



Sussex Cyclists' Association

ESTABLISHED 1921

2016 PRESIDENT - MICK KILBY - VTTA (Surrey/Sussex Group)



Open 10 mile Time Trial Saturday 27th August 2016

Course G10/45

Qualifying event for SCA B.A.R., SCA SPOCO and SPOCO South East

Promoted for and on behalf of **Cycling Time Trials** under their rules and regulations

Course Records

Scratch:	21:31	Chris McNamara	2014
Vets	22:10	Steve Dennis	2012
Ladies:	27:49	Naomi Dandridge	2010
Juniors:	23:55	Jack Donaldson	2011
Juveniles	26:51	Jack Churchill	2015
Road Bikes	24:25	Nick Malins	2013

Previous Winners

22:54	Carl Ferri	2015
21:31	Chris McNamara	2014
22:09	Chris McNamara	2013
22:10	Steve Dennis	2012
21:46	Felix English	2011
22:39	Nicolas Hutchings	2010

Event Secretary

Robin Johnson
7 Gorselands, Billingshurst, West Sussex RH14 9TT
Tel: 01403 783368
(or 07733 132043 on day of event)

Email: mr_rjohnson@outlook.com

Official Timekeepers

Start:
Mick Irons Worthing Excelsior CC
Finish:
Lesley Donington 34 Nomads CC

Event HQ is

**LOXWOOD SPORTS ASSOCIATION PAVILION,
PLAISTOW ROAD,
LOXWOOD RH14 0SX**

Open from 1:30 pm.

Large car park at HQ.

Licensed bar available, before and after event.

Thank you in advance for not wearing cycling shoes or
cleats in the hall

Please pay attention to the following Safety Notes

London South District Regulation: No vehicles, except those of the timekeepers and race officials, shall be parked in the vicinity of the start or finish areas.

CTT regulations require the compulsory use of helmets for the under 18's. In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards.

Competitors Machines It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active while the machine is in use.

Warming Up and to the start

Competitors are requested not to warm up on the course after the event has started.

HQ to Start: 1.76 miles

Finish to HQ: 1.99 miles
(if retracing – take care turning around)

Race Numbers

Numbers will be available at the event HQ. Please collect your number when you sign on.

Notice of any additional hazards to be aware of on the course will be displayed next to the signing on sheet

After the event please return your race number to the event HQ in exchange for a cup of tea or coffee

Please note: No times will be given out at the finishes

Prizes

1 st	£15 + Champagne (value £20)	1 st Veteran (40-44)	Wine (value £5)
2 nd	£8 + Wine (value £5)	1 st Veteran (45-49)	Wine (value £5)
3 rd	£5 + Wine (value £5)	1 st Veteran (50-54)	Wine (value £5)
4 th	Wine (value £5)	1 st Veteran (55-59)	Wine (value £5)
1 st Team	Wine (value £5) each	1 st Veteran (60-64)	Wine (value £5)
1 st Lady	£5 + Wine (value £5)	1 st Veteran (65-69)	Wine (value £5)
2 nd Lady	Wine (value £5)	1 st Veteran (70-74)	Wine (value £5)
1 st Junior	Soft Drink (value £2)	Fastest Road Bike (no tri-bars)	Wine (value £5)

PLEASE NOTE

Prize Presentation

To be held as soon as possible after the event.

Please stay to receive your awards and/or applaud the recipients.

Lottery Prizes

To be awarded at the prize presentation.

A bottle of wine, value £5, to each of the first two names drawn.

To be eligible, be present and be a finisher.

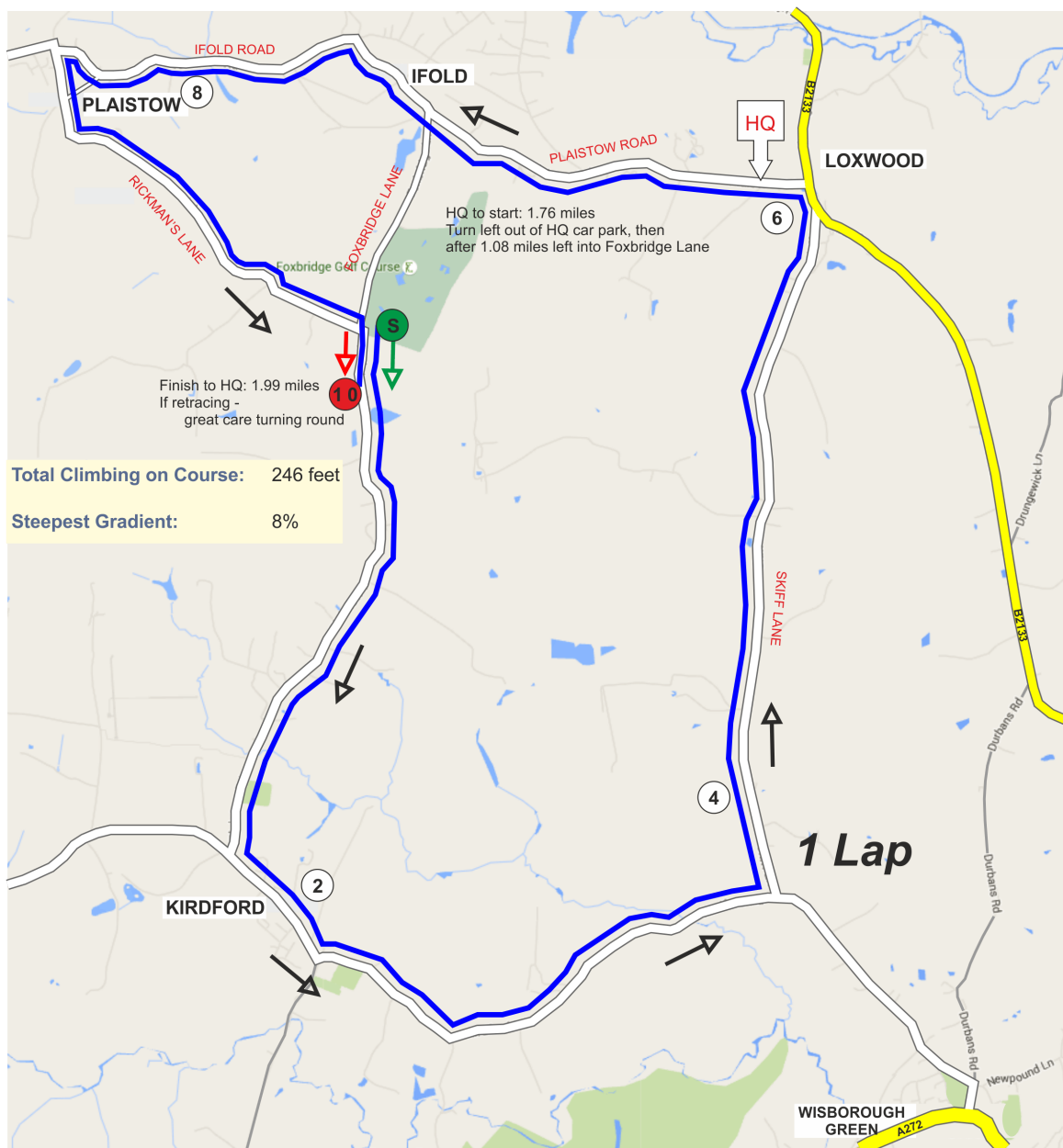
SUSSEX C.A. ANNUAL LUNCHEON + PRIZE PRESENTATION

