

# POINTS

## POINTS INDIVIDUAL

Rider	Club	SCA HR	SCA 10	SCA 25	SCA 15	SCA 50	SCA 30	SCCU 100	SCA Sp10	SCA Sp25	SCA HC	KCA 12	SCA Ex10	Total Points	Rank
Matthew Smith	Team TMC					29	29		29	29				116	1
Mark Smith	Crawley Wheelers	30				30			28	27				115	2
Steven Kane	Team TMC					28	28		27	28				111	3
Nik Allen	Worthing Excelsior CC	23					27		26	25				101	4
Nigel Langridge	Crawley Wheelers					25	22		11	15				73	5
Martin Gibbs	Team TMC						26		21	19				66	6
Ryan Christensen	HuntBikeWheels.com								30	30				60	7
Simon McNamara	HuntBikeWheels.com						30			26				56	8
Stuart Bettis	South Downs Bikes / Casco Pet	29				27								56	8
Rupert Robinson	Crawley Wheelers	25				26								51	10
David Shepherd	...a3crg	26							24					50	11
Donald Parker	Brighton Mitre CC	11				20	19							50	11
Lawrence Coyle	South Downs Bikes / Casco Pet								26	24				50	11
James Stone	Brighton Excelsior CC					24	23							47	14
Tony Reeves	GS Stella	21							7	16				44	15
Michael Coyle	Brighton Mitre CC								24	20				44	15
Nolan Heather	Worthing Excelsior CC						24		14					38	17
Robin Johnson	Brighton Mitre CC	8				11	14		0	4				37	18
John Marinko	Brighton Mitre CC	15				21								36	19
Roland Kitson	Horsham Cycling					22				14				36	19
Peter Baker	Lewes Wanderers CC					17	17							34	21
Chris Lord	Brighton Excelsior CC								15	18				33	22
Tom Foot	HuntBikeWheels.com								18	14				32	23
Brian Jones	Horsham Cycling	10					15		0	6				31	24
Rick Hughes	Worthing Excelsior CC	12				16								28	25
Kevin Nelson	Crawley Wheelers	28												28	25
Henry James	Crawley Wheelers	27												27	27
James Dear	Horsham Amphibians Triathlon						25							25	28
John McGrath	Worthing Excelsior CC	24												24	29
Robert Rollings	Lewes Wanderers CC					23								23	30
Cris Coxon	Brighton Mitre CC								23					23	30
Andrew Thomas	...a3crg									23				23	30

## POINTS INDIVIDUAL

Kevin Plummer	South Downs Bikes / Casco Pet	22								<b>22</b>	33
David Clark	Eastbourne Rovers CC								22	<b>22</b>	33
John Glaysher	...a3crg							12	10	<b>22</b>	33
Peter Davies	Brighton Mitre CC	9		12				0		<b>21</b>	36
Gary Burgess	Brighton Mitre CC					21				<b>21</b>	36
Luke Goodwill	Preston Park Youth Cycling Club							21		<b>21</b>	36
Robert Lovett	Team TMC								21	<b>21</b>	36
Simon Church	trainSharp							20		<b>20</b>	40
Tom Houghton	South Downs Bikes / Casco Pet	20								<b>20</b>	40
John Marchment	HuntBikeWheels.com					20				<b>20</b>	40
Roger Smith	South Downs Bikes / Casco Pet	19								<b>19</b>	43
Gavin Ash	Team TMC			19						<b>19</b>	43
Trevor Leeding	Worthing Excelsior CC					18				<b>18</b>	45
Iain Duncan	Crawley Wheelers	18								<b>18</b>	45
Ben Cumpstone	Brighton Mitre CC			18						<b>18</b>	45
Sally Turner	trainSharp								17	<b>17</b>	48
Nicholas Finch	Horsham Amphibians Triathlon	17								<b>17</b>	48
Daniel Moll-Morgan	Brighton Mitre CC							17		<b>17</b>	48
Mike Marchant	Southdown Velo					16				<b>16</b>	51
Paul Barnard	South Downs Bikes / Casco Pet							16		<b>16</b>	51
Simon Steeles	Worthing Excelsior CC	16								<b>16</b>	51
Victoria Miller	Brighton Mitre CC			15						<b>15</b>	54
Mike Boyce	...a3crg							5	9	<b>14</b>	55
Ian Cheesman	Worthing Excelsior CC	14								<b>14</b>	55
Eva Zsigoova	...a3crg			14						<b>14</b>	55
Colin Toppin	Worthing Excelsior CC	13								<b>13</b>	58
Jack Smith	Brighton Mitre CC							13		<b>13</b>	58
Maria Victoria Vazquez-Tojeiro	Crawley Wheelers			13						<b>13</b>	58
Lisa Davis	trainSharp								12	<b>12</b>	61
Adam Rogers	Eastbourne Rovers CC								11	<b>11</b>	62
Tobias Bunyan	Eastbourne Rovers CC							10		<b>10</b>	63
Simon McLeod	Brighton Mitre CC							9		<b>9</b>	64
Paul James	Crawley Wheelers							8		<b>8</b>	65
Sam Bird	Crawley Wheelers								8	<b>8</b>	65

