



# Sussex Cyclists' Association

ESTABLISHED 1921

## *Event Report*



## ESCA Spring 25

Sunday 18 April 2010

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Sunday's 25 was promoted by Dan Henchy of Hastings and St Leonards CC and was almost a repeat of Saturday's event in terms of the conditions and placings.

Pete Tadros was again the clear winner with an excellent 52:33 and was joined by Jon Sharples and Jim Cheek to give In-Gear Quickvit Trainsharp the team prize.

Dywer set a new Lewes Wanderers club record of 54:01 to claim 2nd spot and fastest vet on standard and Paul Holdaway of Team Lifestyle was third fastest with 54:51.

Lizzie Brama and Tom Baker repeated their Saturday performances to claim the top lady and junior prizes.

Both organisers would like to thank all who supported the events by taking part and also to all those folk who give up their time to help marshal, time keep and provide catering and support.

# East Sussex Cycling Association

2010 President: Ian Burgess – In-Gear Quickvit Trainsharp



## ESCA 25 mile time trial – Sunday 18th April 2010 – G25/89

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

**Event Secretary:** Dan Henchy, 48 Discovery House, 15 Susan's Road, Eastbourne, BN21 3AG  
Email: danhenchy@msn.com Mobile: 07841 657108

**Timekeepers:** Richard Blackmore (East Grinstead CC) & Su Balcombe (Brighton Excelsior)

Prize winners:	Pos	Rider	Club	Time / Plus	Prize
<b>Fastest Overall:</b>	1st	Peter TADROS	In-Gear Quickvit Trainsharp	0:52:33	£20.00
	2nd	Nick DWYER	Lewes Wanderers	0:54:01	£15.00
	3rd	Paul HOLDAWAY	Team Lifestyle	0:54:51	£12.00
	4th	Rob PELHAM	Lewes Wanderers	0:55:15	£10.00
	5th	Jon SHARPLES	In-Gear Quickvit Trainsharp	0:56:33	£8.00
<b>Fastest Vet on Std:</b>	1st	Nick DWYER	Lewes Wanderers	+ 15:01	£12.00
	2nd	Geoff SMITH	Sussex Nomads	+ 12:16	£10.00
	3rd	Oliver TUCKLEY	Lewes Wanderers	+ 11:56	£8.00
<b>Fastest Lady:</b>	1st	Elisabeth BRAMA	Brighton Phoenix Tri	1:02:46	£10.00
	2nd	Katie CROWE	Crystal Palace Triathletes	1:08:49	£8.00
	3rd	Fenella BROWN	Beacon Road CC	1:09:32	£5.00
<b>Fastest Junior:</b>	1st	Thomas BAKER	Lewes Wanderers	1:07:49	£10.00
<b>Handicap:</b>	1st	James RYAN	Lewes Wanderers	0:46:43	£12.00
	2nd	Paul HOLDAWAY	Team Lifestyle	0:46:51	£10.00
	3rd	Dominic LOWDEN	Lewes Wanderers	0:47:55	£8.00
<b>Fastest Team of 3:</b>	1st	Peter TADROS	In-Gear Quickvit Trainsharp	0:52:33	£9.00
		Jon SHARPLES	In-Gear Quickvit Trainsharp	0:56:33	£9.00
		Jim CHEEK	In-Gear Quickvit Trainsharp	0:58:00	£9.00
				<b>2:47:06</b>	

## Notes & acknowledgements:

Thanks to everyone who supported the event – I hope you all enjoyed the sunshine once the temperature started to rise. As always there are a number of thank you's to those who made the event possible. Su and Richard for timekeeping; Stuart Crabbe for pushing off; Mark Brittle, Dave Dixon and Steve Shoesmith at the Boship RaB; Trevor Jones and Heidi Mason at the Little Horsted RaB; Romana Miles and Julie Turley at the Black Down RaB, Chris Parker for making sure everyone was in the right place at the right time; Nikki Henchy for her cakes and work in the kitchen and once again Ann Human for the results board and results sheet. Apologies to anyone I have forgotten – all of your help is greatly appreciated.

