



Eastbourne Rovers Cycling Club



Stan Nash Memorial 10 Mile Time Trial

Saturday 11 August 2012 – Course G10/87

Promoted for and on behalf of Cycling Time Trials under their rules and regulations

Result Sheet

Event Secretary **Peter Moon** 73 Wannock Lane, Eastbourne, East Sussex BN20 9SG
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Timekeepers Start: **Graham Lade** (Eastbourne Rovers) Finish: **Jane Lade** (Eastbourne Rovers)

Congratulations to Conall on winning the event, just piping Nick for the second Saturday running, and Helen the fastest lady. By far the biggest improvement was Rob Rickson knocking 2 minutes off his PB, so very well done to him, and also Lewes Wanderers for taking the team award.

There were 24 prize awards up for grabs so well done to all the prize winners, and a big thank you to all who entered, I hope to see you all again next year.

Prize Winners

Category	Pos	Rider	Club	Time/Plus	Prize
Fastest Overall	1st	Conall Yates	In-Gear Quickvit Trainsharp	0:20:22	£ 30.00
	2nd	Nick Dwyer	Lewes Wanderers	0:20:31	£ 25.00
	3rd	Matthew Woods	Eastbourne Rovers	0:21:37	£ 20.00
	4th	Iain Brogden	Eastbourne Rovers	0:21:42	£ 15.00
	5th	Rob Pelham	Lewes Wanderers	0:21:46	£ 10.00
Fastest Lady	1st	Helen Bullimore	In-Gear Quickvit Trainsharp	0:25:04	£ 15.00
	2nd	Rachel Baker	Crawley Wheelers	0:25:59	£ 10.00
Best C & PTS Improvement	1st	Rob Rickson	Eastbourne Rovers	+ 02:00	£ 20.00
	2nd	Andy Pelling	In-Gear Quickvit Trainsharp	+ 01:17	£ 15.00
	3rd	John Cordner	Eastbourne Rovers	+ 00:44	£ 10.00
Aged 30 – 34 not winning another prize	(34)	John Glaysher	...a3crg	0:22:46	£ 10.00
Aged 35 – 39 not winning another prize	(35)	Noel Miles	East Grinstead Tri Club	0:22:22	£ 10.00
Aged 40 – 44 not winning another prize	(43)	Trevor Chilman	In-Gear Quickvit Trainsharp	0:23:02	£ 10.00
Aged 45 – 49 not winning another prize	(49)	Christian Yates	East Grinstead CC	0:22:51	£ 10.00
Aged 50 – 54	(52)	Mark Paton	Lewes Wanderers	0:23:07	£ 10.00
Aged 55 – 59	(56)	Kevin Burton	Eastbourne Rovers	0:26:09	£ 10.00
Aged 60 – 64	(64)	Mel Roberton	Worthing Excelsior	0:23:46	£ 10.00
Aged 65 – 69	(68)	Paul Valks	Sussex Nomads	0:25:58	£ 10.00
Aged 70 – 74	(71)	George Windsor	Giant CC	0:25:03	£ 10.00
Aged 75 plus	(80)	Maurice Carpenter	VTTA (Surrey/Sussex)	0:33:19	£ 10.00
Fastest Team of 3		Nick Dwyer	Lewes Wanderers	0:20:31	£ 10.00
		Rob Pelham	Lewes Wanderers	0:21:46	£ 10.00
		Mark Paton	Lewes Wanderers	0:23:07	£ 10.00
			1:05:24		