Date: Sunday 4th December, 2016.

Time: 12:30

Venue: Dial Post Village Hall.

Cost: £10 to Robin Johnson not later than 1st December, 2016.



OS REF (TQ)	COURSE DIRECTIONS – G10/45	MILES	
019297	START at southern end of Foxbridge Lane 5 yards from junction with Plaistow to Kirdford road	0.00	0.00
013271	LEFT at junction and proceed to T junction at western end of Kirdford	1.70	1.70
018266	LEFT and follow road through Kirdford village to T junction at eastern end of Kirdford	0.42	2.12
040269	LEFT and follow road round to the right past Barkfold Manor to junction with Skiff Lane (CHECK)	1.58	3.70
041303	LEFT and follow Skiff Lane via Gunshot Common to junction with B2133	2.14	5.84
041304	LEFT on B2133 to junction with Plaistow Road	0.07	5.91
004310	LEFT along Plaistow Road to Ifold. Continue, now in Loxwood Road to T junction in Plaistow (CHECK)	2.48	8.39
019297	LEFT along The Street, which becomes Rickman's Lane, and continue southeast to complete circuit at junction with Foxbridge Lane	1.38	9.77
019295	Continue south for 405 yards to FINISH 5 yards south of rectangular green sign "Costrong Fruit Farm and Nursery" on west side of road.	0.23	10.00

Rider No	Start Time	Name	Club	Cat/ Age	CTT Target
3	14:33	Robin Johnson	Brighton Mitre CC	V68	00:30:41
4	14:34	Chris Brewer	Redmon CC	V55	00:27:54
5	14:35	Jamie Pine	Nuun-Sigma Sport-London RT	S39	
6	14:36	Tim Holmes	VTТА (Surrey & Sussex)	V54	00:27:42
7	14:37	Sarah Phelps	Brighton Mitre CC	WS29	
8	14:38	Leslie Morris	VTТА (London & Home Counties)	V74	00:32:04
9	14:39	Barry Packman	Dorking Cycling Club	V70	00:31:09
10	14:40	James Boyman	Farnham RC	S28	
11	14:41	David Eccles	Redmon CC	V68	00:30:41
12	14:42	David Smith	VC de Londres	S34	
13	14:43	Clive Jackson	Central Sussex CC	V64	00:29:48
14	14:44	Bob Brabbins	Victoria-Ciclos.com CC	V73	00:31:50
15	14:45	Kevin Plummer	South Downs Bikes / Casco Europe	V51	00:27:06
16	14:46	Lawrence Coyle	Brighton Excelsior CC	J16	
17	14:47	Debbie Percival	34 Nomads CC	WV54	00:29:22
18	14:48	Peter Moon	Eastbourne Rovers CC	V55	00:27:54
19	14:49	Will Weichhart	Becontree Wheelers CC	V43	00:25:33
20	14:50	Michael Coyle	Brighton Mitre CC	V54	00:27:42
21	14:51	Chris Beales	Pearson Cycling Club	V55	00:27:54
22	14:52	Alan Dolan	Horsham Cycling	V58	00:28:31
23	14:53	Alan Robinson	Central Sussex CC	V75	00:32:18
24	14:54	Lisa Bartley	Ful-on Tri	WS33	
25	14:55	David Shepherd	GS Stella	V55	00:27:54
26	14:56	Nick Malins	4 T+ Velo Club	V48	00:26:31
27	14:57	Jon Fry	Horsham Cycling	V45	00:25:56
28	14:58	Ben Fielden	GS Stella	V74	00:32:04
29	14:59	John Allen	Redmon CC	V56	00:28:06
30	15:00	Alex Napier	Blazing Saddles	V42	00:25:22