



# Sussex Cyclists' Association

ESTABLISHED 1921

## *Event Report*



## ESCA Spring 10

Saturday 16 April 2011

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Tadros pips Dwyer to 1st place and Lewes take the Team prize.

A calm but slightly cool morning greeted the 64 competitors at East Hoathly on Saturday but the proceedings soon warmed up as the event got under way.

Eastbourne Rovers' Iain Brogden was the first back with a '21' holding off Simon McNamara of SouthDowns Bikes 21:19 to 21:44. Iain had the lead for 20 minutes before Lewes's Nick Dwyer posted an excellent 20:54. Eyes then went to scratch man Pete Tadros of In-Gear to see if he could better that.

Anecdotal reports from the Boship turn suggested Dwyer was well up on Tadros but in the end the In-Gear front man claimed the top spot by 9 seconds with 20:43.

A delighted Alan Robinson of Central Sussex CC was fastest vet on standard with +6:40 (25:35 actual), beating perennial winners Harry Featherstone and Geoff Smith.

Lizzie Brama of Brighton Phoenix Tri was fastest lady with 24:25 and 30th overall. Preparing for Ironman competitions, such a short and quick distance wouldn't normally feature on any training schedule but would be a good mental boost.

Callum Middleton was the only junior and recorded a very strong 23:55, giving the Wanderers another prize winner to go along with the team award. This went to Messrs Dwyer, Glandfield and Rollings with a combined 1:05:19.



# East Sussex Cycling Association

2011 President: Mick Kilby – Lewes Wanderers

ESCA 10m Time Trial – Saturday 16 April 2011 – G10/87

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations



## 10 mile Result Sheet

**Event Secretary:** **Mark Winton** (Lewes Wanderers)  
9 Swanee Close, Peacehaven, East Sussex BN10 8EZ  
Telephone: 01273 584973 Mobile: 07719 429262 Email: mark.winton1@tiscali.co.uk

**Timekeepers:** **Richard Blackmore** (East Grinstead CC) & **Richard Meed** (Lewes Wanderers)

Prize winners:	Pos	Rider	Club	Time / Plus	Prize
<b>Fastest Overall:</b>	1st	Peter TADROS	In-Gear Quickvit Trainsharp	0:20:43	£20.00
	2nd	Nick DWYER	Lewes Wanderers	0:20:54	£15.00
	3rd	Iain BROGDEN	Eastbourne Rovers	0:21:19	£12.00
	4th	Simon McNAMARA	Southdowns Bikes	0:21:44	£10.00
	5th	Tom GLANDFIELD	Lewes Wanderers	0:22:11	£8.00
<b>Highest Vet on Std:</b>	1st	Alan ROBINSON	Central Sussex CC	+ 06:40	£12.00
	2nd	Harry FEATHERSTONE	Eastbourne Rovers	+ 06:34	£10.00
	3rd	Geoff SMITH	Eastbourne Rovers	+ 06:13	£8.00
<b>Fastest Lady:</b>	1st	Elisabeth BRAMA	Brighton Phoenix Tri	0:24:25	£11.00
	2nd	Emma CRADDOCK	Southdowns Bikes	0:24:54	£9.00
	3rd	Natasha FULLER	Lewes Wanderers	0:25:41	£6.00
<b>Fastest Junior:</b>	1st	Callum MIDDLETON	Lewes Wanderers	0:23:55	£10.00
<b>Fastest Team of 3:</b>	1st	Nick DWYER	Lewes Wanderers	0:20:54	£8.00
		Tom GLANDFIELD	Lewes Wanderers	0:22:11	£8.00
		Robert ROLLINGS	Lewes Wanderers	0:22:14	£8.00
		<b>1:05:19</b>			

### Notes & Acknowledgements:

Thanks to all the helpers and marshals for their assistance on the day (Lewes Wanderers unless otherwise noted). Matt Coombs for signs, Ian McGuckin for pushing off, Richard Meed Start Time Keeper, Rob Pelham and Tom Baker at the turn, Richard Blackmore (East Grinstead) Finish Time Keeper and Ann Human (Eastbourne Rovers) for the results board, results and just about everything else. Pam and Chris Winton on refreshments and Amanda and Eva Winton for cakes

### ESCA Hill Climb – 16th October 2011

Don't forget to send me your entries for the ESCA hill climb to be held on Firlie Beacon. This winner of the ESCA Points Competition was decided in this event for 2010 and a number of riders used the event to 'climb' up the Points Competition. Don't miss out!