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Overall Result

Rank	Race No	Name	Club	Cat	Age	Actual	Improve	Plus on VTTA Std
1	60	Conall Yates	In-Gear Quickvit Trainsharp	S	31	0:20:22	- 00:06	-
2	80	Nick Dwyer	Lewes Wanderers	V	49	0:20:31	- 01:12	+ 06:08
3	20	Matthew Woods	Eastbourne Rovers	V	41	0:21:37	- 00:55	+ 04:27
4	50	Iain Brogden	Eastbourne Rovers	V	43	0:21:42	- 01:24	+ 04:31
5	70	Rob Pelham	Lewes Wanderers	S	36	0:21:46	- 02:03	-
6	72	John Cordner	Eastbourne Rovers	V	43	0:22:15	+ 00:44	+ 03:58
7	21	Noel Miles	East Grinstead Tri Club	S	35	0:22:22	-	-
8	26	Jason Le Goff	In-Gear Quickvit Trainsharp	S	37	0:22:40	+ 00:02	-
9	45	John Glaysher	...a3crg	S	34	0:22:46	- 01:03	-
10	35	Richard Tully	Edwardes / Elite Cycling	S	35	0:22:49	- 01:01	-
11	25	Christian Yates	East Grinstead CC	V	49	0:22:51	- 00:58	+ 03:48
12	10	Marc Townsend	Hastings & St Leonards CC	S	31	0:22:52	-	-
12	16	Andy Morley	Southborough Wheelers	V	48	0:22:52	- 00:14	+ 03:43
14	55	Trevor Chilman	In-Gear Quickvit Trainsharp	V	43	0:23:02	- 01:21	+ 03:11
15	65	Mark Paton	Lewes Wanderers	V	52	0:23:07	- 01:58	+ 03:44
16	36	Ian Hodge	Southborough Wheelers	V	53	0:23:12	- 00:22	+ 03:43
17	8	Carl Richardson	In-Gear Quickvit Trainsharp	V	48	0:23:20	- 00:34	+ 03:15
18	66	Stuart Davis	Eastbourne Rovers	V	41	0:23:23	- 00:33	+ 02:41
19	61	Neil Midgley	Lewes Wanderers	S	39	0:23:30	- 01:04	-
20	41	Peter Moon	Eastbourne Rovers	V	51	0:23:41	- 01:27	+ 03:06
21	11	Michael Valks	Lewes Wanderers	V	41	0:23:43	- 01:35	+ 02:21
21	27	Malcolm Daly	Hastings & St Leonards CC	V	52	0:23:43	+ 00:21	+ 03:08
23	51	Mel Roberton	Worthing Excelsior	V	64	0:23:46	- 01:34	+ 04:05
24	71	Max Norrell	Giant CC	S	37	0:23:49	- 01:46	-
25	78	Gary Burgess	Brighton Mitre	V	48	0:23:51	-	+ 02:44
26	76	Robert Hoodless	Crawley Wheelers	V	49	0:24:03	- 01:24	+ 02:36
27	52	Geoff Smith	Eastbourne Rovers	V	62	0:24:14	- 01:13	+ 03:25
28	57	Colin Chambers	Crawley Wheelers	V	47	0:24:15	- 00:15	+ 02:16
29	22	Tony Murphy	Eastbourne Rovers	V	49	0:24:25	- 00:43	+ 02:14
29	37	Simon Newell	Hastings & St Leonards CC	V	51	0:24:25	- 00:23	+ 02:22
31	17	Shane Hills	Eastbourne Rovers	V	40	0:24:29	- 00:33	+ 01:30
32	56	Mike O'Gorman	Worthing Excelsior	V	60	0:24:36	- 01:40	+ 02:52
33	15	Andrew R Green	Addiscombe CC	S	37	0:24:43	- 02:43	-
34	77	Bruce English	Eastbourne Rovers	V	47	0:24:49	- 00:57	+ 01:42
35	46	Andrew Stobbart	Eastbourne Rovers	V	51	0:25:03	- 00:23	+ 01:44
35	69	George Windsor	Giant CC	V	71	0:25:03	-	+ 03:42
37	47	Helen Bullimore	In-Gear Quickvit Trainsharp	WV	40	0:25:04	- 01:02	+ 02:58
38	12	Stuart Payne	Central Sussex CC	V	50	0:25:05	- 01:26	+ 01:38
39	43	Tom Benjamin	Lewes Wanderers	V	45	0:25:12	- 00:41	+ 01:10
40	68	Tim Carpenter	Hastings & St Leonards CC	V	50	0:25:13	- 00:30	+ 01:30
41	67	Alan Robinson	Central Sussex CC	V	71	0:25:15	- 01:08	+ 03:30
42	73	Clive Jackson	Central Sussex CC	V	60	0:25:22	- 01:06	+ 02:06
43	42	Matthew Whitaker	Kingston Wheelers	V	45	0:25:23	- 01:57	+ 00:59
43	48	Stephen Gaston	Lewes Wanderers	V	47	0:25:23	- 00:31	+ 01:08
45	13	Martin Sanwell	Mid Sussex Tri Club	S	38	0:25:42	+ 00:02	-
46	59	Rob Rickson	Eastbourne Rovers	V	46	0:25:52	+ 02:00	+ 00:34