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### Event Result:

Pos	Start No	Name	Club	Cat	Time	H'Cap Time	Plus on Std	Pos on H'cap	Pos on Std
1	79	Peter TADROS	In-Gear Quickvit Trainsharp	S	0:52:33	0:52:33	-	27	-
2	40	Nick DWYER	Lewes Wanderers	V	0:54:01	0:49:01	+ 15:01	10	1
3	71	Paul HOLDAWAY	Team Lifestyle	S	0:54:51	0:46:51	-	2	-
4	75	Rob PELHAM	Lewes Wanderers	S	0:55:15	0:49:45	-	16	-
5	76	Jon SHARPLES	In-Gear Quickvit Trainsharp	S	0:56:33	0:49:33	-	13	-
6	50	Iain BROGDEN	Eastbourne Rovers	V	0:57:01	0:53:01	+ 09:29	30	10
7	20	Jim CHEEK	In-Gear Quickvit Trainsharp	S	0:58:00	0:53:00	-	29	-
8	46	Peter MORRIS	Lewes Wanderers	S	0:58:33	0:49:33	-	14	-
9	21	James RYAN	Lewes Wanderers	S	0:58:43	0:46:43	-	1	-
10	35	Alan MacINNES	East Grinstead CC	S	0:59:03	0:52:03	-	24	-
11	70	Richard GIFFORD	In-Gear Quickvit Trainsharp	V	0:59:18	0:56:18	+ 10:15	56	7
12	55	Andy COX	Lewes Wanderers	S	0:59:31	0:52:31	-	26	-
13	65	Mark PATON	Sussex Nomads	V	1:00:03	0:53:03	+ 10:32	31	6
14	67	Peter BAKER	Lewes Wanderers	V	1:00:49	0:50:49	+ 11:22	21	4
15	33	Matt COOMBS	Lewes Wanderers	S	1:01:06	0:48:06	-	6	-
16	41	Jimmy GEORGE	VO2 Maximum RT	S	1:01:18	0:52:18	-	25	-
17	53	Oliver TUCKLEY	Lewes Wanderers	V	1:01:20	0:48:20	+ 11:56	7	3
18	30	Michael VALKS	Sussex Nomads	S	1:01:22	0:56:22	-	57	-
19	11	John-Paul BROPHY	Team Lifestyle	S	1:01:36	0:49:36	-	15	-
20	45	Max NORRELL	Giant CC	S	1:01:42	0:54:42	-	39	-
21	31	Johan STEGERS	Lewes Wanderers	V	1:02:37	0:50:37	+ 06:25	19	16
= 22	68	Elisabeth BRAMA	Brighton Phoenix Tri	W S	1:02:46	0:51:46	-	23	-
= 22	77	Simon NEAVE	South Western RC	V	1:02:46	0:55:16	+ 07:18	48	14
24	8	Greg CAHILL	Team Lifestyle	S	1:03:05	0:48:05	-	5	-
25	62	Ian HENDRY	Hastings & St Leonards CC	V	1:03:19	0:54:19	+ 05:12	38	17
26	78	Keith CARTER	Horsham Cycling	S	1:03:27	0:48:27	-	9	-
27	25	Geoff SMITH	Sussex Nomads	V	1:03:47	0:54:47	+ 12:16	40	2
28	66	Stuart DAVIS	Eastbourne Rovers	S	1:03:54	0:54:54	-	42	-
29	58	Dominic LOWDEN	Lewes Wanderers	V	1:03:55	0:47:55	+ 08:16	3	12
30	52	John POWELL	One Life Fuga RT	S	1:04:20	0:53:20	-	33	-
31	61	Andrew CURLEY	Beacon Road CC	V	1:04:23	0:55:53	+ 04:39	51	20
32	13	Stuart KIRKHAM	Lewes Wanderers	V	1:04:32	0:50:32	+ 07:39	18	13
33	7	Stephen CONNERY	Southborough Wheelers	V	1:04:50	0:49:50	+ 01:40	17	26
34	22	Alan LLOYD	Lewes Wanderers	V	1:05:08	0:51:08	+ 09:47	22	8
= 35	5	Jamie BEALE	In-Gear Quickvit Trainsharp	V	1:05:10	0:57:10	+ 03:21	62	23
= 35	16	Duncan FULLER	Lewes Wanderers	S	1:05:10	0:53:10	-	32	-
37	43	Simon NEWELL	Hastings & St Leonards CC	V	1:05:17	0:49:17	+ 04:47	11	19
38	10	Peter MOON	Eastbourne Rovers	V	1:05:32	0:58:32	+ 05:03	65	18
39	56	Adam FORD	Eastbourne Rovers	S	1:06:05	0:56:05	-	53	-
40	57	Nathan GALE	Worthing Excelsior	S	1:06:10	0:55:10	-	45	-
41	15	James BRICKELL	In-Gear Quickvit Trainsharp	S	1:07:22	0:59:22	-	66	-
42	12	Thomas BAKER	Lewes Wanderers	Jn	1:07:49	0:54:49	-	41	-
43	36	Tony MURPHY	Eastbourne Rovers	V	1:08:09	0:56:09	+ 00:53	54	27
44	26	John MANKELOW	Lewes Wanderers	V	1:08:15	0:55:15	+ 09:30	46	9
45	29	Jay MILES	Hastings & St Leonards CC	S	1:08:30	0:49:30	-	12	-
46	3	Neil MIDGLEY	Lewes Wanderers	S	1:08:39	0:53:39	-	35	-
47	59	Charles BURRELL	Sussex Nomads	S	1:08:48	0:53:48	-	36	-
48	74	Katie CROWE	Crystal Palace Triathletes	W S	1:08:49	0:52:49	-	28	-
49	32	Kevin BURTON	Eastbourne Rovers	V	1:08:55	0:56:55	+ 04:21	60	21
50	27	Stephen GASTON	Lewes Wanderers	V	1:09:09	0:54:09	- 00:38	37	32
51	54	Fenella BROWN	Beacon Road CC	W V	1:09:32	0:56:32	+ 00:32	58	28
52	39	John MILLER	Lewes Wanderers	V	1:10:01	0:55:01	- 01:30	43	34

