



Sussex Cyclists' Association

ESTABLISHED 1921

2016 PRESIDENT - MICK KILBY - VTTA (Surrey/Sussex Group)



Open 25 mile Time Trial Monday 29th August 2016

Course G25/49

Qualifying event for SCA B.A.R. and SCA SPOCO

Promoted for and on behalf of Cycling Time Trials under their rules and regulations

Course Records

Scratch:	54:44	Felix English	2011
Vets	56:33	Steve Dennis	2011
Ladies:	1:04:54	Elisabeth Brama	2010
Juniors:	1:00:49	Jack Donaldson	2011

Previous Winners

Main Event

2015	Steve Kane	58:33
2014	Pete Morris	56:06
2013	Steve Kane	56:01
2012	Mike Coyle	56:59
2011	Felix English	54:44
2010	Nicolas Hutchings	55:35

Hub Gear

2015	David French	1:08:35
2014	David French	1:02:20
2013	Minoru Mitsumoto	1:15:06
2012	David French	1:14:40
2011	David French	1:10:46
2010	(not held)	

Event Secretary

Robin Johnson
7 Gorselands, Billingshurst, West Sussex RH14 9TT
Tel: 01403 783368
(or 07733 132043 on day of event)

Email: mr_rjohnson@outlook.com

Event HQ is

**LOXWOOD SPORTS ASSOCIATION PAVILION,
PLAISTOW ROAD,
LOXWOOD RH14 0SX**

Open from 1:30 pm.

Large car park at HQ.

Licensed bar available, before and after event.

Thank you in advance for not wearing cycling shoes or
cleats in the hall

Official Timekeepers

Start:
Lesley Donington 34 Nomads CC
Finish:
Mick Irons Worthing Excelsior CC

Please pay attention to the following Safety Notes

London South District Regulation: No vehicles, except those of the timekeepers and race officials, shall be parked in the vicinity of the start or finish areas.

CTT regulations require the compulsory use of helmets for the under 18's. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.

Competitors Machines It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

Race Numbers

Numbers will be available at the event HQ. Please collect your number when you sign on.

Notice of any additional hazards to be aware of on the course will be displayed next to the signing on sheet

After the event please return your race number to the event HQ in exchange for a cup of tea or coffee

Please note: No times will be given out at the finishes

Warming Up and to the start

Competitors are requested not to warm up on the course after the event has started.

HQ to Start: 1.76 miles

Finish to HQ: 0.62 miles

Prizes

1 st	£20 + Champagne (value £20)	1 st Veteran (40-44)	Wine (value £5)
2 nd	£10 + Wine (value £5)	1 st Veteran (45-49)	Wine (value £5)
3 rd	£6 + Wine (value £5)	1 st Veteran (50-54)	Wine (value £5)
4 th	Wine (value £5)	1 st Veteran (55-59)	Wine (value £5)
1 st Team	Wine (value £5) each	1 st Veteran (60-64)	Wine (value £5)
1 st Lady	Wine (value £5)	1 st Veteran (65-69)	Wine (value £5)
		1 st Veteran (70-74)	Wine (value £5)
		1 st Hub Gear	£10 + Wine (value £5)
		2 nd Hub Gear	£6 + Wine (value £5)

Many thanks to David Eccles for his generous donation of £14 towards the prize pool.

PLEASE NOTE

Prize Presentation

To be held as soon as possible after the event.

Please stay to receive your awards and/or applaud the recipients.

Lottery Prizes

To be awarded at the prize presentation.

A bottle of wine, value £5, to each of the first four names drawn.

To be eligible, be present and be a finisher.

