

Sussex Cyclists' Association

2012 Award Winners

Promoting cycling in Sussex by encouraging members to participate in competitions that include open events taking place partly or wholly in Sussex

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Congratulations to all the prize winners – medals and trophies will be presented at the prize presentation on **Sunday 25th November 2012** – [click here for details](#).



Sussex Cyclists' Association

2012 Sussex Best All Rounder Competition



Sussex Long Distance BAR – 2012 Award Winners

Overall	1st	Rob Pelham	Lewes Wanderers	26.37 mph	AE Paching Cup & Medal
	2nd	Steve Kane	Brighton Excelsior	25.69 mph	Medal
	3rd	Tom Glandfield	Lewes Wanderers	25.38 mph	Medal
Team	Rob Pelham (26.37) Tom Glandfield (25.38) Samuel Ramsey (23.73)		Lewes Wanderers	25.16 mph	Medals
Veteran	1st	Peter Moon	Eastbourne Rovers	1:12:00	Stephen Easter Cup & Medal
	2nd	Geoff Smith	Eastbourne Rovers	1:08:17	Medal
	3rd	Alan Lloyd	Lewes Wanderers	0:59:15	Medal
Veteran Team	Alan Lloyd (0:59:15) Peter Baker (0:43:38) Samuel Ramsey (0:43:07)		Lewes Wanderers	2:26:00	Medals
Woman	1st	Emma Richards	Eastbourne Rovers	23.04 mph	West Sussex RC Plate & Medal
Junior	1st	Dan Gardner	Lewes Wanderers	25.56 mph	Medal

Sussex Long Distance BAR – Individual Positions

Overall

Rider	Club	mph
Rob Pelham	Lewes Wanderers	26.37
Steve Kane	Brighton Excelsior	25.69
Tom Glandfield	Lewes Wanderers	25.38
Kevin Wilson	Worthing Excelsior	24.63
Peter Moon	Eastbourne Rovers	24.62
Keith Shuttlewood	Horsham Cycling	23.95
Samuel Ramsey	Lewes Wanderers	23.73
Geoff Smith	Eastbourne Rovers	23.66
Peter Baker	Lewes Wanderers	23.49
Alan Lloyd	Lewes Wanderers	23.36

Veteran

Rider	Club	Plus
Peter Moon	Eastbourne Rovers	1:12:00
Geoff Smith	Eastbourne Rovers	1:08:17
Alan Lloyd	Lewes Wanderers	0:59:15
Keith Shuttlewood	Horsham Cycling	0:59:02
Peter Baker	Lewes Wanderers	0:43:38
Samuel Ramsey	Lewes Wanderers	0:43:07

Women

Rider	Club	mph
Emma Richards	Eastbourne Rovers	23.04

Junior

Rider	Club	mph
Dan Gardner	Lewes Wanderers	25.56

Congratulations to Dan Gardner who sets a new Junior BAR record



Sussex Cyclists' Association

2012 Sussex Best All Rounder Competition



Sussex Middle Distance BAR – 2012 Award Winners

Overall	1st	Rob Pelham	Lewes Wanderers	27.37 mph	Fairy Dyes Cup & Medal
	2nd	Steve Kane	Brighton Excelsior	26.86 mph	Medal
	3rd	Tom Glandfield	Lewes Wanderers	26.90 mph	Medal
Team	Rob Pelham (27.37) Tom Glandfield (26.90) Peter Baker (24.89)		Lewes Wanderers	26.39 mph	Medals
Veteran	1st	David Shepherd	GS Stella	0:56:03	Glazebrook Cup & Medal
	2nd	Mel Roberton	Worthing Excelsior	0:51:22	Medal
	3rd	Geoff Smith	Eastbourne Rovers	0:48:35	Medal
Veteran Team	Geoff Smith (0:48:35) Peter Moon (0:44:02) Tony Murphy (0:26:50)		Eastbourne Rovers	1:59:27	Medals

