



## EPSOM CC 25 Mile Time Trial

To be held on Sunday 25th September 2016 at 07:30

Promoted for and on behalf of Cycling Time Trials under their rules and regulations

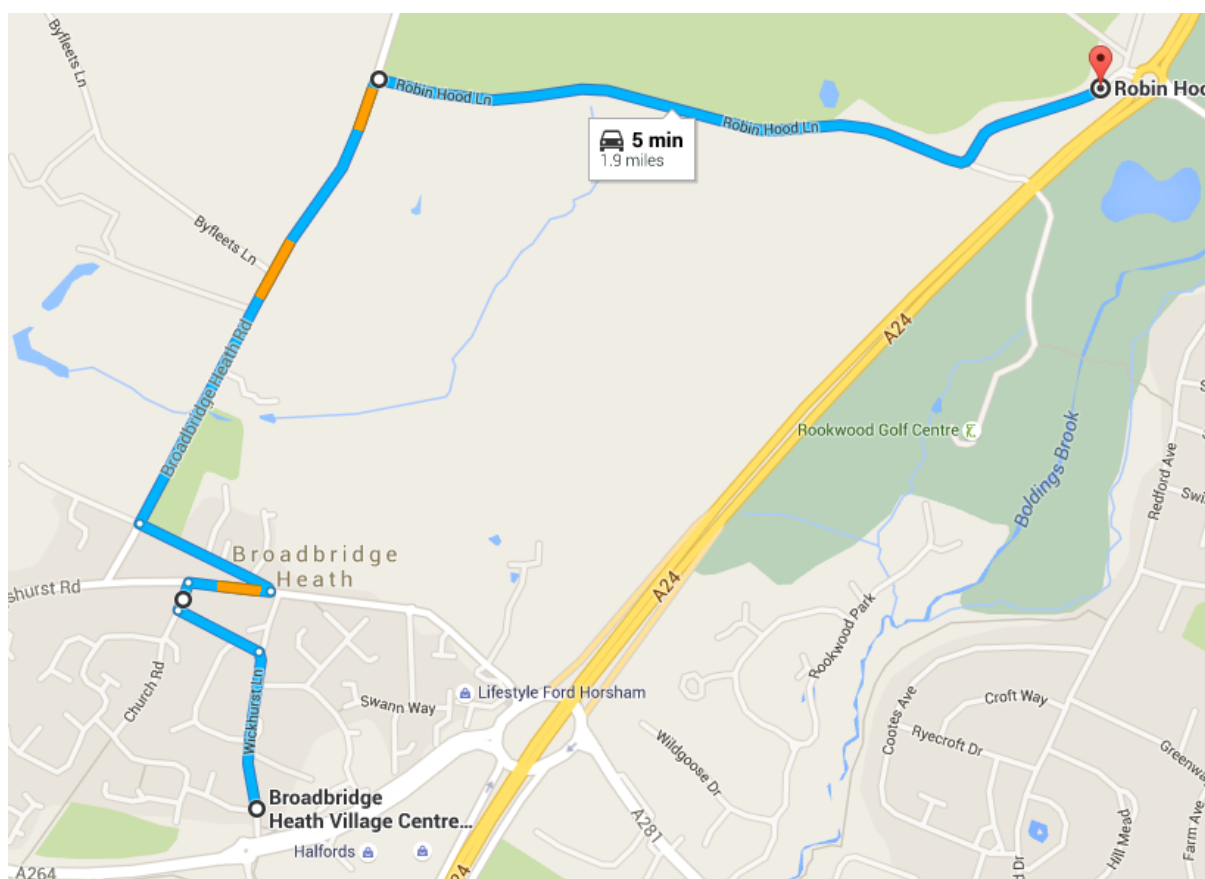
**HQ:** Broadbridge Heath Village Centre, Wickhurst Lane, Broadbridge Heath, Horsham RH12 3LY

**Organiser:** Paul Deen 3 Acer Close Epsom Surrey KT19 8GN [paul@epsomcc.co.uk](mailto:paul@epsomcc.co.uk) Mobile 07850 235 408

