



Crawley Wheelers

In partnership with Evans Cycles

Proud supporters of St. Catherine's Hospice

President: Douglas Fox



Dave Stokes memorial Open 10 Mile TT incorporating

The Ernie Dore Trophy – G10/57 on Saturday 09 July 2016

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

Timekeepers: Mr. Mike Labram and Mr Mike Irons
Event Secretary: Martina Habrunova, 24 Pasture Hill Road, Haywards Heath, West Sussex, RH16 1LX
Tel: 07972555906
Email: delinkaest69@googlemail.com
Clerk of the course: Martina Habrunova
Start & Finish: Rupert Robinson, Mark Smith

Thank you for entering the Crawley Wheelers Open 10mile time trial 2016.

I hope it is a fast one for you and you can emulate your Tour de France Heros!

Martina

PRIZES

Dave Stokes Trophy awarded to the overall winner.

Ernie Dore trophy awarded to the fastest rider who has never broken 24 minutes and who breaks it on the day.

The winners will also be invited to the Crawley Wheelers prize giving dinner.

	1 st	2 nd	3 rd	4 th	5 th
Overall	£30	£25	£20	£15	£12
Ladies	£30	£25	£20	£15	–
Vets on standard	£30	£25	£20	£15	–
Team of 3	£10 each	–	–	–	–
Road Bike	£15	£10	–	–	–
Ernie Dore Trophy	£15	–	–	–	–

Prize winners: Crawley Wheelers ride in support of St. Catherine's Hospice. Anyone who would like to support this great cause by donating their prize money can do so by arranging with the event secretary.

Website: www.crawleywheelers.co.uk / **Twitter:** @crawleywheelers / **Facebook:** <https://www.facebook.com/groups/crawleywheelers/>

Notes

Event HQ :

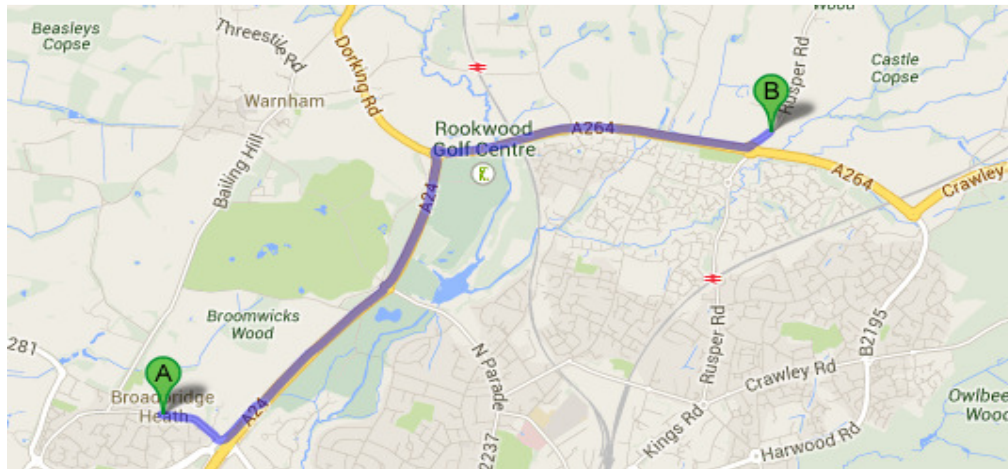
Broadbridge Heath Village hall, Wickhurst Lane, Broadbridge Heath, Horsham, West Sussex, RH12 3LY.

The HQ will be open from 5:30 only.

There will be plenty of parking, changing facilities, toilets, result board, teas, coffees and cakes available.

NUMBERS WILL BE AT THE HQ where you are required to sign in, in person (CTT reg). Please return numbers to the HQ after the event.

Start is about 3 miles away from HQ, so please allow plenty of time to ride there. To get there head towards Crawley on A24, then right on to A264 and then left at the first roundabout into Rusper road. The start is 350 yards on the right. (see map below)



Important:

London South District Regulation: No vehicles, except those of the Timekeepers and Event Officials, shall be parked in the vicinity of the start or finish areas.

Competitors are requested not to warm up on the course after the first competitor has started.