Sussex Middle Distance BAR – Individual Positions

Overall

Rider	Club	mph
Rob Pelham	Lewes Wanderers	27.37
Steve Kane	Brighton Excelsior	26.86
Tom Glandfield	Lewes Wanderers	26.90
David Shepherd	GS Stella	26.20
Mark Jones	GS Stella	25.95
Peter Moon	Eastbourne Rovers	25.43
Geoff Smith	Eastbourne Rovers	25.09
Mel Roberton	Worthing Excelsior	25.00
Peter Baker	Lewes Wanderers	24.89
Samuel Ramsey	Lewes Wanderers	24.80
Tony Murphy	Eastbourne Rovers	24.48
Adam Ford	Eastbourne Rovers	23.64
Emma Richards	Eastbourne Rovers	23.24
Robin Johnson	Brighton Mitre	20.96

Veteran

Rider	Club	Plus
David Shepherd	GS Stella	0:56:03
Mel Roberton	Worthing Excelsior	0:51:22
Geoff Smith	Eastbourne Rovers	0:48:35
Mark Jones	GS Stella	0:48:30
Peter Moon	Eastbourne Rovers	0:44:02
Peter Baker	Lewes Wanderers	0:36:19
Samuel Ramsey	Lewes Wanderers	0:34:19
Tony Murphy	Eastbourne Rovers	0:26:50
Adam Ford	Eastbourne Rovers	0:08:52
Robin Johnson	Brighton Mitre	-0:08:17



Sussex Cyclists' Association

2012 Sussex Best All Rounder Competition



Sussex Short Distance BAR – 2012 Award Winners

Overall	1st	Iain Brogden	Eastbourne Rovers	28.17 mph	Short BAR Cup & Medal
	2nd	Mathew Woods	Eastbourne Rovers	28.06 mph	Medal
	3rd	Rob Pelham	Lewes Wanderers	27.33 mph	Medal
Team	Iain Brogden (28.17) Mathew Woods (28.06) John Cordner (26.42)		Eastbourne Rovers	27.55 mph	Medals
Veteran	1st	Iain Brogden	Eastbourne Rovers	0:53:57	Veteran Short BAR Cup & Medal
	2nd	Mathew Woods	Eastbourne Rovers	0:49:51	Medal
	3rd	Geoff Smith	Eastbourne Rovers	0:41:38	Medal
Veteran Team	Iain Brogden (0:53:57) Mathew Woods (0:49:51) Geoff Smith (0:41:38)		Eastbourne Rovers	2:25:26	Medals

Sussex Short Distance BAR – Individual Positions

Overall

Rider	Club	mph
Iain Brogden	Eastbourne Rovers	28.17
Mathew Woods	Eastbourne Rovers	28.06
Rob Pelham	Lewes Wanderers	27.33
Steve Kane	Brighton Excelsior	27.12
Tom Glandfield	Lewes Wanderers	27.03
John Cordner	Eastbourne Rovers	26.42
Stuart Davis	Eastbourne Rovers	25.57
Peter Moon	Eastbourne Rovers	25.45
Geoff Smith	Eastbourne Rovers	25.23
Sam Ramsey	Lewes Wanderers	24.79
Peter Baker	Lewes Wanderers	24.73
Tony Murphy	Eastbourne Rovers	24.72
Mike O’Gorman	Worthing Excelsior	24.52
Adam Ford	Eastbourne Rovers	23.89
Andrew Stobbart	Eastbourne Rovers	23.33
Robin Johnson	Brighton Mitre	21.16

Veteran

Rider	Club	Plus
Iain Brogden	Eastbourne Rovers	0:53:57
Mathew Woods	Eastbourne Rovers	0:49:51
Geoff Smith	Eastbourne Rovers	0:41:38
John Cordner	Eastbourne Rovers	0:38:25
Peter Moon	Eastbourne Rovers	0:35:45
Mike O’Gorman	Worthing Excelsior	0:33:01
Peter Baker	Lewes Wanderers	0:31:20
Samuel Ramsey	Lewes Wanderers	0:28:54
Stuart Davis	Eastbourne Rovers	0:28:21
Tony Murphy	Eastbourne Rovers	0:26:03
Andrew Stobbart	Eastbourne Rovers	0:10:29
Adam Ford	Eastbourne Rovers	0:09:55
Robin Johnson	Brighton Mitre	-0:04:19