POINTS INDIVIDUAL

Sarah Fiddaman	Horsham Amphibians Triathlon		7	<b>7</b>	67
Bruce English	Eastbourne Rovers CC	6		<b>6</b>	68
Katerina Avramides	Brighton Mitre CC		5	<b>5</b>	69
Colin Chambers	Crawley Wheelers	4		<b>4</b>	70
Ian Newbold	Worthing Excelsior CC	3		<b>3</b>	71
Anita Turner	Eastbourne Rovers CC		3	<b>3</b>	71
Alfred Bunyan	Preston Park Youth Cycling Club	2		<b>2</b>	73
Paul Townsley	Worthing Excelsior CC	1		<b>1</b>	74

## POINTS WOMEN

Rider	Club	SCA HR	SCA 10	SCA 25	SCA 15	SCA 50	SCA 30	SCCU 100	SCA Sp10	SCA Sp25	SCA HC	KCA 12	SCA Ex10	Total Points	Rank
Sally Turner	trainSharp									10				10	1
Victoria Miller	Brighton Mitre CC					10								10	1
Erica Martin	Eastbourne Rovers CC								10					10	1
Lisa Davis	trainSharp									9				9	4
Eva Zsigoova	...a3crg					9								9	4
Liz Halliday	Sussex Nomads CC								9					9	4
Maria Victoria Vazquez- Tojeiro	Crawley Wheelers					8								8	7
Sarah Fiddaman	Horsham Amphibians Triathlon									8				8	7
Katerina Avramides	Brighton Mitre CC									7				7	9
Anita Turner	Eastbourne Rovers CC									6				6	10

Club	Team of Three Riders	Total Points	Team Rank
Team TMC	Matthew Smith (116), Steven Kane (111) & Martin Gibbs (66)	293	1
Crawley Wheelers	Mark Smith (115), Nigel Langridge (73) & Rupert Robinson (51)	239	2
Worthing Excelsior CC	Nik Allen (101), Nolan Heather (38) & Rick Hughes (28)	167	3
HuntBikeWheels.com	Ryan Christensen (60), Simon McNamara (56) & Tom Foot (32)	148	4
Brighton Mitre CC	Donald Parker (50), Michael Coyle (44) & Robin Johnson (37)	131	5
South Downs Bikes / Casco Pet	Stuart Bettis (56), Lawrence Coyle (50) & Kevin Plummer (22)	128	6
...a3crg	David Shepherd (50), Andrew Thomas (23) & John Glaysher (22)	95	7
Brighton Mitre CC	John Marinko (36), Cris Coxon (23) & Peter Davies (21)	80	8
Crawley Wheelers	Kevin Nelson (28), Henry James (27) & Iain Duncan (18)	73	9
Worthing Excelsior CC	John McGrath (24), Trevor Leeding (18) & Simon Steeles (16)	58	10
Brighton Mitre CC	Gary Burgess (21), Ben Cumpstone (18) & Daniel Moll-Morgan (17)	56	11
South Downs Bikes / Casco Pet	Tom Houghton (20), Roger Smith (19) & Paul Barnard (16)	55	12
Horsham Amphibians Triathlon	James Dear (25), Nicholas Finch (17) & Sarah Fiddaman (7)	49	13
trainSharp	Simon Church (20), Sally Turner (17) & Lisa Davis (12)	49	13
Eastbourne Rovers CC	David Clark (22), Adam Rogers (11) & Tobias Bunyan (10)	43	15
Brighton Mitre CC	Victoria Miller (15), Jack Smith (13) & Simon McLeod (9)	37	16
Worthing Excelsior CC	Ian Cheesman (14), Colin Toppin (13) & Ian Newbold (3)	30	17
Crawley Wheelers	Maria Victoria Vazquez-Tojeiro (13), Paul James (8) & Sam Bird (8)	29	18

