard	South Downs Bikes	S	30	0:22:48	-
14	2	Jay Chisnall	VTTA (Surrey & Sussex)	V	54	0:22:49	+ 04:15
15	21	Kevin Plummer	South Downs Bikes	V	50	0:22:52	+ 03:53
16	16	Sam Dix	In-Gear Quickvit Trainsharp RT	V	44	0:23:14	+ 03:04
17	36	David Watt	Kingston Phoenix RC	S	36	0:23:15	-
18	32	Mark Perryman	Wyndymilla	S	34	0:23:24	-
19	51	Lee Pendlebury	Crawley Wheelers	S	34	0:23:31	-
20	11	Ian Cheesman	Worthing Excelsior CC	V	46	0:23:32	+ 02:55
21	7	Tom Houghton	Brighton Excelsior CC	V	43	0:23:33	+ 02:40
22	37	Shaun Marlor	Bec CC	V	42	0:23:43	+ 02:26
23	26	Colin Barton	Worthing Excelsior CC	V	54	0:23:45	+ 03:19
24	12	Michael Valks	Lewes Wanderers CC	V	44	0:24:08	+ 02:10
25	48	David Phillips	Old Portlians CC	V	60	0:24:21	+ 03:17
26	34	Michael Leonard	South Downs Bikes	V	51	0:24:48	+ 02:02
27	3	Colin Toppin	Brighton Excelsior CC	V	42	0:24:54	+ 01:15
28	13	Andrew Green	Old Portlians CC	V	49	0:24:57	+ 01:44
29	8	Peter Eames	Eastbourne Rovers CC	V	52	0:25:03	+ 01:51
30	27	Ian Graver	Bec CC	V	55	0:25:06	+ 02:03
31=	33	Rhiannon Davies	RST Sport/Aero-Coach	WS	26	0:25:07	-
31=	38	Nicholas St Nicholas	Brighton Excelsior CC	V	48	0:25:07	+ 01:29
33	1	Alan Coom	Brighton Excelsior CC	S	32	0:25:09	-
34	29	Helen Bullimore	Trainsharp Racing Team	WV	43	0:25:43	+ 02:36
35	18	Katie Crowe	Dulwich Paragon CC	WS	39	0:25:53	-
36	14	Sarah Phelps	Brighton Mitre CC	WS	27	0:26:20	-
37	44	Lee McGeever	Brighton Excelsior CC	V	45	0:27:03	- 00:40
38	17	Paul Valks	Lewes Wanderers CC	V	71	0:27:08	+ 02:06
39	49	Selena Bartley	Sussex Nomads CC	WV	42	0:27:26	+ 00:47
40	43	Clive Jackson	Central Sussex	V	63	0:27:27	+ 00:32
41	24	Robin Johnson	Brighton Mitre CC	V	67	0:27:59	+ 00:33
42	28	Benjamin Miller	Brighton Excelsior CC	S	25	0:28:23	-
43	19	Amanda Borg-Cardona	Wyndymilla	WV	52	0:58:51	- 29:48

Numbers 4, 9, 15, 22, 23, 39, 41, 42 and 47 were DNS (apol)

At the conclusion of the events, there was a silent remembrance of  
Don Lock, Worthing Excelsior Cycling Club.