Sussex Cyclists' Association

2012 Sussex Championships



Sussex 10 mile Championship Awards – Saturday 5 May 2012 – G10/97

Overall	1st	Conall Yates	In-Gear Quickvit Trainsharp	0:20:59	The '10' Trophy & Medal
	2nd	Nick Dwyer	Lewes Wanderers	0:21:23	Medal
	3rd	Richard Gifford	In-Gear Quickvit Trainsharp	0:21:27	Medal
Veteran	= 1st	Richard Gifford	In-Gear Quickvit Trainsharp	+ 05:12	Medal
	= 1st	Nick Dwyer	Lewes Wanderers	+ 05:12	Medal
	3rd	David Pollard	In-Gear Quickvit Trainsharp	+ 04:42	Medal
Women	1st	Helen Bullimore	In-Gear Quickvit Trainsharp	0:26:13	Medal
Junior	1st	Dan Gardner	Lewes Wanderers	0:24:25	Medal
Team	1st	Conall Yates Richard Gifford David Pollard	In-Gear Quickvit Trainsharp	1:04:43	Medals

Sussex 25 mile Championship Awards – Sunday 6 May 2012 – G25/93

Overall	1st	Michael Hutchinson	In-Gear Quickvit Trainsharp	0:50:44	Boniface Trophy & Medal
	2nd	Nick Dwyer	Lewes Wanderers	0:55:06	Medal
	3rd	Sebastian Ader	...a3crg	0:55:21	Medal
Veteran	1st	Nick Dwyer	Lewes Wanderers	+ 12:28	Horry Hemsley Trophy & Medal
	2nd	Iain Brogden	Eastbourne Rovers	+ 10:55	Medal
	3rd	Sebastian Ader	...a3crg	+ 10:39	Medal
Women	1st	Helen Bullimore	In-Gear Quickvit Trainsharp	1:07:14	Medal
Junior	1st	Dan Gardner	Lewes Wanderers	1:02:06	Medal
A Team	1st	Michael Hutchinson Rupert Burbidge Jason Le Goff Trevor Chilman	In-Gear Quickvit Trainsharp	3:45:51	Lee Memorial Shield & Medals
	2nd	Nick Dwyer Peter Morris Rob Pelham Tom Glandfied	Lewes Wanderers	3:48:34	Dave Henty Cup & Medals
B Team	1st	James Ryan Neil Midgley Samuel Ramsey	Lewes Wanderers	3:03:33	Medals

The Sussex 25 mile Team Championship is decided on the fastest Sussex CA "A" Team of four riders. There is a supplementary competition decided on the next fastest "B" Team of three riders, being the 5th, 6th and 7th fastest riders from a Sussex CA club.



Sussex Cyclists' Association

2012 Sussex Championships



Sussex 50 mile Championship Awards – Sunday 10 June 2012 – G50/10

Overall	1st	Steve Dennis	East Grinstead CC	1:48:56	Southern Radio Cup & Medal
	2nd	Conall Yates	In-Gear Quickvit Trainsharp	1:49:43	Medal
	3rd	Sebastian Ader	...a3crg	1:52:37	Medal
Veteran	1st	Steve Dennis	East Grinstead CC	+ 30:05	Medal
	2nd	David Shepherd	GS Stella	+ 23:31	Medal
	3rd	Sebastian Ader	...a3crg	+ 23:27	Medal
Women	1st	Emma Richards	Eastbourne Rovers	2:20:01	Medal
Junior	Not Contested				Medal
Team	1st	Conall Yates Rupert Burbidge Jason Le Goff	In-Gear Quickvit Trainsharp	5:49:54	Halford Cup & Medals

Congratulations to Steve Dennis who breaks the previous Sussex CA and course record and In-Gear Quickvit Trainsharp who set a new team record

Sussex 100 mile Championship Awards – Sunday 5 August 2012 – G100/60

Overall	1st	Rob Pelham	Lewes Wanderers	3:54:59	Regency Cup & Medal
	2nd	Peter Morris	Lewes Wanderers	4:05:19	Medal
	3rd	Steve Kane	Brighton Excelsior	4:06:35	Medal
Veteran	1st	Nigel Langridge	Crawley Wheelers	+ 39:24	Medal
	2nd	Geoff Smith	Eastbourne Rovers	+ 38:11	Medal
	3rd	Mark Bernhardt	Worthing Excelsior	+ 37:31	Medal
Women	1st	Natasha Fuller	Lewes Wanderers	4:38:44	Medal
Junior	Not Contested				Medal
Team	1st	Rob Pelham Peter Morris Tom Glandfield	Lewes Wanderers	12:17:38	Medals



