



# Sussex Cyclists' Association

2015 President – Alan Limbrey – Sussex Nomads CC

Open 30 Mile Time Trial – Monday 25th May 2015 – Course G30/91

Promoted for and on behalf of **Cycling Time Trials** under their rules and regulations



## Incorporating the Sussex 30 mile Championship

### Result Sheet

#### Event Secretary

Robin Johnson (Brighton Mitre CC)  
7 Gorselands, Billingshurst, West Sussex RH14 9TT Tel: 01403 783368

#### Timekeepers

Richard Blackmore (East Grinstead CC) and Kathleen Collard-Berry (...a3crg)

Prize winners	Pos	Rider	Club	Time / Plus	Prize
<b>Fastest Overall</b>	1st	Conall Yates	In-Gear Quickvit Trainsharp RT	1:04:39	£20 + Champagne
	2nd	Simon McNamara	South Downs Bikes	1:06:07	£10 + Wine
	3rd	Steve Kane	Team ASL360	1:07:26	£6 + Wine
	4th	Mark Emsley	Team ASL360	1:07:32	Wine
<b>Fastest Lady</b>	1st	Gina McGeever	Lewes Wanderers CC	1:16:54	Wine
<b>Veteran on CTT Target Times</b>	1st	Mike O'Gorman	Worthing Excelsior CC	+ 17:25	£10 + Wine
	2nd	David England	Crabwood CC	+ 14:45	£5 + Wine
<b>Veteran 40-44</b>		Simon McNamara	South Downs Bikes	1:06:07	Wine
<b>Veteran 45-49</b>		Nick Andrews	Portsmouth North End CC	1:09:28	Wine
<b>Veteran 50-54</b>		Paul Thatcher	Brighton Mitre CC	1:12:15	Wine
<b>Veteran 55-59</b>		Mike Marchant	Southdown Velo	1:14:50	Wine
<b>Veteran 60-64</b>		Mike O'Gorman	Worthing Excelsior CC	1:11:21	Wine
<b>Veteran 65-69</b>		Robin Johnson	Brighton Mitre CC	1:30:34	Wine
<b>Veteran 70-74</b>		David England	Crabwood CC	1:20:03	Wine
<b>Fastest Team of 3</b>	1st	Simon McNamara	South Downs Bikes	1:06:07	£10 + Wine
		Stuart Bettis	South Downs Bikes	1:09:02	£10 + Wine
		Paul Bernard	South Downs Bikes	1:12:38	£10 + Wine
		<b>Total Team Time</b>		<b>3:27:47</b>	
2nd	Simon Atkinson	Worthing Excelsior CC	1:11:17	Wine	
	Mike O'Gorman	Worthing Excelsior CC	1:11:21	Wine	
	Trevor Leeding	Worthing Excelsior CC	1:12:41	Wine	
		<b>Total Team Time</b>		<b>3:35:19</b>	