# SPOCO

## SPOCO INDIVIDUAL

Rider	Club	Qualify	Best Short	Best Med	Best Long	Total Points	Rank
Mark Smith	Crawley Wheelers	Yes	118	120	120	358	1
Matthew Smith	Team TMC	Yes	119	119	119	357	2
Steven Kane	Team TMC	Yes	117	118	118	353	3
Nigel Langridge	Crawley Wheelers	Yes	101	112	115	328	4
Peter Baker	Lewes Wanderers CC	Yes	95	107	107	309	5
Peter Davies	Brighton Mitre CC	Yes	90	99	102	291	6
Robin Johnson	Brighton Mitre CC	Yes	83	104	101	288	7
Ryan Christensen	HuntBikeWheels.com	No	120	120	0	240	-
Stuart Bettis	South Downs Bikes / Casco Pet	No	0	119	117	236	-
Nik Allen	Worthing Excelsior CC	No	115	117	0	232	-
Rupert Robinson	Crawley Wheelers	No	0	115	116	231	-
David Shepherd	...a3crg	No	114	116	0	230	-
Lawrence Coyle	South Downs Bikes / Casco Pet	No	116	114	0	230	-
David Clark	Eastbourne Rovers CC	No	116	112	0	228	-
James Stone	Brighton Excelsior CC	No	0	113	114	227	-
Robert Rollings	Lewes Wanderers CC	No	113	0	113	226	-
Martin Gibbs	Team TMC	No	109	116	0	225	-
Michael Coyle	Brighton Mitre CC	No	113	110	0	223	-
Donald Parker	Brighton Mitre CC	No	0	109	110	219	-
Nolan Heather	Worthing Excelsior CC	No	104	114	0	218	-
John Marinko	Brighton Mitre CC	No	0	105	111	216	-
Roland Kitson	Horsham Cycling	No	0	104	112	216	-
Chris Lord	Brighton Excelsior CC	No	105	108	0	213	-
Tom Foot	HuntBikeWheels.com	No	108	104	0	212	-
Rick Hughes	Worthing Excelsior CC	No	0	102	106	208	-
Tony Reeves	GS Stella	No	97	111	0	208	-
Adam Rogers	Eastbourne Rovers CC	No	105	101	0	206	-
John Glaysher	...a3crg	No	102	100	0	202	-
Mike Boyce	...a3crg	No	95	99	0	194	-
Brian Jones	Horsham Cycling	No	89	105	0	194	-
Anita Turner	Eastbourne Rovers CC	No	84	93	0	177	-