Sussex Cyclists' Association

2012 Sussex Championships



Sussex 12 hour Championship Awards – Sunday 2 September 2012 – Q12

Overall	1st	Peter Morris	Lewes Wanderers	248.590	HR Stevenson Cup & Medal
	2nd	Matt Coombs	Lewes Wanderers	245.412	Medal
	3rd	Not Awarded			Medal
Veteran	1st	Geoff Smith	Eastbourne Rovers	+ 50.528	Medal
	2nd	Not Awarded			Medal
	3rd	Not Awarded			Medal
Women		Not Contested			Medal
Junior		Not Contested			Medal
Team	1st	Peter Morris Matt Coombs Michael Turner	Lewes Wanderers	729.684	Medals

Medals for SCA affiliated riders will be awarded within each category in accordance with the following scale:
1 to 5 Riders – first only **6 to 10 riders** – first and second only **Over 10 Riders** – first, second and third

Sussex Hill Climb Championship Awards – Sunday 6 October 2012 – GH/92

Overall	1st	Peter Tadros	In-Gear Quickvit Trainsharp	4:06.3	Alf Dawes Cup & Medal
	2nd	Dan Gardner	Lewes Wanderers	4:34.9	Medal
	3rd	Chris Twine	Worthing Excelsior	4:45.0	Medal
Veteran	1st	Peter Tadros	In-Gear Quickvit Trainsharp	+ 1:04.7	Medal
	2nd	Chris Putnam	Worthing Excelsior	+ 0:00.3	Medal
	3rd	Not Awarded			Medal
Women	1st	Tamar Vanderhaas	Brighton Mitre	5:57.4	Medal
Junior	1st	Dan Gardner	Lewes Wanderers	4:34.9	Medal
Team	1st	Dan Gardner Yuriy Tymchenko Mark Paton	Lewes Wanderers	15:10.5	Medals

Medals for SCA affiliated riders will be awarded within each category in accordance with the following scale:
1 to 5 Riders – first only **6 to 10 riders** – first and second only **Over 10 Riders** – first, second and third



Sussex Cyclists' Association

2012 Sussex Championship Points Competition



Sussex Championship Points – 2012 Award Winners

Overall	1st	Steve Kane	Brighton Excelsior	77 points	Charlie Lednor Trophy & Medal
	2nd	Peter Morris	Lewes Wanderers	52 points	Medal
	3rd	Rob Pelham	Lewes Wanderers	46 points	Medal
Team	Peter Morris (52) Rob Pelham (46) Tom Glandfield (40)		Lewes Wanderers	138 Points	Medals