## ESCA 10m Time Trial – Saturday 16 April 2011 – G10/87

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### Overall Result

Pos	Start No	Rider	Club	Cat	Time	Plus on Std	Pos on Std
1	90	Peter TADROS	In-Gear Quickvit Trainsharp	V	0:20:43	+ 04:47	7
2	80	Nick DWYER	Lewes Wanderers	V	0:20:54	+ 06:00	4
3	60	Iain BROGDEN	Eastbourne Rovers	V	0:21:19	+ 04:35	8
4	65	Simon McNAMARA	Southdowns Bikes	S	0:21:44	-	-
5	85	Tom GLANDFIELD	Lewes Wanderers	S	0:22:11	-	-
6	75	Robert ROLLINGS	Lewes Wanderers	S	0:22:14	-	-
7	40	Marc CLOTHIER	Southdowns Bikes	S	0:22:16	-	-
8	55	Trevor CHILMAN	In-Gear Quickvit Trainsharp	V	0:22:25	+ 03:29	15
9	81	James LOWDEN	Lewes Wanderers	S	0:22:42	-	-
10	46	Gary BRIND	Southdowns Bikes	S	0:22:43	-	-
11	50	Roger SMITH	Southdowns Bikes	S	0:22:49	-	-
12	70	Christian YATES	East Grinstead CC	V	0:22:59	+ 04:08	11
13	30	Peter MORRIS	Lewes Wanderers	S	0:23:02	-	-
14	35	James RYAN	Lewes Wanderers	S	0:23:15	-	-
15	31	Peter MOON	Eastbourne Rovers	V	0:23:20	+ 04:13	10
16	86	Tristan COURT	Brighton Mitre	V	0:23:21	+ 02:09	18
17	48	Michael VALKS	Sussex Nomads	V	0:23:26	+ 02:04	19
18	24	Matthew WOODS	Eastbourne Rovers	S	0:23:31	-	-
19	56	Geoff SMITH	Eastbourne Rovers	V	0:23:35	+ 06:13	3
19	57	Oliver TUCKLEY	Lewes Wanderers	V	0:23:35	+ 05:03	6
21	63	Duncan FULLER	Lewes Wanderers	S	0:23:46	-	-
22	61	Dominic LOWDEN	Lewes Wanderers	V	0:23:53	+ 04:19	9
23	89	Callum MIDDLETON	Lewes Wanderers	Jn	0:23:55	-	-
24	43	Sam DIX	In-Gear Quickvit Trainsharp	S	0:23:56	-	-
25	36	James STONE	West Kent RC	V	0:23:59	+ 01:55	20
26	45	Max NORRELL	Giant CC	S	0:24:02	-	-
27	82	Jason LeGOFF	In-Gear Quickvit Trainsharp	S	0:24:06	-	-
28	26	Tony PARKER	North Hampshire RC	S	0:24:07	-	-
29	68	Chris MARTIN	Lewes Wanderers	V	0:24:13	+ 03:46	13
30	71	Elisabeth BRAMA	Brighton Phoenix Tri	WS	0:24:25	-	-
31	77	Neil MIDGLEY	Lewes Wanderers	S	0:24:41	-	-
32	41	Emma CRADDOCK	Southdowns Bikes	WS	0:24:54	-	-
33	87	Colin ENDERSON	In-Gear Quickvit Trainsharp	V	0:25:05	+ 02:15	17
34	62	Adam FORD	Eastbourne Rovers	S	0:25:10	-	-
35	42	Bruce ENGLISH	Lewes Wanderers	V	0:25:21	+ 01:21	24
36	38	Samuel RAMSEY	Lewes Wanderers	V	0:25:24	+ 01:18	26
36	84	Michael TURNER	Lewes Wanderers	V	0:25:24	+ 00:42	31
38	72	Tom COSGROVE	VTTA (London and H Counties)	V	0:25:31	+ 00:35	32
39	67	Alan ROBINSON	Central Sussex CC	V	0:25:35	+ 06:40	1
40	29	Jonathan MOLTON	Hastings & St Leonards CC	V	0:25:39	+ 00:27	35