**Timekeepers:** Mr. Richard Blackmore and Mr. Mick Irons

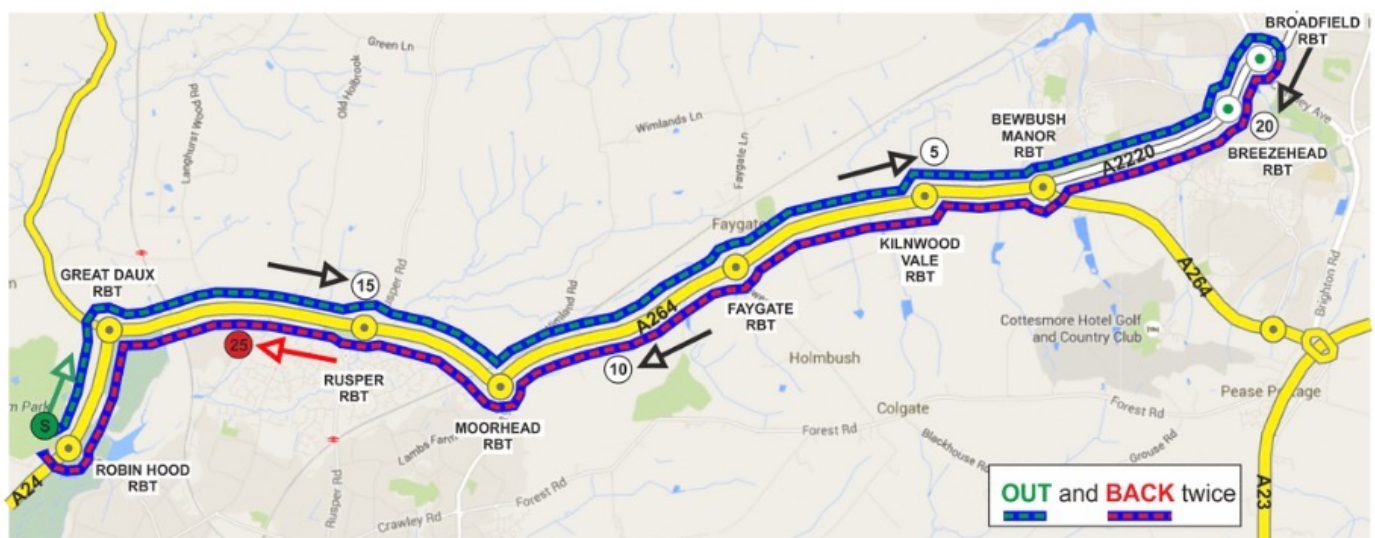
Numbers to be collected from the HQ where you must sign on, and later exchanged for a drink when returned. The HQ is in a residential area, please be considerate to the people who live there & keep noise to a minimum

**Route from HQ to Start.** You can also go straight down the A24. Allow 10 - 15 minutes to ride from the HQ to the Start



## COURSE – G25/54 description:

START in Robin hood Lane at Clearway sign about 5 yards from Robin Hood RBT  
Proceed to Robin Hood RBT. LEFT 1st exit and follow A24 to Great Daux RBT (0.60miles)  
RIGHT 2nd exit and follow A264 via Rusper Road RBT, to Moorhead RBT. LEFT 1st exit and continue on A264 via Faygate RBT and Kilnwood Vale RBT's to Bewbush Manor RBT. Straight on 2nd exit and follow A2220 via Breezehurst RBT to Broadfield RBT where TURN (CHECK) (6.51miles)  
4th exit to retrace on A2220 to Bewbush Manor RBT. Straight on 2nd exit and follow A264 to Moorhead RBT. Right 2nd exit and continue on A264 via Rusper Road RBT to Great Daux RBT.  
LEFT 1st exit and follow A24 to Robin Hood RBT where TURN (CHECK) (13.34miles) Proceed to Great Daux RBT. RIGHT 2nd exit and follow A264 via Rusper Road, to Moorhead RBT. Left 1st exit continue on A264 via Faygate and Kilnwood Vale RBTs to Bewbush Manor RBT. Straight on 2nd exit and follow A2220 via Breezehurst RBT to Broadfield RBT where TURN (CHECK) (19.89miles)  
4th exit to retrace on A2220 to Bewbush Manor RBT. Straight on 2nd exit and follow A264 to Moorhead RBT. RIGHT 2nd exit and continue on A264 via Rusper Road RBT to FINISH at white line at eastern edge of lay-by where edge of lay-by becomes parallel to A264 .44 mile west of Rusper road RBT (25.00miles)





### **Instructions**

- Competitors are requested not to warm up on the course after the first competitor has started.
- If pinning your number please only use the eyelets, and please do not use additional pins as it tears the numbers.
- London South District Regulation: No vehicles, except those of the timekeepers and event officials, shall be parked in the vicinity of the start and finish areas.
- Details of any additional hazards not listed on the start sheet will be displayed or advised at the Signing On point. All competitors must take note of these details when they sign on.
- Competitors must exercise extra care when negotiating all roundabouts.
- No times will be given at the finish.
- CTT regulations require the compulsory use of helmets for the under 18's. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.
- Competitor's machines: it is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.