## SPOCO INDIVIDUAL

Pete Morris	Team TMC	No	120	0	0	120	-
Simon McNamara	HuntBikeWheels.com	No	0	120	0	120	-
Howard Shaw	trainSharp	No	119	0	0	119	-
Tom Hilder	trainSharp	No	118	0	0	118	-
Kevin Nelson	Crawley Wheelers	No	0	118	0	118	-
Mark Edwards	Eastbourne Rovers CC	No	117	0	0	117	-
Henry James	Crawley Wheelers	No	0	117	0	117	-
George Welfare	Eastbourne Rovers CC	No	115	0	0	115	-
James Dear	Horsham Amphibians Triathlon	No	0	115	0	115	-
Nathan Russell	trainSharp	No	114	0	0	114	-
John McGrath	Worthing Excelsior CC	No	0	114	0	114	-
Andrew Thomas	...a3crg	No	0	113	0	113	-
Kevin Plummer	South Downs Bikes / Casco Pet	No	0	112	0	112	-
Nick Dwyer	Lewes Wanderers CC	No	112	0	0	112	-
Cris Coxon	Brighton Mitre CC	No	112	0	0	112	-
David Clements	Eastbourne Rovers CC	No	111	0	0	111	-
Gary Burgess	Brighton Mitre CC	No	0	111	0	111	-
Luke Goodwill	Preston Park Youth Cycling Club	No	111	0	0	111	-
Robert Lovett	Team TMC	No	0	111	0	111	-
Dan Street	Lewes Wanderers CC	No	110	0	0	110	-
Tom Houghton	South Downs Bikes / Casco Pet	No	0	110	0	110	-
John Marchment	HuntBikeWheels.com	No	0	110	0	110	-
Simon Church	trainSharp	No	110	0	0	110	-
Sam Dix	trainSharp	No	109	0	0	109	-
Roger Smith	South Downs Bikes / Casco Pet	No	0	109	0	109	-
Gavin Ash	Team TMC	No	0	0	109	109	-
Daniel Ellis	Eastbourne Rovers CC	No	108	0	0	108	-
Iain Duncan	Crawley Wheelers	No	0	108	0	108	-
Trevor Leeding	Worthing Excelsior CC	No	0	108	0	108	-
Ben Cumpstone	Brighton Mitre CC	No	0	0	108	108	-
Sally Turner	trainSharp	No	0	107	0	107	-
Nicholas Finch	Horsham Amphibians Triathlon	No	0	107	0	107	-
James Norrell-Goldsmith	Eastbourne Rovers CC	No	107	0	0	107	-
Daniel Moll-Morgan	Brighton Mitre CC	No	107	0	0	107	-
SPOCO							

## SPOCO INDIVIDUAL

Mike Marchant	Southdown Velo	No	0	106	0	106	-
Paul Barnard	South Downs Bikes / Casco Pet	No	106	0	0	106	-
Simon Steeles	Worthing Excelsior CC	No	0	106	0	106	-
Michael terrington	Brighton Mitre CC	No	106	0	0	106	-
Victoria Miller	Brighton Mitre CC	No	0	0	105	105	-
Ian Cheesman	Worthing Excelsior CC	No	0	104	0	104	-
Ivan Johnson	Hastings & St. Leonards CC	No	104	0	0	104	-
Eva Zsigoova	...a3crg	No	0	0	104	104	-
Colin Toppin	Worthing Excelsior CC	No	0	103	0	103	-
Iain Brogden	Eastbourne Rovers CC	No	103	0	0	103	-
Jack Smith	Brighton Mitre CC	No	103	0	0	103	-
Maria Victoria Vazquez-Tojeiro	Crawley Wheelers	No	0	0	103	103	-
Darren Brockhurst	Lewes Wanderers CC	No	102	0	0	102	-
Lisa Davis	trainSharp	No	0	102	0	102	-
Vince Todd	Hastings & St. Leonards CC	No	101	0	0	101	-
Olivia Webb	Eastbourne Rovers CC	No	100	0	0	100	-
Tobias Bunyan	Eastbourne Rovers CC	No	100	0	0	100	-
Jonathan Molton	Hastings & St. Leonards CC	No	99	0	0	99	-
Simon McLeod	Brighton Mitre CC	No	99	0	0	99	-
Charles Sheldon	Hastings & St. Leonards CC	No	98	0	0	98	-
Paul James	Crawley Wheelers	No	98	0	0	98	-
Sam Bird	Crawley Wheelers	No	0	98	0	98	-
Alan Pearce	Eastbourne Rovers CC	No	97	0	0	97	-
Sarah Fiddaman	Horsham Amphibians Triathlon	No	0	97	0	97	-
Bruce English	Eastbourne Rovers CC	No	96	0	0	96	-
Kate Thomas	Lewes Wanderers CC	No	96	0	0	96	-
Katerina Avramides	Brighton Mitre CC	No	0	95	0	95	-
Colin Chambers	Crawley Wheelers	No	94	0	0	94	-
Ian Newbold	Worthing Excelsior CC	No	93	0	0	93	-
Anna Dwyer	Lewes Wanderers CC	No	93	0	0	93	-
Chris Piper	Eastbourne Rovers CC	No	92	0	0	92	-
Alfred Bunyan	Preston Park Youth Cycling Club	No	92	0	0	92	-
Richard Frost	Lewes Wanderers CC	No	91	0	0	91	-
Paul Townsley	Worthing Excelsior CC	No	91	0	0	91	-

