



# Sussex Cyclists' Association

ESTABLISHED 1921

## *Event Report*



## ESCA 50

Sunday 14 June 2009

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Lawrence Harding on top and a good day for Lewes Wanderers.

Lawrence Harding of Shorter Rochford RT convincingly won the 2009 ESCA 50 with 1:55:09.

Iain Brogden of Eastbourne Rovers continued his excellent form to claim second place, with Dave Shepherd of Liphook Cycles 3rd.

Mark Winton and Nick Dwyer of Lewes Wanderers rounded out the top 5 and were joined by Peter baker to claim the team prize with a combined 6:03:23. These latest win puts the Wanderers well clear in the ESCA 2009 points competition.

Peter's son Tom was the only Junior and put in a cracking ride of 2:21:33, which will set him up very nicely in the SPOCO competition.

There were five ladies competing and Fiona Lawrence of Shorter Rochford RT clocked 2:16:55 to convincingly beat 2nd place Lisa Abrey of East London Velo.



# East Sussex Cycling Association

2009 President Mike Cross, Horsham Cycling



## 50 Mile Time Trial – Sunday 14 June 2009 – Course G50/89

Promoted for and on behalf of **Cycling Time Trials** under their rules and regulations

**Promoter** Simon Yates (Lewes Wanderers) The Old Stables, Crowborough, East Sussex TN6 2HL  
Tel: 01892 655785 Mob: 07941 314423 E-mail: simon.yates1@tiscali.co.uk

The warm morning caused more than a few riders to suffer on the first of the 2009 longer distance events. Thanks to all those mentioned below for helping to make the event run smoothly. In addition, many thanks to Ann Human for posting the results screen (even if she did have to wait for my result to arrive).

**Official Timekeepers:** Mick Kilby (Lewes Wanderers) & Mick Irons (Worthing Excelsior)

**Handicapper:** Mick Kilby (Lewes Wanderers)

**Pushing Off:** Richard Mead (Lewes Wanderers)

**Marshals & Helpers:** Jan Stegers, Peter Price, Paul Gibbons, Clive Orchard, Ann Locke, Mike Hayler and Peter Moon

**Refreshments:** Nicolette Yates

## The Prize Winners

<b>Fastest Overall</b>		<b>Club</b>	<b>Time</b>	<b>Prize</b>
1st	Lawrence HARDING	Shorter Rochford RT	1:55:09	£22.00
2nd	Iain BROGDEN	Eastbourne Rovers	1:57:24	£17.00
3rd	David SHEPHERD	Liphook Cycles RT	1:58:29	£14.00
4th	Mark WINTON	Lewes Wanderers	1:58:51	£10.00
5th	Nick Dwyer	Lewes Wanderers	1:59:11	£8.00

<b>Fastest on Handicap</b>		<b>Club</b>	<b>H'cap Time</b>	<b>Prize</b>
1st	Helen MILLIER	Lewes Wanderers	1:39:02	£12.00
2nd	Stuart JAGO	Worthing Excelsior	1:39:55	£10.00
3rd	Peter LOGAN	Worthing Excelsior	1:40:14	£8.00

<b>Fastest Vet on Std</b>		<b>Club</b>	<b>Plus</b>	<b>Prize</b>
1st	Ben FIELDEN	a3crg	+ 35:09	£12.00
2nd	Geoff SMITH	Sussex Nomads	+ 27:16	£10.00
3rd	David SHEPHERD	Liphook Cycles RT	+ 26:59	£8.00

<b>Fastest Lady</b>		<b>Club</b>	<b>Time</b>	<b>Prize</b>
1st	Fiona LAWRENCE	Shorter Rochford RT	2:16:55	£10.00
2nd	Lisa ABREY	East London Velo	2:18:52	£8.00

<b>Fastest Team of 3</b>		<b>Club</b>	<b>Time</b>	<b>Prize</b>
1st	Mark Winton	Lewes Wanderers	1:58:51	£8.00
	Nick Dwyer	Lewes Wanderers	1:59:11	£8.00
	Peter Baker	Lewes Wanderers	2:05:21	£8.00
			<b>6:03:23</b>	