Sussex Championship Points – Final Individual Positions

Rank	Rider	Club	SCA 10	SCA 25	SCA 50	SCCU 100	KCA 12	SCA HC	Total Points	No Rides
1	Steve Kane	Brighton Excelsior	13	15	14	18	-	17	77	5
2	Peter Morris	Lewes Wanderers	-	13	-	19	20	-	52	3
3	Rob Pelham	Lewes Wanderers	14	12	-	20	-	-	46	3
4	Tom Glandfield	Lewes Wanderers	16	11	-	13	-	-	40	3
5	Conall Yates	In-Gear Quickvit Trainsharp	20	-	19	-	-	-	39	2
6	Nick Dwyer	Lewes Wanderers	19	19	-	-	-	-	38	2
6	Chris Twine	Worthing Excelsior	7	0	13	-	-	18	38	4
6	Geoff Smith	Eastbourne Rovers	0	0	6	6	16	10	38	6
9	Sebastian Ader	...a3crg	-	18	18	-	-	-	36	2
9	John Glaysher	...a3crg	-	0	4	15	17	-	36	4
11	Iain Brogden	Eastbourne Rovers	17	17	-	-	-	-	34	2
12	Rupert Burbidge	In-Gear Quickvit Trainsharp	-	16	17	-	-	-	33	2
12	David Shepherd	GS Stella	11	7	15	-	-	-	33	3
14	Kevin Wilson	Worthing Excelsior	4	-	5	11	-	11	31	4
15	Rupert Robinson	Crawley Wheelers	-	10	-	17	-	-	27	2
16	Phil Allen	Brighton Mitre	10	0	12	-	-	-	22	3
16	Michael Turner	Lewes Wanderers	-	0	-	7	15	-	22	3
18	Christian Yates	East Grinstead CC	12	9	-	-	-	-	21	2
19	Peter Tadros	In-Gear Quickvit Trainsharp	-	-	-	-	-	20	20	1
19	Michael Hutchinson	In-Gear Quickvit Trainsharp	-	20	-	-	-	-	20	1
19	Steve Dennis	East Grinstead CC	-	0	20	-	-	-	20	2
22	Matt Coombs	Lewes Wanderers	-	-	-	-	19	-	19	1
22	Mark Bernhardt	Worthing Excelsior	-	-	7	12	-	-	19	2
22	Alan Lloyd	Lewes Wanderers	-	-	0	5	14	-	19	3
22	Dan Gardner	Lewes Wanderers	0	0	-	-	-	19	19	3
22	James Ryan	Lewes Wanderers	-	5	11	3	-	-	19	3
27	Richard Gifford	In-Gear Quickvit Trainsharp	18	-	-	-	-	-	18	1
27	Andy Payne	GS Stella	-	-	0	-	18	-	18	2
29	Mark Smith	Crawley Wheelers	-	1	-	16	-	-	17	2

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Sussex Cyclists' Association

2012 Sussex Championship Points Competition



Sussex Championship Points – Final Individual Positions

Rank	Rider	Club	SCA 10	SCA 25	SCA 50	SCCU 100	KCA 12	SCA HC	Total Points	No Rides
29	Peter Moon	Eastbourne Rovers	5	2	10	-	-	-	17	3
31	Barney Kennard	Sussex Nomads	-	-	-	-	-	16	16	1
31	Graeme Stirzaker	...a3crg	-	-	16	-	-	-	16	1
33	Yuriy Tymchenko	Lewes Wanderers	-	-	-	-	-	15	15	1
33	David Pollard	In-Gear Quickvit Trainsharp	15	-	-	-	-	-	15	1
35	Chris Putnam	Worthing Excelsior	-	-	-	-	-	14	14	1
35	Andrew Langdown	Hampshire RC	-	14	-	-	-	-	14	1
35	Nigel Langridge	Crawley Wheelers	-	0	-	14	-	-	14	2
35	Darryl Barr	...a3crg	10	4	-	-	-	-	14	2
35	Paul Thatcher	Brighton Mitre	6	0	-	8	-	-	14	3
40	Joshua Fanner	Sussex Nomads	-	-	-	-	-	13	13	1
41	Mark Paton	Lewes Wanderers	-	0	-	-	-	12	12	2
42	Keith Shuttlewood	Horsham Cycling	-	-	0	10	-	-	10	2
42	Jason Le Goff	In-Gear Quickvit Trainsharp	2	6	2	-	-	-	10	3
44	Tamar Vanderhaas	Brighton Mitre	-	-	-	-	-	9	9	1
44	David Jones	Crawley Wheelers	-	-	-	9	-	-	9	1
44	Mark Jones	GS Stella	0	-	9	-	-	-	9	2
47	Duncan Fuller	Lewes Wanderers	8	-	-	-	-	-	8	1
47	Mark Frost	Lewes Wanderers	-	-	8	-	-	-	8	1
47	Stuart Nisbett	Crawley Wheelers	-	8	-	-	-	-	8	1
47	Ross Stringer	Sussex Nomads	-	-	-	-	-	8	8	1
51	Alex Beyfus	Sussex Nomads	-	-	-	-	-	7	7	1
52	Robin Johnson	Brighton Mitre	0	0	0	-	-	6	6	4
53	Tony Reeves	GS Stella	2	3	0	-	-	-	5	3
53	Doug Gardner	Lewes Wanderers	0	0	-	-	-	5	5	3
55	Ashley Knowles	Sussex Nomads	-	-	-	-	-	4	4	1
55	Paul Outhwaite	Worthing Excelsior	-	-	-	4	-	-	4	1
55	Neil Midgley	Lewes Wanderers	3	0	1	-	-	-	4	3
58	Joan Lennon	Worthing Excelsior	-	-	-	-	-	3	3	1
58	Jon Fry	Horsham Cycling	-	0	3	-	-	-	3	2
60	Lee Holdaway	Hastings & St Leonards CC	-	-	-	2	-	-	2	1
61	Natasha Fuller	Lewes Wanderers	0	0	-	1	-	-	1	3