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## Overall Result

Overall Position	Rider No	Name	Club	Cat	Actual Time	Plus on CTT Tgt Time	Pos on Tgt Time
1	50	Conall Yates	In-Gear Quickvit Trainsharp RT	S	<b>1:04:39</b>	-	-
2	40	Simon McNamara	South Downs Bikes	V	<b>1:06:07</b>	+ 08:53	8
3	30	Steve Kane	Team ASL360	S	<b>1:07:26</b>	-	-
4	10	Mark Emsley	Team ASL360	S	<b>1:07:32</b>	-	-
5	45	Rob Pelham	Lewes Wanderers CC	S	<b>1:07:58</b>	-	-
6	15	Howard Bayley	Blazing Saddles	V	<b>1:08:46</b>	+ 06:14	13
7	22	Stuart Bettis	South Downs Bikes	S	<b>1:09:02</b>	-	-
8	35	Nick Andrews	Portsmouth North End CC	V	<b>1:09:28</b>	+ 10:39	5
9	34	Nathan Gosling	Phian Racing	S	<b>1:09:45</b>	-	-
10	25	Dominic Maxwell	Sussex Revolution VC	V	<b>1:09:53</b>	+ 06:13	14
11	31	Simon Atkinson	Worthing Excelsior CC	V	<b>1:11:17</b>	+ 04:16	18
12	41	Mike O'Gorman	Worthing Excelsior CC	V	<b>1:11:21</b>	+ 17:25	1
13	36	Paul Thatcher	Brighton Mitre CC	V	<b>1:12:15</b>	+ 09:38	7
14	37	Paul Bernard	South Downs Bikes	S	<b>1:12:38</b>	-	-
15	21	Trevor Leeding	Worthing Excelsior CC	V	<b>1:12:41</b>	+ 07:26	10
16	23	Samuel Ramsey	Lewes Wanderers CC	V	<b>1:13:03</b>	+ 08:14	9
17	12	Conor Clancy	Brighton Excelsior CC	S	<b>1:13:24</b>	-	-
18	32	Andy Tedd	a3crg	V	<b>* 1:13:55 *</b>	+ 05:02	15
19	46	Ian Cheesman	Worthing Excelsior CC	V	<b>1:13:57</b>	+ 04:25	16
20	27	Martin Booker	Worthing Excelsior CC	V	<b>1:14:09</b>	+ 04:13	19
21	42	Jon Fry	Horsham Cycling	V	<b>1:14:17</b>	+ 02:57	21
22	11	Sean Scott	In-Gear Quickvit Trainsharp RT	S	<b>1:14:25</b>	-	-
23	26	James Stone	Brighton Excelsior CC	V	<b>1:14:26</b>	+ 03:56	20
24	13	Mike Marchant	Southdown Velo	V	<b>1:14:50</b>	+ 10:44	3
25	19	Rick Hughes	Worthing Excelsior CC	V	<b>1:14:52</b>	+ 07:01	11
26	33	Mark Bernhardt	GS Stella	V	<b>1:15:17</b>	+ 06:36	12
27	16	Daniel Sharp	Charlotteville CC	V	<b>1:15:52</b>	+ 00:14	23
28	49	Gina McGeever	Lewes Wanderers CC	WV	<b>1:16:54</b>	+ 04:23	17
29	14	Ian Newbold	Eastbourne Rovers CC	V	<b>1:17:52</b>	- 01:46	27
30	48	Sarah Matthews	a3crg	WV	<b>1:18:03</b>	+ 10:43	4
31	38	Andrew Haste	Worthing Excelsior CC	V	<b>1:18:22</b>	- 01:08	26
32	24	John Beer	Kingston Phoenix RC	V	<b>1:18:49</b>	+ 10:36	6
33	47	David England	Crabwood CC	V	<b>1:20:03</b>	+ 14:45	2
34	17	Mark Penfold	Crawley Wheelers	V	<b>1:20:18</b>	- 00:11	24
35	18	Stephen Gaston	Lewes Wanderers CC	V	<b>1:21:08</b>	- 00:26	25
36	39	Katerina Avramides	Brighton Mitre CC	WS	<b>1:24:22</b>	-	-
37	29	Sarah Phelps	Brighton Mitre CC	WS	<b>1:26:25</b>	-	-
38	9	Robin Johnson	Brighton Mitre CC	V	<b>1:30:34</b>	+ 00:50	22
-	20	Charl Jordaan	In-Gear Quickvit Trainsharp RT	S	<b>DNS (A)</b>	-	-
-	28	Jon Saunders	Charlotteville CC	S	<b>DNS (A)</b>	-	-
-	43	Ed Rowland	Charlotteville CC	S	<b>DNS (A)</b>	-	-
-	44	Phil Freaan	Worthing Excelsior CC	V	<b>DNS (A)</b>	-	-

\* Rider No. 32 Andy Tedd – time includes 25 second late start \*

## Sussex 30 Mile County Championship Awards

Award winners	Pos	Rider	Club	Time/Plus	Award
<b>Fastest Overall</b>	1st	Conall Yates	In-Gear Quickvit Trainsharp RT	1:04:39	The 30 Cup & Medal
	2nd	Simon McNamara	South Downs Bikes	1:06:07	Medal
	3rd	Steve Kane	Team ASL360	1:07:26	Medal
<b>Highest Plus on CTT Target Times</b>	1st	Mike O'Gorman	Worthing Excelsior CC	+ 17:25	Medal
	2nd	Mike Marchant	Southdown Velo	+ 10:44	Medal
	3rd	Sarah Matthews	a3crg	+ 10:43	Medal
<b>Fastest Lady</b>	1st	Gina McGeever	Lewes Wanderers CC	1:16:54	Medal
<b>Fastest Junior</b>	1st	Not awarded			Medal
<b>Fastest Team of 3</b>	1st	Simon McNamara	South Downs Bikes	1:06:07	Medal
		Stuart Bettis	South Downs Bikes	1:09:02	Medal
		Paul Bernard	South Downs Bikes	1:12:38	Medal
		<b>Total Team Time</b>		<b>3:27:47</b>	

The SCA awards will be presented at the Sussex CA Prize Presentation Lunch on Sunday 6th December 2015 at Dial Post Village Hall – tickets £10 per head from Robin Johnson

### This is also a qualifying event for

**Sussex Championship Points Competition** 20 points for 1st place down to 1 point for 20th place for riders from Sussex CA affiliated clubs.