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Pos	Start No	Name	Club	Cat	25m Split	Actual Time	H'cap Time	Pos on H'cap	Plus on Std	Pos on Std
1	50	Lawrence HARDING	Shorter Rochford RT	V	0:58:39	1:55:09	1:55:09	25	+ 24:59	4
2	21	Iain BROGDEN	Eastbourne Rovers	V	0:58:10	1:57:24	1:47:24	5	+ 19:37	13
3	40	David SHEPHERD	Liphook Cycles RT	V	0:59:30	1:58:29	1:55:29	28	+ 26:59	3
4	30	Mark WINTON	Lewes Wanderers	S	0:58:36	1:58:51	1:53:51	21	-	-
5	51	Nick DWYER	Lewes Wanderers	V	0:59:39	1:59:11	1:48:11	6	+ 23:03	7
6	5	Paul THATCHER	Brighton Mitre	V	0:59:48	2:00:34	1:50:34	12	+ 22:45	8
7	45	Stephen COMBEN	In-Gear Quickvit RT	S	1:06:57	2:02:00	1:54:00	22	-	-
8	6	Michael VALKS	Sussex Nomads	S	1:01:04	2:02:01	1:51:01	13	-	-
9	10	Mike ANTON	East Grinstead CC	V	1:01:13	2:04:22	1:57:22	33	+ 12:39	18
10	35	Peter MOON	Eastbourne Rovers	V	1:02:18	2:05:09	1:56:09	29	+ 20:19	12
11	15	Peter BAKER	Lewes Wanderers	V	1:01:43	2:05:21	1:52:21	16	+ 23:24	6
12	42	Andy COX	Lewes Wanderers	S	1:03:16	2:07:09	1:53:09	19	-	-
13	25	Niall DIGBY	Sigmasport	S	1:07:14	2:08:31	1:58:31	36	-	-
14	28	Oliver TUCKLEY	Lewes Wanderers	V	1:03:12	2:09:11	1:44:11	4	+ 21:47	11
15	31	Geoff SMITH	Sussex Nomads	V	1:03:47	2:09:26	1:56:26	30	+ 27:16	2
16	41	Lee HOLDAWAY	Hastings & St L CC	V	1:04:05	2:09:30	1:56:30	31	+ 22:36	9
17	7	Mike LEVETT	Lewes Wanderers	V	1:03:47	2:09:40	1:54:40	23	+ 23:35	5
18	26	Stuart MEDHURST	Eastbourne Rovers	V	1:03:03	2:10:13	1:58:13	35	+ 14:10	17
19	49	Paul OUTHWAITE	Worthing Excelsior	V	1:03:27	2:10:19	1:48:19	7	+ 18:26	14
20	33	Chris COWLARD	De Laune CC	V	1:04:30	2:11:24	1:51:24	15	+ 21:51	10
21	46	Chris HODGE	Brighton Excelsior	S	1:05:05	2:12:08	2:01:08	37	-	-
22	43	Ben FIELDEN	a3crg	V	1:05:53	2:12:21	1:55:21	27	+ 35:09	1
23	44	Ian HENDRY	Hastings & St L CC	V	1:05:46	2:13:12	1:51:12	14	+ 07:58	22
24	29	Stuart JAGO	Worthing Excelsior	V	1:06:15	2:13:55	1:39:55	2	+ 15:56	16
25	48	James STONE	West Kent RC	S	1:05:27	2:14:12	1:57:12	32	-	-
26	39	Hugh PROCTOR	Lewes Wanderers	V	1:07:43	2:16:14	1:49:14	11	+ 18:09	15
27	37	Fiona LAWRENCE	Shorter Rochford RT	W S	1:08:57	2:16:55	1:57:55	34	-	-
28	17	Jonathan MOLTON	Hastings & St L CC	V	1:09:10	2:17:17	1:55:17	26	+ 00:46	25
29	38	Lisa ABREY	East London Velo	W S	1:09:27	2:18:52	1:52:52	18	-	-
30	18	Peter LOGAN	Worthing Excelsior	V	1:09:02	2:20:14	1:40:14	3	+ 10:44	19
31	8	Thomas BAKER	Lewes Wanderers	Jn	1:10:06	2:21:33	1:48:33	8	-	-
32	13	Jon BROOK	Steyning AC	V	1:09:25	2:23:12	1:49:12	10	+ 10:03	20
33	1	Helen MILLIER	Lewes Wanderers	W V	1:11:17	2:24:02	1:39:02	1	+ 05:49	23
34	34	Debbie EVERS	Lewes Wanderers	W V	1:13:15	2:26:07	1:49:07	9	+ 09:25	21
35	4	Chris PARKER	Hastings & St L CC	V	1:14:06	2:29:46	1:54:46	24	+ 01:12	24
36	24	Andrew PARSONS	Eastbourne Rovers	V	1:13:35	2:30:24	1:52:24	17	- 06:01	27
37	9	Joan LENNON	Worthing Excelsior	W V	1:18:19	2:39:44	1:53:44	20	- 00:41	26
38	19	Simon YATES	Lewes Wanderers	V	1:15:03	2:46:34	2:03:34	38	- 11:02	28
-	36	David EARL	Hastings & St L CC	V	1:02:05	DNF		-		-
-	23	Bryn TULLY	Anerley BC	V	1:07:38	DNF		-		-
-	12	Alan LLOYD	Lewes Wanderers	V	-	DNF		-		-
-	20	Richard TULLY	Anerley BC	S	-	DNF		-		-
-	2	Martin YARDLEY	Southborough Wheelers	V	-	DNS (A)		-		-
-	11	Ian BURGESS	In-Gear Quickvit RT	V	-	DNS (A)		-		-
-	22	David HICKMAN	Old Portlians CC	V	-	DNS (A)		-		-
-	32	Matthew ECKFORD	South Western RC	S	-	DNS (A)		-		-
-	3	Kevin BASHFORD	East Grinstead CC	V	-	DNS		-		-
-	14	Tim MILES	Hastings & St L CC	V	-	DNS		-		-
-	16	Edward BOORMAN	East Grinstead CC	V	-	DNS		-		-
-	27	Dan HENCHY	Hastings & St L CC	S	-	DNS		-		-
-	47	Ivan JOHNSON	Hastings & St L CC	V	-	DNS		-		-