Sussex Cyclists' Association

2012 Sussex Championship Points Competition



Sussex Championship Points – Final Team Positions

Club	Team Of Three Riders	Total Points	Team Rank
Lewes Wanderers	Peter Morris (52), Rob Pelham (46) & Tom Glandfield (40)	138	1
In-Gear Quickvit Trainsharp	Conall Yates (39), Rupert Burbidge (33) & Peter Tadros (20)	92	2
Eastbourne Rovers	Geoff Smith (38), Iain Brogden (34) & Peter Moon (17)	89	3
...a3crg	Sebastian Ader (36), John Glaysher (36) & Graeme Stirzaker (16)	88	4
Worthing Excelsior	Chris Twine (38), Kevin Wilson (31) & Mark Bernhardt (19)	88	4
Lewes Wanderers	Nick Dwyer (38), Michael Turner (22) & Alan Lloyd (19)	79	6
GS Stella	David Shepherd (33), Andy Payne (18) & Mark Jones (9)	60	7
Crawley Wheelers	Rupert Robinson (27), Mark Smith (17) & Nigel Langridge (14)	58	8
Lewes Wanderers	Dan Gardner (19), James Ryan (19) & Matt Coombs (19)	57	9
In-Gear Quickvit Trainsharp	Michael Hutchinson (20), Richard Gifford (18) & David Pollard (15)	53	10
Brighton Mitre	Phil Allen (22), Paul Thatcher (14) & Tamar Vanderhaas (9)	45	11
Sussex Nomads	Barney Kennard (16), Joshua Fanner (13) & Ross Stringer (8)	37	12
Lewes Wanderers	Yuriy Tymchenko (15), Mark Paton (12) & Duncan Fuller (8)	35	13
Worthing Excelsior	Chris Putnam (14), Paul Outhwaite (4) & Joan Lennon (3)	21	14
Lewes Wanderers	Mark Frost (8), Doug Gardner (5) & Neil Midgley (4)	17	15

Sussex Championship Points – How the Competition Works

The Sussex championship points competition is open to all first claim members of SCA affiliated clubs. There is no need to register for the competition as any qualifying ride by a member of a SCA affiliated club will automatically be recorded.

The competition consists of a series of six Sussex championship events – 10 miles, 25 miles, 50 miles, 100 miles, 12 hour and hill climb.

For each qualifying event ridden you will be awarded points based on your position in that event in relation to other riders from SCA affiliated clubs – 20 points for first place, down to 1 point for 20th place – riders who are not from SCA affiliated clubs will be disregarded in the points allocation. Any number of events can be ridden – the more events you ride, the more points you are likely to get. The competition is decided on the highest number of points totalled from the six qualifying events.

Date	Event	Dist	Course
Sat 05 May 2012	Sussex CA	10m	G10/97
Sun 06 May 2012	Sussex CA	25m	G25/93
Sun 10 Jun 2012	Sussex CA	50m	G50/10
Sun 05 Aug 2012	Southern Counties CU	100m	G100/60
Sun 02 Sep 2012	Kent CA	12 hour	Q12
Sat 06 Oct 2012	Sussex CA	1672 yd	GH/92