IN THE INTERESTS OF YOUR OWN SAFETY, CTT regulations require the compulsory use of helmets for the under 18s. Cycling Time Trials and the event promoters strongly advise all competitors to wear a hard/soft shell helmet that meets internationally accepted safety standards. It is recommended that a working rear light, flashing or constant, is fitted to competitors machines in a position clearly visible to following road users and is active while the machine is in use.

Hazards:

There are numerous roundabouts on the course so please use caution when negotiating these. To date there are no other hazards, however, please check at sign on for further updates. All competitors must take note of these details when they sign on.

PLEASE KEEP YOUR HEAD UP AND OBSERVE THE HIGHWAY CODE.

After passing the finish, riders are requested to continue on to HQ where result board will be located. All prizes will be distributed with the result sheet.

If you have any questions or feedback, then please do not hesitate to contact me @ delinkaest69@googlemail.com or on 0797 2555 906

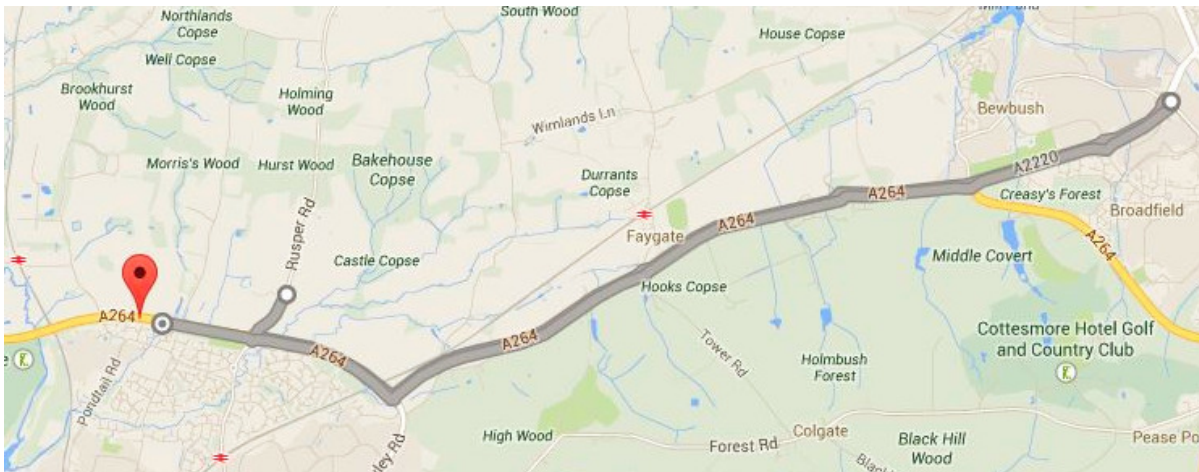
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G10/57 COURSE DETAILS:

START IN RUSPER ROAD OPPOSITE FARM SHOP SIGN AT ENTRANCE TO MOAT FARM, APPROXIMATELY 350 YARDS NORTH OF RUSPER ROAD ROUNDABOUT (TQ191337). PROCEED SOUTH TO ROUNDABOUT, TAKE FIRST EXIT (LEFT) (M1) AND FOLLOW A264 TO MOORHEAD ROUNDABOUT. TAKE FIRST EXIT (LEFT)(M2) AND CONTINUE ON A264 VIA FAYGATE ROUNDABOUT AND SECOND EXIT(STRAIGHT ON) AT KILNWOOD VALE ROUNDABOUT(M3) TO BEWBUSH MANOR ROUNDABOUT.

TAKE SECOND EXIT (STRAIGHT ON) AND FOLLOW A2220 VIA BREEZEHURST ROUNDABOUT TO BROADFIELD ROUNDABOUT (4.85 MILES) (TQ2556353) (CHECK).(M4/5) ENCIRCLE ROUNDABOUT AND RETRACE ON A2220 TO BEWBUSH MANOR ROUNDABOUT.