SPOCO

SPOCO INDIVIDUAL

Sam Winter	Eastbourne Rovers CC	No	90	0	0	90	-
Kevin Burton	Eastbourne Rovers CC	No	89	0	0	89	-
Vincent Busk	Lewes Wanderers CC	No	88	0	0	88	-
Jon Roberts-Bibby	Horsham Cycling	No	88	0	0	88	-
Peter Moon	Eastbourne Rovers CC	No	87	0	0	87	-
Erica Martin	Eastbourne Rovers CC	No	87	0	0	87	-
Clive Jackson	Central Sussex CC	No	86	0	0	86	-
Craig Edkins	Eastbourne Rovers CC	No	86	0	0	86	-
Chris Parker	Hastings & St. Leonards CC	No	85	0	0	85	-
Liz Halliday	Sussex Nomads CC	No	85	0	0	85	-
Simon Craig-McFeely	...a3crg	No	84	0	0	84	-
David Wilkins	Lewes Wanderers CC	No	83	0	0	83	-
Alan Robinson	Central Sussex CC	No	82	0	0	82	-

## SPOCO WOMEN

Rider	Club	Qualify	Best Short	Best Med	Best Long	Total Points	Rank
Anita Turner	Eastbourne Rovers CC	No	84	93	0	177	-
Sally Turner	trainSharp	No	0	107	0	107	-
Victoria Miller	Brighton Mitre CC	No	0	0	105	105	-
Eva Zsigoova	...a3crg	No	0	0	104	104	-
Maria Victoria Vazquez-Tojeiro	Crawley Wheelers	No	0	0	103	103	-
Lisa Davis	trainSharp	No	0	102	0	102	-
Olivia Webb	Eastbourne Rovers CC	No	100	0	0	100	-
Sarah Fiddaman	Horsham Amphibians Triathlon	No	0	97	0	97	-
Kate Thomas	Lewes Wanderers CC	No	96	0	0	96	-
Katerina Avramides	Brighton Mitre CC	No	0	95	0	95	-
Anna Dwyer	Lewes Wanderers CC	No	93	0	0	93	-
Erica Martin	Eastbourne Rovers CC	No	87	0	0	87	-
Liz Halliday	Sussex Nomads CC	No	85	0	0	85	-

SPOCO JUNIOR

Rider	Club	Qualify	Best Short	Best Med	Best Long	Total Points	Rank
Luke Goodwill	Preston Park Youth Cycling Club	No	111	0	0	111	-
Alfred Bunyan	Preston Park Youth Cycling Club	No	92	0	0	92	-