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### Overall Result

Pos	Start No	Rider	Club	Cat	Time	Plus on Std	Pos on Std
41	32	Tony MURPHY	Eastbourne Rovers	V	0:25:41	+ 01:13	27
41	53	Natasha FULLER	Lewes Wanderers	WS	0:25:41	-	-
43	78	Clive JACKSON	Central Sussex CC	V	0:25:49	+ 03:31	14
44	47	Lee HOLDAWAY	Hastings & St Leonards CC	V	0:25:50	+ 03:02	16
45	73	Martin PHILLIPS	Lewes Wanderers	V	0:25:57	+ 00:33	34
46	28	Simon NEWELL	Hastings & St Leonards CC	V	0:25:59	+ 01:21	25
47	88	Paul HANRATTY	Lewes Wanderers	V	0:26:09	+ 01:37	21
48	51	Paul VALKS	Sussex Nomads	V	0:26:10	+ 05:20	5
49	37	Andrew STOBART	Eastbourne Rovers	V	0:26:31	+ 00:49	30
50	52	Lance WOODMAN	In-Gear Quickvit Trainsharp	V	0:26:34	+ 01:25	23
51	83	Charlie MIDDLETON	Lewes Wanderers	V	0:26:45	+ 01:01	28
52	49	David BEALE	Lewes Wanderers	V	0:26:57	+ 04:03	12
53	33	Harry FEATHERSTONE	Eastbourne Rovers	V	0:27:48	+ 06:34	2
54	23	Steve BUCHANAN	Hastings & St Leonards CC	V	0:27:57	+ 01:37	22
55	59	Adrian HILLS	Lewes Wanderers	V	0:27:58	- 01:16	39
56	39	Sue FRY	Eastbourne Rovers	WS	0:28:33	-	-
57	64	Simon YATES	Lewes Wanderers	V	0:28:34	+ 01:00	29
58	74	Kaye DWYER	Lewes Wanderers	WV	0:28:35	+ 00:17	36
59	76	Tracy CAUDLE	East Grinstead Tri Club	WV	0:28:56	- 00:57	38
60	25	Rob RICKSON	Eastbourne Rovers	V	0:29:25	- 02:55	41
61	34	Chris PARKER	Hastings & St Leonards CC	V	0:30:54	- 02:16	40
62	69	Graham LADE	Eastbourne Rovers	V	0:30:56	+ 00:34	33
63	27	Mike ANTON	East Grinstead CC	V	0:32:08	- 06:14	42
64	54	Jane LADE	Eastbourne Rovers	WV	0:33:55	- 00:37	37
-	44	Jay CHISNALL	Brighton Mitre	V	DNS (A)	-	-
-	58	David COX	Eastbourne Rovers	V	DNS (A)	-	-
-	66	Mark PELLING	In-Gear Quickvit Trainsharp	V	DNS (A)	-	-
-	79	Peter CAMPANY	Hastings & St Leonards CC	V	DNS (A)	-	-

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### This is a Qualifying event for:

**ESCA Points Competition:** 30 points for 1st place down to 1 point for 30th place for riders from an ESCA affiliated club. The individual points earned by each rider are totalled and awarded to their respective club.

**ESCA Trophies:** Counts towards the fastest junior, fastest lady and the fastest team of three from an ESCA affiliated club over 10 miles – the best performance at either this, **or the September 10**, will be eligible for these awards at the annual prize presentation in January 2012.

**ESCA BAR:** Qualifying event for the ESCA junior, lady and lady veteran Best All Rounder competitions.

### 2011 points competition – ESCA points awarded for this event:

<b>Individual Points:</b>						<b>467</b>	<b>Club Points:</b>		<b>467</b>
<b>Rider</b>	<b>Club</b>	<b>Cat</b>	<b>Time</b>	<b>Rank</b>	<b>Points</b>	<b>Club</b>	<b>Points</b>		
Peter TADROS	In-Gear Quickvit Trainsharp	V	0:20:43	1	30	Lewes Wanderers	230		
Nick DWYER	Lewes Wanderers	V	0:20:54	2	29	Eastbourne Rovers	86		
Iain BROGDEN	Eastbourne Rovers	V	0:21:19	3	28	In-Gear Quickvit Trainsharp	82		
Tom GLANDFIELD	Lewes Wanderers	S	0:22:11	4	27	East Grinstead CC	23		
Robert ROLLINGS	Lewes Wanderers	S	0:22:14	5	26	Brighton Mitre	19		
Trevor CHILMAN	In-Gear Quickvit Trainsharp	V	0:22:25	6	25	Sussex Nomads	18		
James LOWDEN	Lewes Wanderers	S	0:22:42	7	24	Brighton Phoenix Tri	8		
Christian YATES	East Grinstead CC	V	0:22:59	8	23	Central Sussex CC	1		
Peter MORRIS	Lewes Wanderers	S	0:23:02	9	22	21st Century Airports CT	0		
James RYAN	Lewes Wanderers	S	0:23:15	10	21	Bayeux Landscapes	0		
Peter MOON	Eastbourne Rovers	V	0:23:20	11	20	Bodyworks XTC Tri Store	0		
Tristan COURT	Brighton Mitre	V	0:23:21	12	19	Brighton Excelsior	0		
Michael VALKS	Sussex Nomads	V	0:23:26	13	18	Crawley Wheelers	0		
Matthew WOODS	Eastbourne Rovers	S	0:23:31	14	17	East Grinstead Tri Club	0		
Geoff SMITH	Eastbourne Rovers	V	0:23:35	15	16	GS Stella	0		
Oliver TUCKLEY	Lewes Wanderers	V	0:23:35	15	16	Hastings & St Leonards CC	0		
Duncan FULLER	Lewes Wanderers	S	0:23:46	17	14	Horsham Cycling	0		
Dominic LOWDEN	Lewes Wanderers	V	0:23:53	18	13	Rye Wheelers	0		
Callum MIDDLETON	Lewes Wanderers	Jn	0:23:55	19	12	Southborough Wheelers	0		
Sam DIX	In-Gear Quickvit Trainsharp	S	0:23:56	20	11	VTTA (Surrey/Sussex)	0		
Jason LE GOFF	In-Gear Quickvit Trainsharp	S	0:24:06	21	10	Worthing Excelsior	0		
Chris MARTIN	Lewes Wanderers	V	0:24:13	22	9				
Elisabeth BRAMA	Brighton Phoenix Tri	WS	0:24:25	23	8				
Neil MIDGLEY	Lewes Wanderers	S	0:24:41	24	7				
Colin ENDERSON	In-Gear Quickvit Trainsharp	V	0:25:05	25	6				
Adam FORD	Eastbourne Rovers	S	0:25:10	26	5				
Bruce ENGLISH	Lewes Wanderers	V	0:25:21	27	4				
Samuel RAMSEY	Lewes Wanderers	V	0:25:24	28	3				
Michael TURNER	Lewes Wanderers	V	0:25:24	28	3				
Alan ROBINSON	Central Sussex CC	V	0:25:35	30	1				