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### 2009 points competition – ESCA points awarded for this event:

<i>Individual Points</i>					464
Rider	Club	Cat	Time	Rank	Points
Iain BROGDEN	Eastbourne Rovers	V	1:57:24	1	30
Mark WINTON	Lewes Wanderers	S	1:58:51	2	29
Nick DWYER	Lewes Wanderers	V	1:59:11	3	28
Paul THATCHER	Brighton Mitre	V	2:00:34	4	27
Stephen COMBEN	In-Gear Quickvit RT	S	2:02:00	5	26
Michael VALKS	Sussex Nomads	S	2:02:01	6	25
Mike ANTON	East Grinstead CC	V	2:04:22	7	24
Peter MOON	Eastbourne Rovers	V	2:05:09	8	23
Peter BAKER	Lewes Wanderers	V	2:05:21	9	22
Andy COX	Lewes Wanderers	S	2:07:09	10	21
Oliver TUCKLEY	Lewes Wanderers	V	2:09:11	11	20
Geoff SMITH	Sussex Nomads	V	2:09:26	12	19
Lee HOLDAWAY	Hastings & St L CC	V	2:09:30	13	18
Mike LEVETT	Lewes Wanderers	V	2:09:40	14	17
Stuart MEDHURST	Eastbourne Rovers	V	2:10:13	15	16
Paul OUTHWAITE	Worthing Excelsior	V	2:10:19	16	15
Chris HODGE	Brighton Excelsior	S	2:12:08	17	14
Ian HENDRY	Hastings & St L CC	V	2:13:12	18	13
Stuart JAGO	Worthing Excelsior	V	2:13:55	19	12
Hugh PROCTOR	Lewes Wanderers	V	2:16:14	20	11
Jonathan MOLTON	Hastings & St L CC	V	2:17:17	21	10
Peter LOGAN	Worthing Excelsior	V	2:20:14	22	9
Thomas BAKER	Lewes Wanderers	Jn	2:21:33	23	8
Helen MILLIER	Lewes Wanderers	W V	2:24:02	24	7
Debbie EVERS	Lewes Wanderers	W V	2:26:07	25	6
Chris PARKER	Hastings & St L CC	V	2:29:46	26	5
Andrew PARSONS	Eastbourne Rovers	V	2:30:24	27	4
Joan LENNON	Worthing Excelsior	W V	2:39:44	28	3
Simon YATES	Lewes Wanderers	V	2:46:34	29	2

<i>Club Points</i>		464
Club	Points	
Lewes Wanderers	171	
Eastbourne Rovers	73	
Hastings & St L CC	46	
Sussex Nomads	44	
Worthing Excelsior	39	
Brighton Mitre	27	
In-Gear Quickvit RT	26	
East Grinstead CC	24	
Brighton Excelsior	14	
Bayeux Landscapes	0	
Bodyworks XTC Tri Store	0	
VC In-Gear	0	
In-Gear Dev Squad	0	
21st Century Airports CT	0	
Central Sussex CC	0	
Crawley CC	0	
Crawley Wheelers	0	
East Grinstead TC	0	
GS Stella	0	
Horsham Cycling	0	
Rye Wheelers	0	
Southborough Wheelers	0	
VTTA (Surrey/Sussex)	0	

## Don't forget forthcoming ESCA events

**Sunday 05 Jul 2009**

**Promoter:**

Distance: 100 m – Time Trial, Course: G100/86 Event HQ: Berwick Village Hall Entry Fee: £12.00  
**Bob Harber** (Brighton Excelsior) – 10 Windmill Close, Upper Beeding, Steyning, West Sussex BN44 3JP  
Telephone: 01903 879598 E-mail: bikerider@phonecoop.coop

**Saturday 12 Sep 2009 \***

**Promoter:**

Distance: 10 m – Time Trial, Course: G10/87 Event HQ: East Hoathly Sports Centre Entry Fee: £8.00  
**John Double** (Crawley Wheelers) – 1B Climping Park, Bognor Road, Littlehampton, West Sussex BN17 5DW  
Telephone: 01903 734837 E-mail: john.double@crawleywheelers.co.uk

**Sunday 13 Sep 2009 \***

**Promoter:**

Distance: 25 m – Time Trial, Course: G25/89 Event HQ: Fairwarp Village Hall Entry Fee: £8.00  
**Richard Blackmore** (East Grinstead CC) – Ladymead, Snowhill, Crawley Down, West Sussex RH10 3EE  
Telephone: 01342 713272 E-mail: dickjan@btinternet.com

\* Includes overall prize board for combined weekend result