Club	Team of Three Riders	Qualify	Total Points	Rank
Team TMC	Matthew Smith (357), Steven Kane (353) & Martin Gibbs (225)	No	935	-
Crawley Wheelers	Mark Smith (358), Nigel Langridge (328) & Rupert Robinson (231)	No	917	-
Brighton Mitre CC	Peter Davies (291), Robin Johnson (288) & Michael Coyle (223)	No	802	-
Worthing Excelsior CC	Nik Allen (232), Nolan Heather (218) & Rick Hughes (208)	No	658	-
Lewes Wanderers CC	Peter Baker (309), Robert Rollings (226) & Nick Dwyer (112)	No	647	-
...a3crg	David Shepherd (230), John Glaysher (202) & Mike Boyce (194)	No	626	-
Eastbourne Rovers CC	David Clark (228), Adam Rogers (206) & Anita Turner (177)	No	611	-
South Downs Bikes / Casco Pet	Stuart Bettis (236), Lawrence Coyle (230) & Kevin Plummer (112)	No	578	-
HuntBikeWheels.com	Ryan Christensen (240), Tom Foot (212) & Simon McNamara (120)	No	572	-
Brighton Mitre CC	Donald Parker (219), John Marinko (216) & Cris Coxon (112)	No	547	-
Horsham Cycling	Roland Kitson (216), Brian Jones (194) & Jon Roberts-Bibby (88)	No	498	-
trainSharp	Howard Shaw (119), Tom Hilder (118) & Nathan Russell (114)	No	351	-
Crawley Wheelers	Kevin Nelson (118), Henry James (117) & Iain Duncan (108)	No	343	-
Eastbourne Rovers CC	Mark Edwards (117), George Welfare (115) & David Clements (111)	No	343	-
Team TMC	Pete Morris (120), Robert Lovett (111) & Gavin Ash (109)	No	340	-
Worthing Excelsior CC	John McGrath (114), Trevor Leeding (108) & Simon Steeles (106)	No	328	-
Brighton Mitre CC	Gary Burgess (111), Ben Cumpstone (108) & Daniel Moll-Morgan (107)	No	326	-
trainSharp	Simon Church (110), Sam Dix (109) & Sally Turner (107)	No	326	-
South Downs Bikes / Casco Pet	Tom Houghton (110), Roger Smith (109) & Paul Barnard (106)	No	325	-
Horsham Amphibians Triathlon	James Dear (115), Nicholas Finch (107) & Sarah Fiddaman (97)	No	319	-
Eastbourne Rovers CC	Daniel Ellis (108), James Norrell-Goldsmith (107) & Iain Brogden (103)	No	318	-
Brighton Mitre CC	Michael terrington (106), Victoria Miller (105) & Jack Smith (103)	No	314	-
Lewes Wanderers CC	Dan Street (110), Darren Brockhurst (102) & Kate Thomas (96)	No	308	-
Hastings & St. Leonards CC	Ivan Johnson (104), Vince Todd (101) & Jonathan Molton (99)	No	304	-
...a3crg	Andrew Thomas (113), Eva Zsigoova (104) & Simon Craig-McFeely (84)	No	301	-
Worthing Excelsior CC	Ian Cheesman (104), Colin Toppin (103) & Ian Newbold (93)	No	300	-
Crawley Wheelers	Maria Victoria Vazquez-Tojeiro (103), Paul James (98) & Sam Bird (98)	No	299	-
Eastbourne Rovers CC	Olivia Webb (100), Tobias Bunyan (100) & Alan Pearce (97)	No	297	-
Eastbourne Rovers CC	Bruce English (96), Chris Piper (92) & Sam Winter (90)	No	278	-
Lewes Wanderers CC	Anna Dwyer (93), Richard Frost (91) & Vincent Busk (88)	No	272	-
Eastbourne Rovers CC	Kevin Burton (89), Peter Moon (87) & Erica Martin (87)	No	263	-

## SPOCO HANDICAP

Rider	Club	Qualify	Short H/Cap Points	Med H/Cap Points	Long H/Cap Points	Total Points	Rank
Matthew Smith	Team TMC	Yes	126	121	123	370	1
Mark Smith	Crawley Wheelers	Yes	119	120	121	360	2
Steven Kane	Team TMC	Yes	119	120	118	357	3
Robin Johnson	Brighton Mitre CC	Yes	94	117	116	327	4
Donald Parker	Brighton Mitre CC	No	-	118	130	248	-
Rupert Robinson	Crawley Wheelers	No	-	118	119	237	-
James Stone	Brighton Excelsior CC	No	-	117	120	237	-
Howard Shaw	trainSharp	No	120	-	-	120	-
Simon McNamara	HuntBikeWheels.com	No	-	120	-	120	-
Ben Cumpstone	Brighton Mitre CC	No	-	-	114	114	-
Howard Bayley	Blazing Saddles	No	-	-	-	0	-
Ian Cheesman	Worthing Excelsior CC	No	-	-	-	0	-
Jez Parsons	Brighton Excelsior CC	No	-	-	-	0	-
Katerina Avramides	Brighton Mitre CC	No	-	-	-	0	-
Lisa Davis	trainSharp	No	-	-	-	0	-
Mike O'Gorman	Worthing Excelsior CC	No	-	-	-	0	-
Stu Nisbett	Crawley Wheelers	No	-	-	-	0	-
Adrian Riddle	Crawley Wheelers	No	-	-	-	0	-