## Prizes

All prizes will be awarded on time. Individual awards will be presented for best improved rider, scratch placings and age groups as shown below.

With the exception of the team prize, no rider can win more than one award.

Epsom CC would like to thank Bob Stapley of the Epsom CC for his generous donation of £100 for the Best Improver prize

Fastest Rider	£70	2 <sup>nd</sup> £40	3 <sup>rd</sup> £20
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Women:	1 <sup>st</sup> £70	2 <sup>nd</sup> £40	3 <sup>rd</sup> £20
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Under 30	1 <sup>st</sup> £40
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30-39	1 <sup>st</sup> £40
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40-49	1 <sup>st</sup> £40
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50-59	1 <sup>st</sup> £40
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60 plus	1 <sup>st</sup> £40
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Most Improved	£70	2 <sup>nd</sup> £30
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Team of 3 riders £30 each rider

Fastest 2 up Team £30 each rider

Fastest Tandem £10 each rider

**Fastest Rider:** In addition to the prize money the winner will be invited to the Club Annual Dinner in February 2017 and will be presented with the “Ebbisham Trophy” to be held for one year.

**Best Improved Rider:** In addition to the prize money the winner will be invited to the Club Annual Dinner in February 2017 and will be presented with the “Michael Bradley Trophy” to be held for one year. Solo riders qualifying with a previous time slower than 1:01:00 from the current & last three seasons are shown on the Start Sheet. Improvements will be calculated between the ‘Im-prover 25 time’ and the time recorded in this event. Competitors are reminded of CTT Regulation 13, where improved performances are reported to the organiser before the event. This particularly applies to those competitors eligible for the Best Improved Rider. Any rider who would have won a prize in this category and was then found to have improved may be reported to London South DC.

## Epsom Cycling Club Open 25 mile time trial. Sunday 25th September 2016

*Promoted for and on behalf of Cycling Time Trials under their rules and regulations*

Bib	Start Time	First Name	Last Name	Club	Gender	Cat	Event
1	07:31	Mel	Wasley	SSLL Racing Team	Female	Senior	Solo
2	07:32	Katerina	Avramides	Brighton Mitre CC	Female	Senior	2up
3		Sarah	Phelps	Brighton Mitre CC	Female	Senior	2up
4	07:34	Bruce	English	Eastbourne Rovers CC	Male	Veteran	2up
5		Peter	Moon	Eastbourne Rovers CC	Male	Veteran	2up
6	07:36	Robert	Royston	Sydenham Whs	Male	Veteran	2up
7		David	Twin	Sydenham Whs	Male	Veteran	2up
8	07:38	Martin	Foord	Abellio - SFA Racing Team	Male	Veteran	2up
9		Richard	Jones	Abellio - SFA Racing Team	Male	Senior	2up
10	07:40	Rich	Heath	Oxted Cycle Club	Male	Senior	2up
11		Christopher	Filewood	Oxted Cycle Club	Male	Junior	2up
12	07:42	Paul	Barnard	South Downs Bikes / Casco Europe	Male	Senior	2up
13		Stuart	Bettis	South Downs Bikes / Casco Europe	Male	Senior	2up
14	07:44	james	stuart	Norwood Paragon CC	Male	Veteran	2up
15		Chris	Holmes	Norwood Paragon CC	Male	Veteran	2up
16	07:46	paul	byford	Crawley Wheelers	Male	Veteran	2up
17		Paul	Jones	Primera-Teamjobs	Male	Veteran	2up
18	07:48	Dan	Helyer	Eastbourne Rovers CC	Male	Senior	2up
19		Elliot	Helyer	Eastbourne Rovers CC	Male	Junior	2up
20	07:50	Sean	Yates	In-Gear Quickvit Trainsharp RT	Male	Veteran	2up
21		Christian	Yates	East Grinstead CC	Male	Veteran	2up
22	07:52	Damian	Poulter	Hounslow & District Whs	Male	Veteran	Tandem
		lawrence	wintergold	Hounslow & District Whs	Male	Veteran	Tandem
24	07:54	Ian	Leeding	Norwood Paragon CC	Male	Veteran	Solo
25	07:55	Paul	Burton	Epsom CC	Male	Senior	Solo
26	07:56	Paul	Wellman	Epsom CC	Male	Senior	Solo
27	07:57	peter	Noble	Epsom CC	Male	Veteran	Solo