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**Don't forget forthcoming ESCA events:**

### Special 65th Anniversary Events:

Date	Distance	Course	HQ/Area	Entry	Promoter	Contact Details
<b>Sunday 29 May 2011</b>	65k	GS/865	Hailsham Community College	£8.00	<b>Peter Moon</b> 73 Wannock Lane, Eastbourne, East Sussex BN20 9SG	<b>Tel:</b> 01323 485180
<b>Sunday 29 May 2011</b>	34.6k	GS/866	Hailsham Community College	£8.00	<b>Peter Moon</b> 73 Wannock Lane, Eastbourne, East Sussex BN20 9SG	<b>Tel:</b> 01323 485180
<b>Saturday 25 Jun 2011</b>	<b>RTTC National 24 Hour</b>	G24/89	Berwick Village Hall	£20.00 £40.00 Tandem	<b>Esther Carpenter</b> 10 Maplehurst Road, Baldslow, St Leonards on Sea, East Sussex, TN27 7NA	<b>Tel:</b> 01424 751581

### Please note that the ESCA 50 is earlier than usual on Sunday 10 July 2011 with a change of HQ

Due to the unavailability of a suitable HQ it has been necessary to amend the course to facilitate the use of East Hoathly Sports Pavilion instead. The course has been changed to start and finish at East Hoathly as follows:  
Start at East Hoathly, left towards the turn at Boship RBT (5 miles) return and turn at Lampool RBT (18 miles) turn again at Boship RBT (30 miles) turn at Batts Bridge RBT (43 miles) left at Shaw RBT towards East Hoathly HQ.

Date	Distance	Course	HQ/Area	Entry	Promoter	Contact Details
<b>Sunday 10 Jul 2011</b>	50m	G50/90	East Hoathly Sports Centre	£8.00	<b>Simon Yates</b> The Old Stables, Crowborough Hill Crowborough, East Sussex TN6 2HL	<b>Tel:</b> 01892 655785
<b>Sunday 21 Aug 2011</b>	100m	G100/86	Berwick Village Hall	£10.00	<b>Bob Harber</b> 51 Church Lane, Upper Beeding, Steyning, West Sussex BN44 3HP	<b>Tel:</b> 01903 879598
<b>Saturday 10 Sep 2011</b>	10m	G10/87	East Hoathly Sports Centre	£8.00	<b>Stephen Long</b> 27 Pont Close, Punnetts Town, East Sussex TN21 9DP	<b>Tel:</b> 01435 831013
<b>Sunday 11 Sep 2011</b>	25m	G25/89	Fairwarp Village Hall	£8.00	<b>Richard Blackmore</b> Ladymead, Snowhill, Crawley Down, West Sussex RH10 3EE	<b>Tel:</b> 01342 713272
<b>Sunday 16 Oct 2011</b>	1542yd Hill Climb	GH/84	Firle Bostal	£6.00	<b>Mark Winton</b> 9 Swanee Close, Peacehaven, East Sussex BN10 8EZ	<b>Tel:</b> 01273 584973

### ESCA Reliability Trail – promoted by Lewes Wanderers:

Date	Distance	Course	HQ/Area	Entry	Promoter	Contact Details
<b>Sunday 20 Nov 2011</b>	TBC	TBC	East Hoathly Sports Centre	£4.00	<b>Rob Pelham</b> 3 Longbury, Uckfield, East Sussex TN22 5DF	<b>Tel:</b> 01825 769683