Overall Result

Rank	Race No	Name	Club	Cat	Age	Actual	Improve	Plus on VTTA Std
47	18	Paul Valks	Sussex Nomads	V	68	0:25:58	- 00:50	+ 02:21
48	24	Rachel Baker	Crawley Wheelers	WS	38	0:25:59	+ 00:40	-
49	53	Kevin Brown	Shaftesbury CC	V	51	0:26:04	- 01:34	+ 00:43
50	63	Kevin Burton	Eastbourne Rovers	V	56	0:26:09	- 01:50	+ 00:59
51	32	Barry Packman	VC Meudon	V	66	0:26:18	- 02:42	+ 01:46
52	14	Andy Pelling	In-Gear Quickvit Trainsharp	S	38	0:26:19	+ 01:17	-
53	33	Bryn Tully	Anerley BC	V	67	0:26:41	- 02:03	+ 01:31
54	29	Steve Crocker	Mid Sussex Tri Club	V	50	0:26:57	-	- 00:14
55	54	David Beale	Lewes Wanderers	V	66	0:27:16	- 00:16	+ 00:48
56	28	Robin Johnson	Brighton Mitre	V	64	0:27:32	- 01:30	+ 00:19
57	19	Emily Miles	East Grinstead Tri Club	WS	32	0:27:41	-	-
58	44	Lisa Scarlett	Pbscience.com	WV	44	0:28:11	- 01:01	+ 00:12
59	74	Kaye Dwyer	Lewes Wanderers	WV	50	0:28:25	- 01:04	+ 00:26
60	79	Roy Robinson	Team Salesengine.co.uk	V	66	0:28:39	- 00:49	- 00:35
61	39	Chris Parker	Hastings & St Leonards CC	V	56	0:28:55	- 01:16	- 01:47
62	9	Maurice Carpenter	VTTA (Surrey/Sussex)	V (Tr)	80	0:33:19	- 00:13	- 00:49
-	23	Dave Lyons	34 Nomads	V	63	DNS (A)	-	-
-	31	Jon Fry	Horsham Cycling	V	41	DNS (A)	-	-
-	34	Sarah Nisbett	...a3crg	WS	36	DNS (A)	-	-
-	40	Richard Gifford	In-Gear Quickvit Trainsharp	V	49	DNS (A)	-	-
-	49	Peter Nuttall	Southborough Wheelers	V	40	DNS (A)	-	-
-	62	Paul King	Old Portlians CC	V	49	DNS (A)	-	-
-	64	Martin Shoesmith	Mid Sussex Tri Club	V	47	DNS (A)	-	-
-	75	Phil Allen	Brighton Mitre	S	34	DNS (A)	-	-
-	30	James Stuart	Norwood Paragon	S	37	DNS	-	-
-	38	Callum Murray	Mid Sussex Tri Club	V	55	DNS	-	-
-	58	Mark Brittle	Hastings & St Leonards CC	V	55	DNS	-	-

Notes & Acknowledgements

I always seem to say the same after each promotion and that is 'as much as Ann and I enjoy putting on events we couldn't do it without the help and support of others', so many thanks and much appreciation to all our helpers including:

Timekeeping Jane Lade, Graham Lade and Dave Dunbar recording

Pushing Off Stuart Crabb (Hastings & St Leonards CC)

Marshals **South Street:** Dave Cox and **Boship Roudabout:** Alan Symonds

Refreshments Lillian Featherstone & Sue Cox

Combined Weekend – Random Team Lottery

Provisional Rank based on the Saturday result

Rider No.	Name	Club	Saturday 10 Result	Provisional Team Total	Provisional Team Rank
80	Nick Dwyer	Lewes Wanderers	0:20:31	1:07:26	1
36	Ian Hodge	Southborough Wheelers	0:23:12		
11	Michael Valks	Lewes Wanderers	0:23:43		
10	Marc Townsend	Hastings & St Leonards CC	0:22:52	1:09:03	2
50	Iain Brogden	Eastbourne Rovers	0:21:42		
17	Shane Hills	Eastbourne Rovers	0:24:29		
27	Malcolm Daly	Hastings & St Leonards CC	0:23:43	1:09:34	3
20	Matthew Woods	Eastbourne Rovers	0:21:37		
52	Geoff Smith	Eastbourne Rovers	0:24:14		
16	Andy Morley	Southborough Wheelers	0:22:52	1:11:03	4
37	Simon Newell	Hastings & St Leonards CC	0:24:25		
51	Mel Roberton	Worthing Excelsior	0:23:46		
43	Tom Benjamin	Lewes Wanderers	0:25:12	1:11:34	5
8	Carl Richardson	In-Gear Quickvit Trainsharp	0:23:20		
55	Trevor Chilman	In-Gear Quickvit Trainsharp	0:23:02		
61	Neil Midgley	Lewes Wanderers	0:23:30	1:14:04	6
22	Tony Murphy	Eastbourne Rovers	0:24:25		
63	Kevin Burton	Eastbourne Rovers	0:26:09		
54	David Beale	Lewes Wanderers	0:27:16	1:14:07	7
12	Stuart Payne	Central Sussex CC	0:25:05		
70	Rob Pelham	Lewes Wanderers	0:21:46		
59	Rob Rickson	Eastbourne Rovers	0:25:52	1:14:26	8
72	John Cordner	Eastbourne Rovers	0:22:15		
14	Andy Pelling	In-Gear Quickvit Trainsharp	0:26:19		
13	Martin Sanwell	Mid Sussex Tri Club	0:25:42	1:15:54	9
28	Robin Johnson	Brighton Mitre	0:27:32		
26	Jason Le Goff	In-Gear Quickvit Trainsharp	0:22:40		
74	Kaye Dwyer	Lewes Wanderers	0:28:25	1:16:36	10
73	Clive Jackson	Central Sussex CC	0:25:22		
35	Richard Tully	Edwardes / Elite Cycling	0:22:49		
18	Paul Valks	Sussex Nomads	0:25:58	1:17:43	11
33	Bryn Tully	Anerley BC	0:26:41		
47	Helen Bullimore	In-Gear Quickvit Trainsharp	0:25:04		
46	Andrew Stobbart	Eastbourne Rovers	0:25:03	1:19:21	12
48	Stephen Gaston	Lewes Wanderers	0:25:23		
39	Chris Parker	Hastings & St Leonards CC	0:28:55		