**Sussex SPOCO Points Competition** 120 points for 1st place down to 1 point for 120th place for riders from Sussex CA affiliated clubs.

**Sussex Best All Rounder Competition** Qualifying event for the Sussex Short distance BAR.

### Notes and Acknowledgments

Congratulations to all the prize winners especially Conall breaking his own course record set last year. Also many thanks to everyone that supported the event either by riding or helping on the day including:

<b>Time Keepers</b>	Richard Blackmore (East Grinstead CC) and Kathleen Collard-Berry (...a3crg)
<b>Recorder</b>	Peter Moon (Eastbourne Rovers CC),
<b>Pushing Off</b>	Chris Putnam (Worthing Excelsior)
<b>Marshals</b>	Dave Abbott (GS Stella), Dave Shepherd (GS Stella), Jon Brook (Steyning AC) and Adrian Jones (Central Sussex CC)
<b>Catering</b>	Roy & Bernice King (Brighton Mitre CC)
<b>Start Sheet</b>	Mike O'Gorman (Worthing Excelsior CC)
<b>Results</b>	Ann Human (Eastbourne Rovers CC)

## Sussex Championship Points Competition – points awarded for this event

SCA Rider	Club	Points
Conall Yates	In-Gear Quickvit Trainsharp RT	20
Simon McNamara	South Downs Bikes	19
Steve Kane	Team ASL360	18
Mark Emsley	Team ASL360	17
Rob Pelham	Lewes Wanderers CC	16
Howard Bayley	Blazing Saddles	15
Stuart Bettis	South Downs Bikes	14
Dominic Maxwell	Sussex Revolution VC	13
Simon Atkinson	Worthing Excelsior CC	12
Mike O'Gorman	Worthing Excelsior CC	11
Paul Thatcher	Brighton Mitre CC	10
Paul Bernard	South Downs Bikes	9
Trevor Leeding	Worthing Excelsior CC	8
Samuel Ramsey	Lewes Wanderers CC	7
Conor Clancy	Brighton Excelsior CC	6
Andy Tedd	a3crg	5
Ian Cheesman	Worthing Excelsior CC	4
Martin Booker	Worthing Excelsior CC	3
Jon Fry	Horsham Cycling	2
Sean Scott	In-Gear Quickvit Trainsharp RT	1

## Don't miss other events promoted by the Sussex CA

Date	Distance	Details	Course	Promoter
Saturday 13 Jun 2015	15 m	Sussex Championship	G15/93	Robin Johnson
Sunday 05 July 2015	50 m	Sussex Championship	G50/10	Robin Johnson
Saturday 29 Aug 2015	10 m	Sporting	G10/45	Robin Johnson
Monday 31 Aug 2015	25 m	Sporting	G25/49	Robin Johnson
Saturday 03 Oct 2015	1672 yd Hill Climb	Sussex Championship	GH/92	Mel Robertson

All Sussex CA events can be entered online via the CTT website [www.cyclingtimetrials.org.uk](http://www.cyclingtimetrials.org.uk)

## And Championship events promoted by other Associations

Date	Distance	Details	Course	Promoter
Sunday 26 Jul 2015	SCCU 100 m	Sussex Championship	G100/61	Rod Starmer
Sunday 23 Aug 2015	KCA 12 hour	Sussex Championship	Q/12	Esther Carpenter

## Keep up to date with what's going on with time trialling in Sussex ...

There are a range of competitions run by local Associations so, if your club is affiliated, and you're riding SCA or ESCA events, the chances are you'll automatically be included in a competition that you might not necessarily be aware of!

Why not take a moment to familiarise yourself with what's on offer for individual riders and their affiliated clubs to add a bit of interest and friendly rivalry between riders and clubs by visiting the links below

Sussex CA (SCA) events and competitions for 2015

[http://www.sussexca.org.uk/uploads/4/4/6/3/44636025/2015\\_sussex\\_ca\\_events\\_and\\_competitions.pdf](http://www.sussexca.org.uk/uploads/4/4/6/3/44636025/2015_sussex_ca_events_and_competitions.pdf)

East Sussex CA (ESCA) events and competitions for 2015

<http://www.eastsussexca.org.uk/15results/escacomps15.pdf>

Regular competition updates, and a whole lot more, are posted throughout the season on the Association websites and facebook groups

### **Sussex CA**

Website

<http://www.sussexca.org.uk/>

Facebook Group

<https://www.facebook.com/groups/SussexCA/>

### **East Sussex CA**

Website

<http://www.eastsussexca.org.uk/>

Facebook Group

<https://www.facebook.com/groups/EastSussexCA/>