28	07:58	Jason	Smith	Oxted Cycle Club	Male	Veteran	Solo
29	07:59	Paul	Valks	Lewes Wanderers CC	Male	Veteran	Solo
30	08:00	Chris	Lord	Brighton Excelsior CC	Male	Veteran	Solo
31	08:01	barrie	foster	Anerley BC	Male	Veteran	Solo
32	08:02	Stephen	Allport	Bec CC	Male	Veteran	Solo
33	08:03	Peter	Horsfield	Redmon CC	Male	Veteran	Solo
34	08:04	Peter	Rowe	Southborough & Dist. Whs	Male	Veteran	Solo
35	08:05	Lee	Russell	VC Elan - Harry Perry Cycles	Male	Veteran	Solo
36	08:06	John	Tindall	Epsom CC	Male	Veteran	Solo
37	08:07	Steve	Grout	Epsom CC	Male	Veteran	Solo
38	08:08	Jonathan	Hemming	Ocean Lake Triathlon	Male	Veteran	Solo
39	08:09	PAUL	FAIRMAN	Abellio - SFA Racing Team	Male	Veteran	Solo
40	08:10	David	Shepherd	GS Stella	Male	Veteran	Solo
41	08:11	Caroline	Beirne	Epsom CC	Female	Veteran	Solo
42	08:12	Catherine	Humm	Oxted Cycle Club	Female	Senior	Solo
43	08:13	Henry	Stewart	Clapham Chasers	Male	Senior	Solo
44	08:14	Thomas	Seller	Oxted Cycle Club	Male	Senior	Solo
45	08:15	antony	bee	Wigmore CC	Male	Veteran	Solo
46	08:16	John	Marinko	Brighton Mitre CC	Male	Veteran	Solo
47	08:17	Christopher,	Rosam	Epsom CC	Male	Veteran	Solo
48	08:18	David	Le Petit	Dorking Cycling Club	Male	Veteran	Solo
49	08:19	Nigel	Perry	San Fairy Ann CC	Male	Veteran	Solo
50	08:20	Richard	Tully	Elite Cycling	Male	Senior	Solo
51	08:21	Richard	Woodward	East Grinstead CC	Male	Veteran	Solo
52	08:22	David	Haggart	De Laune CC	Male	Veteran	Solo
53	08:23	colin	toppin	Brighton Excelsior CC	Male	Veteran	Solo
54	08:24	mark	vowells	CC Bexley	Male	Veteran	Solo
55	08:25	Mark	Brambleby	Northover VT / Rudy Project	Male	Veteran	Solo
56	08:26	James	Horan	South Downs Bikes / Casco Europe	Male	Veteran	Solo
57	08:27	Wayne	Brown	Oxted Cycle Club	Male	Senior	Solo
58	08:28	Charles	Dennison	Southborough & Dist. Whs	Male	Veteran	Solo
59	08:29	GRAHAM	COX	Oxted Cycle Club	Male	Veteran	Solo
60	08:30	conall	yates	In-Gear Quickvit Trainsharp RT	Male	Senior	Solo
61	08:31	Mark	Thomas	Bigfoot CC	Male	Veteran	Solo
62	08:32	Andrew	Thomas	Dulwich Paragon CC	Male	Senior	Solo