Sussex Cyclists' Association

2012 Sussex SPOCO Competition



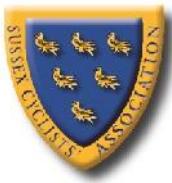
Sussex SPOCO – 2012 Award Winners

Overall	1st	Sebastian Ader	...a3crg	713 points	SPOCO Trophy & Medal
	2nd	Rupert Burbidge	In-Gear Quickvit Trainsharp	708 points	Medal
	3rd	David Shepherd	GS Stella	703 points	Medal
Team	David Shepherd (703) Mark Jones (649) Tony Reeves (623)		GS Stella	1,975 points	Medals
Veteran	1st	David Shepherd	GS Stella	716 points	Veteran SPOCO Trophy & Medal
	2nd	Sebastian Ader	...a3crg	713 points	Medal
	3rd	Geoff Smith	Eastbourne Rovers	710 points	Medal
Veteran Team	David Shepherd (716) Mark Jones (685) Tony Reeves (641)		GS Stella	2,042 points	Medals
Woman	1st	Not Contested		-	Medal
Junior	1st	Not Contested		-	Medal
Handicap	1st	Jon Fry	Horsham Cycling	752 points	Medal

Sussex SPOCO – Final Overall Individual Positions

Rider	Club	Best Short	Best Med	Best Long	Best of the rest			Final Score	Final Rank
Sebastian Ader	...a3crg	119	120	119	120	118	117	713	1
Rupert Burbidge	In-Gear Quickvit Trainsharp	120	118	117	120	117	116	708	2
David Shepherd	GS Stella	119	118	116	118	116	116	703	3
Steve Kane	Brighton Excelsior	115	119	117	115	115	114	695	4
Chris Twine	Worthing Excelsior	119	117	113	116	115	113	693	5
Tom Glandfield	Lewes Wanderers	108	116	118	112	110	109	673	6
Geoff Smith	Eastbourne Rovers	113	110	105	111	109	108	656	7
Keith Carter	Horsham Cycling	117	109	109	115	105	99	654	8
Mark Jones	GS Stella	103	113	109	109	108	107	649	9
Jon Fry	Horsham Cycling	114	115	102	105	105	105	646	10
John Glaysher	...a3crg	112	111	109	107	103	102	644	11
Paul Thatcher	Brighton Mitre	111	111	95	109	109	108	643	12
Phil Allen	Brighton Mitre	115	107	112	109	102	93	638	13
Keith Shuttlewood	Horsham Cycling	109	112	98	110	108	94	631	14

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Sussex Cyclists' Association

2012 Sussex SPOCO Competition



Sussex SPOCO – Final Overall Individual Positions

Rider	Club	Best Short	Best Med	Best Long	Best of the rest			Final Score	Final Rank
Tony Reeves	GS Stella	108	113	99	103	100	100	623	15
Jason Le Goff	In-Gear Quickvit Trainsharp	113	106	109	104	101	87	620	16
Michael Turner	Lewes Wanderers	99	105	96	103	96	96	595	17
Neil Midgley	Lewes Wanderers	99	109	100	98	97	91	594	18
Robin Johnson	Brighton Mitre	105	97	74	94	93	92	555	19
Oliver Tuckley	Lewes Wanderers	99	102	84	96	89	78	548	20
Stuart Payne	Central Sussex CC	84	95	79	94	91	90	533	21
Stuart Jago	GS Stella	88	99	78	96	89	65	515	22

Sussex SPOCO – Final Overall Team Positions

Club	Team of Three Riders	Final Score	Final Rank
GS Stella	David Shepherd (703), Mark Jones (649) & Tony Reeves (623)	1975	1
Horsham Cycling	Keith Carter (654), Jon Fry (646) & Keith Shuttlewood (631)	1931	2
Lewes Wanderers	Tom Glandfield (673), Michael Turner (595) & Neil Midgley (594)	1862	3
Brighton Mitre	Paul Thatcher (643), Phil Allen (638) & Robin Johnson (555)	1836	4