TAKE SECOND EXIT (STRAIGHT ON) AND FOLLOW A264 STRAIGHT ON AT KILNWOOD ROUNDABOUT (M6) THEN ON TO FAYGATE ROUNDABOUT TO MOORHEAD ROUNDABOUT. TAKE SECOND EXIT (RIGHT) (M7) AND CONTINUE ON A264 VIA RUSPER ROAD ROUNDABOUT TO FINISH AT FOURTH DRAIN COVER IN KERBSTONES FROM EASTERN END OF LAYBY, 0.5 MILE WEST OF RUSPER ROAD ROUNDABOUT. (TQ180335)



PLEASE MAKE SURE YOU KNOW THE COURSE. There will be signs and marshals at key points to help you and point out any hazards.

Start list:

Bib #	Start Time	First Name	Last Name	Club	Cat	Vets standard
6	06:36:00	Jon	Fry	Horsham Cycling	V45	00:26:23
7	06:37:00	Hugh	Pelling	Old Portlians CC	V52	00:26:54
8	06:38:00	Sharon	Chladek	Crawley Wheelers	VW50	00:28:53
9	06:39:00	Chris	Osborn	Cadence Performance	S	
10	06:40:00	Christian	Yates	East Grinstead CC	V53	00:26:59
11	06:41:00	Bruce	English	Eastbourne Rovers CC	V51	00:26:50
12	06:42:00	Colin	Crocker	Sotonia CC	V66	00:28:23
13	06:43:00	CHRIS	SUMMERS	Sotonia CC	V64	00:28:06
14	06:44:00	David	Dallimore	Central Sussex CC	V79	00:31:17
15	06:45:00	David	Rumm	Southborough & Dist. Whs	V49	00:26:41
16	06:46:00	Pete	McArdle	Woking Cycle Club	V50	00:26:45
17	06:47:00	Robert	Royle-Evatt	Addiscombe CC	V48	00:26:36
18	06:48:00	Jonathan	Gough	Old Portlians CC	S	
19	06:49:00	Michael	Twitchett	South Eastern RC	V76	00:30:23
20	06:50:00	Dominic	Harrison	Mountain Trax RT	V41	00:26:04
21	06:51:00	Julia	Hawksworth	Southborough & Dist. Whs	VW52	00:29:03
22	06:52:00	Colin	Gray	Norwood Paragon CC	V54	00:27:04
23	06:53:00	Stuart	Payne	Central Sussex CC	V53	00:26:59
24	06:54:00	Heather	Cord	Crawley Wheelers	VW57	00:29:32
25	06:55:00	Rob	Luff	GS Stella	V59	00:27:32
26	06:56:00	Sam	Dix	In-Gear Quickvit Trainsharp RT	V45	00:26:23
27	06:57:00	Paul	Winkley	East Grinstead CC	V59	00:27:32
28	06:58:00	Andrew	Seltzer	In-Gear Quickvit Trainsharp RT	V51	00:26:50
29	06:59:00	Alan	Walker	South Eastern RC	V69	00:28:52
30	07:00:00	Brindley	Taylor	Crawley Wheelers	S	
31	07:01:00	Andrew	Drake	East Grinstead CC	S	
32	07:02:00	Peter	Owen	Norwood Paragon CC	V55	00:27:09
33	07:03:00	Oliver	Walker	South Eastern RC	S	
34	07:04:00	Brad	Lintern	Tri Surrey	V41	00:26:04
35	07:05:00	Mike	O'Gorman	Worthing Excelsior CC	V64	00:28:06
36	07:06:00	Colin	Barton	Worthing Excelsior CC	V55	00:27:09
37	07:07:00	Beth	Greer	Southborough & Dist. Whs	V49	00:26:41
38	07:08:00	Katerina	Avramides	Brighton Mitre CC	WS	
39	07:09:00	Helen	Webb	Sussex Nomads CC	VW42	00:28:13
40	07:10:00	jack	donaldson	Neon Velo	S	
41	07:11:00	James	Horan	South Downs Bikes / Casco Europe	V46	00:26:27
42	07:12:00	ben	fielden	GS Stella	V74	00:29:53
43	07:13:00	Alan	Yule	Crawley Wheelers	V45	00:26:23
44	07:14:00	Denise	Page	Crawley Wheelers	VW53	00:29:09
45	07:15:00	Damian	Poulter	Hounslow & District Whs	V42	00:26:09
46	07:16:00	Lee	Pendlebury	Crawley Wheelers	S	
47	07:17:00	Rich	Heath	Oxted Cycle Club	S	