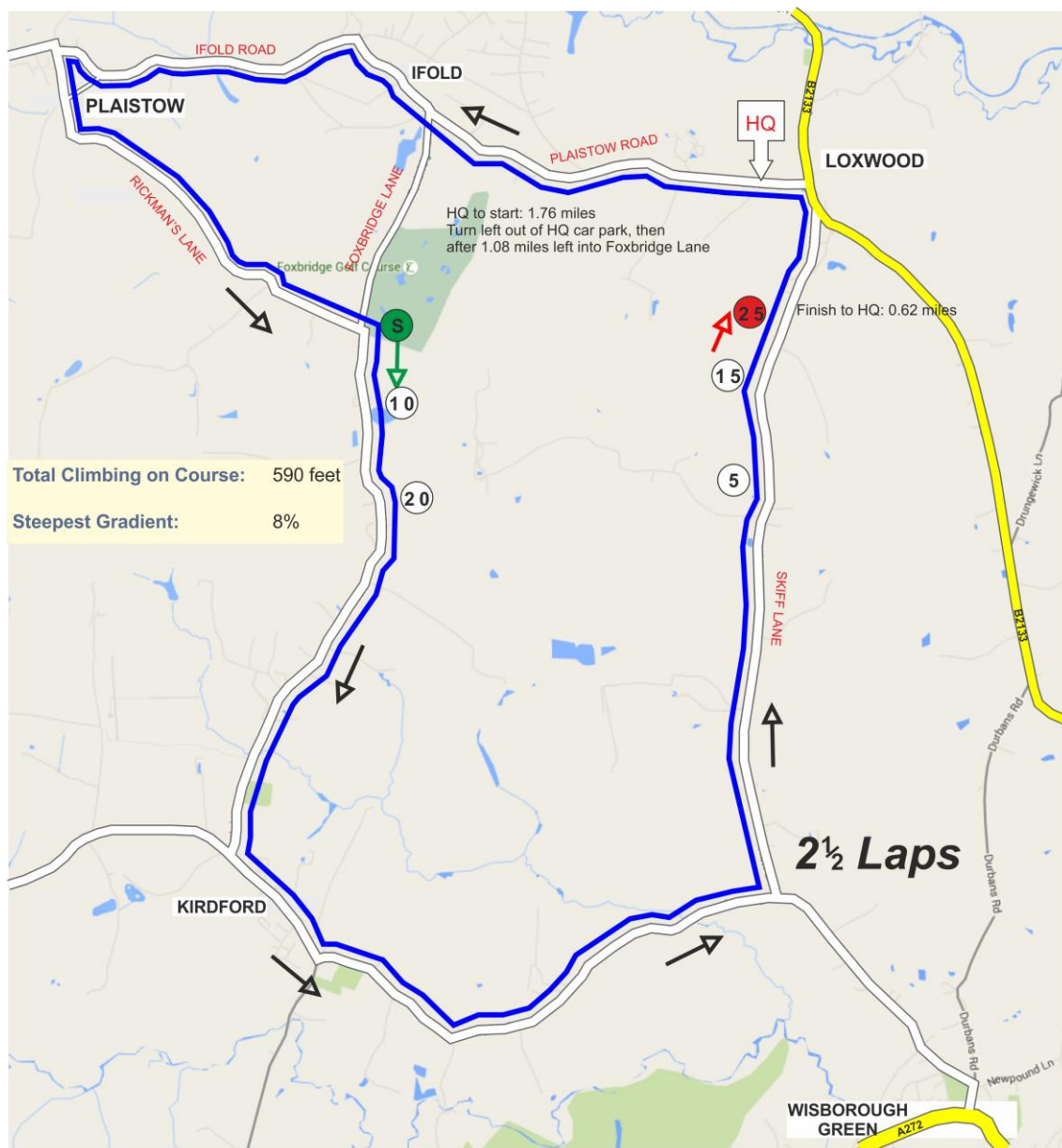
SUSSEX C.A. ANNUAL LUNCHEON + PRIZE PRESENTATION

Date: Sunday 4th December, 2016.

Time: 12:30

Venue: Dial Post Village Hall.

Cost: £10 to Robin Johnson not later than 1st December, 2016.