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Pos	Start No	Name	Club	Cat	Time	H'Cap Time	Plus on Std	Pos on H'cap	Pos on Std
53	23	Timothy CHRISTIAN	Southborough Wheelers	S	1:10:15	0:55:15	-	47	-
54	64	Paula DEWAR	VO2 Maximum RT	W V	1:10:21	0:48:21	+ 02:22	8	25
55	37	Paul VALKS	Sussex Nomads	V	1:10:40	0:57:40	+ 09:25	64	11
56	28	Natasha FULLER	Lewes Wanderers	W S	1:10:43	0:56:43	-	59	-
57	69	Paul HANRATTY	Lewes Wanderers	V	1:10:59	0:47:59	+ 00:08	4	29
58	49	Sarah DWYER	Lewes Wanderers	W S	1:11:04	0:56:04	-	52	-
59	38	Ian LANDLESS	Lewes Wanderers	V	1:11:30	0:57:30	+ 11:00	63	5
60	14	Tim MILES	Hastings & St Leonards CC	V	1:11:47	0:55:47	+ 06:33	50	15
61	18	Martin YARDLEY	Southborough Wheelers	V	1:12:56	0:56:56	- 04:56	61	36
62	2	Chris PARKER	Hastings & St Leonards CC	V	1:13:47	0:50:47	- 00:31	20	31
63	24	David BEALE	Lewes Wanderers	V	1:15:13	0:56:13	+ 03:42	55	22
64	34	Debbie EVERS	Lewes Wanderers	W V	1:15:23	0:53:23	- 00:28	34	30
65	19	Simon YATES	Lewes Wanderers	V	1:17:17	0:55:17	- 02:22	49	35
66	44	Robin JOHNSON	Brighton Mitre	V	1:18:09	1:00:09	- 00:58	67	33
67	1	Horry HEMSLEY	Lewes Wanderers	V	1:23:10	0:55:10	+ 02:28	44	24
-	4	Alan OAKLEY	Southborough Wheelers	V	DNF			-	-
-	47	Chris MARTIN	Lewes Wanderers	V	DNF			-	-
-	6	James PECKHAM	One Life Fuga RT	S	DNS (A)			-	-
-	9	Martin PHILLIPS	Lewes Wanderers	V	DNS (A)			-	-
-	17	Tom COSGROVE	VTTA (London & H Counties)	V	DNS (A)*			-	-
-	42	Stuart PAPWORTH	Horsham Cycling	S	DNS (A)			-	-
-	48	James HORAN	Amphibians 2 Tri	V	DNS (A)			-	-
-	51	James LOWDEN	Lewes Wanderers	S	DNS (A)			-	-
-	60	Mike PIPER	San Fairy Ann CC	S	DNS (A)			-	-
-	63	Harry FEATHERSTONE	Eastbourne Rovers	V	DNS (A)			-	-
-	72	Ian SILVESTER	De Laune CC	V	DNS (A)			-	-
-	73	Andrew STOBART	Eastbourne Rovers	V	DNS (A)			-	-

\*Entry withdrawn before closing date

### Don't forget forthcoming ESCA events:

Event Date	Dist	Course	HQ / Area	Entry Fee	Promoter
Sun 13 Jun 2010	50m	G50/89	Fairwarp Village Hall	£8.00	<b>Simon Yates</b> The Old Stables, Crowborough Hill Crowborough, East Sussex TN6 2HL Tel: 01892 655785
Sun 22 Aug 2010	100m	G100/86	Berwick Village Hall	£10.00	<b>Bob Harber</b> 10 Windmill Close, Upper Beeding, Steyning, West Sussex BN44 3JP Tel: 01903 879598
Sat 11 Sep 2010	10m	G10/87	East Hoathly Sports Centre	£8.00	<b>Stephen Long</b> 27 Pont Close, Punnetts Town, East Sussex TN21 9DP Tel: 01435 831013
Sun 12 Sep 2010	25m	G25/89	Fairwarp Village Hall	£8.00	<b>Richard Blackmore</b> Ladymead, Snowhill, Crawley Down, West Sussex RH10 3EE Tel: 01342 713272
Sun 17 Oct 2010	1542yd Hill Climb	GH/84	Firle Bostal	£6.00	<b>Mark Winton</b> 9 Swanee Close, Peacehaven, East Sussex BN10 8EZ Tel: 01273 584973