48	07:18:00	keith	white	Epsom CC	V71	00:29:14
49	07:19:00	James	Richardson	Clapham Chasers	S	
50	07:20:00	Nick	Malins	4 T+ Velo Club	V48	00:26:36
51	07:21:00	Tamar	Vanderhaas	Lewes Wanderers CC	VW40	00:28:02
52	07:22:00	Nick	Jenner	Crawley Wheelers	S	
53	07:23:00	Fidel	Gonzalez	South Western Road Club/Evans Cycles	V48	00:26:36
54	07:24:00	les	humphrey	South Eastern RC	V76	00:30:23
55	07:25:00	Simon	Church	In-Gear Quickvit Trainsharp RT	V50	00:26:45
56	07:26:00	Danny	York	Crawley Wheelers	S	
57	07:27:00	Ade	Fadero	Sussex Nomads CC	V54	00:27:04
58	07:28:00	Peter	Eames	Eastbourne Rovers CC	V53	00:26:59
59	07:29:00	Gary	Holder	Horsham Cycling	V51	00:26:50
60	07:30:00	David	Pollard	In-Gear Quickvit Trainsharp RT	V59	00:27:32
61	07:31:00	Matthew	Sumpter	In-Gear Quickvit Trainsharp RT	S	
62	07:32:00	Roland	Kitson	Horsham Cycling	V57	00:27:20
63	07:33:00	Valerie	Place	7 Oaks Triathlon Club	VW55	00:29:20
64	07:34:00	Nina	Jesih	Crawley Wheelers	WS	
65	07:35:00	GARY	BRIND	South Downs Bikes / Casco Europe	V42	00:26:09
66	07:36:00	Michael	Porter	34 Nomads CC	V49	00:26:41
67	07:37:00	Ian	Newbold	Eastbourne Rovers CC	V43	00:26:13
68	07:38:00	Dale	Baldwin	Horsham Cycling	S	
69	07:39:00	Rachel	WATKINS	Kingston Phoenix RC	VW55	00:29:20
70	07:40:00	Peter	Tadros	In-Gear Quickvit Trainsharp RT	V45	00:26:23
71	07:41:00	Adam	Grange	East Grinstead CC	V46	00:26:27
72	07:42:00	Nick	Silvey	Crawley Wheelers	V40	00:25:59
73	07:43:00	BARRY	PACKMAN	Dorking Cycling Club	V70	00:29:02
74	07:44:00	Alex	Dann	Crawley Wheelers	S	
75	07:45:00	Philip	Murrell	Finsbury Park CC	V47	00:26:32
76	07:46:00	Matthew	Butt	Team ASL360	S	
77	07:47:00	Theo	Tadros	In-Gear Quickvit Trainsharp RT	JV	
78	07:48:00	Daniel	Cottingham	Oxted Cycle Club	S	
79	07:49:00	Craig	Ball	PBscience.com	V45	00:26:23
80	07:50:00	Tom	Pritchard	Hampshire RC	S	
81	07:51:00	Ian	Bashford	Old Portlians CC	V60	00:27:38
82	07:52:00	Paul	Batten	Crawley Wheelers	S	
83	07:53:00	David	Manders	Horsham Cycling	V74	00:29:53
84	07:54:00	Colin	Derrick	South Eastern RC	V76	00:30:23
85	07:55:00	Howard	Bayley	Blazing Saddles	V41	00:26:04
86	07:56:00	stuart	stow	Twickenham CC	V51	00:26:50
87	07:57:00	Leeson	Medhurst	Redhill CC	V44	00:26:18
88	07:58:00	Richard	Woodward	East Grinstead CC	V54	00:27:04
89	07:59:00	Sally	McSorley	Sussex Nomads CC	VW41	00:28:08
90	08:00:00	James	Rix	Crawley Wheelers	V40	00:25:59

We look forward to seeing you all on the day.
Crawley Wheelers team.

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