OS REF (TQ)	COURSE DIRECTIONS – G25/49	MILES	
019297	START at southern end of Foxbridge Lane, 5 yards from junction with Plaistow to Kirdford Road.	0.00	0.00
013271	Go LEFT at junction and proceed south to T-junction at western end of Kirdford.	1.70	1.70
018266	LEFT east through village to T-junction at eastern end of village.	0.42	2.12
040269	where LEFT to Skiff Lane.	1.58	3.70
041303	where north via Gunshot Common to junction with B2133	2.14	5.84
041304	where LEFT onto B2133 to junction with Plaistow Road, where LEFT into Plaistow Road	0.07	5.91
004310	Go west to Ifold continuing along Loxwood Road to T-junction in Plaistow	2.48	8.39
019297	where LEFT south along The Street, becoming Rickman's Lane, to complete the first circuit.	1.38	9.77
019297	Continue as before to complete a second circuit	9.77	19.54
040269	Continue as before through Kirdford to junction with Skiff Lane	3.70	23.24
039295	LEFT and follow Skiff Lane to FINISH north of Gunshot Common opposite tree with trunk marked with red lines, 0.13 miles north of wooden "Public Footpath" sign and 0.45 miles south of junction with B2133	1.76	25.00

Hub Gears Only

Rider No	Start Time	Name	Club	Cat/ Age	CTT Target
1	14:31	John Howells	Corinium Cycle Club	V75	01:20:46
2	14:32	Minoru Mitsumoto	Farnborough & Camberley CC	V74	01:20:10
3	14:33	David Eccles	Redmon CC	V68	01:16:43

Standard 25

Rider No	Start Time	Name	Club	Cat/ Age	CTT Target
4	14:34	Robin Johnson	Brighton Mitre CC	V68	01:16:43
5	14:35	Paul Callinan	London Dynamo	V45	01:04:50
6	14:36	Luke de Quay	East Grinstead CC	S31	
7	14:37	Alan Dolan	Horsham Cycling	V58	01:11:18
8	14:38	Danny Halpin	LFGSS CC	V43	01:03:53
9	14:39	Joan Lennon	Worthing Excelsior CC	WV59	01:16:10
10	14:40	James Rix	Crawley Wheelers	V40	01:02:30
11	14:41	Mark Brambleby	Northover VT / Rudy Project	V50	01:07:15
12	14:42	Stuart Hodd	PB Cycle Coaching Racing Team	V47	01:05:47
13	14:43	Stephen Morgan	Tooting BC	V48	01:06:16
14	14:44	Tim Holmes	VTTA (Surrey & Sussex)	V54	01:09:15
15	14:45	Michael Coyle	Brighton Mitre CC	V54	01:09:15
16	14:46	Matthew Andrews	Horsham Cycling	S38	
17	14:47	John Allen	Redmon CC	V56	01:10:16
18	14:48	Ben Fielden	GS Stella	V74	01:20:10
19	14:49	Sarah Phelps	Brighton Mitre CC	WS29	
20	14:50	Liam Maybank	Twickenham CC	V44	01:04:21
21	14:51	Brian Molloy	Brighton Excelsior CC	V48	01:06:16
22	14:52	Tom Morton	PMR @ Toachim House	V61	01:12:53
23	14:53	Ian Newbold	Eastbourne Rovers CC	V43	01:03:53
24	14:54	Lez Young	Lincoln Whs CC	V62	01:13:26
25	14:55	Steve Dennis	East Grinstead CC	V53	01:08:45
26	14:56	Shaun Smart	Southdown Velo	V52	01:08:14
27	14:57	Rick Hughes	Worthing Excelsior CC	V53	01:08:45
28	14:58	Colin Crocker	Sotonia CC	V66	01:15:37
29	14:59	Katerina Avramides	Brighton Mitre CC	WS36	
30	15:00	Mark Emsley	Team ASL360	S27	
31	15:01	Howard Bayley	Blazing Saddles	V42	01:03:25
32	15:02	Mike O'Gorman	Worthing Excelsior CC	V64	01:14:31
33	15:03	Kris Lachor	Clapham Chasers	S38	
34	15:04	Clive Jackson	Central Sussex CC	V64	01:14:31
35	15:05	Simon McNamara	South Downs Bikes / Casco Europe	V41	01:02:58
36	15:06	Eddie Allen	Redmon CC	S23	
37	15:07	Jonathan Pontin	Addiscombe CC	S25	
38	15:08	Kevin Plummer	South Downs Bikes / Casco Europe	V51	01:07:45
39	15:09	Jon Fry	Horsham Cycling	V45	01:04:50
40	15:10	Alex Napier	Blazing Saddles	V42	01:03:25