



Sussex Cyclists' Association

ESTABLISHED 1921

Event Report



SCA Hard Riders

Sunday 8 March 2009

Instone claims another G course record on the SCA Hardriders.

With a course record 53:42 Ben Instone (www.scientific-coaching.com) notched up another win on the Sussex CA hardriders 22.8 mile event on Sun 1st March.

Instone's effort gave him a winning margin of 39 secs over Darren Barclay (Arctic-Premier Racing Team), with Mike Coyle (V.C. Etoile) third with 54:33

In the vets category, Mel Robertson's (Worthing Excelsior) 1:11:17 earned him 7th overall and 1st vet on standard with +9:06.

GS Stella's trio of Tony Reeves, Kevin Shaw and Mark Jones continued their winning ways claiming the team prize with 3:02:52 while Angela Nainby (East Grinstead CC) was fastest woman with 1:12:28.

Position	Name	Club	Cat.	Time	'+/-
1	Ben Instone	www.scientific-coaching.com/srm/torq	S	53.42	
2	Darren Barclay	Arctic-Premier Racing Team	S	54.03	
3	Michael Coyle	V.C.Etoile	V46	54.33	+8.25
4	Mark Newton	Sydenham Wheelers CC	V42	58.37	+2.23
5	Mark Jones	G.S.Stella	V49	59.34	+4.46
6	Antony Reeves	G.S.Stella	S	1.01.08	
7	Mel Robertson	Worthing Excelsior CC	V61	1.01.17	+9.06
8	Paul Thatcher	Brighton Mitre CC	V45	1.01.45	+0.43
9	Duncan Murdoch	Redhill CC	V45	1.01.52	+0.36
10	James Beaumont	Kingston Wheelers CC	S	1.02.02	
11	Kevin Shaw	G.S.Stella	V53	1.02.10	+4.10
12	Richard Tully	Anerley BC	S	1.02.35	
13	Stephen Morgan	Tooting BC	V41	1.03.40	-3.02
14	Geoff Smith	Sussex Nomads CC	V58	1.03.44	+5.07
15	Andy Seltzer	East Grinstead CC	V43	1.04.04	-2.30
16	Robert Royston	Sydenham Wheelers CC	V54	1.04.11	+2.37
17	David Motton	Redhill CC	S	1.04.12	
18	Nathan Gale	Worthing Excelsior CC	S	1.04.40	
19	Ian Bashford	Old Portlians CC	V53	1.04.50	+1.30
20	Mark Storie	G.S.Stella	S	1.05.09	
21	Richard Woodward	East Grinstead CC	V47	1.05.19	-1.56
22	Karl Robertson	Worthing Excelsior CC	S	1.05.55	
23	Andrew Green	Addiscombe CC	S	1.06.08	
24	Andy Payne	G.S.Stella	V45	1.06.23	-3.55
25	Andrew Green	Old Portlians CC	V42	1.08.40	-7.40
26	Stuart Payne	Central Sussex CC	V46	1.12.25	-9.27
27	Angela Nainby	East Grinstead CC	W	1.12.28	
28	Bryn Tully	Anerley BC	V64	1.15.11	-3.13
29	Rachel Baker	Mid. Sussex Tri. Club	W	1.18.23	
30	Robin Johnson	Brighton Mitre CC	V60	1.23.31	-13.41
31	Collin Miller	Worthing Excelsior CC	V61	1.24.43	-14.20
	Ivan Johnson	Hastings & St.Leonards CC	V40	DNF	
	Elaine Scott	Brighton Excelsior CC	W60	DNS Apol	
	Michael Valks	Sussex Nomads CC	S	DNS Apol	
	Paul Valks	Sussex Nomads CC	V64	DNS Apol	