63	08:33	David	Clark	Eastbourne Rovers CC	Male	Veteran	Solo
64	08:34	Paul	Haywood	Epsom CC	Male	Veteran	Solo
65	08:35	Michael	Davey	Eastbourne Rovers CC	Male	Senior	Solo
66	08:36	Ben	Fielden	GS Stella	Male	Veteran	Solo
67	08:37	Andrew	Lindsay	Pure Motion Cycling Club	Male	Senior	Solo
68	08:38	Hugh	Pelling	Old Portlians CC	Male	Veteran	Solo
69	08:39	Julie	Chasin	Twickenham CC	Female	Veteran	Solo
70	08:40	Katie	Crowe	Dulwich Paragon CC	Female	Veteran	Solo
71	08:41	Natasha	Jarman	Dulwich Paragon CC	Female	Senior	Solo
72	08:42	Sally	McSorley	Sussex Nomads CC	Female	Veteran	Solo
73	08:43	Kathryn	Morris	Dulwich Paragon CC	Female	Senior	Solo
74	08:44	Cassie	Baldi	Bigfoot CC	Female	Senior	Solo
75	08:45	Ruth	Summerford	Velopace	Female	Senior	Solo
76	08:46	Suzanne	Shaw	Kingston Phoenix RC	Female	Veteran	Solo
77	08:47	mark	Hancock	Anerley BC	Male	Veteran	Solo
78	08:48	Jim	Cotton	Epsom CC	Male	Senior	Solo
79	08:49	Desmond	Gayler	Kenton RC	Male	Veteran	Solo
80	08:50	Matthew	Woods	Eastbourne Rovers CC	Male	Veteran	Solo
81	08:51	David	Rumm	Southborough & Dist. Whs	Male	Veteran	Solo
82	08:52	Ade	Fadero	Sussex Nomads CC	Male	Veteran	Solo
83	08:53	DONALD	PARKER	Brighton Mitre CC	Male	Veteran	Solo
84	08:54	Paul	Batten	Crawley Wheelers	Male	Senior	Solo
85	08:55	Pat	Wright	Paceline RT	Male	Senior	Solo
86	08:56	Adrian	Blacker	Norwood Paragon CC	Male	Veteran	Solo
87	08:57	Andrew R	Green	Bec CC	Male	Veteran	Solo
88	08:58	Roland	Kitson	Horsham Cycling	Male	Veteran	Solo
89	08:59	Rob	Luff	GS Stella	Male	Veteran	Solo
90	09:00	Mark	Newton	Elite Cycling	Male	Veteran	Solo
91	09:01	Danny	York	Crawley Wheelers	Male	Senior	Solo
92	09:02	Mark	Jones	GS Stella	Male	Veteran	Solo
93	09:03	Dale	Baldwin	Horsham Cycling	Male	Senior	Solo
94	09:04	Sam	Bennett	7 Oaks Triathlon Club	Male	Veteran	Solo
95	09:05	Lee	Turner	Sigma Sport.co.uk	Male	Veteran	Solo
96	09:06	Mike	O'Gorman	Worthing Excelsior CC	Male	Veteran	Solo
97	09:07	Andrew	Gibson	Gravesend CC	Male	Veteran	Solo
98	09:08	Danny	Frost	Folkestone Velo Club	Male	Veteran	Solo

99	09:09	Russell	Hicks	Oxted Cycle Club	Male	Veteran	Solo
100	09:10	Simon	McNamara	South Downs Bikes / Casco Europe	Male	Veteran	Solo
101	09:11	Alexander	Kew	Kingston Phoenix RC	Male	Veteran	Solo
102	09:12	Jonathan	Thomas	Epsom CC	Male	Veteran	Solo
103	09:13	Peter	Doherty	South Western Road Club/Evans Cycles	Male	Veteran	Solo
104	09:14	Stuart	Thomas	Epsom CC	Male	Senior	Solo
105	09:15	Matthew	Charlton	Farnborough & Camberley CC	Male	Senior	Solo
106	09:16	shay	giles	VC Elan - Harry Perry Cycles	Male	Veteran	Solo
107	09:17	Glenn	Karpeta	7 Oaks Triathlon Club	Male	Veteran	Solo
108	09:18	Ian	Bray	Addiscombe CC	Male	Senior	Solo
109	09:19	Nick	Gritton	Sydenham Whs	Male	Veteran	Solo
110	09:20	Alex	Napier	Blazing Saddles	Male	Veteran	Solo
111	09:21	Michael	Valks	Lewes Wanderers CC	Male	Veteran	Solo
112	09:22	Paul	Thompson	Epsom CC	Male	Veteran	Solo
113	09:23	Colin	Newton	PMR @ Toachim House	Male	Senior	Solo
114	09:24	Carl	Bond	Kenton RC	Male	Veteran	Solo
115	09:25	Richard	Gifford	In-Gear Quickvit Trainsharp RT	Male	Veteran	Solo
116	09:26	Dave	Warne	Bigfoot CC	Male	Veteran	Solo
117	09:27	Jon	Fry	Horsham Cycling	Male	Veteran	Solo
118	09:28	John	Powell	Team ASL360	Male	Senior	Solo
119	09:29	Tony	Truepenny- Phillipson	Westerley Cycling Club	Male	Senior	Solo
120	09:30	James	Boyman	Farnham RC	Male	Senior	Solo