The **ESCA 24 hour time trial** – incorporating the CTT and VTTA national championships – will be held on **Saturday 25th and Sunday 26th June 2011**. Are you up for the challenge and have you got what it takes? If you're looking for an excuse not to ride – you could be busy on the day – helping! Call Mike Hayler on 01323 505130 for further details.

## ESCA 25 mile time trial – Sunday 18th April 2010 – G25/89

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### 2010 points competition – ESCA points awarded for this event:

30 points for 1st place down to 1 point for 30th place for riders from East Sussex CA affiliated clubs. The individual points earned by each rider are totalled and awarded to their respective club.

Individual Points:					465
Rider	Club	Cat	Time	Rank	Points
Peter TADROS	In-Gear Quickvit Trainsharp	S	0:52:33	1	30
Nick DWYER	Lewes Wanderers	V	0:54:01	2	29
Rob PELHAM	Lewes Wanderers	S	0:55:15	3	28
Jon SHARPLES	In-Gear Quickvit Trainsharp	S	0:56:33	4	27
Iain BROGDEN	Eastbourne Rovers	V	0:57:01	5	26
Jim CHEEK	In-Gear Quickvit Trainsharp	S	0:58:00	6	25
Peter MORRIS	Lewes Wanderers	S	0:58:33	7	24
James RYAN	Lewes Wanderers	S	0:58:43	8	23
Alan MACINNES	East Grinstead CC	S	0:59:03	9	22
Richard GIFFORD	In-Gear Quickvit Trainsharp	V	0:59:18	10	21
Andy COX	Lewes Wanderers	S	0:59:31	11	20
Mark PATON	Sussex Nomads	V	1:00:03	12	19
Peter BAKER	Lewes Wanderers	V	1:00:49	13	18
Matt COOMBS	Lewes Wanderers	S	1:01:06	14	17
Oliver TUCKLEY	Lewes Wanderers	V	1:01:20	15	16
Michael VALKS	Sussex Nomads	S	1:01:22	16	15
Johan STEGERS	Lewes Wanderers	V	1:02:37	17	14
Elisabeth BRAMA	Brighton Phoenix Tri	W S	1:02:46	18	13
Ian HENDRY	Hastings & St Leonards CC	V	1:03:19	19	12
Keith CARTER	Horsham Cycling	S	1:03:27	20	11
Geoff SMITH	Sussex Nomads	V	1:03:47	21	10
Stuart DAVIS	Eastbourne Rovers	S	1:03:54	22	9
Dominic LOWDEN	Lewes Wanderers	V	1:03:55	23	8
Stuart KIRKHAM	Lewes Wanderers	V	1:04:32	24	7
Stephen CONNERY	Southborough Wheelers	V	1:04:50	25	6
Alan LLOYD	Lewes Wanderers	V	1:05:08	26	5
Jamie BEALE	In-Gear Quickvit Trainsharp	V	1:05:10	27	4
Duncan FULLER	Lewes Wanderers	S	1:05:10	27	4
Simon NEWELL	Hastings & St Leonards CC	V	1:05:17	29	2
Peter MOON	Eastbourne Rovers	V	1:05:32	30	1

Club Points:		465
Club	Points	
Lewes Wanderers	213	
In-Gear Quickvit Trainsharp	107	
Sussex Nomads	44	
Eastbourne Rovers	36	
East Grinstead CC	22	
Hastings & St Leonards CC	14	
Brighton Phoenix Tri	13	
Horsham Cycling	11	
Southborough Wheelers	6	
21st Century Airports CT	-	
Bayeux Landscapes	-	
Bodyworks XTC Tri Store	-	
Brighton Excelsior	-	
Brighton Mitre	-	
Central Sussex CC	-	
Crawley Wheelers	-	
GS Stella	-	
Rye Wheelers	-	
VTTA (Surrey/Sussex)	-	
Worthing Excelsior	-	

### ESCA Trophies – this event counts towards:

The Junior, Ladies, Senior and Veteran BAR.

The fastest Junior, fastest Lady, fastest rider under 60 minutes and the highest Veteran plus on standard from an East Sussex CA affiliated club over 25 miles – **the best performance at either this, or the September 25**, will be eligible for awards at the annual prize presentation in January 2011.