Sussex SPOCO – Final Veteran Individual Positions

Veteran Rider	Club	Best Short	Best Med	Best Long	Best of the rest			Final Score	Final Rank
David Shepherd	GS Stella	119	119	120	120	119	119	716	1
Sebastian Ader	...a3crg	118	120	119	120	118	118	713	2
Geoff Smith	Eastbourne Rovers	119	118	119	119	118	117	710	3
Mark Jones	GS Stella	112	116	114	115	115	113	685	4
Paul Thatcher	Brighton Mitre	115	114	110	115	113	113	680	5
Keith Shuttlewood	Horsham Cycling	117	117	109	113	113	108	677	6
Jon Fry	Horsham Cycling	116	112	105	112	110	107	662	7
Tony Reeves	GS Stella	108	112	103	107	106	105	641	8
Michael Turner	Lewes Wanderers	110	109	103	107	106	99	634	9
Oliver Tuckley	Lewes Wanderers	104	108	101	105	99	99	616	10
Robin Johnson	Brighton Mitre	110	104	93	103	102	101	613	11
Stuart Jago	GS Stella	106	111	92	104	96	93	602	12
Stuart Payne	Central Sussex CC	100	103	95	101	98	95	592	13

Sussex SPOCO – Final Veteran Team Positions

Club	Team of Three Veteran Riders	Final Score	Final Rank
GS Stella	David Shepherd (716), Mark Jones (685) & Tony Reeves (641)	2042	1



Sussex Cyclists' Association

2012 Sussex SPOCO Competition



Sussex SPOCO – Final Woman Positions

No Qualifiers

Sussex SPOCO – Final Junior Positions

No Qualifiers

Sussex SPOCO – Final Handicap Positions

Rider	Club	Best Short	Best Med	Best Long	Best of the rest			Final Score	Final Rank
Jon Fry	Horsham Cycling	125	128	135	118	121	125	752	1
David Shepherd	GS Stella	125	120	123	121	120	121	730	2
Geoff Smith	Eastbourne Rovers	121	119	116	119	118	118	711	3
Paul Thatcher	Brighton Mitre	120	121	106	118	122	122	709	4
Keith Carter	Horsham Cycling	119	121	121	118	111	112	702	5
Michael Turner	Lewes Wanderers	118	126	106	117	111	118	696	6
Robin Johnson	Brighton Mitre	117	117	113	112	115	119	693	7
Tom Glandfield	Lewes Wanderers	112	119	120	115	113	113	692	8
Stuart Payne	Central Sussex CC	99	113	110	112	113	116	663	9
Oliver Tuckley	Lewes Wanderers	111	115	92	111	105	95	629	10

Sussex SPOCO – How the Competition Works

All first claim members of SCA affiliated clubs are automatically included in the Sussex SPOCO. The competition is decided on your best six qualifying rides which must include one short, one medium, one long distance and other three rides from any of the distances

The competition consists of a series of 25 sporting type events broken down into three categories – Short, Middle and Long distance. For each qualifying event ridden you will be awarded points based on your position in that event – 120 points for first place, down to 1 point for 120th place. **The competition is decided on your highest scores from six qualifying events which must include:**

1 x Group A – Short Distance

1 x Group B – Middle Distance

1 x Group C – Long Distance

And any other three events from any of the distances

- Any number of events can be ridden as your best placing(s) in each category will automatically count towards the competition.
- Times are of no consequence as it's your position on the day that counts.
- Starting at 120 points for the winner, and reducing by 1 point per position, means the fewer riders there are, the more points you are likely to get.



Sussex Cyclists' Association

2012 Lunch & Prize Presentation



The 2012 Lunch and Prize Presentation will be held on Sunday 25th November 2012 at Dial Post Village Hall, Old Worthing Road, Dial Post, Near Horsham, West Sussex RH163 8NH. Preceding the lunch, Steve Dennis will be leading a 40 mile tour of West Sussex. Please contact Steve on 01293 522721 if you require any further details about the ride.

For the ride meet at Dial Post Village Hall at 9:30am

The lunch will be a hot and cold buffet including dessert followed by Tea or Coffee, served from 12:30pm. Although there isn't a bar at the venue, you are welcome to bring your own wine etc if you wish. Tickets are only £10 per head, available in advance from Robin Johnson, 7 Gorselands, Billingshurst, West Sussex RH14 9TT. Please contact Robin on 01403 783368 if you require any further details about the lunch.

If you don't fancy the ride, arrive for the lunch from 12:00 noon.

The prize presentation will immediately follow the lunch, so please come along to celebrate the achievements of the Sussex Cyclists during the year.

Route is available to view or download to GPS devices here:

<http://connect.garmin.com/course/1415673#.UlhI4l8vcqs.email>

